

## OUR PURPOSE

### **FUN, FOOD, FAMILY & FRIENDS (4F)**

This team creates events, activities and programmes open to all people and offers opportunities which foster and nurture joy and friendship.

#### **THE GATHERING PLACE**

(3 Programmes Every Tuesday)

#### **GOOD MORNING COFFEE**

**(10-11:30 am)**

A café setting with self-serve coffee, tea, and warm, freshly baked muffins, scones and gluten free treats. Come and enjoy casual conversation in a welcoming space.

#### **NOON LUNCH**

**12:00 -1:00 pm \$12 donation**

Enjoy a nutritious lunch topped off with a delicious dessert and coffee by our in-house chef. Book ahead the Sunday before to ensure a spot [thegatheringplace@kucparksville.ca](mailto:thegatheringplace@kucparksville.ca) spot. Come with friends or come alone and make new friends.

## SOME OF OUR FUN EVENTS

### **BEFORE CHURCH BREAKFASTS**

**SHROVE TUESDAY  
PANCAKE SUPPER**

**DINNERS,  
CHURCH BARBEQUE & PICNIC**

**DANCES,  
ENTERTAINMENT AND  
ANY OTHER FUN WE CAN DREAM  
UP.**



# FUN, FOOD, FAMILY



# FRIENDS



## Knox United

345 Pym Street,

Parksville, BC

[www.kucparksville.ca](http://www.kucparksville.ca)

**AFTER SCHOOL YOUTH DROP IN**  
**3:15-5:00 pm**

Youth from 12-18 are welcome to drop in and eat after school snacks, play ping pong, board games, and just hang out with friends and make new ones. We welcome students from Mexico, Japan, Italy, Germany etc.



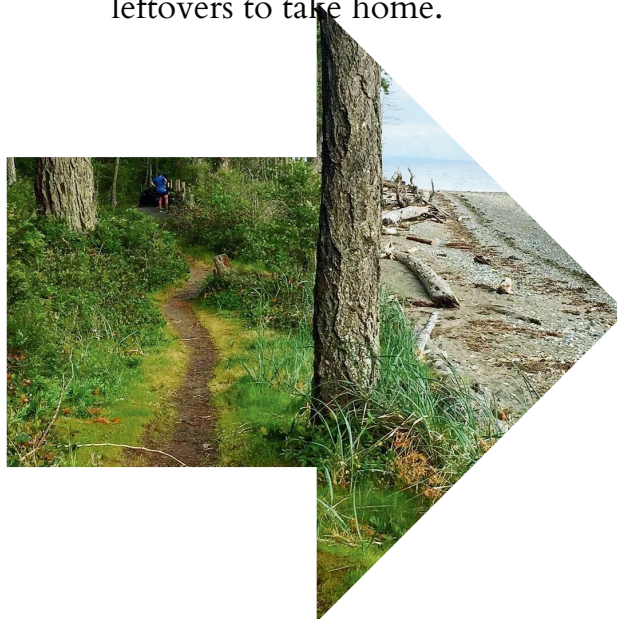
**SISTERS UNITED (Noon)**  
**(First Monday of the Month)**

This group for all women enjoys getting to know one another in a welcoming and relaxed atmosphere. We often have an engaging guest speaker from the community. We bring our own sandwich and the group provides beverages and treats.



**GATHER AND DINE**

This is an opportunity to meet with other folks tired of eating alone to make dinner together in our commercial kitchen, enjoy a meal together and even have leftovers to take home.



**SINGLE MINGLES**  
**(Mondays)**

This is an opportunity for singles to meet other singles, develop friendships or maybe more. We have hosted 70+ singles and mingles, 50s/60s single mingles and LGBTQ+ single mingles. Check out our website to see upcoming single mingle events.

**SINGLE MINGLE**  
**2SLGBTQ+ ALL AGES 18+**



**WALKING GROUP**  
**(Thursdays at 10:00 a.m.)**

This group meets in the main parking lot of Rath Trevor Beach Park and enjoys walking the various trails. We gather for coffee afterward at a local restaurant.