PSALM 56

Open your Bible to Psalm 56. Pray.
Copy the Psalm below. Pay attention to each word.
Underline, circle, or highlight words, phrases, or verses that stand out.

MEDITATE

Pick one word, phrase, thought, or verse to meditate on throughout the day. Remember the context. Set 5 minutes aside to think and talk to the Lord on the selected text.

PRAYER

What or who can you pray for from today's passage?

FOOD FOR MEDITATION

RESPONSIVE PRAYER

WHO IS ON MY HEART?

WHAT CAN I PRAISE GOD FOR TODAY?

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- .....
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- .....
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