

## Sermon Notes – The Bread of Life

Date: June 1, 2025

Scripture: John 6:22–59

Speaker: Pastor Charlotte

### Key Scripture

“I am the bread of life,” Jesus told them. “No one who comes to me will ever be hungry, and no one who believes in me will ever be thirsty again.” — John 6:35

### Sermon Overview

- Continuing the journey through the Gospel of John, examining the life and teachings of Jesus.
- Introduction of the first “I AM” statement: “I am the Bread of Life.”
- John’s Gospel uses symbolism, numerology, and addresses both Jewish and Greco-Roman audiences.

### Key Themes

#### 1. Jesus > Pagan Gods

- Feeding the 5,000 → Jesus is greater than Demeter
- Walking on water → Jesus is greater than Poseidon/Orion
- Jesus demonstrates power through peace and divine authority

#### 2. Jesus > Moses

- Jesus as the new Moses; comparison to the Exodus story
- Jesus offers eternal life beyond temporary manna

#### 3. Eternal Life Starts Now

- Eternal life begins now for believers, not just in the future
- A call to transformation over temporal satisfaction

### Important Verses

- John 6:27 – Don’t work for food that spoils...
- John 6:35 – I am the bread of life...
- John 6:47–51 – Whoever believes has eternal life...

- Exodus 3:14 – “I AM WHO I AM...”

### What Does It Mean to “Eat the Bread of Life”?

Jesus invites us to consume His life — to internalize His identity, sacrifice, and teachings.

To consume Jesus means:

- Accept His Identity – He is the Son of God.
- Trust in His Sacrifice – His death and resurrection give us life.
- Internalize His Teachings – Allow His words & the Holy Spirit to transform us.
- Abide in Him – Walk daily with Him through spiritual practices.

### Reflection Questions

1. Why were the people seeking Jesus in this passage?
2. What does Jesus mean by “food that endures to eternal life”?
3. How does the “Bread of Life” challenge your current values or pursuits?
4. What does believing in Jesus look like in action this week?
5. Which spiritual practices do you feel drawn to grow in?

### Prayer of Commitment

“I believe that you, Jesus, are the Son of God... Thank you for your grace and for giving me eternal life. Amen.”

### Personal Notes

Takeaways from today's message:

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What is God inviting me into this week?

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How can I practice abiding in Jesus daily?

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