

Welcome to  
**St. Luke Cedar Hill**

First Sunday in Lent

February 18, 2024 - 10:00 am  
Holy Eucharist



3821 Cedar Hill Cross Rd., Victoria, BC V8P 2M6

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*We acknowledge that we gather with respect on the traditional  
territories of the ləkʷəŋən peoples, known in our day as the Esquimalt  
and Songhees Nations, the traditional custodians of these lands.  
We are grateful for their hospitality.*

Prelude (*please be seated*)

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Welcome and Introduction (*The Rev. Daniel Fournier*)

*Please stand as you are able.*

Priest: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**All: And also with you.**

**Opening Hymn: CP 175 Forty Days and Forty Nights**  
(*tune: Heinlein*)

**Invitation to Confession**

Priest: Sisters and Brothers,  
Lent is a time to remember  
that God first reached out to us.  
This was not a meagre, one-time gesture  
like those we often make and withdraw,  
but a profound, lasting and healing covenant.  
During this season, we reflect on and ask forgiveness  
for our own alienating, sinful actions.  
We ponder in deep prayer and silence  
that God has invested everything,  
including a beloved Son, into this relationship.

Jesus, full of the Holy Spirit,  
returned from the Jordan  
and was led by the Spirit into the wilderness,  
where for forty days he was tempted by the devil.  
Let us confess our sins remembering before God  
the times when we have fallen from temptation into sin.

*Silence is kept.*

Priest: Wash me thoroughly from my wickedness  
and cleanse me from my sin:  
Lord, have mercy.

**All: Lord, have mercy.**

Priest: Make me a clean heart, O God,  
and renew a right spirit within me:  
Christ, have mercy.

**All: Christ, have mercy.**

Priest: Cast me not away from your presence  
and take not your holy spirit from me:  
Lord, have mercy.

**All: Lord, have mercy.**

### **Absolution**

Priest: Almighty God, our heavenly Father,  
who in his great mercy  
has promised forgiveness of sins  
to all those who with heartfelt repentance  
and true faith turn to him:  
have mercy on you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and bring you to everlasting life,  
through Jesus Christ our Lord.

**All: Amen.**

### **The Collect of the Day**

Priest: The Lord be with you.

**All: And also with you.**

Priest: Let us pray.

Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,

that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

**All: Amen.**

*Please be seated.*

### **The Liturgy of the Word**

#### **FIRST READING: GENESIS 9: 8-17**

Reader: A Reading from the Book of Genesis.

*At the end of the reading:*

Reader: Word of God, Word of Life.

**All: Thanks be to God.**

#### **PSALM 25: 1-9**

**Response: *The paths of the Lord are love and faithfulness  
to those who keep his covenant.***

To you, O Lord, I lift up my soul;  
my God, I put my trust in you; let me not be humiliated,  
nor let my enemies triumph over me.  
Let none who look to you be put to shame;  
let the treacherous be disappointed in their schemes.

**(Response)**

Show me your ways, O Lord, and teach me your paths.  
Lead me in your truth and teach me,  
for you are the God of my salvation;  
in you have I trusted all the day long. **(Response)**

Remember, O Lord, your compassion and love,  
for they are from everlasting.  
Remember not the sins of my youth and my transgressions;  
remember me according to your love  
and for the sake of your goodness, O Lord. **(Response)**

Gracious and upright is the Lord;  
therefore he teaches sinners in his way.  
He guides the humble in doing right  
and teaches his way to the lowly.  
All the paths of the Lord are love and faithfulness  
to those who keep his covenant and his testimonies.  
**(Response)**

## **SECOND READING: 1 PETER 3: 18-22**

Reader: A Reading from the First Letter of Peter.

*At the end of the reading:*

Reader: Word of God, Word of Life.

**All: Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn: CP 176 By the Holy Spirit Sent**  
*(tune: Lew Trenchard)*

## **THE GOSPEL: MARK 1: 9-15**

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ  
according to Mark.

**All: Glory to you, Lord Jesus Christ.**

*At the end of the gospel:*

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

Homily: The Rev. Daniel Fournier

Anthem: *Bless the Lord My Soul* by A. Lotti

*Please stand as you are able.*

**An Affirmation of Faith:** *(Based on Philippians 2: 6-11)*

Priest: Let us affirm our faith in Jesus Christ the Son of God.

**All:**      **Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

**Prayers of Intercession**

*Sitting, standing or kneeling, as is your custom.*

*In response to the words, "God, in your mercy,"  
the community prays, "**Hear our prayer.**"*

Let us pray with confidence as God's holy people  
for the needs of the Church, all families,  
and for our world...

As we enter this holy season, Creator God,  
we give you thanks  
for your promise of new life that sustains us,  
encouraging us when news is difficult.

God, in your mercy,  
**All:      Hear our prayer.**

We thank you:  
for tiny signs of hope,  
even in a bleak landscape or on challenging day;  
for glimpses of beauty in a smile or a ray of sunshine;  
for the people who support others in times of difficulty;  
for the chance to recover from mistakes,  
to begin again.

God of life, sustain us with your presence  
and give us patience  
and perseverance as we await the future with you.

God, in your mercy,  
**All: Hear our prayer.**

Trusting your promise of new life,  
it is with hope that we pray:  
for anyone we have hurt by harsh words  
or careless deeds.

God, in your mercy,  
**All: Hear our prayer.**

For those known to us  
who are carrying heavy burdens.

God, in your mercy,  
**All: Hear our prayer.**

For those we work with, volunteer with, play with.

God, in your mercy,  
**All: Hear our prayer.**

For all who are seeking employment  
or worry about their businesses.

God, in your mercy,  
**All: Hear our prayer.**

For troubled places in our world  
and those who work for reconciliation  
and understanding.

God, in your mercy,

**All: Hear our prayer.**

For churches seeking new ways to minister  
in changing times.

God, in your mercy,

**All: Hear our prayer.**

For all those on our hearts this day. *[Silence]*

God, in your mercy,

**All: Hear our prayer.**

Renew our hope for the future you will bring us  
and our desire to live out  
the courage and compassion of Christ Jesus  
as we pray in his name.

**All: Amen.**

**The Peace** *(Please stand as you are able.)*

Priest: The peace of the Lord be always with you.

**All: And also with you.**

### **The Liturgy of the Eucharist**

#### **Offertory Hymn: CP 180 Giver of the Perfect Gift**

*(tune: Song 13)*

### **The Preparation of the Table**

#### **Prayer over the Gifts**

Priest: God our Father,  
the bread and wine we bring before you  
come from your hands  
and you will give them once more to us  
as bread and drink of eternal life.



Take us too, accept us the way we are,  
but let us not go away from this meal  
before you have changed us more  
into the likeness of Jesus, your Son.  
We ask this in the name of Jesus the Lord.

**All: Amen.**

## **Eucharistic Prayer**

*[Source: Prayer is modeled on one found in the Apostolic Tradition of Hippolytus (early third century) Published in A New Zealand Prayer Book, 1989 Anglican Church in Aotearoa, New Zealand and Polynesia]*

Priest: The Lord be with you.

**All: And also with you.**

Priest: Lift up your hearts.

**All: We lift them to the Lord.**

Priest: Let us give thanks to the Lord our God.

**All: It is right to give our thanks and praise.**

Priest: We give you thanks, O God,  
through your beloved servant Jesus Christ,  
through whom you have created all things.

By the power of the Holy Spirit  
Christ was born of Mary,  
and shared our human nature.  
With loving arms outstretched upon the cross for us,  
Jesus broke the chains of evil and destruction.  
By the resurrection your will was fulfilled  
and you gathered a holy people to offer you praise.  
Now with all creation we raise our voices  
to proclaim your glory, as we sing:

*(From Common Praise # 735):*

**All: Holy, holy, holy Lord,  
God of power and might.  
Holy, holy, holy Lord,  
God of power and might,**

**heaven and earth are full,  
full of your glory.  
Hosanna in the highest,  
hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest,  
hosanna in the highest.**

*Congregation may sit or kneel at this time.*

Priest: To you indeed be glory, almighty God,  
because on the night before he died,  
your Son, Jesus Christ, took bread;  
when he had given you thanks,  
he broke it, gave it to his disciples, and said:  
Take, eat, this is my body  
which is given for you;  
do this to remember me.

After supper he took the cup;  
when he had given you thanks,  
he gave it to them and said:  
This cup is the new covenant in my blood  
poured out for you;  
do this as often as you drink it  
to remember me.

God of hope and joy,  
we thank you for counting us worthy  
to stand in your presence and serve you.  
With this bread and this cup  
we proclaim the mystery of our faith:

**All: Christ has died,  
Christ is risen,  
Christ will come in glory.**

Therefore, loving God,  
recalling now Christ's death and resurrection,  
we ask you to accept  
this our sacrifice of praise.

Send your Holy Spirit upon us and our celebration,  
that we may be fed  
with the body and blood of your Son  
and be filled with your life and goodness.  
Strengthen us to do your work,  
and to be your body in the world.  
Unite us in Christ  
and give us your peace.  
May we praise you and give you glory  
through your First-born, Jesus Christ.

Through Christ, with Christ, and in Christ,  
with the Holy Spirit,  
in your holy Church,  
we worship you, O God,  
in songs of everlasting praise.

**All:**     **Amen.** *(Sung 5 times - From Common Praise # 737)*

**The Lord's Prayer** *(Please stand as you are able.)*

Priest: In the words that our Saviour taught us, we pray:

**All:**     **Our Father in heaven,**  
          **hallowed be your name,**  
          **your kingdom come,**  
          **your will be done,**  
          **on earth as in heaven.**  
          **Give us today our daily bread.**  
          **Forgive us our sins**  
          **as we forgive those who sin against us.**  
          **Save us from the time of trial,**  
          **and deliver us from evil.**  
          **For the kingdom, the power,**  
          **and the glory are yours,**  
          **now and for ever. Amen.**

**Breaking of the Bread** (*From Common Praise # 747*)

**All:**     **Jesus, Lamb of God, have mercy on us.**  
          **Jesus, bearer of our sins, have mercy on us.**  
          **Jesus, redeemer, redeemer of the world,**  
          **give us your peace, give us your peace.**

**The Giving of Communion**

Priest: The table of bread and wine is now ready.  
It is the table of company with Jesus,  
and all who love him.  
It is the table of sharing with the poor of the world,  
with whom Jesus identified himself.  
It is the table of communion with the earth,  
in which Christ became incarnate.  
So come to this table,  
you who have much faith  
and you who would like to have more;  
you who have been here often  
and you who have not been for a while;  
you who have tried to follow Jesus,  
and you who have failed;  
Come.  
It is Christ who invites us to meet him here.

God's holy gifts for God's holy people.

**All:**     **Thanks be to God.**

*Please follow the directions of the sidespeople as the congregation is invited to come forward to receive the bread and wine.*

*If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.*

**NOTE:** *Gluten free wafers are available on request.*

*Please remain seated as we sing the hymns during communion.*

**Hymns during Communion:**

**CP 76 Thee We Adore, O Hidden Saviour, Thee**  
*(tune: Adoro Te)*

**CP 360 Bless the Lord, My Soul**  
*(tune: Bless the Lord)*

**Prayer after Communion** *(Please stand as you are able.)*

Priest: Loving and patient God,  
we thank you for Jesus your Son.  
He has spoken to us words of peace,  
of forgiveness and encouragement.  
He has given us himself as our food.  
Let him be our companion on the road  
that we may not stumble and fall,  
but that he may lead us through trials and lapses  
on the ways of conversion to you and to people.  
May we also support one another  
by the power of Jesus Christ our Lord.

**All: Amen.**

Priest: Glory to God

**All: whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God,  
from generation to generation,  
in the Church and in Christ Jesus,  
For ever and ever.  
Amen.**

**Announcements** *(Please be seated.)*

**Benediction** *(Please stand as you are able.)*

Priest: Go now, and live in the spirit of your baptism,  
even when you are led into wild and hard places.  
With repentance and trust, give yourselves to God,  
and with fasting and prayer,  
strengthen yourselves against the ways of the tempter.

And may God enfold you in tender and lasting love.  
May Christ be beside you in times of struggle.  
And may the Spirit guide you back to the path  
whenever you stray, that you may keep the covenant.

**All: Amen.**

**Closing Hymn: CP 484 In Christ There Is No East or West**

*(tune: McKee)*

**Dismissal**

Leader: Go in peace to love and serve the Lord.

**All: Thanks be to God.**

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**Postlude**

*Thank you to all who assisted with today's service.*

**IN THE WORLDWIDE ANGLICAN PRAYER CYCLE, we pray** for The Province of the Episcopal Church of Sudan - The Most Revd Ezekiel Kumir Kondo – Primate. **In the Anglican-Lutheran Cycle of Prayer, we pray for** The Most Rev. David Edwards, Archbishop, and the clergy and people of the Diocese of Fredericton (Anglican); the dean, council, and congregations of the Grand River and Thames Areas of the Eastern Synod (Lutheran); and an end to human trafficking and modern slavery (Anglican and Lutheran). **In our Diocesan Prayer Cycle, we pray for** Anna, our Bishop, and for the Parish of Holy Trinity, Sooke. **We also pray for** Lutheran Church of the Cross and Pastor Lyle and Pastor Lyndon, and for the Diocese of the Yukon and Bishop Lesley Wheeler-Dame.

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**THIS WEEK'S PARISH NEWS**  
**February 18<sup>th</sup> – February 25<sup>th</sup>**  
**(\*\*New Items, \*Revised Items)**

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**Please stay for Coffee Time this Sunday after the 10 am service** – Park on Synod Road for easy access via the side door of the hall.

**\*You are invited to a Family Service This Afternoon, February 18<sup>th</sup>, at 4 pm in the church** – This service is especially for children, but is open to all ages. The theme for these services is "Come and See." Please come and see what this service is all about. The service will include songs, actions, prayers, and a storytime.

**\*\*The Parish Office will be closed tomorrow, Monday, February 19<sup>th</sup> for Family Day.** The office will reopen at 9 am on Tuesday, February 20<sup>th</sup>.

**\*The Men's Fellowship will meet this Wednesday, February 21<sup>st</sup> at 6 pm at the WhiteSpot on Quadra Street. If you plan to attend, please advise Harry Felsing.**

**\*This year's Annual General Meeting (AGM), also known as our Annual Vestry Meeting, will be NEXT SUNDAY, February 25<sup>th</sup>.** This in-person meeting will be held in the hall after the 10 am service. **Please bring a bagged lunch. Tea, coffee, cookies, and sweets will be available.** The meeting will include a review of reports from 2023, voting on the budget for 2024, and the election of Parish Council members, Synod delegates, and the Leadership Team members. **There will not be an 8 am service that morning.**

**2024 Parish Council** – If you would like to be on Parish Council for 2024, or would like to **suggest a name of someone for a position on Council, please talk to Rick Saville or one of the wardens.**

**\*AGM Reports Package** – If you didn't pick up a copy of the AGM Reports Package last week, **copies are available at the back of the church, from the parish office, or online.** Please read the reports before the Vestry meeting, **then bring the reports package with you to the meeting next Sunday.**

**\*2023 Tax Receipts are available in the church today.**

Receipts not collected from the church today will be mailed to your home address. If you would prefer to have your receipt sent by e-mail, please e-mail [givings@stlukecedarhill.ca](mailto:givings@stlukecedarhill.ca). Thank you for your continuing support of our work together as the community of St. Luke Cedar Hill.

**A Note From Genessa Poilievre** – I need your help. I am taking part in 3 big adventures this year which require fundraising to cover the cost. I am going on an 8-day Ukulele trip to the USA, a 3-day band trip to Vancouver, and an 8-day Scouting Adventure at Camp Barnard in Sooke. **I am raising funds to help pay for these adventures by collecting refundable cans and bottles.** If you would like to help, please bring your empty refundable cans and bottles to church on any Sunday or call us to arrange for us to pick them up. If you aren't sure what is refundable, you can check at <https://bottledepot.ca/we-recycle/beverage-containers/> Thank you for your help, Genessa.

**\*\*Our next Fantastic Friday will be Friday, March 1<sup>st</sup> from 4:30 to 6:30 pm in St. Luke's Hall** – Invite your friends, neighbours, children, and grandchildren to join in the fun and find out why these Fridays are fantastic! For more information or to offer to help (always greatly appreciated!), please talk to Tara Poilievre, Barb Prescott, Sharon Hallsor, or Claire White.

**\*\*It's Spring in St. Luke's Cemetery** and by this time of year, the Christmas arrangements still on the graves are looking out of place. **If you placed an arrangement on a family grave before Christmas, could you please recover it before the beginning of March.** The Cemetery Committee will remove any seasonal arrangements remaining on the graves in March.



**\*\*Prescription Deadline – Friday, March 8<sup>th</sup>** is the deadline for submissions for the Easter issue of St. Luke's Prescription. Please send along your articles, photos, poems, and other creative endeavours to Sharon McMillan or Barb Prescott or to **communications@stlukecedarhill.ca**.

**The February Faith Tides** is now available online at the **News page of St. Luke's website**. Print copies are available in the church or from the parish office. Or please call the office (250-477-6741) to ask to have a copy delivered. See more information on the **News page of St. Luke's website**.

**Save the Dates for this Year's Amazing Journey Day Camp – July 22<sup>nd</sup> – 26<sup>th</sup>** in the mornings, 9 am to noon. St. Luke's joins with Church of the Cross and St. George's each summer for a week-long day camp hosted at one of the churches. **This year's camp will be held at Church of the Cross**. If you have children, grandchildren, or friends with children ages 4 through 11, please consider reserving this week for them to participate in the day camp. **Children born January 1, 2013 to June 30, 2020 are eligible to be campers**. We will also be looking for Middle School students to be Leaders in Training and High School students to be Small Group Leaders. Stay tuned for more information on our theme and activities.

# St. Luke's Vision, Mission, and Actions



## St. Luke's Vision

St. Luke's is a beacon in the community, illuminating many ways to encounter God.

## St. Luke's Mission

We are supportive people of faith who welcome all with compassion and embrace a culture of community, with outreach as our cornerstone.



## St. Luke's Actions: To achieve our Mission, we

- Engage in a vibrant practice of praise but also seeks God's peace through prayer and contemplation
- Respect and appreciate the heritage of the first peoples on whose lands we gather and worship
- Nurture a sense of community and promote a culture of inclusion and belonging
- Honour the history of our sacred spaces
- Pursue social and spiritual understanding
- Embrace the values of kindness, openness and hospitality
- Offer compassionate pastoral care
- Base outreach on an attitude of caring and acceptance



## St. Luke's Mandate

To be a Christian community that seeks to serve by discerning new initiatives that present opportunities to support the community and to **BE AS ONE** as we express our faith through our actions\*

- **Build** on partnerships with other churches, non-profits, and community groups
- **Ensure** that existing community programs are monitored, reviewed, and sustained, as appropriate
- **Actively pursue** ways and means to improve the fiscal health of St. Luke's church
- **Share** the inspirational beauty of the church building by opening it to the community
- **Optimise** the use of our physical plant to become a centre for the community (a Community Hub)
- **Nurture** diversity within the parish to reflect that of the broader community
- **Embrace** change as a path to the community connection that will enable us to grow our ministry and develop our faith

**\*BE AS ONE - Philippians 2:1-3, New Life Version:** Are you strong because you belong to Christ? Does His love comfort you? **Do you have joy by being as one in sharing the Holy Spirit?** Do you have loving-kindness and pity for each other? Then give me true joy by thinking the same thoughts. Keep having the same love. **Be as one in thoughts and actions.** Nothing should be done because of pride or thinking about yourself. **Think of other people as more important than yourself.**



## Welcome To St. Luke Cedar Hill



Thank you for visiting today.  
For more information about St. Luke's,  
visit St. Luke's website:  
<https://www.stlukesvictoria.ca>,  
send an e-mail: [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca),  
or phone: 250-477-6741.

We hope you will visit again!

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**Rector:** **The Reverend Daniel Fournier**

**E-mail:** [incumbent@stlukecedarhill.ca](mailto:incumbent@stlukecedarhill.ca)

***For Pastoral Care Needs, please contact the office***

**Office Phone:** 250-477-6741

**Office E-mail:** [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca)

**Parish Administrator:** Neil Patterson

**Rector's Warden:** Heather Simpson

**E-mail:** [hsimpson@stlukecedarhill.ca](mailto:hsimpson@stlukecedarhill.ca)

**People's Warden:** Brenda Morgan

**E-mail:** [bmorgan@stlukecedarhill.ca](mailto:bmorgan@stlukecedarhill.ca)

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### READINGS FOR NEXT SUNDAY February 25<sup>th</sup>, 2024

Genesis 17: 1-7, 15-16

Psalm 22: 22-30

Romans 4: 13-25

Mark 8: 31-38

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### FLOWERS

Today's flowers are given to the glory of God.

*Flowers at St. Luke's are coordinated by Ann Séguin.*