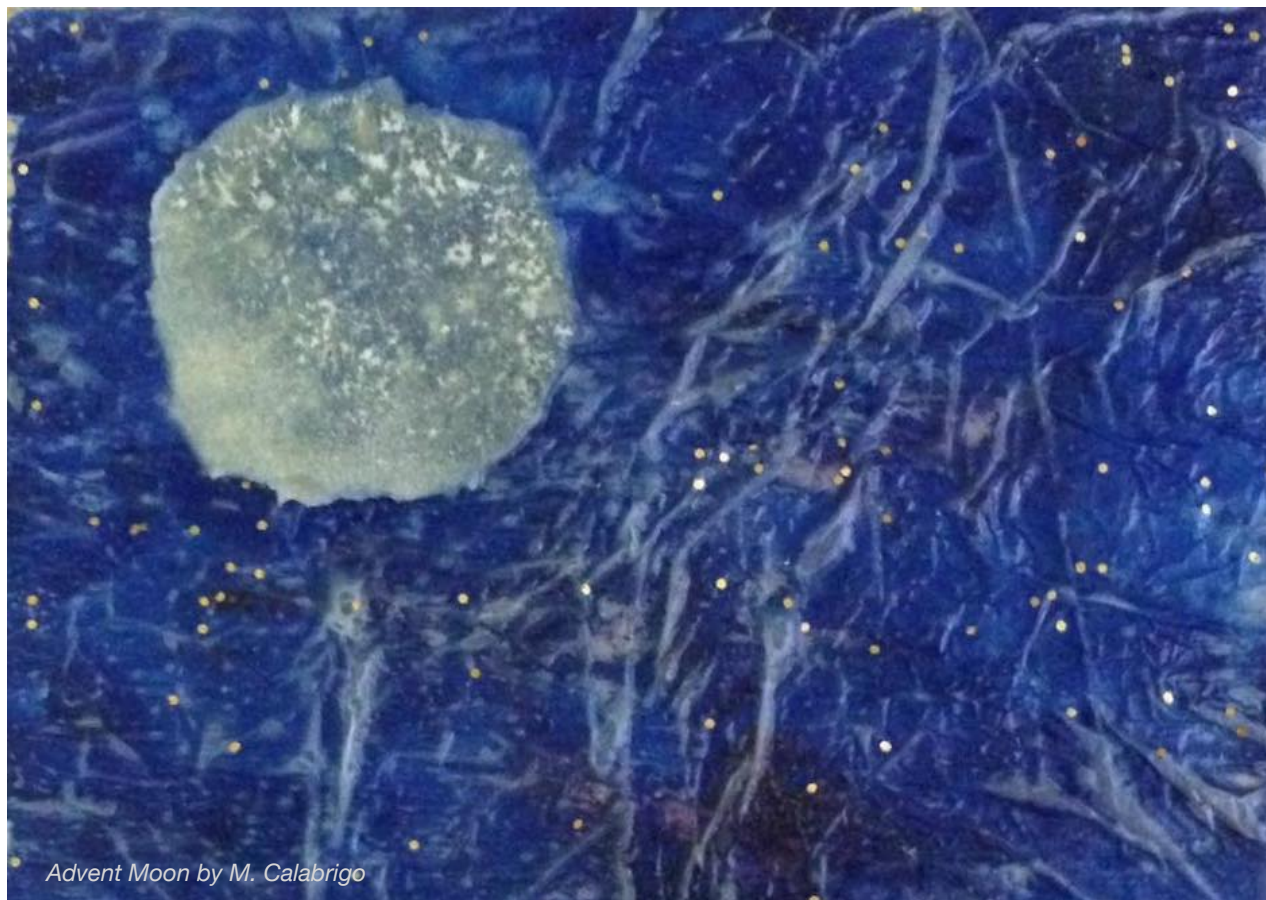


# ST. HILDEGARD'S SANCTUARY



*Advent Moon by M. Calabrigo*

## Advent Quiet Day

Take time for silence and reflection in this season of expectation.

The day will include prayer, poetry, and a variety of creative contemplative practices.

This year's featured practice will be Creative Journalling.

Facilitated by the Rev'd Melanie Calabrigo and community artist Helen Kwok.

**Saturday, December 7 ~ 10:00am – 3:00pm**

St. Faith's Anglican Church ~ 7284 Cypress St. (at W. 57th Ave.)

Tea & treats provided. Bring a bag lunch.

\$30 suggested contribution to cover cost of supplies.

Tickets via EVENTBRITE.

For more information email [sthildegards@icloud.com](mailto:sthildegards@icloud.com).

St. Hildegard's Sanctuary is an inclusive, arts-based, contemplative Christian community that gathers on the unceded territory of the Coast Salish peoples.