

# Welcome to Holy Hermits Online Worship

*5th Sunday in Lent*

*Today we remember Holy  
Hermit St Paul of Thebes*

Service Prep: Leonie

Music: Wiggles 🎵

Proof-reader: Kristine

Broadcaster: Jamee

Tech Support: KA

Welcomer: Julie

Leader: Dr Julie

Cantor: Kieron

First Reader: Bob

Second Reader: Jeremy

Preacher: Flashback Jamee 2021

Fellowship: Leonie

Leader:

St Paul of Thebes, known as the first hermit, fled to the desert in 250, during a time of persecution. Where he learned to enjoy his solitary life of prayer, constant penance and contemplation, 'alone with God'. He lived out the rest of his years in the desert, dying at the age of 113. But before he died, he was discovered by St Anthony the Abbott, who spread the news of his holiness.

### A Prayer

*Lord Jesus, living in the desert was not St. Paul's dream existence. And yet this curve in the road made him phenomenally content and happy. Through this intercession, help us accept life's twists and turns. Then let us use them to glorify you. Amen.*

Here is a short instrumental piece, the prayer, to prepare us for worship



To read more about our Hermit, please scan

*We will be led by our Leader with our Cantor as the voice of all  
Leader and Cantor unmute*

*The Greeting*

*Leader:*

Blessed be God,  
Father, Son and Holy Spirit.

**All: Blessed be God's Kingdom  
now and forever.**

**Amen**



# Gathering Prayer

Leader:

As we gather, make us mindful of the wonderful variety of people and experiences in our church community, in our local community, in our nation and in the wider world -so much more accessible to us now than it was 100 years ago. May we be truly thankful for all these riches.

Amen.



## Sentence

*Leader: I now invite our cantor to proclaim the sentence for today.*

**Cantor:**

'This is the covenant I will make with them,' says the Lord God: 'I will put my law within them, and I will write it on their hearts; and I will be their God and they shall be my people.'

**Jeremiah 31:33**



*Leader: We pray the prayer of approach*

**All: You, Lord God, are with us as we come to worship you.**

**You have promised us so much**


**and your call to us has brought us here.**

**Accept our worship, our words and thoughts,**

**our confessions and our promises;**

**for you are ours and we are yours, this and every day.**

**Amen.**



Now we will have our first  
Hymn:

Love will be our Lenten Calling

<https://www.youtube.com/watch?v=RLegowSR2nk>

We will stay on mute to sing together  
or allow the music to nourish us.

Leader mutes

*Leader and Cantor unmute*

## *Kyrie Eleison*

*LA: Lord, have mercy*

*All: Lord have mercy*

*LA: Christ have mercy*

*All: Christ have mercy*

*LA: Lord have mercy*

*All: Lord, have mercy*



*Leader and Cantor unmute*

## *Trisagion*

**LA:** We say the Trisagion together

**All:** Holy God, Holy and mighty, Holy and immortal,  
have mercy on us.



## *The Deacon Introduces Confession*

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled and wandered far off.

*Silence may be kept.*

Let us then ask for mercy, confessing our sins in penitence  
and faith.



All:

Merciful God, our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us. Strengthen us to love and obey you  
in newness of life; through Jesus Christ our Lord.  
Amen.



## *The Priest offers the Absolution*

Almighty God who has promised forgiveness to all who turn to God in faith; pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord.  
**Amen.**



## *Collect prayer*

**Leader:**

O God, our Redeemer,  
in our weakness we have failed  
to be your messengers of forgiveness and hope:  
renew us by your Holy Spirit,  
that we may follow your commands  
and proclaim your reign of love;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

**Amen.**

## *The first reader unmutes*

The 1<sup>st</sup> Reading is from **Jeremiah 31.31-34**

**31** The days are surely coming, says the Lord , when I will make a new covenant with the house of Israel and the house of Judah. **32** It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord . **33** But this is the covenant that I will make with the house of Israel after those days, says the Lord : I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. **34** No longer shall they teach one another, or say to each other, 'Know the Lord ', for they shall all know me, from the least of them to the greatest, says the Lord ; for I will forgive their iniquity, and remember their sin no more.

**For the word of the Lord. Thanks be to God.**

LA: We now say the psalm antiphonally, I invite the first reader to lead and we will all respond along with our cantor as our voice.

**Psalm 119.9-16**

<sup>9</sup> How shall the young keep their path pure:  
unless they hold to your word?

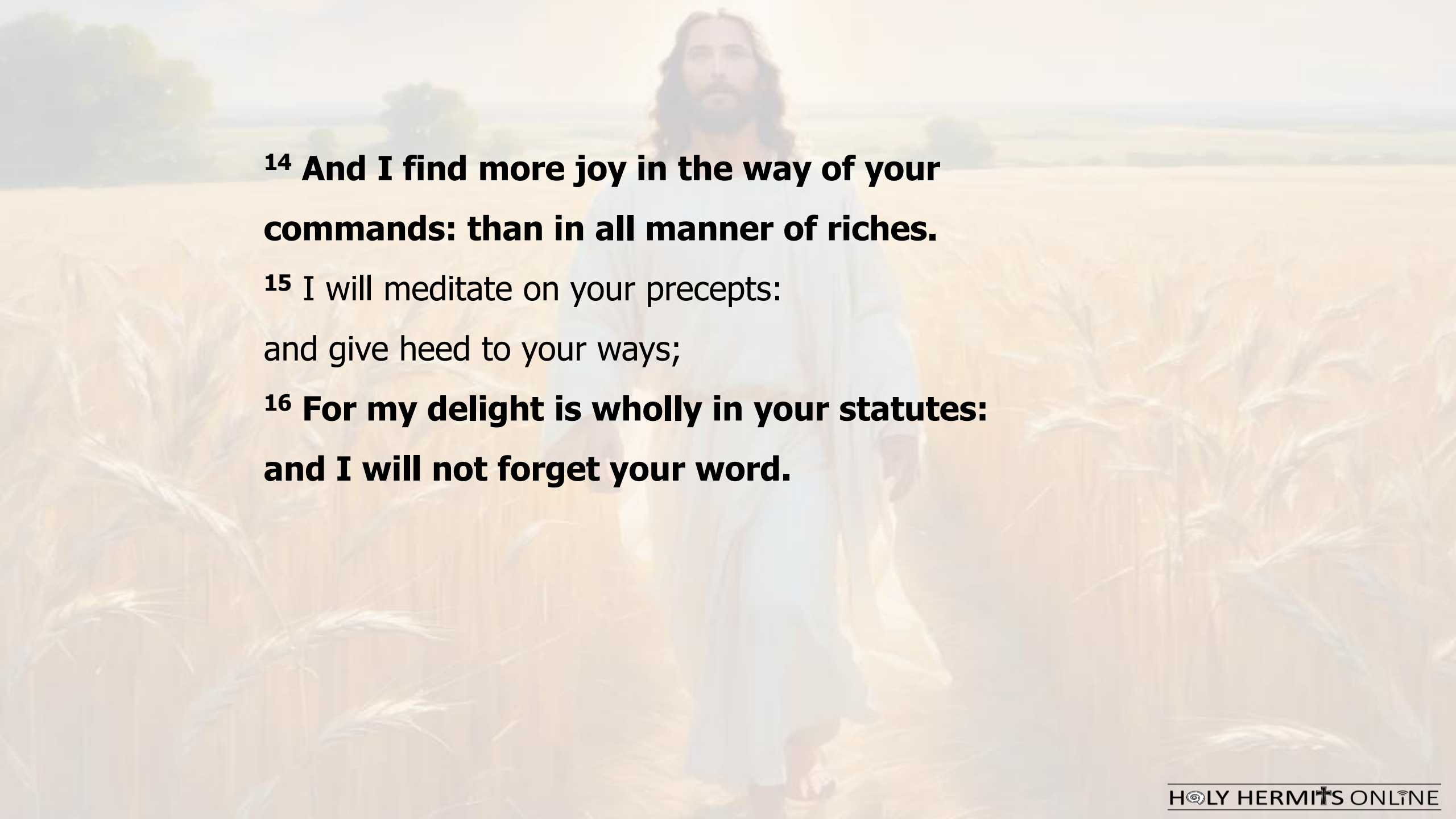
<sup>10</sup> **I have sought you with my whole heart:  
let me not stray from your commandments.**

<sup>11</sup> I have treasured your words in my heart:  
that I might not sin against you.

<sup>12</sup> **Blessed are you, Lord God:  
O teach me your statutes.**

<sup>13</sup> With my lips I have been telling:  
all the judgements of your mouth;

Continues...



**14 And I find more joy in the way of your  
commands: than in all manner of riches.**

**15** I will meditate on your precepts:  
and give heed to your ways;

**16 For my delight is wholly in your statutes:  
and I will not forget your word.**

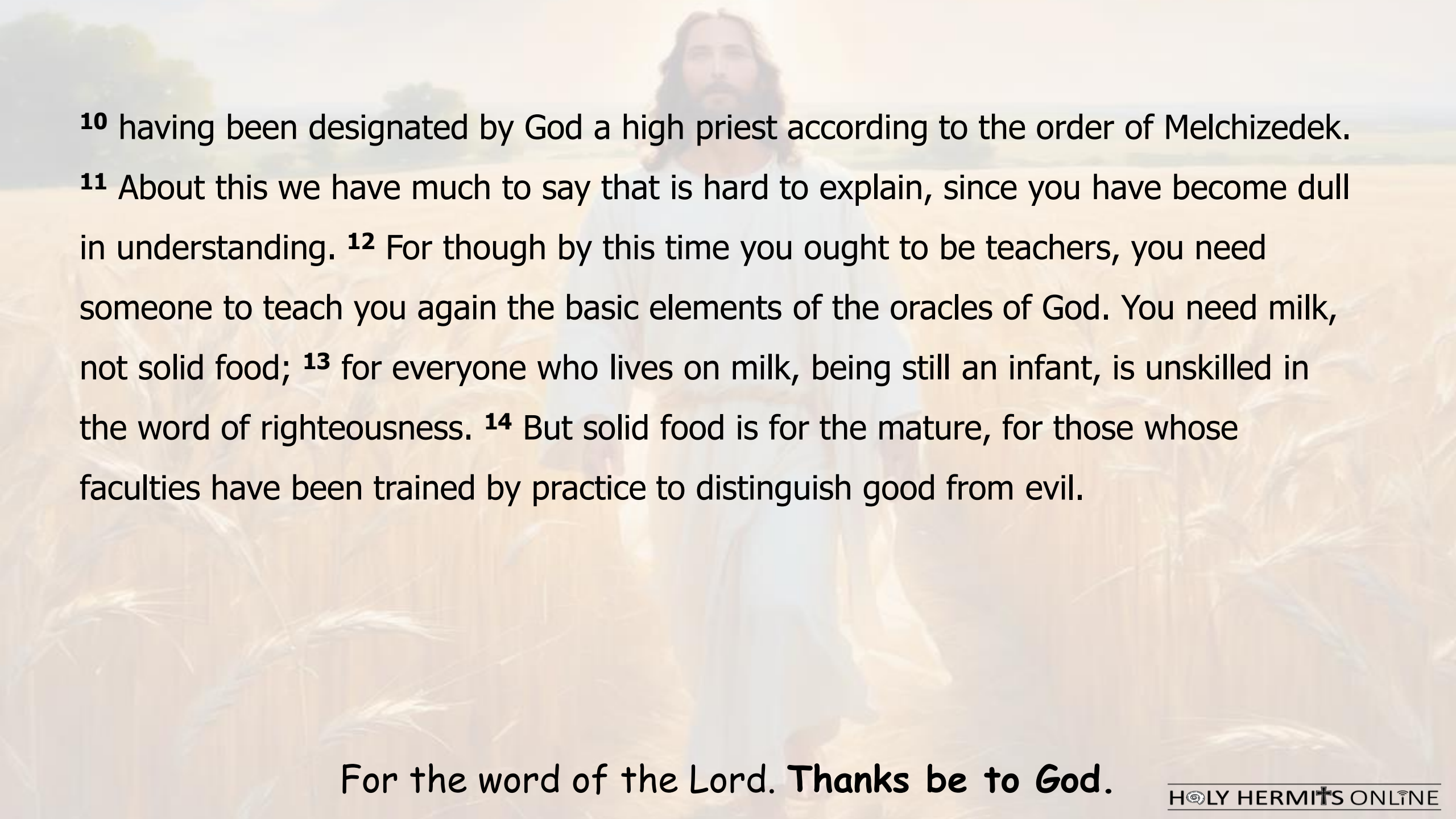


Thanks 1st reader, I now invite the 2nd reader to unmute and offer the 2nd lesson when ready.

The 2<sup>nd</sup> Reading is from **Hebrews 5.5-14**

<sup>5</sup> So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, 'You are my Son, today I have begotten you'; <sup>6</sup> as he says also in another place, 'You are a priest for ever, according to the order of Melchizedek.' <sup>7</sup> In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. <sup>8</sup> Although he was a Son, he learned obedience through what he suffered; <sup>9</sup> and having been made perfect, he became the source of eternal salvation for all who obey him,

Continues...



**10** having been designated by God a high priest according to the order of Melchizedek. **11** About this we have much to say that is hard to explain, since you have become dull in understanding. **12** For though by this time you ought to be teachers, you need someone to teach you again the basic elements of the oracles of God. You need milk, not solid food; **13** for everyone who lives on milk, being still an infant, is unskilled in the word of righteousness. **14** But solid food is for the mature, for those whose faculties have been trained by practice to distinguish good from evil.

**For the word of the Lord. Thanks be to God.**

# We pause before the Gospel



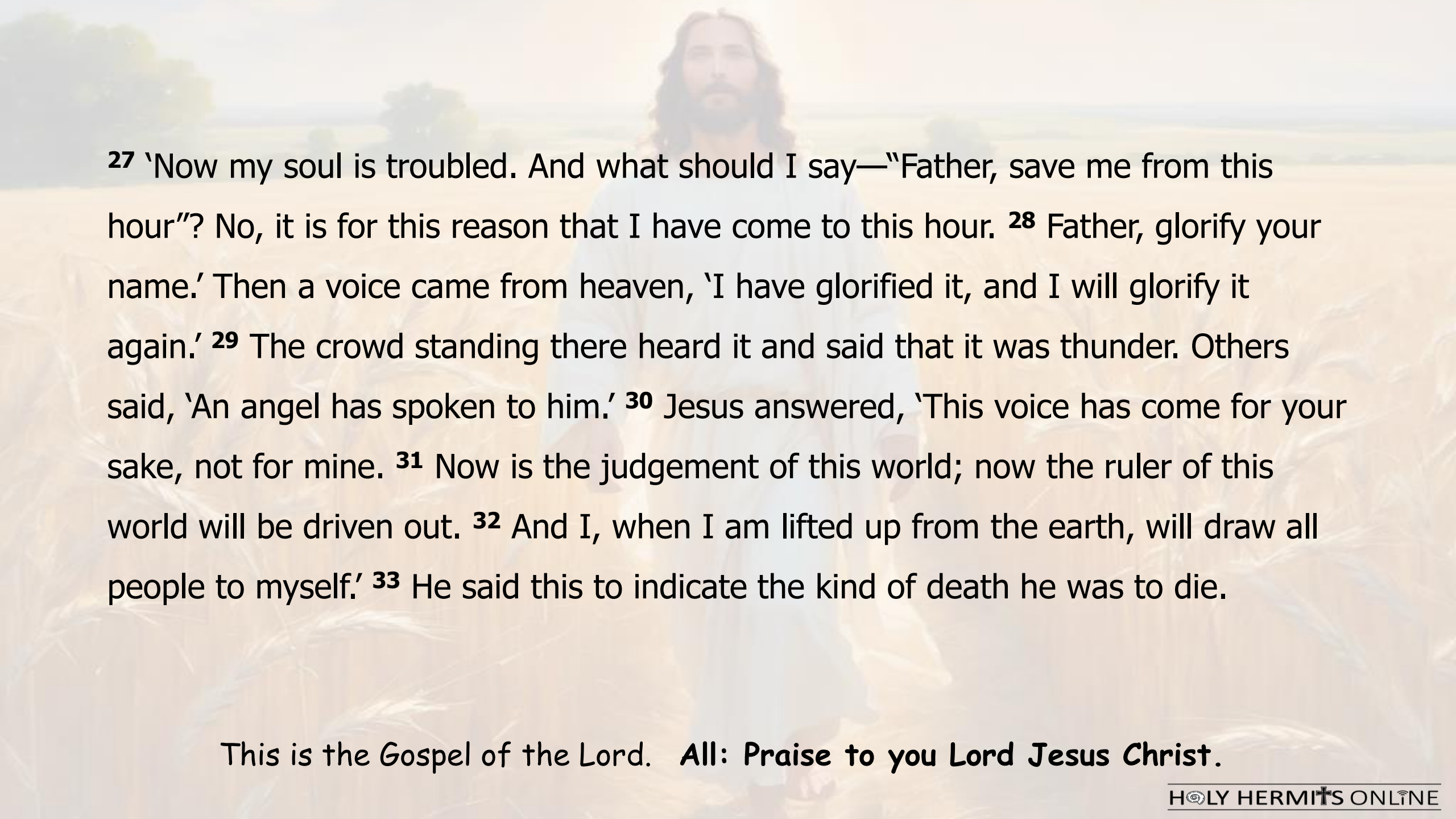


The Gospel of our Lord Jesus Christ according to **St John Chapter 12** beginning at the 20<sup>th</sup> Verse  
*All: Glory to you Lord Jesus Christ.*

**20** Now among those who went up to worship at the festival were some Greeks. **21** They came to Philip, who was from Bethsaida in Galilee, and said to him, 'Sir, we wish to see Jesus.' **22** Philip went and told Andrew; then Andrew and Philip went and told Jesus. **23** Jesus answered them, 'The hour has come for the Son of Man to be glorified. **24** Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. **25** Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. **26** Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

Continues...

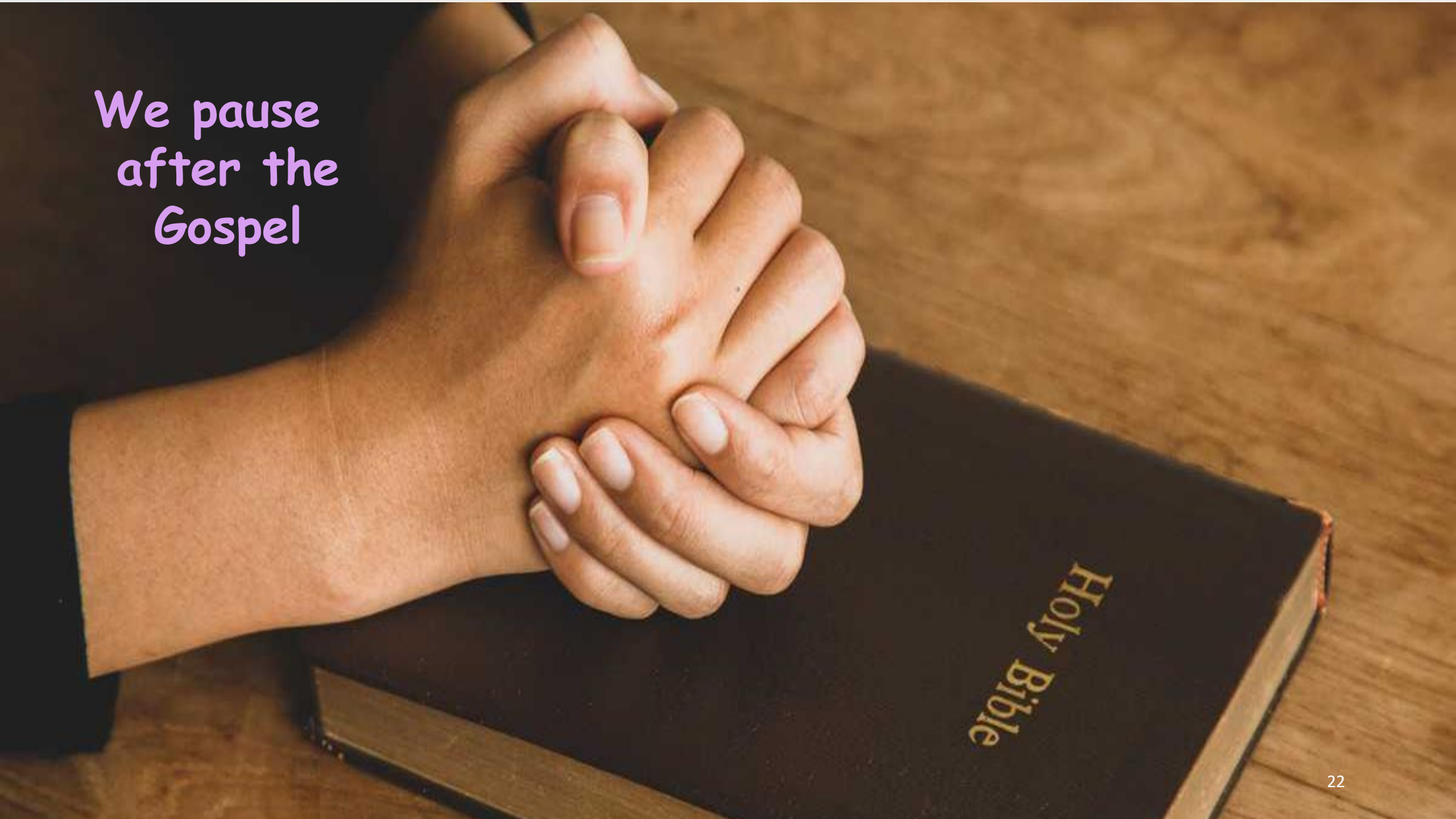




<sup>27</sup> 'Now my soul is troubled. And what should I say—"Father, save me from this hour"? No, it is for this reason that I have come to this hour. <sup>28</sup> Father, glorify your name.' Then a voice came from heaven, 'I have glorified it, and I will glorify it again.' <sup>29</sup> The crowd standing there heard it and said that it was thunder. Others said, 'An angel has spoken to him.' <sup>30</sup> Jesus answered, 'This voice has come for your sake, not for mine. <sup>31</sup> Now is the judgement of this world; now the ruler of this world will be driven out. <sup>32</sup> And I, when I am lifted up from the earth, will draw all people to myself.' <sup>33</sup> He said this to indicate the kind of death he was to die.

This is the *Gospel of the Lord*. **All: Praise to you Lord Jesus Christ.**

We pause  
after the  
Gospel





*The Leader and Cantor mute*

*Flashback Sermon*  
True Welcome in our  
Hearts



Leader unmutes to announce

Our next Hymn  
Father, We Love You  
(Glorify Your Name)

[https://www.youtube.com/watch?v=LPVN3NjbJ\\_U](https://www.youtube.com/watch?v=LPVN3NjbJ_U)

We will stay on mute to sing together  
or allow the music to nourish us.

Leader mutes



*The Leader and Cantor unmute*

## *The Greeting of Peace*

**We are the body of Christ**  
**All: God's Spirit is with us**

**The peace of the Lord be always with you.**  
**All: And also with you.**

*Leader: A sign of peace may now be exchanged*

*You might like to type "Peace" into the chat,  
use the 'raise hand' or other reaction buttons,  
or just simply wave via screen with your video turned on*

*(Broadcaster exits shared screen for a few moments for the exchange of peace)*

# Prayer of Thanksgiving before Intercessions

**Leader:** *As we now enter prayer, I invite the 2nd reader to unmute, to lead our intercessions. Please feel free to change your body position if you need to, as we offer this Thanksgiving prayer.*

We sing praises to God:

For the richness and variety of life...

For the diversity of creation, earth, sea and sky...

For a multitude of animals, birds and fish in the seas...

For water to drink and quench our thirst...

For crops to grow and food to eat...

For ancestors, family, friends and neighbours, near and far...

For hands that have guided us and pointed the way for us...

For promises given and kept and beyond measure...

For the suffering and passion of Jesus for our sakes...

For the love of God within our hearts...

**Amen.**

# Intercessions

**Reader 2:** We pray for creation and the communities we share our lives with.

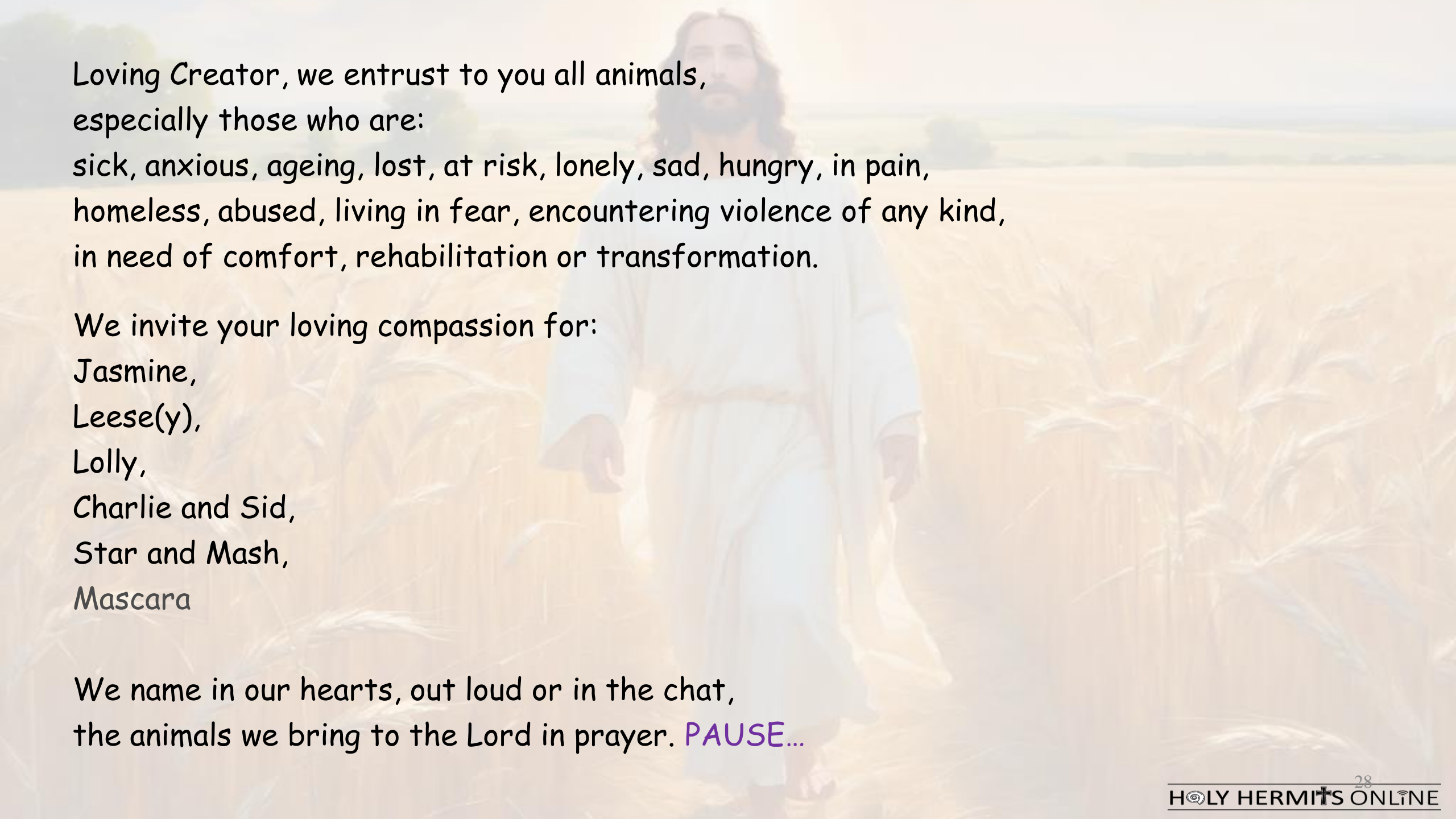
We pause for a few moments to name either in our hearts, or out loud, or in the chat, those environments and communities we bring to the Lord in prayer.

**PAUSE...**

We entrust to you the community of Holy Hermits Online and our ministry partners:

- St John's Cathedral Brisbane
- The Anglican Diocese of Southern Queensland
- St Gabriel's Carindale
- The Episcopal Diocese of Texas
- Anglican focus
- Tithe.ly

Prosper the work of our hands and show us the way to your new creation.  
**Creator God, Hear our prayer.**



Loving Creator, we entrust to you all animals,  
especially those who are:  
sick, anxious, ageing, lost, at risk, lonely, sad, hungry, in pain,  
homeless, abused, living in fear, encountering violence of any kind,  
in need of comfort, rehabilitation or transformation.

We invite your loving compassion for:

Jasmine,  
Leese(y),  
Lolly,  
Charlie and Sid,  
Star and Mash,  
Mascara

We name in our hearts, out loud or in the chat,  
the animals we bring to the Lord in prayer. **PAUSE...**



Eternal Trinity of Love, we uphold to you the people we love and carry cares for:

Kerry and Les, Jake,

Dr Julie,

Julie and Ray, Tracey, Shane,

Alecia, Martin and Aidan,

Judy and Mary

George, Wendy, Kristine and Claire

Aaron and Andrea

Neva

Rev'd Gemma preparing for her exam.

Barry

Dilys and Tony,

Paul and Darhon,

Jess and Leah

Shirley

Mark, Desley and Bob

Travis

Gavin

We name in our hearts, out loud

or in the chat, those we bring to the Lord in prayer. **PAUSE...**

We entrust to you those who have died, those who have died peacefully and those who have died tragically, the old and the young. Receive them into your kingdom.

**Amen.**

# *Pray Daily Cycle of Prayer*

**Leader:** 'Loving God, joining with the Church in our cycle of prayer, we ask your blessings on:

- The Church in Wales
- The Diocese of the Northern Territory: †Greg; Clergy and People
- The Parish of Inala: Jonathan, Bev, Bob, Lindsay, Alex
- Congregations in communion with the Anglican Church
- The Southport School, Southport: Headmaster - Andrew; Chaplain - John; Chair of School Council - Adam; members of School Council; staff & students

*Leader: Let us join together in the prayer which Jesus gave us saying:*

All: Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

A full-page background image of Jesus walking through a field of golden wheat. He is wearing a white robe and has a beard and long hair. The sun is shining brightly behind him, creating a hazy, golden light across the entire scene. The wheat stalks are in the foreground, and the field extends to a distant horizon with some trees and hills under a bright sky.

# *Devotions*



Leader:

As we enter a few minutes of silence together, you are invited to scan the QR code to visit the commitment prayers for the week. This week we pray for our Companion Animals

We will be still together for a few moments before Spiritual communion on the next slide.

Leader and Cantor Mute.



Oh, my Lord Jesus I turn to  
you present at the Altar and in  
the Tabernacle. I believe that  
you are present in the Holy  
Sacrament of your most Sacred  
Body and Blood.

I love you above all things and I  
desire to receive you into my  
Soul. I cannot at this moment  
receive you Sacramentally in  
Holy Communion.

Come spiritually into my heart.  
Purify it, Sanctify it. Render my  
heart like your own heart.

I embrace you as if you were  
already there and unite myself  
wholly with you.

Never permit me to be  
separated from you.

Lord, I am not worthy to  
receive you, but only say the  
word and I shall be healed.

Amen

## Making a Spiritual Communion

(Prayed in silence)





Leader unmutes to announce

## Our final Song

# Unless a Grain of Wheat

<https://www.youtube.com/watch?v=aX3BDR1FU5c>

We will stay on mute to sing  
together  
or allow the music to nourish us.

Leader mutes



Leader and cantor unmute

## *Sending Prayer*

Leader: We pray our sending prayer together,

**All: Thank you, God, for each and every one of your amazing people, every one of them unique. We go out joyful, knowing that your love is always there for us and reaches to every place and part of the whole world, and all the millions and billions of people, in every generation. May that inspire and encourage us to be loving to all whom we meet in our day-to-day living.**

**Amen.**





## *The Priest offers the Blessing*

Grant, merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins and serve you with a quiet mind; through Christ our Lord. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**Amen.**

## Notices

- Today our EDOT Partnership Open Space 11am - to come together with questions and ideas for Phase 2 of our Texas partnership
- Wednesday 6.00 - 7.30pm Being Together, A Lent Study
- Please visit [HHO events page](#) for dates and times of Easter Services
- Sing birthdays today! Clap anniversaries

*Offerings welcome at [holyhermits.com.au/give](https://holyhermits.com.au/give) or via the HHO App.  
Thank you for your regular gifts to this ministry.*

**Serving next week: 24<sup>th</sup> March 2024**

Service Prep: Kristine

Music: Wiggles

Proof-reader: Viki

Broadcaster: Paul

Tech Support: Barry

Welcomer: Chris

Leader: Jeremy

Cantor: Dr Julie

First Reader: Rose

Second Reader: Vanessa

Preacher: Jamee


Fellowship: Julie

A faint, artistic background image of Jesus with long brown hair and a beard, wearing a white robe with a brown sash, standing in a golden wheat field under a bright, hazy sky. The image is semi-transparent, allowing the text to be overlaid clearly.

*Leader: I invite everyone to unmute for the Dismissal*

**Leader:** Go in peace to love and serve the Lord.

**All: In the name of Christ,  
Amen.**



Fellowship time  
Thank you to Leonie for  
leading Fellowship. Please feel  
welcome to linger or pop a  
message in the Chat and head  
off when you are ready.

Extra seasonal resources developed by Roots on the Web  
Background image created by AI using Padlet