Psalm 34:1-8, (19-22)

I will bless the LORD at all times; his praise shall continually be in my mouth.

My soul makes its boast in the LORD; let the humble hear and be glad.

O magnify the LORD with me, and let us exalt his name together.

I sought the LORD, and he answered me and delivered me from all my fears.

Look to him, and be radiant, so your faces shall never be ashamed.

This poor soul cried and was heard by the LORD and was saved from every trouble.

The angel of the LORD encamps around those who fear him and delivers them.

O taste and see that the LORD is good; happy are those who take refuge in him.

Many are the afflictions of the righteous, but the LORD rescues them from them all.

He keeps all their bones; not one of them will be broken.

Evil brings death to the wicked, and those who hate the righteous will be condemned.

The LORD redeems the life of his servants; none of those who take refuge in him will be condemned.