



# St. Paul's News Bulletin

## July 6, 2025



**Welcome Everyone!** Please join us after the service for coffee and goodies each **Sunday**. If you are new to St. Paul's, we would be happy to provide a welcome package.

**Ladies' Lunch - Saturday, July 12 at 11:00 a.m.** Join us at the **historic 1896 Millarville Christ Church in the Alberta Foothills** for a **Flower Festival** with the **Ladies Guild**. Cost: \$10, kids and under \$5. Need a ride? Contact Gloria, Janet, or Chidinma.

**Important Notice:** Wednesday morning bible study resumes next week Wednesday July 9 from 10:30 a.m. to 11:30 a.m. please disregard the Sept. resumption date previously announced.

**Walking Group:** On **Mondays at 9 a.m.**, join a walk through a local park. The schedule of locations is on the St. Paul's website under Events.

**Men's Breakfast:** The next date is Saturday, **July 19** at 8:30 a.m. at St. Paul's. All men 13+ are invited to join great food and fellowship!



**Stampede BBQ & Picnic:** Today is our Stampede BBQ and parish picnic. All are welcome.

**Coffee House:** The next St. Paul's Stringers Coffee House will be **July 11** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!



**Bulletin:** Deadline for announcements or bulletin items is Tuesday of each week. Please submit by email to the parish office.

**Rider's Ministry:** This new ministry plays a vital role in helping seniors and others to attend our Sunday Eucharist by providing transportation to and from the church. If you would like to get involved there are two sign up sheets in the hall: one for those needing a ride and one for those who can volunteer to drive occasionally.

**Living Waters:** The deadline for the August/September issue of *Living Waters* is Sunday, **July 27**. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**St. Mary's Food Pantry:** We have a bin beside the freezer to collect donations of non-perishable food for students at St. Mary's University. Ongoing donations welcome.



**Coffee Time Chart:** The 2025 Coffee Time Chart is available in the Parish Hall. Please consider volunteering for this vital part of our Parish family life. Training is available.

**Scent-Free Parish:** We try to be scent-free out of respect for those whose health is threatened by fragrances. Please avoid wearing perfumes, colognes or any fragranced products to church.

**Altar Guild needs new members:** Help is needed preparing for worship services by setting up and then cleaning up the communion vessels, flowers, candles and linens. etc. Training is available. Contact Barb Leinweber or the Parish Office if you can help with this important ministry.

**Clothing donations:** Please put clothing donations in the designated bins in the parking lot -- not by the freezer.

**St. Paul's Anglican Church**  
7 Sunmills Green SE T2X 3P6  
**Phone:** 403 256-1428  
**e-mail:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)  
**website:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)  
**Incumbent:** The Rev'd Tony Hilling  
**Assistants:** The Rev'd Cyril Haynes  
The Rev'd Betty Nadurak  
**Wardens:** Paul Bourgeois & Ingrid Bolton  
**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)  
**X:** [@stpaulscalgary](https://www.x.com/stpaulscalgary)  
**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)  
**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

# Outreach

## Alongside Hope Resilience Fund

This fund still has an important part to play in helping to make up for the shortfall in aid money due to US government cuts. Although the matching grant no longer applies, every dollar still counts. Please continue to pray, act, and give to the Alongside Hope Resilience Fund.

**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **August 31**.

**Inreach** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.



# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed. **There will be no meeting until Sept.**

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office.

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:30 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

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## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

**Card Ministry:** If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact

Pauline Payne at 403-988-2546 or email her at [Pauline\\_payne1@yahoo.com](mailto:Pauline_payne1@yahoo.com).

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:** **Handchimes Practice** 11:30 –12 p.m.  
Word to World Ministries Canada: 2 - 3 p.m.  
Philippines Independent Church (IFI) 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)  
**St. Paul's Stringers rehearsal:** 7:30 p.m.  
**Prayer Group - meetings** held both in person and online: 1:30 p.m.  
(2nd Monday of the month **in-person**)  
7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**
- Wednesday:** **Morning Prayer:** 9:30 a.m. (resumes Sept. 3)  
**Bible Study:** 10:30 a.m. (resumes Sept. 3)  
**Hunger for Healing:** 11:30 a.m. (in the Chapel Room)  
**Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** TOPS (Taking off Pounds Sensibly): 6:00 p.m.  
**Choir Practice:** 7:30 p.m.  
(If you'd like to join Choir, please contact Paul Bourgeois at [pbourgeois@shaw.ca](mailto:pbourgeois@shaw.ca).)
- Friday:** **Handchimes Practice** 10 - 11 a.m.  
**S.P.Y. Group:** 6:30 p.m. 1st Friday of the month. (Check website)  
**Coffee House:** 7 p.m. second Friday on alternate months. **Next date is July 11**
- Saturday:** **Ladies Luncheon:** 11:20 am -2nd Saturdays. **Next date July 12**  
**Men's Breakfast:** 8:30 am - 3rd Saturdays (at St. Peter's alternate month  
Check website to confirm location. **Next date is July 19 at St. Paul's.**



## Welcome to newcomers and visitors

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

Two exciting opportunities for the Youth of our Parish!

POP is a volunteer group helping in the community and S.P.Y. Group is a social group. All youth are welcome at both!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!

Next Meeting: July 4



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page. To register use this QR code



## Pioneers of Paul (POP) - our youth volunteer group



## Executive Council Welcomes Ascension Church as Ministry of Edmonton Diocese

The Diocese of Edmonton has welcomed Ascension Church of South India as a Recognized Ministry, affirming a new chapter in shared Anglican witness and deepening ties with an international congregation rooted in ecumenical partnership.

# Our Ministries

## PASTORAL CARE TEAM: Betty Nadurak

The purpose of this ministry is to help everyone feel cared for and loved as part of our Parish family. We don't want anyone to "fall through the cracks," and feel that no one knows or cares. This taking care of each other can be done informally, checking on each other. It can also be done more formally as part of the Pastoral Care Team — the ministry of human presence. Special training is available. On behalf of the congregation, the team members contact those in the parish in whatever their own circumstances, so that Jesus Christ can be present and bring healing, compassion and understanding.

It is a ministry requires someone who is willing to be present, and actively listening to the person, but not counselling. If you have a Pastoral Care need, or if you would like to learn more about becoming part of this ministry, please contact Betty or the Parish Office.

## Stewardship Reflections:

*"He said to them, 'The harvest is abundant, but the laborers are few...'" Luke 10:2*

As Catholics we are all called to serve. Each of us has been given "charisms" otherwise known as gifts from the Holy Spirit to help build God's Church. Our charisms can only be used for good. We know that we are using them in the right ministry when we are filled with joy and we want to share stories about our charitable works. Discern how God is calling you to use your charisms. Say "yes" to what God is calling you to do and then do it! Share your joy and invite others to do the same.

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

## Financial News

Our deficit at the end of May was \$7,818. Thank you to everyone for helping support our mission financially in these challenging times.

