

# Central Young Adults Missions Trip 2024

**Departure:** Sunday afternoon, **July 7th**, 4pm ferry

**Return:** Friday afternoon, **July 12th**, 4pm ferry



An amazing week of serving, fun and personal growth  
with a Global Impact at Fraser Valley Gleaners.  
(85 Winson Rd., Abbotsford, B.C.)



## What is this all about?

The Fraser Valley Gleaners located in Abbotsford, BC is a Christian non-profit organization that produces dried soup mix that is used around the world in the worst global hotspots of famine, war, earthquake, flooding etc.



The group who founded this were appalled at the perfectly good produce that farmers and hothouse growers were throwing out b/c of slight flaws that caused it to not be “market grade”. We as consumers are pretty picky! If a red pepper has a green stripe or is irregular in its shape we won’t buy that one - we will choose the one that looks perfect. The founding group was distressed to see this perfectly wonderful produce being trucked to landfills and composted; especially in a world where people go to bed hungry. 😞

The whole organization runs on volunteer labour other than the couple who are the plant managers and 1 other paid employee.

So they prayed, fundraised and built a warehouse with commercial grade food dryers. Truckers volunteer their time to pick up huge totes full of vegetables and bring it to the FV Gleaners facility. The farmers and hothouse owners absolutely love it b/c it has eliminated the cost of trucking it to the landfill and they can feel great that it is going to a wonderful cause instead of being wasted.



**Each bag of dried soup mix can make 100 soup servings!**



Organisations like Compassion Canada, Food for the Hungry, World Vision etc. will come and take an entire shipping container full of boxes of dried soup mix bags and pay for it to be shipped to troubled areas around the world where people are starving. 😊

## **Why would the Young Adults from Central go do this for a week?**

We will be doing something practical and amazing for people around the world in terrible situations but instead of spending thousands to hop on planes and travel to these countries we can have a global impact by simply hopping on a ferry and going to Abbotsford for a week.

We work every morning from 8:00am–12 noon. A lot of the work is done either with 1 other person where you share a chopping surface or with small groups of volunteers doing various jobs like carrying full buckets to the chipping machine, filling trays or scraping the dried veggies off the trays from the day before. So you work but it is very social — very much a friendship building and deepening time as you work together. Coffee break at 10:30 further encourages friendship building.

We will eat lunch and dinner together everyday and have some coffee pods and a bowl of fruit for self serve breakfast. Everyone will sign up to help with 1 lunch and 1 dinner. You will never eat better or cheaper on a trip in your life!!



Every afternoon will be some fun options. You can stay on site read your favourite summer novel and just chill or you can take advantage of some of the great options in the area. Cultus Lake Waterslides for an entire afternoon is a great option, Birchwood Dairy that grows its own blueberries and milks its own herd of cows makes the best blueberry ice cream you've ever had in your life! Castle Fun Park just a few km's away has mini-golf, go karts, arcade games, a driving range etc. We will have an activity planned every afternoon.



This will be a week of learning and growing as we both put our faith in action but also enjoy devotions around the campfire each evening, (O.K. maybe a propane fire ring b/c of the fire ban in July). Praying together along with a little worship will round out the deep impact this week potentially will be on each of us.

## **Trip Summary (M-F in a nutshell)**

Work starts at 8am on Monday July 8th - we will need to go over Sunday afternoon July 7th, drive out to the FV Gleaners Facility in Abbotsford and set up our accommodations for the week and get settled and share dinner that night. We will be done on Friday, July 12th at noon, so we will provide a brown bag lunch, sweep and mop hallways and kitchen, give the shower areas and toilets a quick clean, and pack up all our gear. Friday afternoon you will be back on a ferry headed home.

## A Typical Day

**Wakeup** (showers available if you want)

**Keurig and Fruit Bowl** (if you want to grab something for a light breakfast)

**8:00 am–10:30 am Work shift** until coffee break (volunteers from the Gleaners provide the coffee break)

**10:30 am– 10:50am coffee break**

**10:50 am–12 noon Work shift**

\*\*Crew of 2 or 3 helping put lunch out finishes at 11:45 and starts prepping

**12:30 pm Lunch** — eating can be outside on picnic benches if weather is nice or inside if not

**1:15 pm Afternoon Fun Activity Option** (Or stay and take a nap/ read a book etc.)

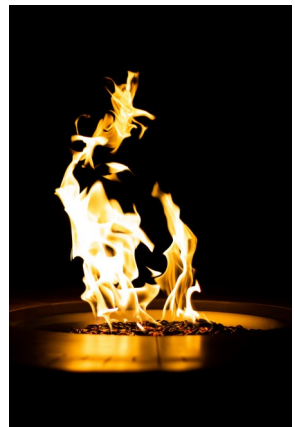
\*\*Crew of 3 or 4 helping prepare dinner starts prepping at 5:15/ 5:30 depending on the menu

**6:00 pm Dinner**

**7:00 pm Relax or Fun Summer Games** (bean bag toss/ bocci ball/ ladder toss etc.)

**8:00 pm Fireside Devotional/ Worship/ Prayer**

**9:30 pm** that's up to you





## Meal Teams (5 lunches & 5 Dinners)

- 3 people to help /lunch
- 4 people to help /dinner

You will be on the schedule to help with one lunch and one dinner. By all serving we share the load and it ends up being pretty easy! Working together in this aspect is just one more way to really get to know people better and have a fun shared experience.

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## Cost Breakdown

### Total: \$190 per person

- \$60 payable to Central Baptist Church
- \$130 to pay out for fun activities as we go through the week

### Transportation \$60 per person

Share of:

- Ferry vehicle cost
- Ferry passenger cost
- Ferry reservation cost
- Fuel and vehicle wear & tear



### Fun Options (afternoons) \$130 per person

- Castle Fun Park “Underwater Adventure Mini-Golf” \$18/pp
- Castle Fun Park Go-Karts \$12/pp
- Castle Fun Park Bowling \$6/pp
- Cultus Lake Waterslides Twilight Ticket (2–5pm)
- A Rocha Tour—Christian Environmental Organization in Surrey with a phenomenal 18 acre site featuring river restoration project/ tree seedling nursery/ large gardens and pizza oven to work with local elementary schools/ mobile chicken coops and tiny herd of beef cattle. \$10/pp
- Birchwood Dairy Ice Cream (their own cows producing the cream and milk plus their own fields producing the blueberries = best blueberry ice cream you've ever had).
- Zip over the border and hit some shopping! (Don't forget your passport)



## Accommodation

- Tent on site is free
- Tent trail or RV is free to park in gravel area and hookup to power and water
- Stay with someone you know in the Abbotsford area
- Get a hotel and share the cost with some friends (up to you to organize and pay)

**You will never go on a missions trip as cheaply in your life!!!**

### **My Cost:**

(Use this space to calculate your cost based on your accommodations and activity choices)

## Interested? Here are the next steps.

### To Sign Up

- Email [darin@centralbaptistchurch.ca](mailto:darin@centralbaptistchurch.ca) or call (250) 385-7786
- Deadline — June 15 (registered and paid)



### Things To Know

The maximum number of volunteers from our group that FV Gleaners will allow on the warehouse floor is 20. That has 2 implications:

1. Sign up early so you reserve a spot
2. If you can't attend the whole week, (M–F), then tell us what specific days you can participate. This might allow someone else to fill your empty days

### Are you willing to drive?

If you are willing to drive and take passengers in your vehicle, please let us know that when you register, indicating how many passengers you can take.

### When you register, please tell us:



If you are gluten free . . .



If you have a food allergy . . .



If you have a medical condition we should know about . . .