



# St. Paul's News Bulletin

December 15, 2024

**Welcome Everyone!** Please join us for coffee and goodies after the service each Sunday.

**Lessons & Carols in the Historic Chapel:** There will be a traditional King's College Lessons & Carols service held in our Historic Chapel on Sunday, Dec. 22 at 4 p.m. with Betty officiating.



**Prayer Group:** In December, there will be only one Prayer Group meeting. It will be held **Dec. 16** at 7:30 p.m. by Zoom.

**Food for Others Sunday:** If there are five Sundays in a month, that day is Food for Others Sunday with donations encouraged for the Calgary Food Bank. The next one is **Dec. 29**. Year-round there is a box by the main entrance to collect donations of non-perishable items.

**Flower Chart:** The 2025 Flower Chart is now posted in the Parish Hall. The cost is \$30. If you would like to make a dedication please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca

**Bulletin:** Please submit items for the bulletin or announcements to the church office by email by Tuesday of each week. Please note: the **deadline for the Dec. 29 Bulletin will be Dec. 23 at noon.**

**Annual Meeting of Parishioners:** The St. Paul's AMP will be held on Sunday, **Jan. 26, 2025** following the 10 a.m. service. Lunch will be served before the meeting. If you are in charge of any ministry or group, please submit your report for the AMP to the church office, preferably by email, on or before Wednesday, **Jan. 8, 2025**. If your activity has no more activities in 2024, please consider submitting your report now.

**Advent Devotional Booklets:** The 2024 Advent Devotional Booklets were such a hit we have run out, but there are spares from previous years to be found near the front entrances to the church.

**Coffee House:** The next St. Paul's Stringers Coffee House will be **Jan. 10** starting at 7 p.m. Come enjoy our own house band, open mic and snacks. This event is family-friendly.

**Ladies BAG Lunch:** Saturday, **Jan 11** at 11:20 am. Women age 13+ are invited. St. Paul's new office administrator, Chizoba, will be guest speaker, sharing her faith journey: "From Across the World to Canada: A Woman's Journey of Faith and New Beginnings." Table Talk topic for January is: "My family ancestors immigrated from..."

**Wednesday Bible Study Groups:** The 7:30 p.m. Bible Study group will meet Dec. 18 and then resume in January. There is no more 10:30 a.m. Bible Study in December.

## Christmas services



- Dec. 22: 10 a.m. Lesson & Carols**  
**4 p.m. Traditional Lessons & Carols at the historic chapel**
- Dec. 24: 6 p.m. Christmas Eve service**  
**10 p.m. service (with incense)**  
**For both, 15 minutes of carolling will proceed the service**
- Dec. 25: 10 a.m. Nativity of the Lord**

### St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6 403 256-1428

**e-mail:** office@stpaulscalgary.ca

**website:** www.stpaulscalgary.ca

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Dr. Norman Knowles

The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Cam Cline & Ingrid Bolton

**Facebook:** stpaulscalgary **X:** @stpaulscalgary

**Instagram:** stpaulsangelicalgary

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--i8as1GVg>

# Outreach

**It's the third Sunday of Advent and the theme is JOY.**

"In joy and struggle.." is how PWRDF describes the way we walk beside our partners as we work for a

more just and peaceful world. It isn't easy. It is a struggle, but there is great joy as people's lives are changed, and we at St. Paul's play our part when we pray, act, and give to PWRDF



**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. The next Food for Others Sunday will be **Dec. 29**

**Inreach** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one.

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## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send the request to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests on behalf of yourself or others if you have their permission.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. We will be starting a new group in January.

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:30 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

**Casserole Ministry:** If someone would benefit from receiving a casserole, please contact Linda Hubert or **help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole please label it with what it is, ingredients and the date and then put in freezer.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

**Sunday:** **Word to World Ministries Canada:** 4 p.m.

**Monday:** **Walking Group:** 1 p.m. (see the St. Paul's website under events for locations)

**St. Paul's Stringers rehearsal:** 7:30 p.m.

**Prayer Group** — meetings held both in person and online:  
1:30 p.m. (2nd Monday of the month **in-person**)

7:30 p.m. (4th Mondays of the month **via Zoom**)

In December, there will be **only one meeting, on Dec. 16 at 7:30 p.m. by Zoom**

**Tuesday:** **Girl Guides:** 6:15—7:45 p.m.

**Pathfinders:** 6:30—8:30 p.m.

**Wednesday:** **Morning Prayer:** 9:30 a.m.

**Bible Study:** 10:30 a.m. (Studying Genesis) **Resumes in January**

**Bible Study of The Letter of Paul to the Romans:** 7:30 p.m. (in person & Zoom)

**Hunger for Healing:** 11:30 a.m. (in the Chapel Room)

**Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)

**Thursday:** **TOPS (Taking off Pounds Sensibly):** 6:00 p.m.

**Choir Practice:** 7:30 p.m.

(If you'd like to join Choir, please contact Paul Bourgeois at [pbourgeois@shaw.ca](mailto:pbourgeois@shaw.ca).)

**Friday:** **S.P.Y. Group:** 6:30 p.m. 1st Friday of the month. **Next date is Jan. 3**

**Coffee House:** 7 p.m. second Friday on alternate months. **Next date is Jan. 10**

**Saturday:** **Ladies Luncheon:** 11:20 am—2nd Saturdays. **Next Date is Jan. 11**

**Men's Breakfast:** 8:30 am—3rd Saturdays (We meet at St. Peter's some months.  
Please check the church website to confirm location.) **Next date is Jan. 18 at St. Paul's.**



## Welcome to newcomers and visitors

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home.

Visitors, please sign our guest book, which is on the stand by the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. We are so glad you were able to join us.

# Youth Ministry

Two exciting opportunities for the Youth of our Parish!

POP is a volunteer group helping in the community and S.P.Y. Group is a social group. All youth are welcome at both!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!

A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page.



To register use this QR code

## Pioneers of Paul (POP) - our youth volunteer group

Thank you to all youth who helped at the Christmas Toy Sort and St. Paul's Christmas dinner yesterday.

**Next Events:** Bethany Calgary - games and manicures on Jan 11, 2025 from 12:45-3:45pm.

See website to sign up (Or use QR code).



## December Anglican Journal is available online

The December issue of the *Anglican Journal* is now online. To read online, visit [anglicanjournal.com](http://anglicanjournal.com), or if you are reading the web version of this bulletin, simply [click here](#).

## Our Ministries

### COFFEE HOUSE

Come and join us for our bi-monthly evening of song featuring our own St. Paul's Stringers. There will This is a family-friendly event.

### HAND CHIMES

St. Paul's has a three-octave set of Suzuki Tone Chimes that needs a group of 11-15 people to make them ring. The 'Ding-a-Lings' have played at Thanksgiving, Christmas eve, Easter, Pentecost and Baptism services, as well as performed for fund-raising events.

First-time chimers will be given an orientation session before their first practice. The orientation will cover the basics of ringing and dampening techniques, counting and the format of our colour-coded music. No prior formal music training is required, although it is useful. Practices begin about six weeks prior to the event date and are scheduled for one hour at times that are convenient to the ringers. Come have fun with the 'Ding-a-Lings'!

## Stewardship Reflection:

"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God." (PHILIPPIANS 4:6)

St. Paul reminds us that God is an abundant God – He is the ultimate giver of gifts. He promises to give us all that we need. Remember, that we are created in God's image and likeness. We, too, are made to be generous with all of our gifts as well. Placing our trust in God frees us from being a slave to possessions. It allows us to gratefully and generously share ourselves and our goods with others.

<https://resources.archstl.org/article/359120/stewardship-bulletin-inserts>

## *Financial News*

Our deficit at the end of November was \$2,573. Thank you to everyone for helping support our mission financially in these challenging times.

