

WELCOME TO METROPOLITAN UNITED CHURCH

Hope, healing and beauty in Jesus' name.



Photo by Selma da Silva on Unsplash

THE FIFTH SUNDAY OF PENTECOST July 13, 2025

We are an Affirming Congregation, offering welcome and companionship to all, inclusive of age, ethnicity, gender identity, differing abilities, and sexual orientation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit, covered by Treaty 13. It is still home to Indigenous people from across Turtle Island.

We are grateful to work, live and worship on this land.

ORDER OF SERVICE

♪ indicates “please stand as you are able.” Our services are livestreamed on YouTube and on our website.
Please be aware that you may appear on camera.

CARILLON PRELUDE (ending with): *Immortal, Invisible* ST DENIO, arr. Beverly Buchanan

ORGAN PRELUDE *Siciliano from Flute Sonata in Eb Major BWV 1031* JS Bach, 1686-1750
Idylle mélancolique & Prelude from Vingt-quatre pièces en style libre, op. 31 Louis Vierne, 1870-1937
Sicilienne from Pelléas et Mélisande, op. 80, Gabriel Fauré 1845-1924

WORDS OF WELCOME

♪ **OPENING HYMN 264** *Immortal, Invisible, God Only Wise* ST DENIO

♪ INVITATION TO WORSHIP

One: Turn to God with confidence and expectation.

All: In you, O God, we place our trust.

One: Ask God to show us the road to follow.

All: Lead us, O God, in your truth and teach us your way.

One: Seek hope in the Lord who is our salvation.

**All: All day long we will put our hope in the God who saves us.
We will worship God in faith, hope and trust.**

One: The Lord be with you.

All: And also with you.

One: Let us pray. (*please be seated*)

PRAYER OF APPROACH AND CONFESSION

SILENCE FOR PRIVATE PRAYER

KYRIE (ALL) 945 (*sung three times*) Jacques Berthier
Kyrie eleison. (God, have mercy.)

ASSURANCE OF PARDON

♪ **ACT OF PRAISE (All) 342, v.4** LYONS

Then let us adore and give as is right, all glory and power, all wisdom and might, all honour and blessing with angels above, and thanks never ceasing and infinite love.

READINGS

I John 4:16b-21

God is love.

Mark 12:28-31

The first commandment.

One: This is the witness of God's Holy Word..

All: Thanks be to God.

SERMON **"It's Your Choice!"**

The Rev. Warren McDougall

ANTHEM *If Ye Love Me*

Thomas Tallis, 1505-1585

If ye love me, keep my commandments. And I will pray the Father, and he shall give you another comforter, that he may 'bide with you forever; E'en the spirit of truth. -John 14:15-17

PEACE GREETING

One: The peace of Christ be with you always.

All: And also with you.

One: Let us greet one another with the peace of Christ. *(please greet each other with a bow)*

♪**AFFIRMATION OF FAITH**

We are not alone, we live in God's world.

We believe in God:

who has created and is creating, who has come in Jesus, the Word made flesh,
to reconcile and make new, who works in us and others by the Spirit.

We trust in God.

We are called to be the Church:

to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God. *(please be seated)*

ANNOUNCEMENTS AND OFFERING *(To make a donation, you can use the envelopes in the pews or scan the QR code to the right with your phone.)*



♪**OFFERTORY HYMN 518, v.3**

FOREST GREEN

With gratitude and humble trust we bring our best to you,
Not just to serve your cause, but share your love with neighbours too.
O God, who gave yourself to us in Jesus Christ, your son,
Help us to give ourselves each day until life's work is done.

♪**DEDICATION OF OFFERING**

♪**GREAT THANKSGIVING**

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord God.

All: It is right to give God thanks and praise.

One: Let us pray. *(please be seated)*

PRAYERS OF THE PEOPLE

LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,
Thy kingdom come, thy will be done, on earth, as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil:
For thine is the kingdom, the power, and the glory forever and ever. Amen.

♫ **CLOSING HYMN 569** *You Call Us Out*

THORNBURY

♫ COMMISSIONING AND BENEDICTION

♫ **BLESSING** (*Sung by all - please turn toward the centre*)

Izumi Shiota



May the peace of Christ be with you. May the love of God dwell deep in your heart. May the



Spi-rit en-light-en your way. May you walk in the com-fort of God's care.

♫ **ORGAN POSTLUDE** *Toccata in Seven*

John Rutter b. 1945



Leading in worship is **The Rev. Warren MacDougall**. The ministry of music is offered by Guest Carillonist **Naoko Tsujita**, Wayne C. Vance Organ Scholar **Sean Lee** and Met Choir section leads **Noelle Slaney**, **Valeria Kondrashov**, **Alexander Cappellazzo**, and **Alain Paquette**. The musical leadership of the quartet during the summer months is made possible by the financial support of **Wayne C. Vance**. Members of our Care Staff are **Siva Selva** and **Gerold Mayer**. Our sound and livestream technicians are **Paya Dehghani** and **Nishaanth Siva**. Metropolitan's livestreaming equipment was made possible thanks to the generosity of **Wayne C. Vance**. Music reprinted with permission under One Licence #707-069. All rights reserved.

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