



On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

July 6, 2025

The 4th Sunday after Pentecost



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

Today we give thanks to God with the cathedral of creation close to our hearts. As a Wonder Sunday, we will listen to the Gospel reading three times and consider together what God is saying to us individually and corporately. I wonder how the story of Jesus sending his disciples out sounds when we listen to it outside. I wonder how the creation bears witness to the love of God this morning.

These flowers are given this week to the glory of God and for the loving memories of Loralee Monro by the Gord Monro family. To dedicate flowers, connect with Kathryn at 778.549.0858 or hkmasmith@shaw.ca

Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Luke 10:1-11 Jesus sends seventy of his followers on a mission to neighbouring towns.

For Children

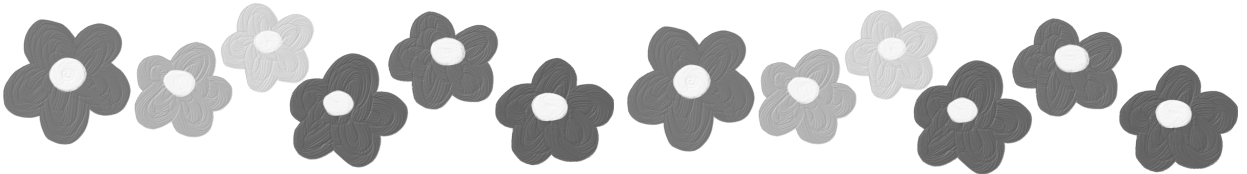
The children stay in the service today for Wonder Sunday.

For Youth

Youth stay in the service for Wonder Sunday to learn and experience the liturgy.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.



Next Week: July 13

The 5th Sunday after Pentecost

Amos 7.7-17; Psalm 82; Colossians 1.1-14; Luke 10.25-37

The Reverend David Taylor preaches and the Reverend Sue Foley-Currie presides.

the Gathering of the Community

Common Praise 3

**Morning has broken
like the first morning,
blackbird has spoken
like the first bird.**

**Praise for the singing!
Praise for the morning!
Praise for them, springing
fresh from the Word!**

**Sweet the rain's new fall
sunlit from heaven,
like the first dew fall
on the first grass.
Praise for the sweetness
of the wet garden,
sprung in completeness
where God's feet pass.**

**Mine is the sunlight!
Mine is the morning!
born of the one light
Eden saw play!
Praise with elation,
praise ev'ry morning,
God's recreation
of the new day!**

The grace of our Lord Jesus Christ and the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

Almighty God,
**to you all hearts are open, all desires
known, and from you no secrets are
hidden. Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that
we may perfectly love you, and worthily
magnify your holy name; through Christ
our Lord. Amen.**

I Have Decided to Follow Jesus

Traditional

**I have decided to follow Jesus;
no turning back, no turning back.**

**Tho' none go with me, still I will follow;
no turning back, no turning back.**

**The world behind me,
the cross before me;
no turning back, no turning back.**

Healing God,

**like the seventy disciples, make us
agents of your transforming power and
heralds of your reign of justice and
peace, so that all may know the
wholeness you bring through Jesus
Christ our Lord. Amen.**

The peace of the Lord be always with you.
And also with you.

the Proclamation of the Word

*We read the Gospel reading three times. Please remain
seated for the first two readings, and stand for the third.
We will sing an I Have Decided in between each reading.*

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ
according to Luke.

Glory to you, Lord Jesus Christ.

at the end of the third reading,

The Gospel of Christ.

Praise to you, Lord Jesus Christ!

Luke 10:1-11

After this the Lord appointed seventy-two others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way; I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals, and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if a person of peace is there, your peace will rest on that person, but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.'



Wonder Sermon

I wonder what word or phrase jumped out to you that gives you joy.

I wonder what word or phrase gives you pause, or concerns you.

I wonder what God is saying to God's Beloved Children today.

The Affirmation of our Faith

Wonder Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

Please be seated as we gather our offering to present to God. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. ***Today we use Eucharistic Prayer 5 from the BAS.***

O Happy Day

We echo Kerry's line.

Oh happy day!

Oh happy day!

When Jesus washed,

when Jesus washed,

when Jesus washed,

Together: he washed my sins away!

O happy Day!

We sing together...

He taught me how

to watch, fight, and pray!

And live rejoicing everyday!

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues to the repeat-after-me Sanctus and the repeat-after-me Lord's Prayer.

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

Alleluia! Alleluia! Alleluia!

The gifts of God for the Children of God.

Thanks be to God.

Holy Ground

Christopher Beatty

**This is holy ground;
we're standing on holy ground,
for the Lord is here and where he is is holy.**

**These are holy hands;
he's given us holy hands.
He works through these hands and so these
hands are holy.**

**These are holy lips;
he's given us holy lips.
He speaks through these lips and so these
lips are holy.**

Holy Ground

Geron Davis

**We are standing on holy ground,
and I know that there are angels all around.
Let us praise Jesus now.
We are standing in his presence
on holy ground.**

Lord I Lift Your Name on High

Rick Founds

**Lord, I lift your name on high;
Lord, I love to sing your praises.
I'm so glad you're in my life;
I'm so glad you came to save us.**

**You came from heaven to earth
to show the way,
from the earth to the cross
my debt to pay;
from the cross to the grave,
from the grave to the sky;
Lord, I lift your name on high.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation
to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

Blessing

Common Praise 662

**You shall go out with joy
and be led forth with peace.
The mountains and the hills
will break forth before you.
There'll be shouts of joy
and all the trees of the field
will clap, will clap their hands.**

**And all the trees of the field
will clap their hands,
the trees of the field will clap their hands.
The trees of the field will clap their hands,
while you go out with joy.**

Go in the peace and joy of the Holy Spirit.
Thanks be to God!

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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark – Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the usher, or the priest.

Donations can be made
by **cash** or **cheque**
(made out to the Parish of St. Mark – Ocean Park),

by **Pre-Authorized Debit** (PAD),
at the **Electronic Donation Station** (EDS) in
the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please
connect with the office.

All donations will receive a tax-receipt in
February of the following year.



The Pulse

This week at the Parish

Tuesday Men's Club BBQ 4pm
Wednesday Holy Communion, 10 am
Saavy Seniors

Daily Gospel Readings

Luke 23:44-56a	Monday
Luke 23:56b-24:11	Tuesday
Luke 24:13-35	Wednesday
Luke 24:36-53	Thursday
Mark 1:1-13	Friday
Mark 1:14-28	Saturday



Children Youth & Family Ministry

Did you know!

If your family needs to access the sensory space on Wonder Sundays please feel free to use this space it is meant for all that need it to enjoy it. Please reach out to Sarah and she will be happy to help you.

Youth Group Fridays

Grades 8 - 12

Please note July 11th we will go mini golfing! Email to learn more!

All are welcome!

email yministryrsvp@gmail.com
with any inquiries.

Sunday Junior Church Program

Come and explore the Gospel with us!

Group 1: Grades K to 7

Group 2: Grades 8-12

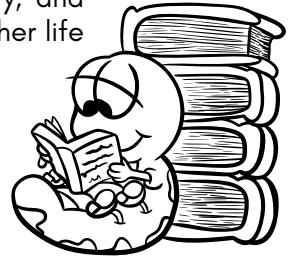
During the Summer months of July and August Jr Church will gather in the Family room to explore the Gospel and grow in our walk with Jesus.

A sensory space is available for all those who would like to use it.



Library News

The Unplugged Hours by Hannah Brencher is a memoir of cultural commentary, and spiritual insights. Hannah demonstrates how the act of powering down changed her life for the better, and how it can change yours.



News & Events

Spiritual Practice Workshops

TODAY at 7pm!

\$20 registration fee

Anglican Prayer Beads

with Pastor Sarah Autio

Upcoming Workshops:

August 3: Music and Art with Jason Wood, recording artist. You can find his music at theforestarchive.bandcamp.com

September 7: Embodied Prayer with the Reverend Jessica Schaap, Missioner for Christian Formation for the Diocese.

Men's Club Dinner BBQ

July 8th at 6pm

Bring a guest and something to BBQ. Appies, salads, drinks and desserts will be provided.

Vacation Bible School

REGISTRATION NOW OPEN!

August 18th-21st from 9am to 1pm

Grades K - G7

Cost is \$30.00 per participant

(No one will be turned away, please reach out St Mark's office for assistance)

604-535-8841

Volunteers needed!

Contact Sarah at ymautio@gmail.com

Camp Artaban



SINCE 1923

Looking for a summer camp for your children?

Camp Artaban offers something for everyone! Check their website for information about their Summer Programs: **CampArtaban.com**

Fine Arts Camp

Family Camps

Leaders-in-training (Grade 12)

Jr. Junior Coed (Grades 2-4)

Jr. Coed (Grades 4-7)

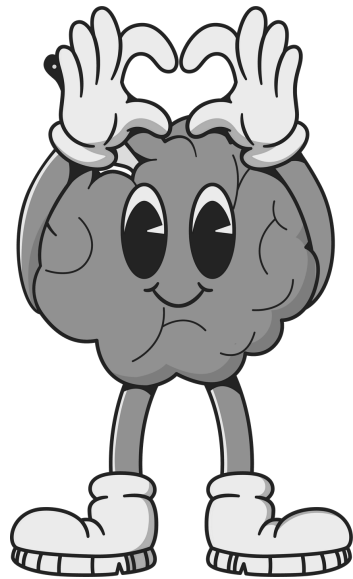
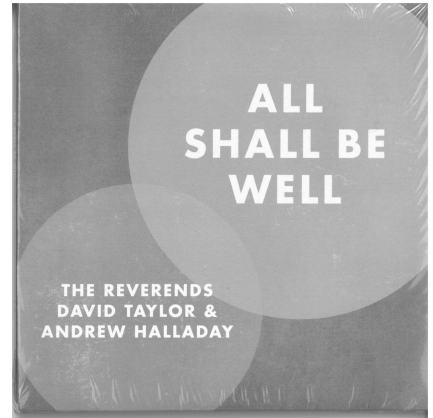
Senior Coed (Grades 8-11)



Did you know?

The Reverend David Taylor has recorded two music albums. You can find them on most music platforms (*Apple Music, Spotify & YouTube*). Just search **the Reverend David Taylor**.

If you would like a CD, just ask David and he'll be happy to gift one to you!



Summer Mental Health

While the days are bright and long in the summer, we still need to guard our mental health. Here are a few summer tips to consider.

First, Slow Down. Take some time to rest and let go of a few things that cause stress. Can you declutter your calendar?

Second, Give Yourself a Treat. Go for an ice cream, a walk on the pier, read an enthralling book (the library at the church has many options!

Third, Drink Water and Keep Cool. Especially on the hotter days, be sure you drink a lot of water and, if you don't have a way to cool down in your home, consider visiting a cooling place like the mall for some air conditioning.

God has given us many good things to enjoy and to benefit our mental health. It is up to us to take him up on it! **As always, connect with David if you are struggling with your mental health.**

Lunch Baskets for Hungry Children

The Lunch Basket for Hungry Children is provided this week by Barbara and Jamie Grantham to the Glory of God in thanksgiving and gratitude for family and friends. "



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynnehl@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

the Prayer Corner

A Light *Lectio Divina* for the Week

Spend some time with the Gospel reading from Sunday. Read, mark, and inwardly digest the spiritual food that is contained in it.

Jesus said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way; I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals, and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if a person of peace is there, your peace will rest on that person, but if not, it will return to you.

How to read in a spiritual manner (*Lectio Divina*).

1. Find a quiet spot and **read the words of the text slowly and out loud**.
2. After the first reading, notice when words or images jump out to you. **Connect with the ideas that inspire you**. You might even want to write them down in a spiritual journal.
3. After the second reading, **notice any words or images that you have questions or concerns about**. It is important to know that our hearts are often troubled by the words of Scripture. Maybe because they are ancient words and so removed from our time and culture. Maybe because they seem to ask for a response that we might not be willing to make. Maybe because the words have been used in the past to harm you. Whatever the reason, if there are words or images or ideas that trouble your heart and mind, write them down and give them to God.
4. After the third reading, **ask God to speak to your heart**. Pray, "Lord, what are you saying to me at this time and in this place through the Scripture."

Share your thoughts with a spiritual friend or with David. He loves to support you in your spiritual walk with Christ.

Remember the Scriptures are the words about the Word of God. Think of them like a stained glass window through which you get a glimpse of Jesus Christ, your friend and helper. Amen.



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

Office Hours:

Monday, Wednesday, Thursday, Friday, 9am to 2pm

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