Do you have a Cell phone? I have a Cellphone here. It seems like a lot of people have these. As you probably know, it has a built-in battery, and it has to be recharged. You can't do much with it if the battery runs out. What do you have that needs to be recharged? Pause for answers.

People need to recharge their batteries, too. We work and play hard, and if we don't get enough rest, pretty soon we just don't have enough energy to do the things we need to do.

Even Jesus had to recharge. Today we'll learn how He did that.

Jesus traveled all around Galilee preaching, driving out demons, and healing people. One day, Jesus and some of His disciples went to the home of Simon and Andrew. Simon's mother-in-law was there in bed with a fever. Jesus took her by the hand and helped her up. All at once, the fever left her and she began to prepare a meal for everyone.

That evening many people came to Jesus to be healed of all sorts of diseases. The whole town gathered at the door to watch. That must've been a long day.

Jesus got up before sunrise the next morning and found a quiet place to pray and recharge His spirit. When Simon and the others woke up, they found Him and said, "Everyone is looking for You."

Jesus had recharged His batteries and was ready to go. He said to them, "Let's go to other towns and villages so that I can preach to them, too. That's what I came to do." So they traveled throughout the region of Galilee, and Jesus preached in the synagogues and healed people and cast out demons. Comment on where kids are showing Jesus' battery to be.

If Jesus thought it was important for Him to recharge His spiritual battery, it's important for us to do that, too. That's why we should spend time in prayer every day and come to church each week. Invite kids to show where they feel their spiritual battery is right now, and invite them to briefly tell a person beside them why their battery is where it is.

God, help us to remember that just as our bodies must be renewed by proper rest, our spirit must be renewed by spending time with You in prayer, Bible study, and worship. In Jesus' name, amen.

PRAYER BOX:

Give children a small box to cover with construction or wrapping paper. Cut a small slit in the top for children to put colored recipe cards with PRAYER REQUESTS and ways to WORSHIP and BIBLE VERSES for Bible Study, into the box. Children can decorate the outside of the box's paper with stickers and PRAY EVERY DAY!

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Jesus Ministers in Galilee

So he traveled throughout Galilee, preaching in their synagogues and driving out demons. Mark 1:39

Choose the word that best matches the definition.
Answers can be found in Mark 1:29-39

___1. A place of meeting for worship in the Jewish faith
A. town B. village C. home D. synagogue

___2. The time of day when the sun disappears below the horizon
A. morning B. sunset C. dawn D. sunrise

___3. To cure from sickness or disease
A. sick B. prayer C. heal D. preach

___4. A condition when the body temperature is higher than normal
A. demons B. synagogue C. healed D. fever

___5. The body part used for holding things
A. feet B. head C. hand D. leg

___6. To be ill or have a disease
A. demons B. sick C. bed D. hand

___7. Evil spirits
A. diseases B. sick C. fever D. demons

___8. To give assistance; to aid
A. help B. preach C. hand D. synagogue

___9. To deliver a sermon
A. help B. fever C. heal D. preach

___10. A piece of furniture for sleeping
A. chair B. synagogue C. bed D. table

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