



St. Paul's News Bulletin July 2024



Parish Events



Everyone's invited to join us for Coffee Time after the services. Thank you to everyone who volunteers to host this time of fellowship! Our sign up sheet for coffee volunteers is located by the kitchen door.

Coffee Time is an important part of our worship time on Sunday's. Please prayerfully consider helping with this ministry. Help is available if you are new to this ministry.

We're excited to welcome The Rev'd Tony Hilling as our new Incumbent beginning on July 1st. What an exciting new chapter for our Parish! **Tony will be inducted at St. Paul, on Wednesday, September 25 at 7:00 pm. Please mark your calendars. Everyone is welcome!**



Stampede BBQ will be on July 7th after the service. All are welcome! The Stringers will be entertaining us!

Coffee House will be on Friday July 12 from 7 to 9 pm. Our St Paul's Stringers will be playing and there will also be an open mic. This is a family event! All are welcome. We are hoping to make this a monthly event.



Ladies No-Mess Potluck Luncheon: July 13 @ 11:20 am. Bring a dish to share with its own serving implement or your own special individual bag lunch. Come with or without food – there's always plenty to share. Bring your own drink along with cutlery & plate to wash at home. ALL WOMEN ages 13 and up are invited to have fun.



Cooking Group: We will be meeting on Thursday, July 18. All are welcome!



Our Walking Group meets Mondays at 9 am. The locations schedule for June to September is on our website under events. **All are welcome! We walk all year!**



Men's Breakfast: next meeting is Saturday, July 20 at St Paul's. All men 13 years and up are invited to join for great food and fellowship!

Sunday, August 4 is Heritage Sunday. We will have a potluck luncheon after the service. Please bring a dish to share from your native country or just a dish you would like to share from another country. Please label which country it is from.

We had a lot of things happening at ST. Paul's The carpet was replaced in all the offices, hallway and back area. It looks wonderful! The benches in the Sanctuary are in the process of being recovered. This may take a couple of more weeks. Thank you to Muyl for all his work on making this happen.

Wednesday Bible Study Groups: will resume in September.

When bringing food to share please label the food as having nuts or not. We have several people who have severe allergies and by labeling your contribution they know whether of not they can eat your dish. Signs will be available in the kitchen.



St. Paul's Anglican Church
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E-mail: office@stpaulscalgary.ca
Website: https://www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling
Assistants: The Rev'd Dr. Norman Knowles
The Rev'd Cyril Haynes
The Rev'd Betty Nadurak
Wardens: Cam Cline & Ingrid Bolton

Main Facebook Page: stpaulscalgary
Twitter: @stpaulscalgary
Instagram: stpaulsanglican Calgary
YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Youth Ministry

Two exciting opportunities for the Youth of our Parish! S.P.Y. Group is a social group and POP is a volunteer group helping in the community. All youth are welcome at both!

Our new St. Paul's Youth Group (S.P.Y) will be meeting on the first Friday of each month. Invite your friends!

A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Type Youth Group into the search to find the page.

Pioneers of Paul (POP) our youth volunteer group.

We volunteer as a group at various community organizations, approximately monthly. Members sign up for the events that interest them.

Thank you to all volunteers for your participation this year. Sign up for 2024-25 will open in Sept and events will start up in Oct. Have a wonderful summer!



Sign up links are posted on the website and sent to members by email/text. Info on St. Paul's website use the QR Code for access or on Instagram, also, at <https://www.instagram.com/pioneersofpaul/>.

Diocese and Community Events

Kids Christian Library Open every Thursday from 10 am to 5 pm at Millrise Covenant Church: 50 Millrise Blvd. SW. Contact Marie at 587 707 1036 or mariekepoot@yahoo.ca for more information.

60th Annual Flower Festival: Christ Church, Millarville Sat & Sun July 13 & 14. Tea & scones served on Saturday only 11 am to 3 pm, Cost \$8 kids 6 & under \$4. All are Welcome!

Lime Light Drama Camp

St. Barnabas (1407 7 Ave NW) welcomes children aged 8 to 12 years old to a one week drama camp offered by Fire Exit Theatre, from Monday, August 12 to Friday, August 16, from 9:00 am to 3:30 pm (with Monday's start being 8:30 am). Children will create and put on the whole show! Activities will include theatre arts, games, crafts, and a showcase of work on the final day. Lunch and snacks are provided. Participants must be available for the entire week. Camp cost is covered by St. Barnabas; however, there is a \$20 Registration fee. Registration Deadline is July 15. Register: clerk@stbarnabas.ca



Altar Guild

Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, arranging or setting out flowers, filling candles with oil, marking the Bible and the Gospel book for the readers and keeping the linen washed and ironed.

At present there is one volunteer each week. The volunteers work in rotation, which turns out to be about once a month. Set-up can be done Friday or Saturday as suits your schedule. During the Christmas and Easter seasons we have need for extra shifts, which are covered on a volunteer basis. We hold two meetings a year at which time all members get together to discuss issues, idea, and the future while having a happy time socializing and keeping aware of how wonderful a group we really are.

We are in need of new members - male or female - to join us, as many hands make light work. If you are interested in this quiet behind-the-scene ministry to our community, please contact one of the Heather or the Parish Office - 403 256-1428 .

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office

Please contact the Parish Office if you or someone you know would like a visit.

Prayer Shawl: We meet on the first & third Wednesdays, of each month at 1 pm, in person and via Zoom. **We will meet again in September.** Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl.

Hunger for Healing, a Christian Twelve Step Programme, is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak.

Grief Support Group This is open to anyone who is grieving due to loss, illnesses or other struggles. Please contact Laura Anne at the Parish Office for more information.

Inreach With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone!

Stewardship Reflection:

"As the Lord spoke to me, the spirit entered me and set me on my feet, and I heard the one who was speaking say to me, 'Son of man, I am sending you...'"Ezekiel 2:2-3

God has a plan for each of us. He calls us to do something for Him. But, He doesn't leave us on our own to figure it out. He gives us the resources we need to do His work. Are you listening for God's call? When you hear it, do you get on your feet and do the work He asks of you? Do not be afraid. God doesn't call the equipped, he equips the called. Answer His call.

<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

Financial News

Our 2024 surplus at the end of May is 1,697. Thank you to everyone for helping support our Mission financially in these challenging times.



Outreach



PWRDF is a response by Canadian Anglicans to the gospel call to bear witness to God's healing love in a broken world. For almost 65 years, PWRDF has been walking together with partners in Canada and overseas to share in the creation of a more just and peaceful world, - and still, in joy and struggle, it engages in development work, responds to emergencies, works to protect refugees, and educates and advocates for change. You can contribute to that work by donating to PWRDF.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. Sunday September 29 is the next Food for Others Sunday.

Food will be going to St. Mary's University Pantry. We are doing another drive for the students as we have heard that the cupboards are bare. We will collect until July 14.

Opportunities to Serve

2024 Flower Chart is up on the bulletin board by the kitchen: Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca. The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. **Please contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked. If you would like to contribute a casserole

please label it with what it is, ingredients and date put in freezer.

Card Ministry: Thank you to Lynne Valentine who has volunteered for this ministry. If you know of anyone who would benefit from receiving a card please let Lynne know.

Living Waters: Monday, August 26 is the deadline for *Living Waters* submissions for the July/August Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. **If you can help, please contact Paul Bourgeois or the Office.**

We are looking for volunteers to be **Sacramental Assistants** please contact Ed or the Parish Office for more information.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or the Parish Office if you are interested. Training is available!

Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish Council members.

If you are a newcomer, and would like to connect with us, please [click here](#) and go to the downloads at the bottom of the page. And click on the Welcome forms.

Regular Weekly Activities at St. Paul's:

Sun: Word to World Ministries Canada : 4 pm

Mon.: **Walking Group:** 9 am (see the St Paul's website under events for locations)
Prayer Group: 1:30 pm (2nd Monday of the month in-person) (resumes in September)
7:30 pm (4th Mondays of the month via Zoom) (July 22 & August 26)

Wed.: **Morning Prayer:** 9:30 am (resumes in September)
Bible Study: 10:30 am (resumes in September)
Hunger for Healing: 11:30 am (in the Chapel Room)
Prayer Shawl Ministry: 1 pm (1st & 3rd Wednesdays of the month) (resumes in September)

Thurs.: **TOPS (Taking off Pounds Sensibly):** 6:30 pm
Choir Practice: 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca)

Sat.: **Ladies Luncheon:** 11:30 am—2nd Saturdays (next is July 13)
Men's Breakfast: 8:30 am—3rd Saturdays (next July 20 at St Paul's)