



THE *Shiloh Spirit*



THE MAP **BY: ANONYMOUS**

A father wanted to read a magazine but was being bothered by his little girl, Shelby. She wanted to know what the United States looked like.

Finally, he tore a sheet out of his new magazine on which was printed the map of the United States. Tearing it into small pieces, he gave it to Shelby, and said, "Go into the other room and see if you can put this together. This will show you our country today. After a few minutes, Shelby returned and handed him the map correctly fitted together. The father was surprised and asked how she had finished so quickly. "Oh," she said, "on the other side of the paper is a picture of Jesus. When I got all of Jesus back where He belonged, then our country just came together."


Birthdays

1 - Jackie Hull
15 - Anthony Poff
21 - Elena Pacheco

December Stats

12/3	12/10
Attendance: 28	Attendance: 18
Offering: \$1,373.00	Offering: \$834.00
12/17	12/24
Attendance: 17	Attendance: 35
Offering: \$2,295.00	Offering: \$1,924.00

LET'S CONNECT

 joinshiloh.church

 facebook.com/joinshiloh

Sunday Service: 11am
Wednesday Night: 6pm

Can't make it? You can watch LIVE during service and videos will always remain available on our Facebook page -- Shiloh Baptist Church.

Support Local

If you have a need or you have something to sell (items, services, etc), contact Savanna at 810-391-1365. Often, we have things we need or things we no longer need and would rather give them away or sell them than throw them out. *One man's junk is another man's treasure.*

Priority One Electric
810-358-7663

Church's Insulation
248-634-7896

Joke of the Month

What is a mathematicians favorite book of the Bible?

NUMBERS!

TIPS TO **STAY HEALTHY** DURING THE SICK SEASON



Did you know taking care of our physical health is our responsibilities as Christians? We see it throughout the Bible, including Paul's letters in 1 Corinthians 6:19-20. He says God created us and gave us our bodies; we honor Him by taking care of them.

Our goal as Christians is to be like Christ. We see His examples in Mark 1:35. "While it was still dark, Jesus got up." Yes, this was to make time for prayer, but we also see that scheduling the day and being intentional with sleep is important. **Our relationship with God is the foundation of our health.**

We know the importance of our relationship with God in our spiritual and mental wellbeing, but what about physical wellbeing? Are you taking care of your physical health the way God instructed?

How can we serve God and fulfill His purpose for us if we are sick? How can we serve others when we are the ones who are sick?

The definition of health is physical, mental and emotional (or spiritual) wellbeing. It is well known that we achieve health by getting proper sleep, eating for purpose, staying active and working hard, and not doing things that are damaging to our bodies. We are meant to stay healthy; to stay healthy, we must do these things. Think about these things as we start the new year. What changes can you make to improve your physical health?

You have a purpose. God isn't done with you yet. He has a will for your life. You must take care of your health and make changes to take care of your physical wellbeing.

- Melissa Church

"You are more loved than you will ever know"

ROMANS 5:8