NOTICES FOR NOVEMBER 3rd

Food Bank Wish List
If you are bothered by that empty corner in your shopping cart, and don't know how to fill it, here are some of the things the Food Bank needs this week:
*Small empty jars *Toilet Paper
*Paper towels *Canned tuna and salmon

Community Meals Are Back!
St. James Community Meals will resume in the Lower Hall on the **second** Friday of each month. The next date is November 8th at 5:00 p.m. Past volunteers have been contacted, and we also need some new volunteers. As with so many other parish activities, we have a great time working together, and it is always a joy to provide good food and fellowship to our neighbours! Contact Pam Ayres if you would like to participate: pamayres@rogers.com, (519) 273-0494.

Fall Food and Faith Tuesdays (Christian Education Series)
Join us in the Lower Hall at St. James on Tuesday evenings for our "Fall Food and Faith Series" starting at 5:30 p.m. Dinner with discussion to follow. Our focus is on discipleship, and we'll be discussing living a Jesus shaped life. Please join us for good food, good company, and good conversation.

Joyful Giving
We are called to model our giving after God's unconditional generosity to us. Our gifts become sacrificial when we give from what we feel we need; when we give something that we thought we needed for ourselves. Then we realize our security lies not in material goods but in God.

THE NEXT JAZZ VESPERS WILL BE HELD ON SUNDAY NOVEMBER 24 at 4 p.m. featuring the Paul Shilton Quartet: Paul Shilton, piano; Larry Larson, trumpet; Mike McClennan, bass; Dave Campion, drums. Please invite your friends to this informal evening worship service.

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Food Fund Appeal

Many thanks to everyone who has responded so generously to the St. James Food Ministries Fund appeal! There is still a long way to go, but it's been a great start! The Food Fund pays for our Food Bank, Community Meals and Community Christmas Dinner. Our goal always is for the Fund to be fully replenished by the end of each year, so that we can go into the next year with stable funding to help food-insecure people every week. You may donate by cheque to St. James Anglican Church, by etransfer to treasurer@stjamesstratford.ca or by PAG. Just make sure it is marked "Food Fund" in the memo line or info box. *Thank you for your faithful support for St. James Food Ministries!*

Grief Support Group

Beginning in mid November, James Noble and Nancy Adams will lead a small group that will meet weekly over approx. 10 weeks, using "*Understanding Your Grief*" by Dr. Alan Wolfelt, a well-known grief educator and counselor, as a resource. If you or someone you know would value participating in a group with the goal of normalizing and supporting the process of grieving, please speak to either James or Nancy after church on Sundays through October, when the book will be available for sale ($20), and your questions about the group can be answered. Questions may also be addressed to Nancy by email at spiritworker@gmail.com.

Watercolour Christmas Card Painting Class

Join Owen Sound artist Nancy Cornforth for a day filled with festive cheer, laughter, and, most importantly, the joy of painting. In just a few hours, you will create stunning, handcrafted holiday cards. Appropriate for beginners and experienced painters alike, you will be guided step-by-step using materials provided. Not only will you leave with a collection of personalized cards, but you'll also awaken your painting skills. Register now! Class limited to 10 participants. Friday November 15 from 9:30 a.m. to 4:00 p.m. in the Lower Hall. Cost is $80 (e-transfer to: joiedevivreart@gmail.com). Please bring a bagged lunch.

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