SENIOR ADULT FELLOWSHIP
VISION

“Empowering senior disciples with Christ's love and holistic support."

OUR VISION - The Senior Adult Fellowship at Erindale Church is a dynamic community of senior disciples actively sharing Christ's love in today's society. Our vision is to provide unwavering support for the holistic well-being of senior adults, encompassing spiritual, emotional, social, and physical aspects both within the church and the broader community, both now and in the future.

DYNAMIC - positive in attitude and full of new ideas

SUPPORT - positive in a caring relationship

WELL-BEING- positive in spiritual and social actions and growth

Come be a part of SAF Vision together

SENIOR ADULT FELLOWSHIP

BUILDING – AFFIRMING - GROWING

THROUGH SCRIPTURE

Scripture affirms the vital place of seniors in the church:

> **Psalm 92: 14-15** “Even in old age we will still produce fruit we will remain vital and green. We will declare, “The Lord is just! He is my rock! There is no evil in him!”
>
> **Psalms 71:17-19:** "O God, from my youth, you have taught me, and I still proclaim your wondrous deeds. So even to old age and grey hairs, O God, do not forsake me, until I proclaim your might to all the generations to. come.”
>
> **Job 12:12:** "Wisdom belongs to the aged and understanding to the old."
>
> **Leviticus 19:32:** "Stand up in the presence of the elderly and show respect for the aged. Fear your God. I am the Lord." In Old Testament times those seniors in age occupied a special place in society. The attainment of a senior’s years was seen as a special blessing. They were looked upon as knowing. The reading of scripture regarding seniors would confirm this status.

Come and let’s live out the scripture together in SAF

SENIOR ADULT FELLOWSHIP
BUILDING AFFIRMING GROWTH
Through PRAYER

Scripture passionately underscores the fundamental role of prayer within a church's ministry. Ministry is a divine gift, empowering us to fulfill God's will in our world. Without God's guidance, we lack the vision and strength to build His church in a fractured society. Prayer stands as a crucial pillar, essential for the growth and vitality of His ministry in His church.

Three strong words that highlight the need for prayer in SAF are:

Empowering - This emphasizes the transformative power of ministry as a divine gift, strengthened through prayer.

Guidance - This underscores the necessity of God's direction, accessible through prayer, to effectively build His church.

Pillar - This signifies prayer as a foundational element, vital for the growth and sustenance of the church's SAF ministry.

Senior Adult Fellowship prayer is based on Psalm 71 9 & 18 also 0n Psalm 92: 14-15. *“Our Father in our senior years don’t forsake us or set us aside when our strength warning. Yes, Father, we are old and our hair is graying but give us the robustness and energy required to declare your power and mighty acts to the next generation. Yes, Father, we are in our senior years but our desire is to produce fruit of goodness and remain fresh in spirit and attitude. Yes, we proclaim, “The Lord his just! He is my rock! There is no evil in him!”” Amen.*

Come and pray for SAF ministry

SENIOR ADULT FELLOWSHIP
MISSION

OUR MISSION - Empowering senior adults at Erindale Church to play crucial roles as contributors to our faith community, fostering spiritual growth, meaningful connections and dedication to a continually expanding faith journey. We unite as a family of senior adult disciples actively embracing and sharing Christ's love.

CONNECT - build meaningful relationships

INSPIRE - Influence, needs, spiritual, purpose, Invest, Refocus and Encourage

GROW - In faith and in person

Come and join an active SAF Mission

SENIOR ADULT FELLOWSHIP
GOALS

"OUR GOAL - To engage senior adults in building companionship and relationships, encouraging spiritual growth, and fostering a loyal, caring family within the Senior Adult Fellowship."

FELLOWSHIP - Building companionship through engaging in meaningful activities.

FRIENDSHIP - Building dependable relationships through shared event experiences.

FAITH - Building a committed and purposeful environment to ensure spiritual growth and faith development for all attendees."

FAMILY - Building a loyal, caring family through faith, fellowship and friendship.

Come let's achieve SAF Goals together

SENIOR ADULT FELLOWSHIP

Members

Are you a mature senior looking to deepen your spiritual journey with the Lord and build meaningful connections with fellow members? Our fellowship is made up of reflective, resilient, resourceful and respectful individuals who are committed to growing together in faith. With a spirit of hope and a desire for a brighter future, we support one another in every step of life. Come be a part of our community where you can find friendship, purpose and a renewed sense of joy!

Come join our Senior Adult Fellowship

SENIOR ADULT FELLOWSHIP
DISCIPLESHIP

Discipleship is learning to love and follow Jesus, becoming more like Him in our attitudes and actions. It should be the goal of every ministry, from children to seniors. SAF aims to achieve dedicated discipleship that equips believers for His service. Discipleship comes through relationship and training within SAF Discipleship: One of Christ method Luke 9:1-6

EQUIPPING - provide knowledge on life in Christ

ESTABLISH - provide teaching about Christ

ENGAGE **-** provide skill in sharing Christ

ENCOURAGING- motivate to serve Christ

Come let's study together

SENIOR ADULT FELLOWSHIP
Team

While the SAF LEADERSHIP TEAM provides oversight and general leadership to the ministry, all participants in the SAF ministry are considered TEAM members, working together to positively influence the lives of others for the Lord and support seniors both within and outside the church community.

TOGETHER - We accomplish so much more!

EACH. - Individually using our gifts and talents together

ADVANCE - Aligning the ministry with its defined purpose

MINISTRY - Guiding people to God and serving others

Come be a part of SAF TEAM

SENIOR ADULT FELLOWSHIP
Leadership

Our TEAM embodies that spirit which brings together a group of passionate leaders committed to making a difference.

DEDICATED - Our team members are not only focused on the success of the ministry but are deeply committed to fulfilling its mission. They strive to achieve meaningful outcomes and ensure the ministry thrives.

ENERGETIC- With boundless enthusiasm, our team ensures that the ministry becomes a hub of connection, inspiration, and faith growth. Their energy fosters vibrant relationships and dynamic experiences for all involved.

ABILITY- Each team member brings exceptional abilities to the table, showcasing their skills in building and growing the ministry. They have a long-term vision for what the ministry can achieve now and in the future, ensuring sustained impact and success.

RESOURCEFUL - Serving others requires creativity and ingenuity, qualities that our team members possess in abundance. They are visionary thinkers with a passion for bringing projects to life and achieving remarkable success.

Come meet the SAF TEAM

SENIOR ADULT FELLOWSHIP

THEME

“WE ARE NOT DONE YET”

Our theme perfectly encapsulates the vision, mission, goals, and purpose of SAF. It reflects our commitment to continuously strive and grow in our ministry through the active involvement of our fellowship members.

The Senior Adult Fellowship's Theme:

PROVIDE - senior adults with opportunities to grow in a ministry that honours the Lord

FOSTER - meaningful relationship among its members.

SERVE - others within and outside the church Community

Come and be a part of SAF Theme

SENIOR ADULT FELLOWSHIP

SMART FOCUS

The Senior Adult Fellowship (SAF) aims to operate on the SMART principles: Specific - Clearly defined purpose. Measurable - Goals that can be tracked. Attainable - Challenging but achievable within available resources. Relevant - Plans that help seniors navigate today's rapidly changing society and fulfill our mission goals. Timely - Adaptive plans that can be adjusted to meet new challenges or ministry approaches.

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Come see what is S M A R T about SAF

SENIOR ADULT FELLOWSHIP
EVENTS AND ACTIVITIES

At SAF, we promote the holistic well-being of our seniors through various activities. We emphasize socialization to foster connections and reduce isolation. Our bi-weekly Bible study and prayer sessions support spiritual growth, while our "Forever in Motion" exercise program encourages physical health. We also offer continuous learning opportunities to keep minds active and boost self-esteem. Above all, SAF aims to create a strong sense of belonging and community within our church.

SAF aim to bring the following Benefits to the lives of our seniors through our events:

SOCIAL TIME - Insure each activity contains an element of socialization so people get to know each other.

SELF IMPROVEMENT- SAF aims to help our seniors stay updated with cultural and technological advancements, assisting them in navigating daily life.

SCRIPTURE GROWTH -Our bi-weekly Bible study and prayer sessions are a core part of our ministry. Held the first and third Wednesdays from September to May

STRENGTH TRAINING - Our "Forever in Motion" exercise program provides seniors with the opportunity to maintain their physical health.

SENSE OF FAMILY - SAF strives to foster a sense of belonging for seniors within our church family of faith.

Come and enjoy SAF Benefits

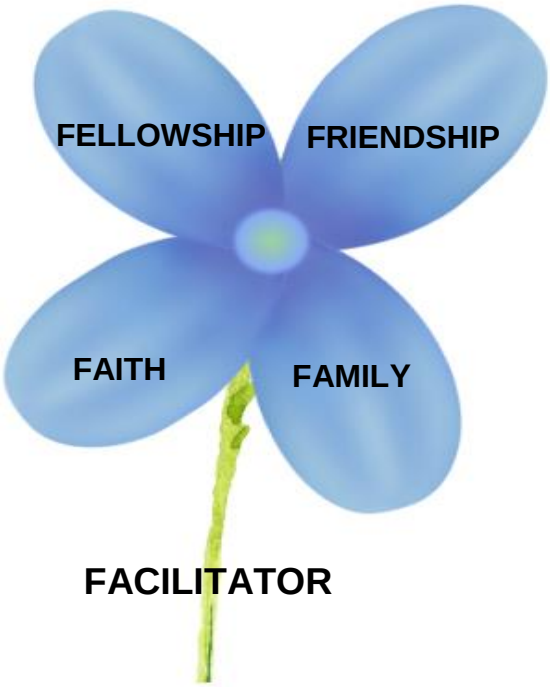
SENIOR ADULT FELLOWSHIP
FAMILY

We are a FAMILY—a cohesive group that helps each other meet our needs, achieve our goals, and find direction in life. In a family, no matter what age, care is important and we are all still learning from the cradle to the Cane, especially in His family. Living in His family we learn how to:

BOUNDARIES—in a family, we learn to make choices, develop our values, set limitations, separate ourselves, and address life issues with confidence. **We build HEATHY life Boundaries**
CONNECT—a safe place where support is always available. We need people who celebrate with us on good days and stick around on our terrible, horrible, no good, very bad days (hello, my name is Alexander). **We develop HARBOUR relationships**
DISCOVER—don't dwell in the past but strive to live your life to the fullest. Don't live in someone else's shadow. Your uniqueness makes you special, with much to offer the world. **We become a HOPEFUL person.**
ENCOURAGEMENT - within a family means helping us grow, establishing our value system, and living up to it. Be a person worthy of your gifts and talents and live them out with wisdom. **We nature HELPFUL support and thereby grow in wisdom.**
FAILURES —we can address our letdowns, whether personal or from others, through confession and healing. This process helps us get back up, deal with our failures, and move forward to achieve our goals in life. **We deal with HARMFUL experiences and thereby enlarge our faith.**

Come be a part of the Family

SENIOR ADULT FELLOWSHIP
BRAND



The SAF brand is symbolized by a four-petal blue flower with a green stem, representing the core elements of our ministry: Faith, Fellowship, Friendship and Family. The royal blue petals reflect the skies above, reminding us of the hope that each new day brings. The green stem signifies the provision and goodness of God, who cares even for the smallest wildflowers. As Luke 12:27 reminds us, “Consider how the wildflowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these.” Just as a flower blooms without fanfare, so too does our ministry quietly flourish under God’s care, embodying His love and faithfulness. SAF is a dynamic ministry where we connect, inspire, and grow, empowering each other to make a meaningful difference in our community. Let’s live our Brand.

“Come be a part of the Brand”

SENIOR ADULT FELLOWSHIP
EVENT DAYS

Are you ready for some enriching and enjoyable experiences? At the Senior Adult Fellowship (SAF), we know that a structured plan can lead to the best results. That's why we thoughtfully schedule our events with clear days and times, ensuring you never miss out on important moments and quality time with friends. Here's our exciting SAF schedule:

TUESDAY - Forever in Motion Exercise Program: Join us at the church from 9:00 am to 11:00 am. Arrive at 9:00 am for a walk in the gym, with the exercise session Starting at 10:00 am.
Refreshments will be served afterward.

WEDNESDAY -

First and Third Wednesdays
Bible Study and Prayer Time from 10:30 am to 12:00 pm.
Enjoy socialization and refreshments before we dive into our study.

Second Wednesday
Friendship Wednesday, a time for encouragement, spiritual devotion, fun, laughter, with a delightful meal. We start at 10:30 am and wrap up around 1:00 PM or whenever our senior nap time calls.

Fourth Wednesday
Practical Learning Time, where we tackle everyday tasks and lifestyle practices.

These events are open to all church seniors and their neighbourhood friends. Our programs are designed with you in mind, aiming to impact your life positively and bring you joy and benefit.

Come join us and make the most of these wonderful opportunities!

SENIOR ADULT FELLOWSHIP
ADMINISTRATION/FACILITATOR

1 Corinthians 14:40, teaches two key lessons for ministry: As stewards, ensure that everything is done with proper intent and motivation. And Emphasize order by carrying out the ministry in a fitting, organized, and respectful manner.
Three functional goals for administration based on 1 Corinthians 14:40:

Ensure Decency: Uphold proper intent and motivation in all actions, ensuring that good intentions lead to right and meaningful outcomes.

Maintain Order: Implement and adhere to organized, fitting, and respectful processes that reflect a well-planned approach to ministry.

Act with Integrity: Ensure that all administrative functions are carried out with integrity, respect, and a commitment to the values of the ministry.

Come join us as a partner and be an ECHO for SAF.

The sentence conveys encouragement and the positive aspects of the ministry but could be made more compelling by highlighting the impact of being part of SAF. Here is *a revised version:*