

QUIET DAY FOR LENT

Sponsored by St. Hildegard's Sanctuary

LISTEN
LENT IS
SILENT



Take time for silence and contemplation in this season of reflection.

*The day will include poetry and prayer
and a variety of contemplative creative practices.*

*The Rev'd Trudi Shaw will guide us in creating icons as a form of prayer.
Artist-in-Residence Sandra Vander Schaaf will offer a Story Walk option
for those who want to take their creative contemplations outside.*

All are welcome!

Saturday, March 11 ~ 10am-4pm

St. Faith's Anglican Church ~ 7284 Cypress Street, Vancouver

Bring a bag lunch. Suggested \$10 donation to cover cost of supplies.

To register email sthildegards@icloud.com or call 604-266-8011