

This book belongs to:

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I'm starting it on:

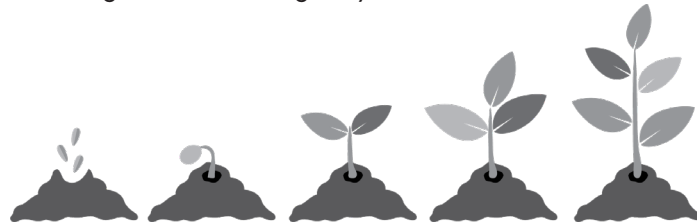
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# GROW

It's awesome that you want to grow your friendship with God! This devotional will help you ...

**G** - Get Quiet  
**R** - Read God's Word  
**O** - Open Up Your Heart  
**W** - Worship God

... each day. When you do, your friendship with God will grow in amazing ways.



## DAY 1: GOD LOVES YOU AND WANTS TO BE YOUR FRIEND

## GET QUIET

Take three deep breaths and get quiet. Think about one of your best friends. What do you like to do together? Write your answer on the line below.

## READ GOD'S WORD

Read John 15:15 (ERV) "I no longer call you servants, because servants don't know what their master is doing. But now I call you friends, because I have told you everything that my Father told me."

Read Exodus 33:11 (ERV) "...the Lord spoke to Moses face to face as a man speaks with a friend."

## OPEN UP YOUR HEART

God loves you and wants to be your friend! Just like you want to spend time with your friends, God wants to spend time with you. How do you feel about having a friendship with God?

- ☐ Excited  
☐ Nervous  
☐ Thankful  
☐ Scared

Pray: Tell God how you feel about having a friendship with Him. Don't worry about hurting His feelings. He's your friend, and He wants you to be honest with Him.

## W WORSHIP GOD

Worship is anything you do to show God you love Him.  
Pick one activity on the next page and do it for God to show  
Him your love!

Write God a note:

Color a picture for God:



## DAY 2: YOUR SIN HURTS YOUR FRIENDSHIP WITH GOD

### G GET QUIET

Where is the best place for you to get quiet? Go there now!

### R READ GOD'S WORD

Read Romans 3:23 (NIRV) "Everyone has sinned."

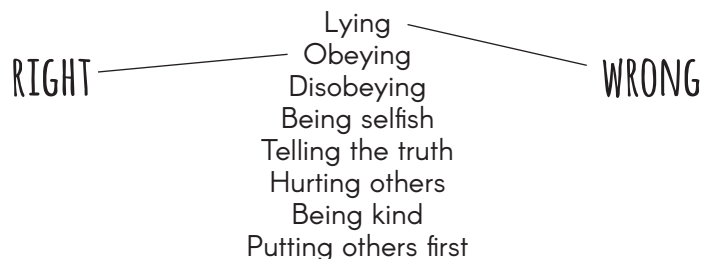
Read Isaiah 59:2 (NIRV) "But your sins have separated you from your God."

Read Micah 7:18 (NIRV) "Lord, who is a God like you? You forgive sin. You forgive your people when they do what is wrong."

### O OPEN UP YOUR HEART

What is SIN? Sin is any wrong thing we do instead of doing what God says is right.

Below are some things we do that are either right or wrong. Look at each one in the list. Then draw a line to right if you think it's a right thing God says to do, or draw a line to wrong if it's a wrong thing to do.



If you lied to a friend, would it help your friendship or hurt your friendship? Circle your answer below:

HELP

HURT

In the same way, our sin hurts our friendship with God. Thankfully, God is always willing to forgive us and still be our friend.

Pray: Circle one thing from the list on the last page that you've done your way instead of God's way, and then tell God two things:

1) I'm sorry for \_\_\_\_\_.  
(whatever sin you circled)

2) Please help me do things Your way instead.

### W WORSHIP GOD

Worship is anything we do to show God we love Him. You can show God you love Him today by choosing to do things His way!



### DAY 3: GOD MADE A WAY FOR YOU TO BE HIS FRIEND

#### G GET QUIET

Take 30 seconds to get comfortable. You can count to 30 in your head or set a timer.

#### R READ GOD'S WORD

Read John 3:16 (ERV) "Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him would not be lost but have eternal life."

#### O OPEN UP YOUR HEART

When God made you, He loved you and wanted to be friends with you forever.

*On the opposite page, draw yourself on top of the world.*

Your sin hurts your friendship with God, and it needs to be fixed.

*Color in the word SIN.*

God knew that we would need someone to fix our friendship with Him, so He sent His Son, Jesus. When Jesus died on the cross and took the punishment for our sin, He made a way for us to be friends with God again.

*Draw a cross over the word SIN that connects God and the picture of you!*

When you believe that Jesus died to take the punishment for your sin, you can be friends with God forever.

*Fill in today's verse with your name below:*

"Yes, God loved \_\_\_\_\_ so much that he gave his only Son, so that \_\_\_\_\_ who believes in him would not be lost but have eternal life." —John 3:16

# GOD

# SIN



## W

#### WORSHIP GOD

Worship today by finding the song "God Made A Way" on the KidSpring App or YouTube Channel and singing it!

## DAY 4: ADMIT YOU'VE DONE WRONG THINGS AND ARE TRULY SORRY

### G GET QUIET

Get quiet as you think about a time when you did something you weren't supposed to do. How did you feel after you did it? Write your answer on the line below.

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### R READ GOD'S WORD

Read 1 John 1:9 (ERV) "But if we confess our sins, God will forgive us. We can trust God to do this. He always does what is right. He will make us clean from all the wrong things we have done."

### O OPEN UP YOUR HEART

There is a difference between making a mistake and sinning. For example, if you were to spell the word "CAT" like this, "CATT," would that be a sin or a mistake? Circle your answer below.

SIN

MISTAKE

It would be a mistake. We don't need to tell God we're sorry for mistakes we make, but we do need to ask for His forgiveness when we've done something wrong.

On a scale of 1 to 10, how easy is it for you to admit you've done something wrong? Circle your answer below.

Easy

Hard

1   2   3   4   5   6   7   8   9   10

It might be hard or scary to admit we've done something wrong, but you can trust that God will not be mad at you when you tell Him. He will forgive you!

### W WORSHIP GOD

One way we worship God is by saying we're sorry for the wrong things we've done and thanking Him for forgiving us.

Fill in the blanks with three wrong things you've done this week, and then say out loud, "Thank You God for forgiving me," after each one.

God, I'm sorry for \_\_\_\_\_.

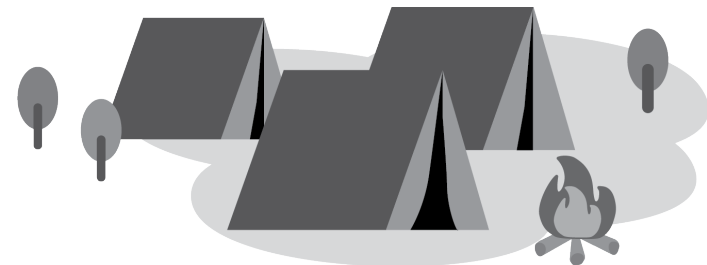
Thank You God for forgiving me!

God, I'm sorry for \_\_\_\_\_.

Thank You God for forgiving me!

God, I'm sorry for \_\_\_\_\_.

Thank You God for forgiving me!



## DAY 5: BELIEVE IN YOUR HEART

**GET QUIET**  
Circle the th

Circle the things you believe:

Ice is cold

Candy is sweet

Rocks are hard

# Unicorns sneeze rainbows

Fire is hot

Reindeer can fly

Rain is wet

Poop stinks

# The Easter Bunny lays eggs

**R** **READ GOD'S WORD**  
Read 1 Corinthians  
as Scripture said he

Read 1 Corinthians 15:3b-4 (NIRV) “Christ died for our sins, just as Scripture said he would. He was buried. He was raised from the dead on the third day, just as Scripture said he would be.”

OPEN UP YOUR HEART  
In the Bible verse above

In the Bible verse above, circle three things that Jesus Christ did.

Scripture said that Jesus did these three things so that you can be friends with God. Do you believe that Jesus did these things for YOU?

Do you believe that Jesus died for your sins?      Yes      No

Do you believe that Jesus was buried? Yes No

Do you believe that Jesus was raised from the dead?    Yes    No

**W**ORSHIP GOD  
Praying is one  
believe in Him

Praying is one way to worship God, because it shows that we believe in Him and trust that He's listening to us.

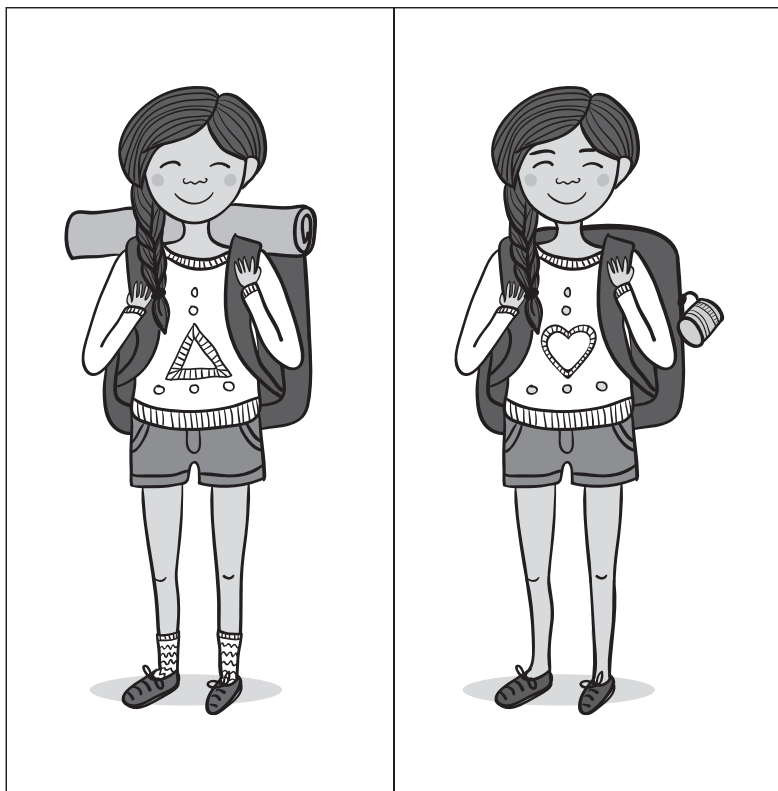
Tell God what you believe about Him:



## DAY 6: COMMIT TO FOLLOWING JESUS AS THE LEADER AND LORD OF YOUR LIFE FOREVER

### G GET QUIET

Get quiet by finding five things that are different in these two pictures.



### R READ GOD'S WORD

Read Romans 10:9-10 (NCV) "If you declare with your mouth, 'Jesus is Lord,' and if you believe in your heart that God raised Jesus from the dead, you will be saved. We believe with our hearts, and so we are made right with God. And we declare with our mouths that we believe, and so we are saved."

### O OPEN UP YOUR HEART

There are two things in this verse that let us know we are saved. What are they?

1. **Declare with your mouth, "Jesus is Lord."** When you say that Jesus is Lord, you are saying that you want Him to be the leader of your life.
2. **Believe in your heart that God raised Jesus from the dead.** Following Jesus is very simple! You make Him your leader by saying it with your mouth and by believing it in your heart. If you are ready to start following Jesus, all you need to do is tell Him.

Here is what you can say:

*God, I know that You love me. I admit that I have done wrong things, and I am very sorry. I believe in my heart that Jesus, Your Son, died for me and that You brought Him back to life. I commit to following You, Jesus. You are the leader and Lord of my life!*

### W WORSHIP GOD

One way we worship God is by talking to others about Him.

Who can you talk to today about God? \_\_\_\_\_

Check the things you are going to talk to them about:

- ☐ If you decided you're ready to start following Jesus, tell them about it. (Be sure to tell a grown-up at home or at church!)
- ☐ What you have been learning in this devotion
- ☐ Something you love about God or Jesus



## DAY 7: YOU HAVE A NEW BIRTHDAY

### G GET QUIET

Get quiet by closing your eyes. Then breathe in through your nose and hum quietly as you slowly breathe out.

### R READ GOD'S WORD

Read John 3:1-3 (ERV) "There was a man named Nicodemus, one of the Pharisees. He was an important Jewish leader. One night he came to Jesus and said, 'Teacher, we know that you are a teacher sent from God. No one can do these miraculous signs that you do unless they have God's help.' Jesus answered, 'I assure you, everyone must be born again. Anyone who is not born again cannot be in God's kingdom.'"

### O OPEN UP YOUR HEART

What do you think Jesus meant when He said everyone must be born again to be a part of God's kingdom? Circle your answer below.

- a. We have to go back into our mom's belly and be born again
- b. We have to act like babies
- c. None of the above

It was hard for Nicodemus to understand, but Jesus says that when we decide to start following Him, He forgives our sins and gives us a brand new life. That's when we are "born again" into God's family! So, the correct answer above was "c"!

That means we can have two birthdays! What would yours be?

Birthday #1:

Write the date you were born into your family (your birthdate):



DATE: \_\_\_\_\_

Birthday #2:

If you have decided to start following Jesus, write the date when you made that decision (if you don't know the date, you can write how old you were):



DATE OR AGE: \_\_\_\_\_

Following Jesus is a decision you should make for yourself. You may want to spend more time getting to know God. As you grow, you will know when the time is right for you to make this decision on your own!

Pray: *God, thank You for making me a part of Your family! Help me to understand more and more what it means to be a child of God!*



### WORSHIP GOD

Sing a worship song to celebrate how much God loves you and wants you to be a part of His family! The song "You're Alive" on the KidSpring App or YouTube Channel would be a great one to sing.

## DAY 8: THE FIRST STEP IN FOLLOWING JESUS

### G GET QUIET

Get quiet and say this in your heart: "God, speak to me today. I'm listening."

### R READ GOD'S WORD

Read Matthew 28:19–20 (ERV) "So go and make followers of all people in the world. Baptize them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you to do. You can be sure that I will be with you always. I will continue with you until the end of time."

If you want, take time right now to read about Jesus' baptism in your Bible in Matthew 3:13–17.

### O OPEN UP YOUR HEART

Being baptized in water is one of the first steps you take in following Jesus. A friend of Jesus does not just learn about Him but follows Him and does the things He did.

The number one reason you should get baptized in water is because Jesus did, and He also told us to. When you follow Jesus, you decide to do what Jesus says and follow His example. Jesus was baptized, so you should be, too!

Draw yourself following Jesus in the picture below.

### W WORSHIP GOD

One way we worship God is by talking to Him!

Ask God a question: How can I follow Jesus today? Sit still for a few minutes. Listen for His answer. He may give you an idea of something to do or someone to show love to. If you don't hear anything, that's OK. Maybe He wants to tell you later! Listen for His voice throughout your day.

## DAY 9: WHAT IT MEANS TO BE BAPTIZED

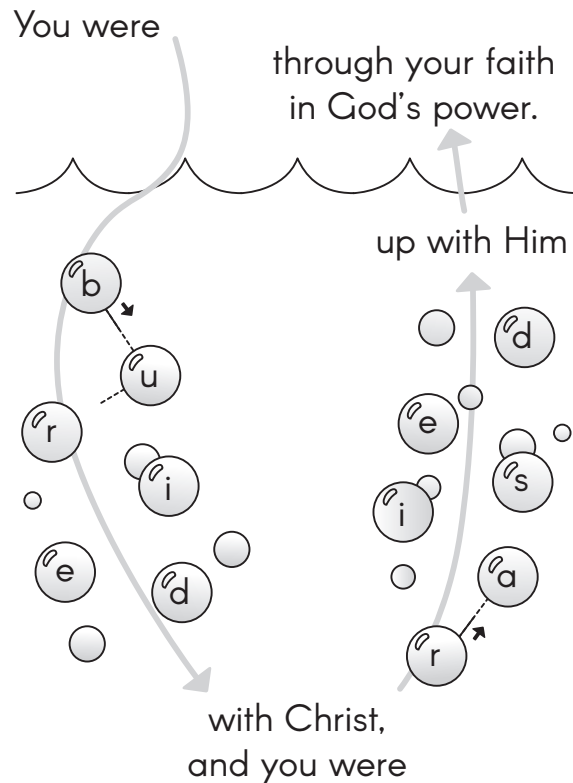
### GET QUIET

Get quiet by pretending to catch a bubble in your mouth.

### READ GOD'S WORD

Read Colossians 2:12 (NCV) "When you were baptized, you were buried with Christ, and you were raised up with him through your faith in God's power that was shown when he raised Christ from the dead."

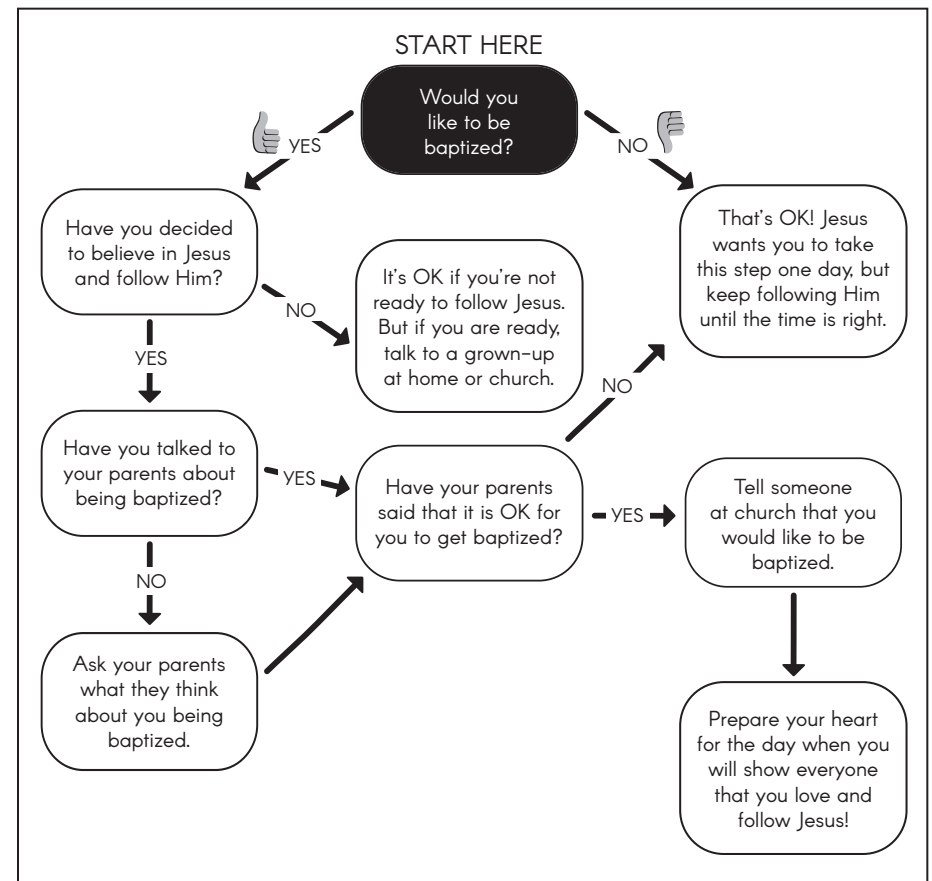
Complete the picture below of this verse by joining the bubbles in the right order.



### OPEN UP YOUR HEART

Baptism is just an outward picture of what Jesus has done inside your heart when you started following Him. When you go under the water, everyone sees a picture of how your old life and all your sin was buried with Jesus. When you come up out of the water, you are showing everyone that you believe God raised Jesus from the dead and that He has given you a new life.

Follow this question map to know what to do next:



Keep going on the next page!

## W WORSHIP GOD

One way we worship God is by showing others that He loves them. Choose one way to do that today:

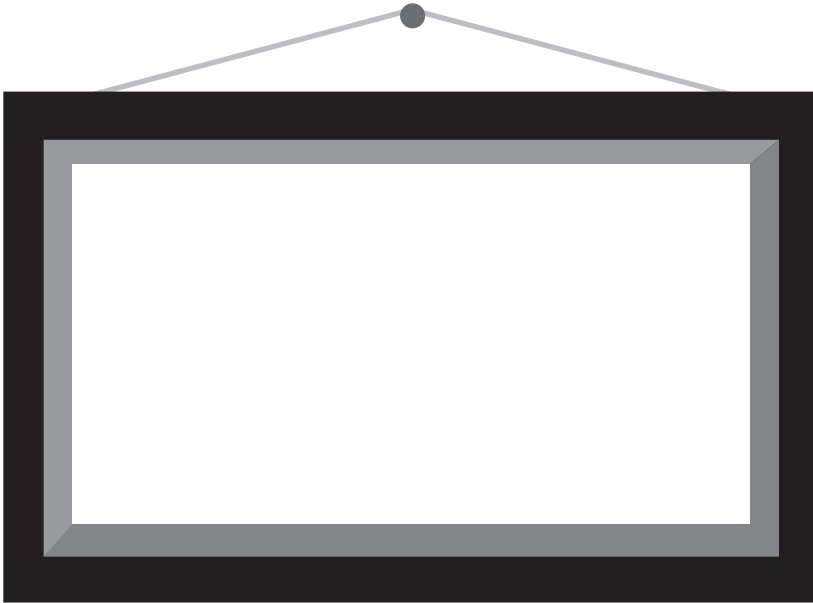
- ☐ If you have made a decision to follow Jesus and are ready to get baptized, invite your family and friends to be there! Your baptism will show them how powerful God's love really is.
- ☐ Do something that shows God's love to another person, like share, help, or give a compliment.
- ☐ Invite someone to church with you so they can hear about God's love.



## DAY 10: YOU ARE A PART OF GOD'S FAMILY

### GET QUIET

Get quiet as you draw a picture of a big, happy family.



### READ GOD'S WORD

Read Acts 2:46-47 (ERV) "The believers shared a common purpose, and every day they spent much of their time together in the Temple area. They also ate together in their homes. They were happy to share their food and ate with joyful hearts. The believers praised God and were respected by all the people. More and more people were being saved every day, and the Lord was adding them to their group."

### OPEN UP YOUR HEART

Everyone who believes in Jesus and follows Him is part of God's family. That's one big, happy family!

This verse tells us that we should spend time together with other people who follow Jesus. We can do that at church each week.

Here are some things we can do together at church. Find them in the word search below:

Sing • Talk • Eat • Pray • Listen • Learn • Give					
O	S	Q	G	X	L
G	I	S	A	I	P
I	N	S	S	R	F
V	G	T	A	L	K
E	E	Y	E	A	T
N	L	E	A	R	N

*Pray: God, thank You for letting me be a part of Your family. Please give me people to spend time with who follow You. I love You! Amen.*

### WORSHIP GOD

One way we worship God is by going to church. Choose two things from the word search to do at church this Sunday:

1. \_\_\_\_\_

2. \_\_\_\_\_

## DAY 11: YOU CAN SERVE LIKE JESUS

### G GET QUIET

Get quiet and take three deep breaths.

1...

2...

3...



### R READ GOD'S WORD

Read John 13:3-5 (ERV) "The Father had given Jesus power over everything. Jesus knew this. He also knew that he had come from God. And he knew that he was going back to God. So while they were eating, Jesus stood up and took off his robe. He got a towel and wrapped it around his waist. Then he poured water into a bowl and began to wash the followers' feet. He dried their feet with the towel that was wrapped around his waist."

### O OPEN UP YOUR HEART

Why do you think Jesus did this? Choose one answer below.

- a. Because He was bored
- b. Because He wanted to serve them
- c. Because their feet were grossing Him out

The correct answer is "b"! Jesus served His followers to show us how important it is to serve others. When you serve others, you put their needs before your own. You do it out of love for God and the people He made!

Circle one way you are going to serve others today:

Open/Hold the door  
Carry something  
Clean something  
Let someone else go first  
Share something you have  
Give a hug  
Pray for someone

Pray: *Jesus, thank You for showing me how to serve others.  
Help me to put others first like You did.*

### W WORSHIP GOD

Serving others is a way to worship God! Fill in this sentence, and then go do it!

Today I will serve

\_\_\_\_\_  
(the name of someone you want to serve)

by

\_\_\_\_\_  
(how you're going to serve them)

## DAY 12: GIVING IS ONE WAY TO SHOW GOD YOU LOVE HIM

### G GET QUIET

Get quiet by taking a deep breath and raising your shoulders to your ears. Then breathe out through your mouth and lower your shoulders.

### R READ GOD'S WORD

Read 2 Corinthians 9:7-8 (ERV) "Each one of you should give what you have decided in your heart to give. You should not give if it makes you unhappy or if you feel forced to give. God loves those who are happy to give. And God can give you more blessings than you need, and you will always have plenty of everything. You will have enough to give to every good work."

Read Matthew 5:42 (ERV) "Give to anyone who asks you for something. Don't refuse to give to anyone who wants to borrow from you."

### O OPEN UP YOUR HEART

Everything you have is a gift from God, and He will always give you what you need.

Fill in the blanks with three things you have that you want to thank God for.

God, thank You for \_\_\_\_\_!

God, thank You for \_\_\_\_\_!

God, thank You for \_\_\_\_\_!

Now say these things to God with excitement, and imagine Him saying, "You're welcome!"

God's Word says that He can give you even more blessings than you need and that you will have enough for every good work! That's why He tells us to give to anyone who asks us for something.

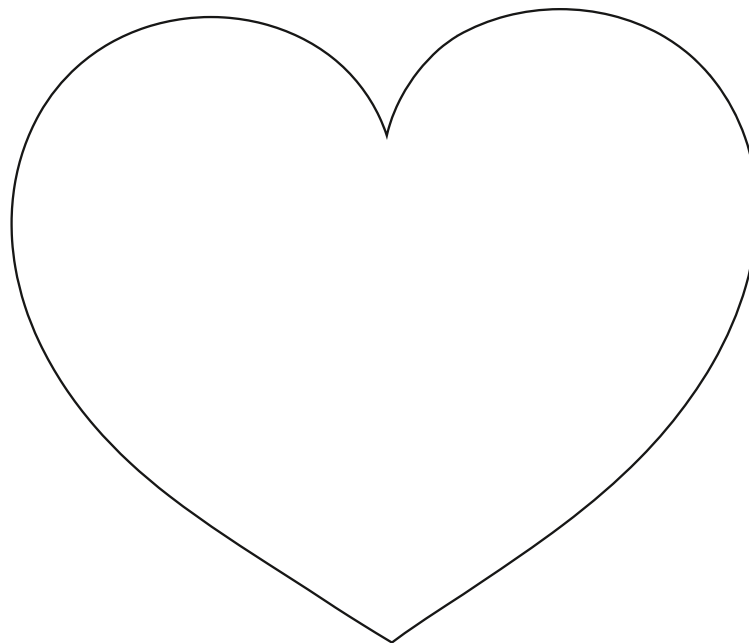
Now that you know God gives you enough, and sometimes, even more than enough, what are you going to do the next time someone asks you for something?

### W WORSHIP GOD

We worship God and show that we are thankful for all He has given us by happily giving to anyone who asks for something.

Write or draw a picture in this heart of something your heart would be happy to give to others. Here are a few ideas:

- Give one of your toys to a sibling or friend
- Give food to a neighbor or homeless person
- Give your money to help your church
- Give your time to help someone
- Give your clothes to someone younger than you



## DAY 13: YOU CAN TELL OTHER PEOPLE ABOUT JESUS

### G GET QUIET

Get quiet and think about something exciting a friend has told you.

### R READ GOD'S WORD

Read what Jesus said to a man He saved and healed in Mark 5:19-20 (ERV) " [Jesus] said, 'Go home to your family and friends. Tell them about all that the Lord did for you. Tell them how the Lord was good to you.' So the man left and told the people in the Ten Towns about the great things Jesus did for him. Everyone was amazed."

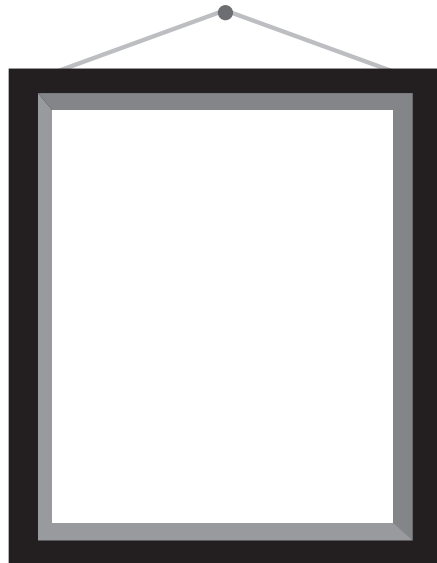
### O OPEN UP YOUR HEART

Everyone needs to hear about the good things Jesus does so that they can believe in Him and experience His goodness, too!

What is something that Jesus has done for you?

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Draw a picture of a family member or friend who you will tell about it.



Pray for the person you want to tell about Jesus:

*Jesus, I want to tell \_\_\_\_\_ about You and what You have done for me. I pray that they will be amazed by what You have done. Help me show them how much You love us. You're the best. Amen!*

### W WORSHIP GOD

Find the song "Nothing's Impossible" on the KidSpring App or YouTube Channel. Worship God by singing this song to Him.

Tell someone else about this song or play it for them, and they will hear how good God is!





## DAY 14: YOU HAVE A HELPER WHO IS ALWAYS WITH YOU

### G GET QUIET

Count to 10 and listen to hear any wind that might be blowing outside.

### R READ GOD'S WORD

Read John 14:26 (NIRV) "But the Father will send the Friend in my name to help you. The Friend is the Holy Spirit. He will teach you all things. He will remind you of everything I have said to you."

Read Romans 8:11a (NIRV) "The Spirit of the God who raised Jesus from the dead is living in you."

### O OPEN UP YOUR HEART

We've learned about God the Father and God the Son, Jesus. There is a third part to who God is—the Holy Spirit!

When you were getting quiet, you listened for the wind, but could you see it? No! It's the same with the Holy Spirit. The Holy Spirit doesn't talk out loud like God the Father and Jesus did. Instead, He works inside our hearts.

Five of these things about the Holy Spirit are true and two are false. Think about each one and circle T for true or F for false:

- T F He helps you understand what you read in the Bible.
- T F He gives you good or bad feelings to help you know the right thing to do.
- T F He tries to confuse you.
- T F He reminds you of what God says in His Word.
- T F He helps you trust God each day.
- T F He tempts you to do wrong things.
- T F He talks to God for you when you don't know what to pray.

The Holy Spirit will never confuse you or tempt you to do wrong things. The rest of those statements help us understand what a friend we have when the Holy Spirit lives inside of us. Everyone who believes in Jesus has the power of the Holy Spirit in them!

### W WORSHIP GOD

Worship is anything we do to show God we love Him. One way we show love to anyone is by talking to them. Since God's Holy Spirit is our friend and our helper, complete the sentence below, and then say it in your heart to Him. He will hear you, because He lives in you and knows what you're saying!

*Holy Spirit, thank You for being my friend and my helper.*

*Today I need Your help with \_\_\_\_\_*

*Please help me do the right thing. Amen.*

## DAY 15: YOU CAN SPEND TIME WITH GOD EACH DAY

### G GET QUIET

Take a deep breath and close your eyes. Count to 10 and then open your eyes.

### R READ GOD'S WORD

Read Psalm 46:10 (NCV) "God says, 'Be still and know that I am God.'"

### O OPEN UP YOUR HEART

When we get still and spend time reading God's Word, opening up our hearts to Him, and worshipping Him, our friendship with Him will grow!

Think about how God made the apple tree to grow:



It starts out as a seed. Color the seed.  
Then, it turns into a small tree. Color the leaves and add more.  
Finally, it grows into a big tree that you can climb and pick apples from. Color the leaves and add apples.

But when you look at a tree, can you see it growing? No! It is very still. In the same way, your friendship with God will grow when you are still and spend time getting to know Him.

When is a good time of day for you to spend a few minutes growing your friendship with God? Circle the one that would work best for you:

When I wake up

As I eat breakfast

When I get home from school

Before I go to bed

### W WORSHIP GOD

You can be still and worship God at the same time! We have learned so many great things over the last two weeks about who God is. Be as still as you can for the next minute, and worship God by telling Him the things you've learned about Him.

Below are some things you could tell Him:

- God, I'm so glad you want to be my friend.
- It's amazing how you sent your Son, Jesus, to take the punishment for my sin so I can be forgiven.
- I'm amazed by how you brought Jesus back to life! You're so powerful!
- Jesus, You set the best example for me to follow.
- Thank You for always giving me what I need.
- I'm so glad You gave me the Holy Spirit to be my friend and my helper.

## DAY 16: TO GROW YOUR FRIENDSHIP WITH GOD, YOU NEED TO "GET QUIET"

### G GET QUIET

Take a minute to listen. Are there any noises distracting you? If so, move to a quieter place.

### R READ GOD'S WORD

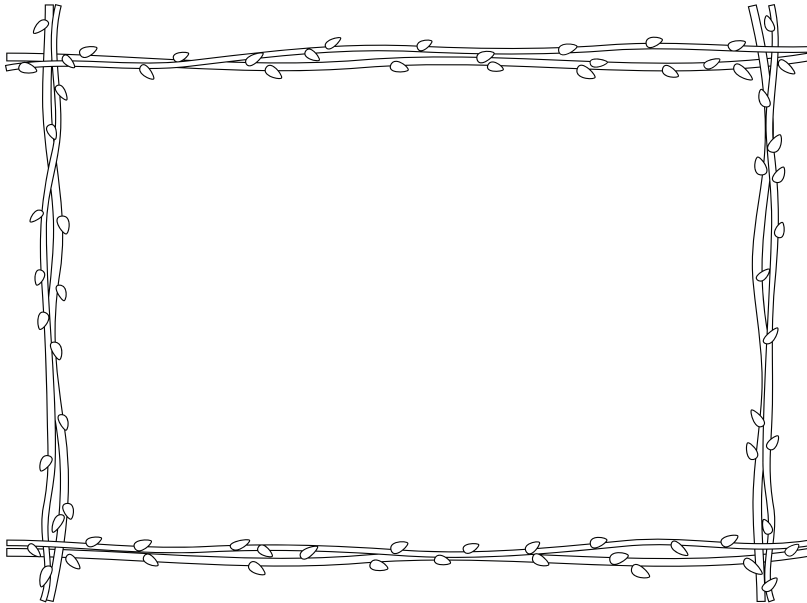
Read Luke 5:15-16 (NIRV) "But the news about Jesus spread even more. So crowds of people came to hear him. They also came to be healed of their sicknesses. But Jesus often went away to be by himself and pray."

### O OPEN UP YOUR HEART

Why do you think it was important for Jesus to be by Himself to pray?

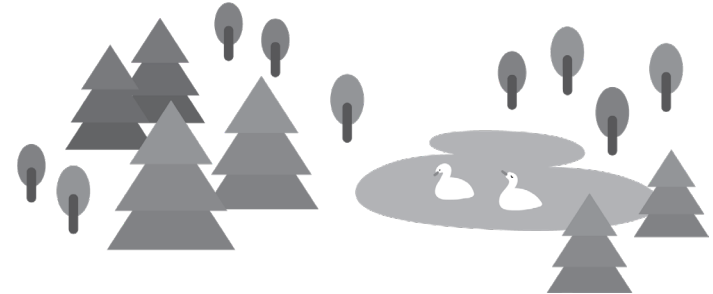
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Where is a quiet place you can go to pray and spend time with God? Draw a picture of that place!



### W WORSHIP GOD

When you are by yourself in a quiet place, sing a song to God! If you don't know what song to sing, find "Follow You" on the KidSpring App or YouTube Channel and sing along.



## DAY 17: TO GROW YOUR FRIENDSHIP WITH GOD, YOU NEED TO "READ GOD'S WORD"

### G GET QUIET

Find somewhere quiet to sit for a few minutes. When you get there, take three deep breaths.

### R READ GOD'S WORD

Read Psalm 119:11-12 (CEV) "I treasure your word above all else; it keeps me from sinning against you. I praise you, Lord! Teach me your laws."

### O OPEN UP YOUR HEART

Underline the word "treasure" in the verse above. When we treasure something, we treat it as if it's something very special.

What does Psalm 119:11-12 say we should treasure above all else?

God's Word is very special, because it's not just letters on a page. God told people to write these words down just for us!

There are many things God wants to tell us. Find out what those are by using the key below to decode the words on the next page!

A	B	C	D	E	F	G	H	I	J	K	L	M
												
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
												

HE WANTS TO TELL US \_\_\_\_\_ HE IS.



HE WANTS TO SHOW US HOW MUCH HE \_\_\_\_\_ US.



HE WANTS TO HELP US NOT DO \_\_\_\_\_ THINGS.



HE WANTS TO SHOW US HOW TO \_\_\_\_\_ AND



\_\_\_\_\_ OTHERS.



Because the Bible is God's Word to us, we should treasure it and read it every day. When we do, our friendship with Him will grow.

Pray: *Father, thank You for giving me Your Word to read. Help me to treasure it!*

### W WORSHIP GOD

Find "That's Loving You" on the KidSpring App or YouTube Channel and worship God by singing!

## DAY 18: "OPEN UP YOUR HEART" AND THINK ABOUT GOD

### G GET QUIET

Get quiet and put two fingers on your neck, just beside your throat. Can you feel your heart beating?

### R READ GOD'S WORD

Read Colossians 3:2 (NIRV) "Think about things that are in heaven. Don't think about things that are only on earth."

### O OPEN UP YOUR HEART

To grow your friendship with God, you need to open up your heart, but not like a surgeon or a doctor does! You can open up your heart to God by thinking about Him.

Think about someone you know here on Earth. Write down three things you know about them:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

When you think about someone, you remember things you know about them, and sometimes you realize things about them that you have never noticed before. In the same way, when you think about God, the Holy Spirit will help you remember things you know about Him and realize new things as well.

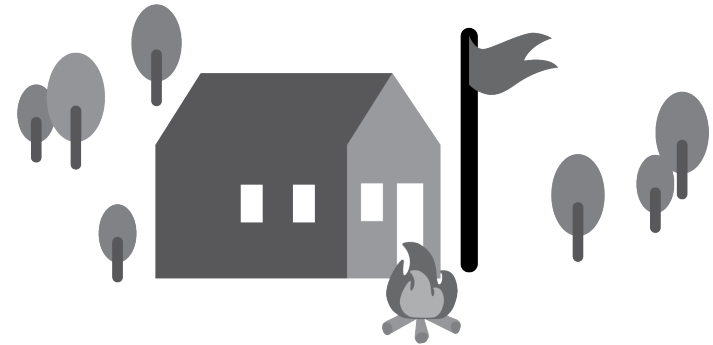
Now think about God and write down three things you know about Him:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

There are so many great things you can get to know about God, but you have to spend time with Him and open up your heart to what He wants to say. When you do that, your friendship with God will grow!

### W WORSHIP GOD

Singing a worship song about God will help you think about Him! Open up your heart and think about God by singing "My Faith Is In You." You can find it on the KidSpring App or YouTube Channel.



## DAY 19: "OPEN UP YOUR HEART" AND TALK TO GOD

### G GET QUIET

Get quiet and think about one friend you like talking to. Who is it?

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### R READ GOD'S WORD

Read Matthew 6:6 (NIRV) "When you pray, go into your room. Close the door and pray to your Father, who can't be seen. He will reward you, because He sees what you do secretly."

### O OPEN UP YOUR HEART

Just like you can talk to a friend, you can talk to God! Even though you can't see your Heavenly Father, does He see you and hear you?

YES

NO

Jesus spent a lot of time talking to God, and He knew that your friendship with God will grow if you do the same thing. God is listening and loves to hear you. If you could talk to God right now about anything, what would it be?

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### W WORSHIP GOD

Talking to God is one way to worship Him, and it's as easy as following a map! Follow the map and fill in the blanks with your own words or pictures as you go.

**1** God, You are a great Father!  
I want what You want,  
because You know what's best.

**2** Today I need...  
[Blank box for writing]

**3** Please forgive me for...  
[Blank box for writing]

**4** Please help  
me forgive...  
[Blank box for writing]

**5** Help me do the right  
things today when I...  
[Blank box for writing]

**6** Thank You for protecting me.  
I love You, God! Amen.

## DAY 20: WORSHIP GOD

### G GET QUIET

Get quiet and turn on some music.



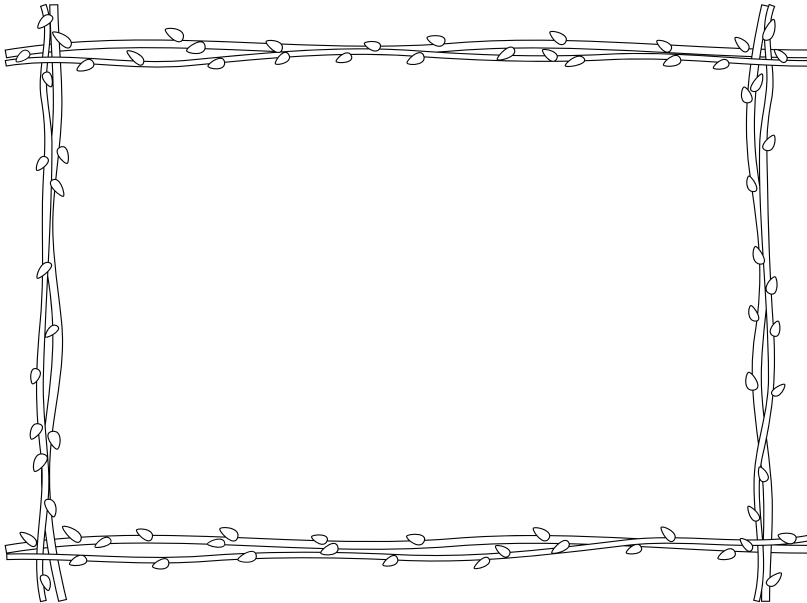
### R READ GOD'S WORD

Read Psalm 100:1-2 (NIRV) "Shout for joy to the Lord, everyone on earth. Worship the Lord with gladness. Come to him with songs of joy."

### O OPEN UP YOUR HEART

Draw a picture of nature below and include these things:

- |                                |                                  |                                    |
|--------------------------------|----------------------------------|------------------------------------|
| <input type="checkbox"/> sun   | <input type="checkbox"/> clouds  | <input type="checkbox"/> water     |
| <input type="checkbox"/> moon  | <input type="checkbox"/> sky     | <input type="checkbox"/> mountains |
| <input type="checkbox"/> stars | <input type="checkbox"/> animals | <input type="checkbox"/> trees     |



Now add yourself to the picture! Everything in this picture is something God created, and everything God created was made to worship Him. YOU were made to worship God! When we worship God, we show Him we love Him more than anything or anyone else.

Write down three things you love about God:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### W WORSHIP GOD

One way we can worship God is by singing to Him. Write a song for God or play one of your favorite worship songs and sing it. Tell Him how great He is and why you love Him!



## DAY 21: SHOW GOD YOU LOVE HIM BY BEING THANKFUL

### G GET QUIET

Before you sit down to get quiet, stand with your feet wide apart and your arms dangling in front of your body like an elephant's trunk.

As you breathe in deeply through your nose, raise your arms up high above your head.

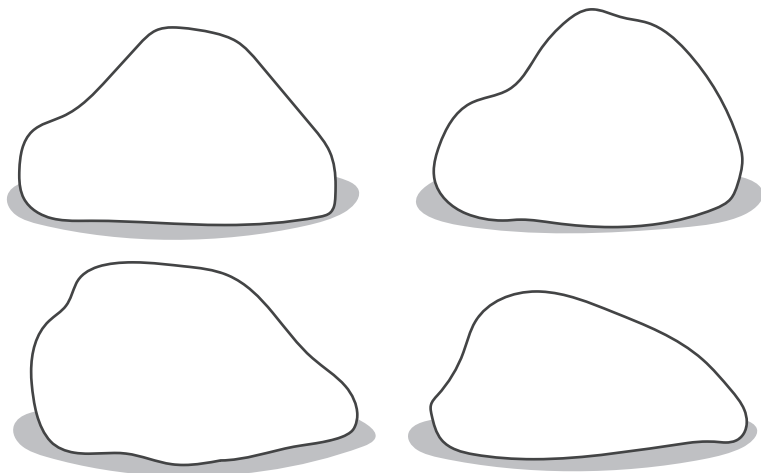
Then slowly swing your arms down again as you breathe out through your mouth.

### R READ GOD'S WORD

Read 1 Samuel 7:12 (NIRV) "Then Samuel got a big stone. He set it up between Mizpah and Shen. He named it Ebenezer. He said, 'The Lord has helped us every step of the way.'"

### O OPEN UP YOUR HEART

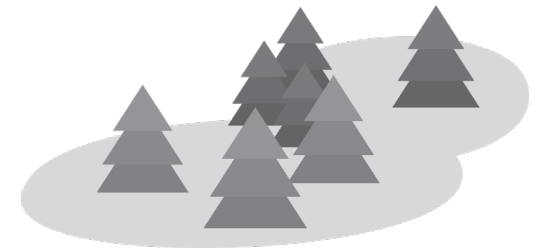
Samuel used a stone to help him remember what he was thankful for, and you can, too! What are some things God has helped you with or given to you? Write or draw one in each stone below.



The next time you go outside, look for a stone (like Samuel did) and put it in a special place to remind you to be thankful.

### W WORSHIP GOD

You can worship God today by thanking Him! Tell God thank you for each thing you wrote in the stones on the last page. Then every time you see a stone today, tell God thank you for something!





## DAY 22: FRIENDSHIP WITH GOD HELPS YOU DO WHAT'S RIGHT

### G GET QUIET

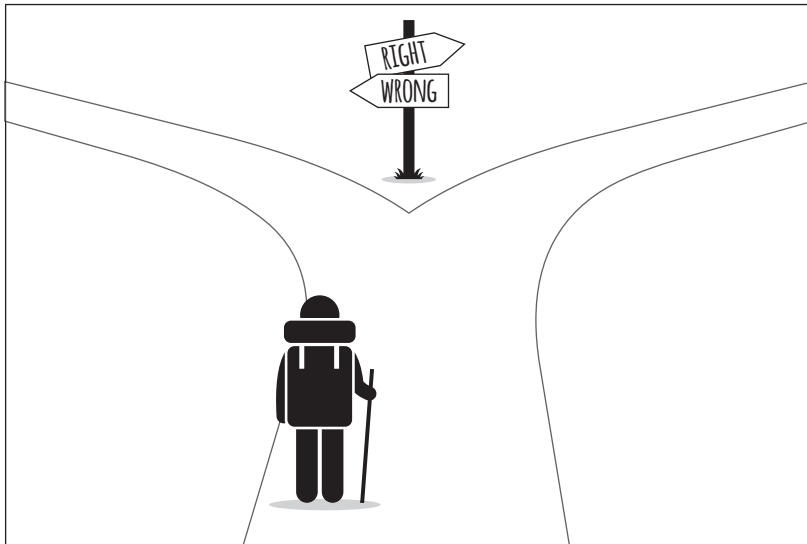
Sit down and get comfortable. Tell God how happy you are to spend time with Him today!

### R READ GOD'S WORD

Read Psalm 139:23-24 (ERV) "God, examine me and know my mind. Test me and know all my worries. Make sure that I am not going the wrong way. Lead me on the path that has always been right."

### O OPEN UP YOUR HEART

Draw yourself beside the trail guide at the beginning of the two paths. Imagine that God is the trail guide standing with you.



Every time we make a choice, there are two different paths we can take. We can go the wrong way, or we can go the right way.

Draw an arrow down the path that you think God wants you to take.

God wants you to go down the right path, because He knows that's what is best for you. But sometimes choosing to go the right way is hard, and we need to ask God for help. Sometimes we go down the wrong path without even realizing it. Whenever that happens, remember that God is your friend. He's right there with you to help you get back on the right path.

When was a time you went down the wrong path and did something wrong instead of doing what God says is right?

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God is not mad at you for doing something wrong. He loves you and wants to help you. How does that make you feel?

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### W WORSHIP GOD

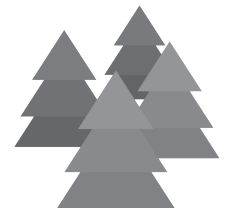
Worship God by talking to Him! Fill in the blanks as you pray today's Bible verse. Then let God help you do what's right.

"God, examine \_\_\_\_\_ and know my \_\_\_\_\_.

Test me and know all my \_\_\_\_\_. Make sure that

I am not going the \_\_\_\_\_ way. Lead me on the

\_\_\_\_\_ that has always been \_\_\_\_\_."



## DAY 23: SPENDING TIME WITH GOD HELPS YOU HEAR HIS VOICE

### G GET QUIET

Be very still. What sounds do you hear? Is there a more quiet place you can go right now? If so, go there.

### R READ GOD'S WORD

Read Isaiah 28:23 (NIV) "Listen and hear my voice; pay attention and hear what I say."

### O OPEN UP YOUR HEART

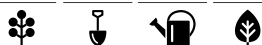
God wants to speak to you! When you spend time with Him each day, you will learn how to hear His voice.

The Bible says that God speaks in a still, small voice. So being still and quiet will help you hear His voice.



Use the key above to decode the words missing from this sentence:

WHEN GOD PUTS IDEAS INTO YOUR \_\_\_\_\_



OR GUIDES YOUR \_\_\_\_\_, HE IS SPEAKING TO YOU!



Think about what happened today or yesterday:

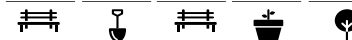
Did you almost do something you know was wrong? Did the words of a parent, teacher, or friend come to your mind to help you know the right thing to do?

Was there a time your heart showed love or you had good thoughts that you don't usually have?

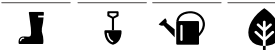
Do you think that was God putting ideas in your mind or guiding your heart?

Sometimes it can be hard to know if we are hearing God's voice. Here are three ways you can know what God's voice sounds like. Use the same key on the other page to decode the missing words below:

WHAT GOD SAYS ALWAYS AGREES WITH THE \_\_\_\_\_



GOD'S VOICE IS ALWAYS \_\_\_\_\_



GOD ALWAYS TELLS THE \_\_\_\_\_



Pray: *God, I want to hear Your voice. Help me to know when You are speaking to me. I love You. Amen.*

### W WORSHIP GOD

Be still and listen to a worship song. What do you hear God saying to you in the song? You will know it's God's voice if it agrees with the Bible, is kind, and is truthful.

## DAY 24: REMEMBERING WHAT GOD SAYS WILL HELP YOU KNOW WHAT TO DO

### G GET QUIET

Get quiet by closing your eyes and imagining you are in a desert all by yourself.

### R READ GOD'S WORD

Read Matthew 4:1-4 (NIRV) "The Holy Spirit led Jesus into the desert. There the devil tempted him. After 40 days and 40 nights of going without eating, Jesus was hungry. The tempter came to him. He said, 'If you are the Son of God, tell these stones to become bread.' Jesus answered, 'It is written, 'Man must not live only on bread. He must also live on every word that comes from the mouth of God.'"

Read Deuteronomy 11:18 (NIRV) "So keep my words in your hearts and minds. Write them down and tie them on your hands as a reminder."

### O OPEN UP YOUR HEART

In the verses from Matthew 4, circle the first three words after "Jesus answered."

In the desert, when Jesus was tempted to do the wrong thing, He remembered what was written in God's Word. That's why Jesus said, "It is written..."

When you are tempted to do the wrong thing, remembering what God says can help you, too. Like Deuteronomy 11:18 says, you can keep God's words in your heart and mind, and you can write them down.

Choose one of these verses to practice remembering.  
Draw a heart around the one you choose.

Isaiah 43:5  
"Do not be  
afraid. I am  
with you."

Psalm 139:14  
"How you made me  
is amazing and  
wonderful."

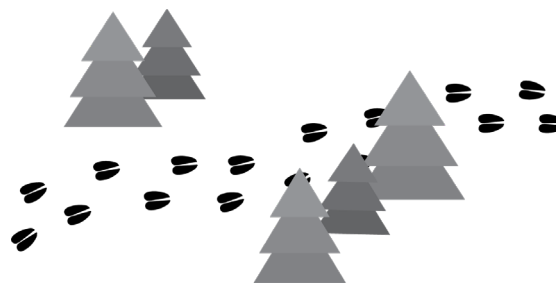
Philippians 4:13  
"I can do all  
things through Christ,  
because he gives  
me strength."

### W WORSHIP GOD

When you practice remembering what God says, it shows that you love Him, and that is worship.

So worship God right now by doing one or two of these things to memorize the verse you chose:

- Write the verse on a strip of paper. Put it in your pocket or make it into a bracelet. Every time you feel it today, try saying the verse in your mind or out loud.
- Turn the verse into a song!
- Say the verse a few times. Each time, cover up a word and see if you can remember what it was.
- Write the verse in large letters on a piece of paper. Tape it up somewhere you will see it often, like on your bathroom mirror, the refrigerator, or on the door to your room.



## DAY 25: YOU CAN HAVE A SUCCESSFUL LIFE

### G GET QUIET

Sitting in a comfortable position. Take five deep breaths in through your nose, and then breathe out through your mouth.

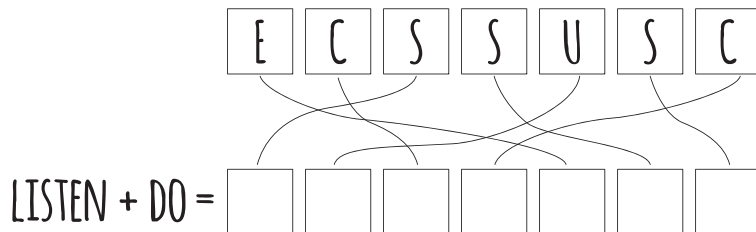
### R READ GOD'S WORD

Read Joshua 1:8 (NIRV) "Never stop reading this Book of the Law. Day and night you must think about what it says. Make sure you do everything written in it. Then things will go well with you. And you will have great success."

Read James 1:22 (NIRV) "Don't just listen to the word. You fool yourselves if you do that. You must do what it says."

### O OPEN UP YOUR HEART

Finish the equation by following the line from the top box to the box below and writing in the matching letter.



When you *listen* to what God says and then *do* it, He promises that you will have great *success*!

Listen to this verse and think about what it says: "Children, obey your parents in everything." (Colossians 3:20 NIRV)

Now that you've listened to this verse, what should you do?

---

Try another one. Listen to this verse and think about what it says:

"Be kind and loving to each other. Forgive each other the same as God forgave you through Christ."

Now that you've listened to this verse, what should you do?

---

### W WORSHIP GOD

Worship God by thinking about these words of His all throughout your day. Then think about them when you lay down to go to bed tonight.



## DAY 26: JESUS GIVES US A NEW COMMAND

### G GET QUIET

Take a deep breath and count to 10 as you let it out slowly.

### R READ GOD'S WORD

Read John 13:34-35 (ERV) "I give you a new command: Love each other. You must love each other just as I loved you. All people will know that you are my followers if you love each other."


### O OPEN UP YOUR HEART

Put a check beside the ways that Jesus loves you:

- ☐ Forgives you
- ☐ Gives you good things
- ☐ Yells at you
- ☐ Helps you
- ☐ Comforts you when you're sad
- ☐ Lies to you
- ☐ Listens to you
- ☐ Protects you

Jesus wants you to love others by doing the same things He does to show His love to you.

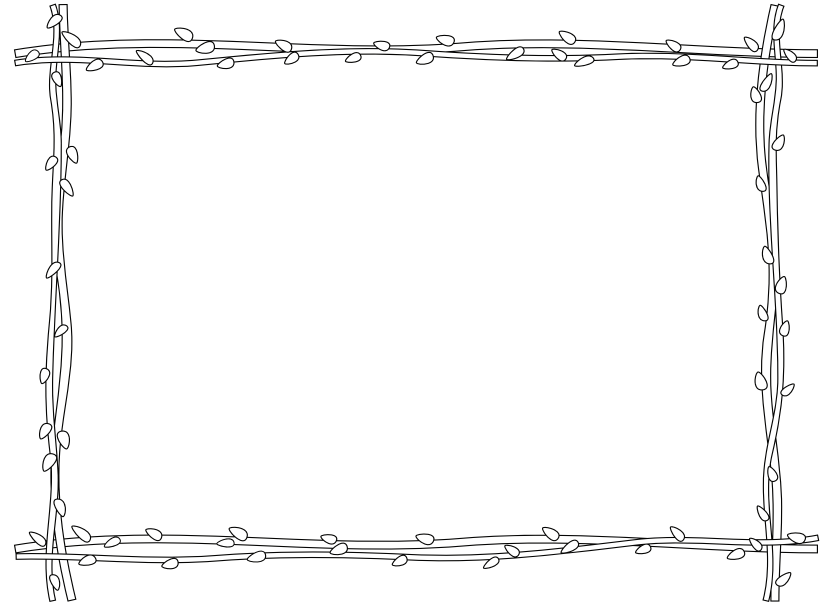
Who is one person that you have a hard time showing love to?



---

(NAME)

What is one thing you can do this week to show them love?  
Draw your answer below.



Pray: *Jesus, please help me to love people the way You love me.*

### W WORSHIP GOD

Worship God by singing "Love Will Never Fail" from the KidSpring App or YouTube Channel. This song will help you remember how to love others today and every day.



## DAY 27: GOD KNOWS EVERYTHING ABOUT YOUR LIFE

GET QUIET  
Think about

Think about God seeing you as you sit down and get quiet.

**R** **READ GOD'S WORD**  
Read Proverbs 5:21  
do. He watches wh

Read Proverbs 5:21 (ERV) “The Lord clearly sees everything you do. He watches where you go.”

OPEN UP YOUR HEART  
Write down five things

Write down five things you did today:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Did you know that God saw you do every one of these things? God cares about you. That's why He is always watching over you.

How does it make you feel to know God sees everything you do?

---

Is there anything you have done that you wish God couldn't see?

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We cannot hide anything from God, and that's a good thing. Because God sees everything we do, He knows exactly what we need. He knows when we need help. He sees when we need forgiveness. All we have to do is ask Him for it!

**W**ORSHIP GOD  
You can worship  
to Him about y

You can worship God and show Him you love Him by talking to Him about your day and asking Him for what you need.

Choose one thing that happened yesterday, and tell God about it. Here's how:

- Tell Him what happened
- Tell Him who was there
- Tell Him how you felt
- Thank Him for being with you when this happened
- Ask Him for what you need

## DAY 28: DON'T WORRY ABOUT YOUR LIFE

### G GET QUIET

Get quiet by looking out a window. See if you can spot a bird.

### R READ GOD'S WORD

Read what Jesus said in Matthew 6:25-27 (NIRV) "I tell you, do not worry. Don't worry about your life and what you will eat or drink. And don't worry about your body and what you will wear. Isn't there more to life than eating? Aren't there more important things for the body than clothes? Look at the birds of the air. They don't plant or gather crops. They don't put away crops in storerooms. But your Father who is in heaven feeds them. Aren't you worth much more than they are? Can you add even one hour to your life by worrying?"

### O OPEN UP YOUR HEART

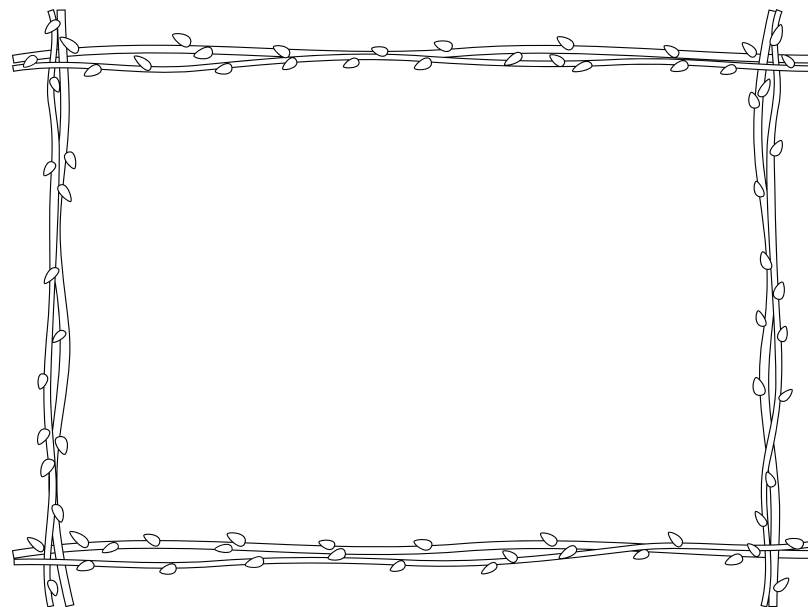
Underline all the times you see "do not worry" or "don't worry" in the Bible verses above.

Jesus tells us three times in these verses not to worry. When Jesus repeats something, it is a big deal! He does not want you to worry.

Jesus says you don't need to worry, because He knows who is taking care of you. Who does Jesus say is taking care of you (hint: it's the same person who takes care of the birds)?

---

Draw a picture of something you worry about.



Imagine God, your Heavenly Father, saying this to you in a kind and quiet voice, "Do not worry about that. I will take care of you."

### W

### WORSHIP GOD

Worshipping God can help us not to worry! Sing a song to God and let Him know that you trust Him to take care of you.

If you need a song to sing, check out "For Our Good" or "Nothing's Impossible" on the KidSpring App or YouTube Channel.



## DAY 29: THINK ABOUT THESE THINGS

### G GET QUIET

Find a comfortable position and close your eyes for 10 seconds to clear your mind.

### R READ GOD'S WORD

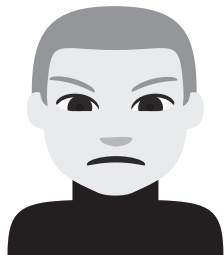
Read Philippians 4:8 (NIRV) "Finally, my brothers and sisters, always think about what is true. Think about what is noble, right and pure. Think about what is lovely and worthy of respect. If anything is excellent or worthy of praise, think about those kinds of things."

### O OPEN UP YOUR HEART

The way you think affects the way you act. When a thought comes to your mind, ask yourself these questions before you do anything with that thought:

- Is it true?
- Is it right?
- Is it respectful?

Look at the thoughts these people are having and answer the questions.



I WANT TO GIVE MY DOG  
SOME FOOD, BUT MY MOM  
SAYS NO.  
SHE'S DUMB.

- |  |     |    |
|--|-----|----|
| ● Is it true that his dog needs food?    | Yes | No |
| ● Is it right to disobey a parent?       | Yes | No |
| ● Is it respectful to call someone dumb? | Yes | No |

- What should he do with this thought?
  - ☐ Ask his mom questions to better understand
  - ☐ Feed the dog anyway
  - ☐ Trust that his mom knows what the dog needs
  - ☐ Be respectful to his mom even though he disagrees



EVERYBODY SAYS I'M UGLY.  
MAYBE I AM.

- |  |     |    |
|--|-----|----|
| ● Is it true that God says she's ugly?   | Yes | No |
| ● Is it right for her to believe she's ugly just because some people said that to her? | Yes | No |
| ● Is it respectful to God or to herself to believe the thought that she's ugly?        | Yes | No |
- What should she do with this thought?
    - ☐ Look at herself in the mirror and think about the truth that God made her and she is beautiful
    - ☐ Believe that she really is ugly
    - ☐ Do something to make herself feel more beautiful
    - ☐ Ignore the people who say she's ugly and focus on what God says about her

### W WORSHIP GOD

Worship God by finding the song "Heartbeat" on the KidSpring App or YouTube Channel. Sing along to tell God you want Him to help you think about what's true, right, and respectful.



## DAY 30: GOD GIVES YOU ARMOR TO PUT ON EACH DAY

### G GET QUIET

Reach up high and stretch. Bend down and touch your toes. Take in one deep breath and let it out.

### R READ GOD'S WORD

Read Ephesians 6:14-17 (NIRV) "So remain strong in the faith. Put the belt of truth around your waist. Put the armor of godliness on your chest. Wear on your feet what will prepare you to tell the good news of peace. Also, pick up the shield of faith. With it you can put out all the flaming arrows of the evil one. Put on the helmet of salvation. And take the sword of the Holy Spirit. The sword is God's word."

### O OPEN UP YOUR HEART

God tells us how to live by putting on His armor. This is not the kind of armor soldiers wear. Instead, it is invisible and gives us power to have a victorious life.

Match the piece of armor to its description:

Shields you when the enemy attacks your faith

Gives you the courage to go and tell others the good news about God's love

Protects your heart from wanting to do the wrong thing while helping you have the power to do what is right and godly



GOOD NEWS  
BOOTS



SHIELD OF  
FAITH



BELT OF  
TRUTH



SWORD OF  
THE SPIRIT



HELMET OF  
SALVATION



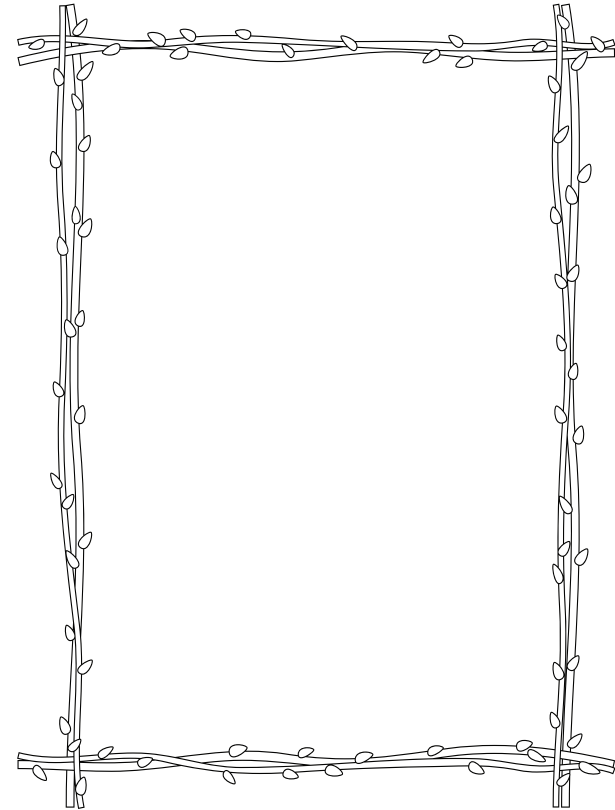
ARMOR OF  
GODLINESS

Helps you cut down the temptations of the enemy with the truth and promises in God's Word

Protects your mind from questioning God's love for you

Helps you detect the evil one's lies by comparing them to the truth in God's Word

Draw a picture of yourself wearing the Armor of God. Imagine that you are wearing it as you go throughout your day, and let it help you win each battle that comes your way.



### W

### WORSHIP GOD

Worship God by thanking Him for giving you everything you need to live a powerful, victorious life. Then sing along to "Full Armor of God" on the KidSpring App or YouTube Channel.

## DAY 31: YOU CAN CHANGE AND GROW LIKE JESUS.

### G GET QUIET

Do you have a picture of when you were a baby? Take it to a quiet place, look at it, and think about how you have changed.

### R READ GOD'S WORD

Read Luke 2:52 (ERV) "As Jesus grew taller, he continued to grow in wisdom. God was pleased with him and so were the people who knew him."

### O OPEN UP YOUR HEART

Just like you've grown since you were a baby, you can continue to grow just like Jesus did.

Jesus grew physically, mentally, spiritually, and socially. Use the verse above to fill in the ways Jesus grew.

Word bank:

HIM	WISDOM	TALLER
PLEASED	PEOPLE	GOD

T  LL  R - physically

W  S  OM - mentally

G   was P  EA  E  with Him - spiritually

P  OPL  who knew   - socially

You can grow in these same ways. As you get taller, you can grow to be wiser by reading God's Word. You can please God as you grow by doing what His Word says, and you can grow by loving the people who know you.

Now that you're done with this devotional, keep spending quiet time with God each day and grow in new ways. Here are some ways you can keep growing your friendship with God.

Circle the one you're going to do next:

Find a new devotional to read each day

Read one verse or chapter from Proverbs in your Bible each day

Read the book of Mark in your Bible with a family member or friend who follows Jesus

Start this devotional over

### W WORSHIP GOD

Worship God by talking to Him.

Here's a prayer you can pray:

*God, please help me to keep growing just like Jesus did.  
Show me how to grow in my friendship with You!*

Now celebrate finishing this devotional by singing and dancing to "Time to Dance" on the KidSpring App or YouTube Channel!

