



The Holy Eucharist

The Twelfth Sunday after Pentecost

The Cathedral Church of Saint George

August 11, 2024 • 10:30am

LAND ACKNOWLEDGEMENT

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

WELCOME TO ST. GEORGE'S CATHEDRAL

Welcome to worship at St George's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit www.stgeorgescathedral.ca, or connect with one of the clergy following the service. We hope you will join us for coffee and fellowship following the service. We are thrilled that you have decided to worship with us!

ABOUT THE LITURGY

Worship lies at the heart of the Christian life. It is in worship that we express our faith and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Anglican Church is its liturgical worship. Liturgy literally is “the work of the people,” and refers to the patterns, forms, words, and actions through which public worship is conducted.

LEADING THE SERVICE

The Very Rev Douglas Michael, *preacher & presider*
Laurence Williams, *guest organist*

ASSISTING WITH THE SERVICE

Elizabeth Taylor, *reader*
Sarah Earl, *intercessor*
Judith Challis, *server*
Jane Kirkpatrick, *verger*
Aveleigh Kyle & Peter Gower, *lay minister*
Brian Hinchey & Heather Buchan, *sidespeople*
Derek Falkner & Peter McCubbin, *livestream technicians*

EUCCHARISTIC PRAYER

Eucharistic Prayer A, BAS

MASS SETTING

John Merbecke

THE GATHERING OF THE COMMUNITY

The people's responses are in bold.

Organ Prelude

The people stand as able as the procession enters the Cathedral.

Hymn at the Procession

Sung by all.



O God beyond all praising,
We worship you today
And sing the love amazing
That songs cannot repay;
For we can only wonder
At ev'ry gift you send,
At blessings without number
And mercies without end:
We lift our hearts before you
And wait upon your word,
We honor and adore you,
our great and mighty Lord.

Thaxted
Gustav Holst 1874-1934

2 Then hear, O gracious Savior,
Accept the love we bring,
That we who know your favor
May serve you as our King;
And whether our tomorrows
Be filled with good or ill,
We'll triumph through our sorrows
And rise to bless you still:
To marvel at your beauty
And glory in your ways,
And make a joyful duty
Our sacrifice of praise.

Michael Parry 1942-96

The people are seated.

Welcome & Land Acknowledgement

The people stand as able at the invitation of the Celebrant.

The Opening Acclamation

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And with thy spirit.**

Celebrant Almighty God,

People unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.

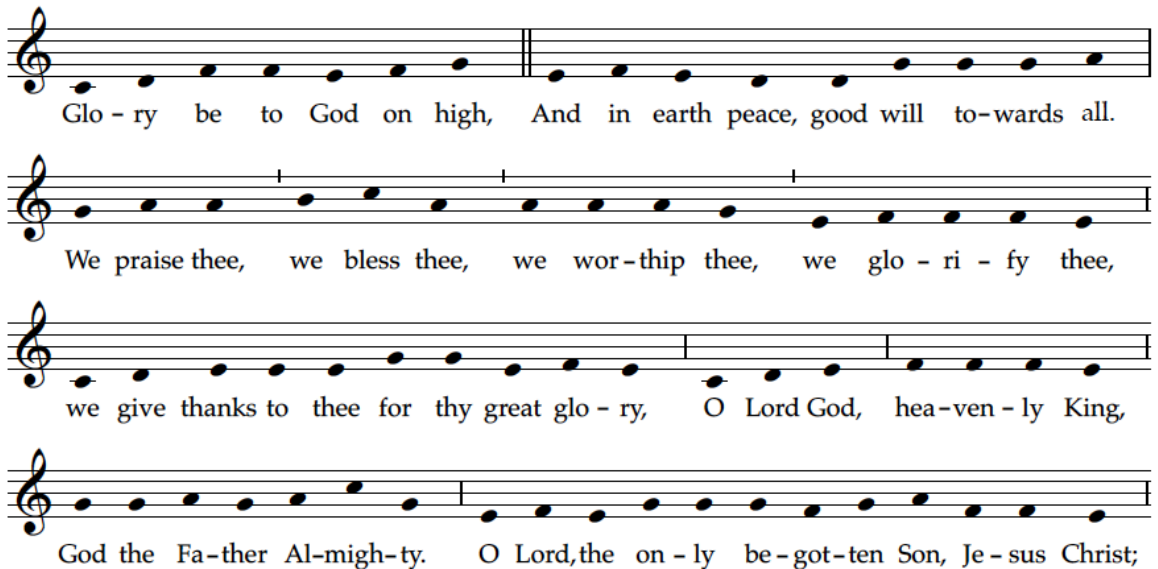
The Summary of the Law

Celebrant Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

People **Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Gloria in Excelsis

Sung by all.



Glo - ry be to God on high, And in earth peace, good will to-wards all.

We praise thee, we bless thee, we wor - thip thee, we glo - ri - fy thee,

we give thanks to thee for thy great glo - ry, O Lord God, hea - ven - ly King,

God the Fa - ther Al - migh - ty. O Lord, the on - ly be - got - ten Son, Je - sus Christ;

O Lord God, Lamb of God, Son of the Fa - ther,
 that tak - est a - way the sins of the world, have mer - cy up - on us.
 Thou that tak - est a - way the sins of the world, re - ceive our pray - er.
 Thou that sit - test at the right hand of God the Fa - ther,
 have mer - cy up - on us. For thou on - ly art ho - ly,
 thou on - ly art the Lord; thou on - ly O Christ, with the Ho - ly Ghost,
 art most high in the glo - ry of God the Fa - ther. A - men.

The Collect for the Day

Celebrant

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

People

Amen.

The people are seated.

THE PROCLAMATION OF THE WORD

The First Lesson

2 Samuel 18:5-9, 15, 31-33

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Reader The word of the Lord.

People **Thanks be to God.**

Psalm 130

The refrain is sung by the cantor, then all repeat.



The Lord shall re-deem us from all our sins.

Out of the depths have I called to you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication. *Refrain*

If you, Lord, were to note what is done amiss, O Lord, who could stand?
For there is forgiveness with you; therefore you shall be feared. *Refrain*

I wait for the Lord; my soul waits for him; in his word is my hope. My soul waits for the Lord, more than watchmen for the morning, more than watchmen for the morning. *Refrain*

O Israel, wait for the Lord, for with the Lord there is mercy;
With him there is plenteous redemption, and he shall redeem Israel from all their sins.

Refrain

The Second Lesson

Ephesians 4:25-5:2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members

of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader
people

The word of the Lord.
Thanks be to God.

Gradual Hymn

Sung by all, standing as able.



The King of love my shepherd is,
whose goodness faileth never;
I nothing lack if I am his
and he is mine for ever.

4 In death's dark vale I fear no ill
with thee, dear Lord, beside me;
thy rod and staff my comfort still,
thy cross before to guide me.

2 Where streams of living water flow
my ransomed soul he leadeth,
and where the verdant pastures grow
with food celestial feedeth.

5 Thou spread'st a table in my sight;
thy unction grace bestoweth;
and O what transport of delight
from thy pure chalice floweth!

3 Perverse and foolish oft I strayed,
but yet in love he sought me,
and on his shoulder gently laid,
and home rejoicing brought me.

6 And so through all the length of days
thy goodness faileth never:
good Shepherd, may I sing thy praise
within thy house for ever.

Dominus regit me
J. B. Dykes

H. W. Baker 1821-77

The Holy Gospel

Gospeller

The Lord be with you.

John 6:35, 41-51

People

And with thy spirit.

Gospeller

The Holy Gospel of our Lord Jesus Christ according to John

People

Glory be to thee, Lord Christ.

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Gospeller

The Gospel of Christ

People

Praise be to thee, O Christ.

The people are seated at the invitation of the Preacher.

The Sermon The Very Rev. Douglas Michael

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant Let us confess our faith, as we say,

People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one

baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The people may sit, stand, or kneel as they wish.

The Prayers of the People

Confession & Absolution

Celebrant Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that labour and are heavy laden, and I will refresh you.

Matthew 1.28

God so loved the world, that he gave his only- begotten Son, to the end that all that believe in him should not perish but have eternal life. *John 3.16*

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1.15*

Hear also what Saint John saith. If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world. *1 John 2.1,2*

Let us humbly confess our sins to almighty God.

People **Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The people stand as able.

The Peace

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

THE HOLY COMMUNION

An offering is received to support the mission and ministry of the Cathedral. All are invited to make a gift as the plate is passed, or by giving securely online following the details on the back cover of this leaflet.

Offertory Hymn

Sung by all, standing as able.



Lord, enthroned in heavenly splendour,
First-begotten from the dead,
Thou alone, our strong defender,
Lifest up thy people's head.
Alleluia, Jesu, true and living Bread!

2 Here our humblest homage pay we;
Here in loving reverence bow;
Here for Faith's discernment pray we,
Lest we fail to know thee now.
Alleluia, Thou art here, we ask not how.

3 Though the lowliest form doth veil thee
As of old in Bethlehem,
Here as there thine angels hail thee,

Branch and Flower of Jesse's stem.
Alleluia, We in worship join with them.

4 Paschal Lamb, thine Offering, finished
Once for all when thou wast slain,
In its fullness undiminished
Shall for evermore remain,
Alleluia, Cleansing souls from every stain.

5 Life-imparting heavenly Manna,
Stricken Rock with streaming side,
Heaven and earth with loud hosanna
Worship thee, the Lamb who died,
Alleluia, Risen, ascended, glorified!

St Osmund
Healey Willan 1880-1968

George Hugh Bourne 1840-1925

Prayer over the Gifts

Celebrant Father, receive all we offer you this day, and grant that in this eucharist we may be enriched by the gifts of the Spirit. We ask this in the name of Jesus Christ our Lord. **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant
People

Let us give thanks unto our Lord.
It is meet and right so to do.

Celebrant

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

Sanctus & Benedictus

Sung by all.

Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

The people are seated as the celebrant continues:

Celebrant

Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

People **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Celebrant And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People **Amen.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ hath taught us, we are bold to pray

People **Our Father, who art in heaven, hallowed be thy name,**

Thy kingdom come, thy will be done, on earth as it is in heaven.

**Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.**

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

People We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, that we may evermore dwell in him, And he in us. Amen.

Agnus Dei

Sung by all.

O Lamb of God, that takest away the sin of the world: have mercy upon us.

O Lamb of God, that takest away the sin of the world: have mercy upon us.

O Lamb of God, that takest away the sin of the world: grant us thy peace.

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of

the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer to not receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The people stand as able.

The Prayer after Communion

Celebrant Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord. **Amen.**

Celebrant Glory to God,
People **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

The Blessing

Celebrant Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always. **Amen.**

The Dismissal

Celebrant Go forth into the world, rejoicing in the power of the Spirit.
People **Thanks be to God.**

Hymn at the Closing

Sung by all, standing as able.



Alleluia, sing to Jesus!
His the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood;
Jesus out of every nation
hath redeemed us by his blood.

3 Alleluia, bread of angels,
thou on earth our food, our stay;
alleluia, here the sinful
flee to thee from day to day:
Intercessor, Friend of sinners,
earth's Redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.

2 Alleluia, not as orphans
are we left in sorrow now;
alleluia, he is near us,
faith believes, nor questions how:
though the cloud from sight received him,
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?

4 Alleluia, King eternal,
thee the Lord of lords we own;
alleluia, born of Mary,
earth thy footstool, heaven thy throne:
thou within the veil hast entered,
robed in flesh, our great High Priest;
thou on earth both Priest and Victim
in the eucharistic feast.

Hyfrodol
Rowland H. Prichard 1811-87

W. Chatterton Dix 1837-98

Organ Postlude

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.



SUPPORT THE CATHEDRAL

The work of this Cathedral is made possible entirely through the support of individuals like you. If you are able, please consider donating as the plate is passed, by visiting www.stgeorgescathedral.ca, by using the card tap machine in the narthex, or scanning the QR code. Thank you.

Next Sunday: The Thirteenth Sunday after Pentecost

The Ven Bob Hales, *presider*

Reagan Gale, *preacher*

1 Kings 2:10-12, 3:3-14 | Psalm 111 | Ephesians 5:15-20 | John 6:51-58

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