

# Proper 14

Sunday, July 06, 2025 10:30 A.M.

Choral Eucharist | In-Person & Livestream

The Reverend Areeta Bridgemohan, *Presider*The Reverend Stuart Mennigke, *Preacher*The Reverend Kevin de la Mare, *Deacon*Bruce McKenzie, *Organist*Kim Hardy and Kip Johnson, *Cantors* 

### Welcome to the Cathedral

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: www.thecathedral.ca. Following our worship service, please join us for coffee hour on the plaza right outside the Burrard St. doors, weather permitting.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,

The Very Rev. Christopher A. Pappas, Ph.D., D.Min. Dean & Rector



### Connect with us!

We invite you to tell us more about yourself by completing our short connection form. You may find this form at tinyurl.com/CathedralConnection or by scanning the QR code on the left.

# A message to children and their grown-ups

We're glad you're here! Here are a few things we would like you to know about our 10:30 a.m. worship service:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
- Our Sunday school is on a summer break. Our first day back will be August 31, 2025. We look forward to seeing you then!

The nursery is available downstairs to settle your children. The service is livestreamed so you can follow the worship.

### Need to reach us?

Visit us at www.thecathedral.ca/pages/our-team or scan the QR code on the right to access our clergy and staff contact information.

Cathedral parish announcements will commence shortly before 10:30 a.m.

# The Gathering of the Community

### **Processional Hymn**

God Who Gives to Life Its Goodness

(CP 428)

Text: Walter Henry Farquharson (1936-). Music: ABBOT'S LEIGH, Cyril Vincent Taylor (1907-1991).

1 God who gives to life its goodness, God creator of all joy, giver of all human freedom, God who blesses tool and toy: teach us now to laugh and praise you, deep within your praises sing, till the whole creation dances for the goodness of its King.

2 God who fills the earth with beauty, God who binds each friend to friend, giver of all human talent, God who wills that chaos end: grant us now creative spirits, minds responsive to your mind, hearts and wills your rule extending, all our acts by love refined.

Presider In this time and place, we gather on the unceded ancestral lands of the Musqueam,

Squamish and Tsleil-Waututh nations.

All From many places and peoples we come to this house of prayer.

Presider In this time and place, we meet in the presence of the living God.

All The Creator who is the source of all that is, seen and unseen.

Presider In this time and place, the risen Christ stands in our midst.

All Our Companion who walks with us

and with all peoples on the path of reconciliation.

Presider In this time and place, God's Holy Spirit breathes in and through us.

All The Divine Wisdom who transforms us and all life.

Presider In this time and place, together, people of God from every language, culture and nation.

All We are being made new by the holy and life-giving Trinity, one God.

### Gloria

Glory to God on High

(CP 365)

Text: Glory to God (Gloria in excelsis, Greek Hymn, 200?); para. Paul Gibson (1932-2022).

Music: DARWALL, John Darwall (1731-1789).

1 Glory to God on high, and peace to all on earth. We worship you, we give you thanks, our heavenly King. We give you praise, almighty God and Father blessed in glory bright.

2 Our Saviour, Jesus Christ, the Father's only Son, the sacrificial Lamb, who saves the world from sin, have mercy Lord. Beside the father's hand enthroned, now hear our prayer.

3 You only are the Lord. You only are most high. You only are the holy one, Lord Jesus Christ. And now you reign with Father and with Spirit one in glorious light.

### The Collect of the Day

Presider Let us pray.

Silence is kept.

Almighty God,

All

your Son Jesus Christ has taught us that what we do for the least of your children we do also for him. Give us the will to serve others as he was the servant of all, who gave up his life and died for us, but lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

# The Proclamation of the Word

### The First Reading

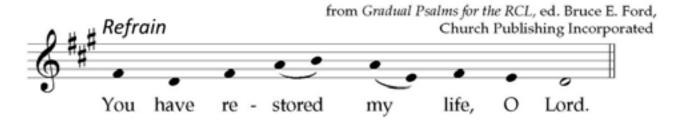
At the conclusion of the reading:

2 Kings 5:1-14

Reader Word of God, word of life.

All Thanks be to God.

#### Psalm 30



1 I will exalt you, O Lord, because you have lifted me up and have not let my enemies triumph over me.
2 O Lord my God, I cried out to you, and you restored me to health.
3 You brought me up, O Lord, from the dead;
you restored my life as I was going down to the grave. *Refrain* 

- 4 Sing to the Lord, you servants of his; give thanks for the remembrance of his holiness.
- 5 For his wrath endures but the twinkling of an eye, his favour for a lifetime.
- 6 Weeping may spend the night, but joy comes in the morning. Refrain
- 7 While I felt secure, I said, "I shall never be disturbed.

You, Lord, with your favour, made me as strong as the mountains." 8 Then you hid your face, and I was filled with fear. *Refrain* 

9 I cried to you, O Lord; I pleaded with the Lord, saying, 10 "What profit is there in my blood, if I go down to the Pit? will the dust praise you or declare your faithfulness? *Refrain* 

11 Hear, O Lord, and have mercy upon me; O Lord, be my helper."
12 You have turned my wailing into dancing;
you have put off my sack-cloth and clothed me with joy.
13 Therefore my heart sings to you without ceasing;
O Lord my God, I will give you thanks for ever. *Refrain* 

### The Second Reading

Galatians 6:1-16

At the conclusion of the epistle:

Reader Hear what the Spirit is saying to the churches.

All Thanks be to God.

### Sequence Hymn

Lord, Be Thy Word My Guide

(CP 480)

Text: Christopher Wordsworth (1807-1885). Music: KINGSLAND, William Boyce (1730-1779).

1 Lord, be thy word my guide; in it may I rejoice: thy glory be my aim, thy holy will my choice,

2 thy promises my hope, thy providence my guard, thine arm my strong support, thyself my great reward.

### The Holy Gospel

Luke 10:1-11, 16-20

Deacon The Lord be with you.All And also with you.

Deacon The Holy Gospel of our Saviour Jesus Christ according to Luke.

All Glory to you, Lord Jesus Christ.

After the Gospel, the Deacon says:

The Gospel of Christ.

All Praise to you, Lord Jesus Christ.

#### The Sermon

The Reverend Stuart Mennigke

A period of silent reflection follows the sermon.

#### The Nicene Creed

Deacon Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father.

Who with the Father and the Son is worshipped and glorified.

Who has spoken through the prophets.

We believe in one holy, catholic, and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

### The Prayers of the People

Please scan the QR code at the back of the bulletin.

### The Confession and Absolution

Deacon Let us confess our sins.

Silence may be kept.

All We confess that we have sinned against you and against one another, in thought, and word, and deed. We are truly sorry for our pride, and for our lack of faith, of understanding and of love. We repent of our narrow-mindedness, of our bitterness and our prejudices. Pardon and forgive us, save us and renew us, that we may delight in your will and walk in your ways; through Jesus Christ our Lord. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All Amen.

#### The Peace

Presider The peace of the Lord be always with you.

All And also with you.

All may exchange a sign of peace.

## The Celebration of the Eucharist

### The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Your generous gift of any amount matters, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

### Offertory Hymn

### Worship the Lord in the Beauty of Holiness

(CP 385)

Text: John Samuel Bewley Monsell (1811-1875).

Music: UTTINGEN (WAS LEBET), melody Choral-buch vor Johann Heinrich Rheinhardt, Üttingen, 1754; harm. The English Hymnal, 1906.

1 Worship the Lord in the beauty of holiness; bow down before him, his glory proclaim; gold of obedience and incense of lowliness bring, and adore him: the Lord is his name!

2 Low at his feet lay thy burden of carefulness; high on his heart he will bear it for thee, comfort thy sorrows, and answer thy prayerfulness, guiding thy steps as may best for thee be.

3 Fear not to enter his courts in the slenderness of the poor wealth thou canst reckon as thine; truth in its beauty and love in its tenderness, these are the offerings to lay on his shrine.

4 These though we bring them in trembling and fearfulness, he will accept for the name that is dear, mornings of joy give for evenings of tearfulness, trust for our trembling, and hope for our fear.

5 Worship the Lord in the beauty of holiness; bow down before him, his glory proclaim; gold of obedience and incense of lowliness bring, and adore him: the Lord is his name!

### The Prayer over the Gifts

Presider God of heaven and earth,

All receive our sacrifice of praise, and strengthen us for the perfect freedom of your service, through our Saviour Jesus Christ. Amen.

*Presider* The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ,

our Saviour and Redeemer [...] Now with all creation we raise our voices to proclaim the

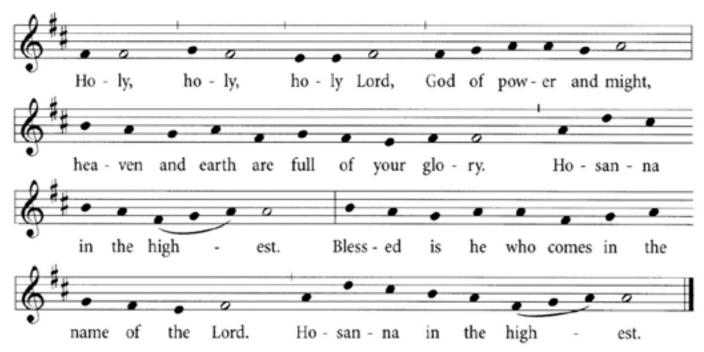
glory of your name.

Sanctus

### Holy, Holy, Holy Lord

(CP 689)

Music: New Plainsong, David Hurd (1950-).



Presider

Holy and gracious God, accept our praise, [...] All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

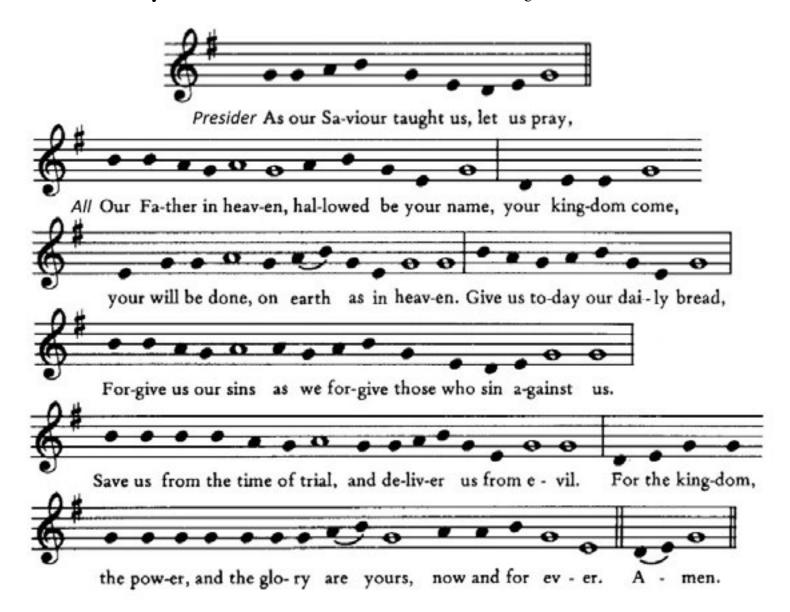
All

Amen

(CP 734)

Music: Community Mass, Richard Proulx (1937-2010).





### Fraction

Presider We break this bread to share in the body of Christ.

All We, being many, are one body, for we all share in the one bread.

Presider The gifts of God for the people of God.

All Thanks be to God.

Music: New Plainsong, David Hurd (1950-).



#### The Communion

To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. Please respect the confidentiality of the people praying by not entering the alcove during prayer time.

### The Prayer after Communion

Presider Let us pray.

O God,

all may we who have shared in holy things never fail to serve you in your world, and so come to the fullness of joy, in the name of Jesus Christ our Lord. Amen.

The Doxology

10

Presider Glory to God,

All whose power, working in us, can do infinitely more than we can ask or imagine.

Glory to God from generation to generation in the Church and in Christ Jesus, for

ever and ever. Amen.

# [Commissioning for lay ministers who will be taking communion to those not able to participate in the Eucharist at the church:

Presider In the name of this congregation, I send you forth bearing Holy gifts, that those to whom you go may share with us in the body and blood of Christ.

All We who are many are one body, because we share one bread, one cup.]

### The Blessing

### **Closing Hymn**

### Lord of All Hopefulness

(CP 506)

Text: Jan Struther (1901-1953).

Music: SLANE, melody Irish trad.; arr. Martin Shaw (1875-1958), alt.

1 Lord of all hopefulness, Lord of all joy, whose trust, ever child-like, no cares could destroy, be there at our waking and give us, we pray, your bliss in our hearts, Lord, at the break of the day.

- 2 Lord of all eagerness, Lord of all faith, whose strong hands were skilled at the plane and the lathe, be there at our labours and give us, we pray, your strength in our hearts, Lord, at the noon of the day.
- 3 Lord of all kindliness, Lord of all grace, your hands swift to welcome, your arms to embrace, be there at our homing and give us, we pray, your love in our hearts, Lord, at the eve of the day.
- 4 Lord of all gentleness, Lord of all calm, whose voice is contentment, whose presence is balm, be there at our sleeping and give us, we pray, your peace in our hearts, Lord, at the end of the day.

#### Dismissal

Deacon Go forth into the world in the power of the Spirit.

All Thanks be to God.

**Postlude** Toccata in G Paul Fey (1998-)

### **Eucharistic Prayer 2**

The model for this prayer is that which is found in the Apostolic Tradition of Hippolytus (c. 215). This is one of the most ancient eucharistic prayers that has come down to us. It has served as the basis for a number of Anglican, Lutheran, and Methodist revisions as well as for the second of the new Roman Catholic eucharistic prayers.

# The Prayers of the People

Scan the QR code for the prayers.



Juan Carlos Riano Jaimes

## The Ministers of the Liturgy

Presider The Reverend Areeta Bridgemohan Regimental Alcove Bill Orr

Preacher The Reverend Stuart Mennigke Regimental Alcove The Reverend Margaret Marquardt

**Deacon** The Reverend Kevin de la Mare **ASL Interpreter** Lisz Keallen

Subdeacon Terry Love Music Cantors from the Cathedral Choir

MC Megan Otton Bruce McKenzie (Organist)

Servers Nura Mohammed, Esther Aneke, Sound/Livestream Building Staff

Junoh Bede Duty Trustee

ReadersEd Friesen and Caroll CookWelcoming TeamJane Dittrich, Ed Friesen,IntercessorIvy ClarkAnne Fletcher, Kayoko Wear,

Breadmaker Keith Sayers and Cami Iacovone

Gospel Station Hadani Ditmars Altar Guild

Gospel Station The Reverend Christian Okeke Healing Prayer Team Adele Finney, Donna Marlatte

Preacher StationSarah NationPresider StationLiz McCausland

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### Save the Date

Sorrento Week with the Cathedral | July 20 - 26, 2025

E-transfer your donation to ar@thecathedral.ca.

Please provide your name and address in the Memo Field for tax receipt purposes.

An envelope is enclosed for your convenience to give cash or cheque.

If you cannot find it, ask a greeter for one. Please also provide your name and address

for tax receipt purposes.



SCAN TO DONATE

Make a gift through our secure website at www.thecathedral.ca/give,

accessible via the QR code above.



Tip Tap donations are non-receiptable.

This worship takes place on the traditional, ancestral, and unceded territory of the x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlʾilwətaʔł (Tsleil-Waututh) nations, in the heart of Vancouver.