

St. Mary's Kerrisdale Elders Group presents

Are You Ready for Tomorrows Decisions?

ADVANCED CARE PLANNING WORKSHOPS (ZOOM)

Session 1: Saturday March 19, 2022

(9:30am to 12:30pm)

This session is designed to:

- provide an opportunity for participants to learn about advanced care planning (ACP), so that they are aware of their options
- increase the comfort of participants to discuss ACP with family and their healthcare providers
- increase awareness of available resources to support participants in their ACP
- How to create an information binder and emergency notices

Session 2: Saturday, April 2, 2022

(9:30am to 12:30pm)

The second session will feature a guest speaker from Seniors First BC and will cover:

- Representation Agreements
- Power of Attorney
- Wills
- Supports available from Seniors First BC

Please note that while the two sessions are linked you may come to both or just one of them as they are designed to be stand-alone. Materials will be made available to participants after each session.



Using materials and a facilitator trained by the BC Centre for Palliative Care, this is a two-session workshop about the Advance Care Planning (ACP) process of "Think, Talk, Plan" that prepares participants and their families to make decisions about their future health care and personal care.



REGISTER ONLINE

March 19 <https://bit.ly/3K15CVd>

April 2 <https://bit.ly/35lw909>



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KERRISDALE