



# St. Paul's News Bulletin

## June 29, 2025

**Welcome Everyone! Please join us after the service for coffee and goodies each Sunday.** If you are new to St. Paul's, we would be happy to provide a welcome package.



**Ladies' Lunch:** Saturday **July 12** at 11:00 a.m. Join us at the **historic 1896 Millarville Christ Church** in the Alberta Foothills for a Flower Festival with the Ladies Guild. Cost: \$10, kids and under \$5. Need a ride? Contact Gloria, Janet, or Chidinma.

**Wednesday Morning Prayer & Bible Study:** Both will resume **Sept. 3**.

**Walking Group:** On **Mondays at 9 a.m.**, join a walk through a local park. The schedule of locations is on the St. Paul's website under Events.

**Men's Breakfast:** The next date is Saturday, **July 19** at 8:30 a.m. at St. Paul's. All men 13+ are invited to join great food and fellowship!



**Food for Others Sunday:** If there are five Sundays in a month, that day is Food for Others Sunday, to draw attention to our collection of non-perishable items for the Calgary Food Bank. The next one is **today June 29**, but we encourage donations be left in the marked box by the main entrance year found.

**Stampede BBQ & Picnic:** On **July 6** at 11:30 a.m. Hot dogs, hamburgers and drinks provided. Please bring a salad or desert to share. Entertainment by St. Paul's Stringers. Western wear welcome.

**Coffee House:** The next St. Paul's Stringers Coffee House will be **July 11** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!



**Bulletin:** Deadline for announcements or bulletin items is Tuesday of each week. Please submit by email to the parish office.

**Rider's Ministry:** This new ministry plays a vital role in helping seniors and others to attend our Sunday Eucharist by providing transportation to and from the church. To learn more or volunteer, please contact Father Tony.

**Office closed June 30 & July 1:** Please note the office will be closed on Monday, June 30 and Tuesday, July 1.

**Living Waters:** The deadline for the August/September issue of *Living Waters* is Sunday, **July 27**. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**St. Mary's Food Pantry:** We have a bin beside the freezer to collect donations of non-perishable food for students at St. Mary's University. Ongoing donations welcome.



**Coffee Time Chart:** The 2025 Coffee Time Chart is available in the Parish Hall. Please consider volunteering for this vital part of our Parish family life. Training is available.

**Scent-Free Parish:** We try to be scent-free out of respect for those whose health is threatened by fragrances. Please avoid wearing perfumes, colognes or any fragranced products to church.

**St. Paul's Anglican Church**  
7 Sunmills Green SE T2X 3P6

**Phone:** 403 256-1428

**e-mail:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**website:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Dr. Norman Knowles

The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Paul Bourgeois & Ingrid Bolton

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**X:** [@stpaulscalgary](https://twitter.com/stpaulscalgary)

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

# Outreach



## Alongside Hope Resilience Fund

This fund was launched to help mitigate the damage caused by the significant cuts to international development assistance from the U.S. government and several European governments. A generous donor has committed to matching funds donated by June 30th, up to a maximum of \$250,000. You can support Alongside Hope partners by donating to the Resilience Fund online, by phone at 1-866-308-7973, or using your parish envelope.

**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **June 29**.

**Inreach** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office.

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:30 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

---

## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

**Card Ministry:** If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact

Pauline Payne at 403-988-2546 or email her at [Pauline\\_payne1@yahoo.com](mailto:Pauline_payne1@yahoo.com).

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:** **Handchimes Practice** 11:30 –12 p.m.  
Word to World Ministries Canada: 2 - 3 p.m.  
Philippines Independent Church (IFI) 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)  
**St. Paul's Stringers rehearsal:** 7:30 p.m.  
**Prayer Group - meetings** held both in person and online: 1:30 p.m.  
(2nd Monday of the month **in-person**)  
7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**
- Wednesday:** **Morning Prayer:** 9:30 a.m. (resumes Sept. 3)  
**Bible Study:** 10:30 a.m. (resumes Sept. 3)  
**Hunger for Healing:** 11:30 a.m. (in the Chapel Room)  
**Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** TOPS (Taking off Pounds Sensibly): 6:00 p.m.  
**Choir Practice:** 7:30 p.m.  
(If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:** **Handchimes Practice** 10 - 11 a.m.  
**S.P.Y. Group:** 6:30 p.m. 1st Friday of the month. (Check website)  
**Coffee House:** 7 p.m. second Friday on alternate months. **Next date is July 11**
- Saturday:** **Ladies Luncheon:** 11:20 am -2nd Saturdays. **Next date July 12**  
**Men's Breakfast:** 8:30 am - 3rd Saturdays (at St. Peter's alternate month  
Check website to confirm location. **Next date is July 19 at St. Paul's.**

## Welcome to newcomers and visitors



A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

Two exciting opportunities for the Youth of our Parish!  
POP is a volunteer group helping in the community and S.P.Y. Group is a social group. All youth are welcome at both!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!

**Next Meeting: July 4**



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page. To register use this QR code



**Pioneers of Paul (POP) - our youth volunteer**



# Our Ministries

**ALONGSIDE HOPE:** Doreen Peters

The Primate's World Relief and Development Fund is an organization of Canadian Anglicans "committed to a vision of international development and global justice that is founded on theological reflection and a faith-based analysis." ([www.pwrdf.org](http://www.pwrdf.org))

The PWRDF has transitioned to a new name: (Alongside Hope) is active in many areas internationally and in Canada: development work, emergency situations, refugees and education. If you are interested in learning more about Alongside Hope or becoming involved, please contact Doreen Peters.

## Stewardship Reflections:

*"I have competed well; I have finished the race; I have kept the faith." (2 timothy 4:7)*

How many of us can say this? St. Teresa of Calcutta said, "God doesn't call us to be successful, he calls us to be faithful." How many times have we been blinded by the success of the world at the expense of our faith? Matthew Kelly says, "Take one minute each day to remind yourself that you are just passing through this life and will die one day; you will live more intentionally with a passion and purpose."

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

## July Anglican Journal is available online

The July issue of the Anglican Journal is now online. To read online, visit [anglicanjournal.com](http://anglicanjournal.com), or if you are reading the web version of this bulletin, simply [click here](#).

## Financial News

Our deficit at the end of May was \$7,818. Thank you to everyone for helping support our mission financially in these challenging times.

