

# ST JOHN THE EVANGELIST ANGLICAN CHURCH

Diocese of Ottawa



## FIFTH SUNDAY AFTER THE EPIPHANY

February 4th 2024 at 10:15am

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You are welcome to participate in smudging as you enter the church to worship. Smudging is a sign of purification and peace offered to anyone who would like to participate. When the weather is too difficult to offer smudging outdoors – and at any time that you are in the church building, dry smudge is available. The sacred medicines – tobacco, sage, sweetgrass, and cedar – are provided at the side chapel. Rub the medicines in your hands and place them in the shell bowl; after use these will be respectfully burned. St John's is grateful to Indigenous members of our community for offering smudging.

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### PRELUDE

*Chorale and Andante sostenuto from Sonata No. 6  
F. Mendelssohn*

### PROCESSIONAL HYMN    381

*Praise, My Soul*

### WELCOME

### THE GATHERING OF THE COMMUNITY

Dear friends, we gather this day on the traditional and unceded territory of the Algonquin Nation.  
**May we always dwell on this land with respect and peace.**

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

**And also with you.**

### THE COLLECT OF THE DAY

Let us pray.

*Silence is kept.*

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE FIRST READING

*Isaiah 40:21-31*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One.

Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

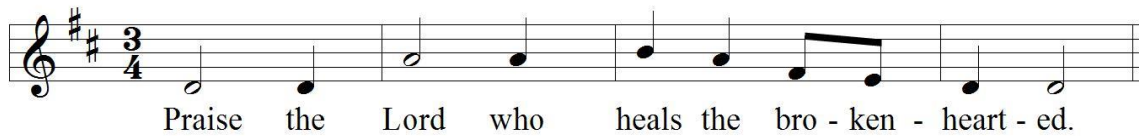
Ne savez-vous pas, n'avez-vous pas entendu, ne vous a-t-il pas été annoncé dès l'origine, n'avez-vous pas discerné le fondateur de la terre? Il habite, lui, sur le dôme couvrant la terre dont les habitants font figure de sauterelles! Il a tendu les cieux comme un rideau, il les a déployés comme une tente pour y habiter. Il réduit à rien les chefs d'Etat, les juges de la terre, il en fait une nullité; oui, peu importe qu'ils soient implantés; oui, peu importe qu'ils se soient disséminés; oui, peu importe que leur souche soit enracinée dans la terre! Même alors, s'il souffle sur eux, les voilà qui sèchent et le tourbillon les enlève comme de la paille. A qui m'assimilerez-vous? A qui serai-je identique? dit le Saint. Levez bien haut vos yeux et voyez: qui a créé ces êtres? – Celui qui mobilise au complet leur armée et qui les convoque tous par leur nom.

Si amples sont ses forces, si ferme son énergie, que pas un n'est porté manquant! Jacob, pourquoi dis-tu, Israël, pourquoi affirmes-tu: Mon chemin est caché au SEIGNEUR, mon droit échappe à mon Dieu. » Ne sais-tu pas, n'as-tu pas entendu? Le SEIGNEUR est le Dieu de toujours, il crée les extrémités de la terre. Il ne faiblit pas, il ne se fatigue pas; nul moyen de sonder son intelligence, il donne de l'énergie au faible il amplifie l'endurance de qui est sans forces. Ils faiblissent, les jeunes, ils se fatiguent, même les hommes d'élite trébuchent bel et bien ! Mais ceux qui espèrent dans le SEIGNEUR retrempent leur énergie : ils prennent de l'envergure comme des aigles, ils s'élancent et ne se fatiguent pas, ils avancent et ne faiblissent pas!

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## PSALM 147:1-12, 21c



Hallelujah! How good it is to sing praises to our God! How pleasant it is to honor him with praise! The Lord rebuilds Jerusalem; he gathers the exiles of Israel.

He heals the broken-hearted and binds up their wounds.  
He counts the number of the stars and calls them all by their names.

Great is our Lord and mighty in power;  
there is no limit to his wisdom.  
The Lord lifts up the lowly,  
but casts the wicked to the ground.  
Sing to the Lord with thanksgiving;  
make music to our God upon the harp.

He covers the heavens with clouds  
and prepares rain for the earth;  
He makes grass to grow upon the mountains  
and green plants to serve mankind.

He provides food for flocks and herds  
and for the young ravens when they cry.  
He is not impressed by the might of a horse;  
he has no pleasure in the strength of a man;  
But the Lord has pleasure in those who fear him,  
in those who await his gracious favor. Hallelujah!

## THE SECOND READING

*1 Corinthians 9:16-23*

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear what the Spirit is saying to the church.

**Thanks be to God.**

## GRADUAL HYMN 559

*Blessed Jesus, At Your Word*

## THE GOSPEL

*Mark 1:29-39*

May God be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## SERMON

## ANTHEM

*How Lovely Are the Messengers  
F. Mendelssohn*

## THE APOSTLES CREED

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## THE PRAYERS OF THE PEOPLE

## CONFESSION AND ABSOLUTION

*The people are invited to confession.*

Most merciful God,

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbours as ourselves.**

**We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

## **THE PEACE**

May the peace of Christ be always with you.  
**And also with you.**

## **OFFERTORY HYMN 531**

*You Who Dwell in the Shelter of the Lord*

*The collection plates are passed through the congregation during the hymn. Financial gifts support the presence and ministries of St John's including Sunday worship and our many community initiatives. Your support is welcome but not required to participate in the life of this community. You may choose to place a gift on the plate or give it to a greeter at the conclusion of the service.*

*If you already give financial support to St John's by other means – such as monthly Pre-Authorized Remittance (PAR) or QR Code – you are invited to place a small card on the plate (called a "PAR Chit"). PAR Chits are found at back of the church beside the nametags.*



**DONATIONS**

## **THE PRAYER OVER THE GIFTS**

God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **Amen.**

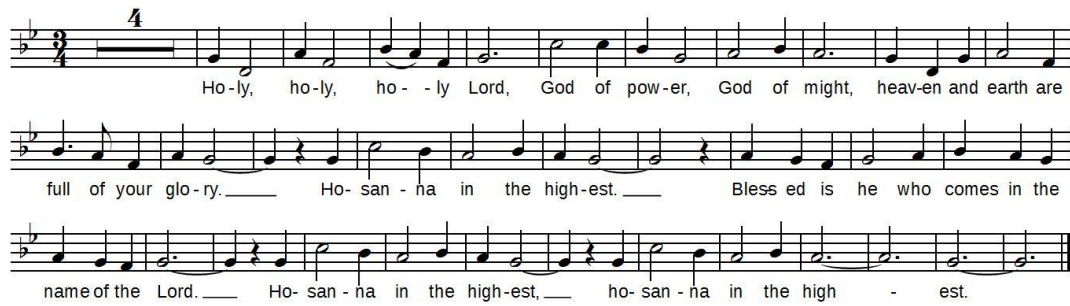
## **THE CELEBRATION OF THE EUCHARIST**

May God be with you.  
**And also with you.**

Lift up your hearts.  
**We lift our hearts to God.**

Let us give thanks to God our creator.  
**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; you have revealed your eternal plan of salvation, and have shown your Son Jesus Christ to be the light of all peoples. Therefore with angels and archangels we raise our voices in joyful praise to proclaim the glory of your name.



We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

**we remember his death,**

**we proclaim his resurrection,**

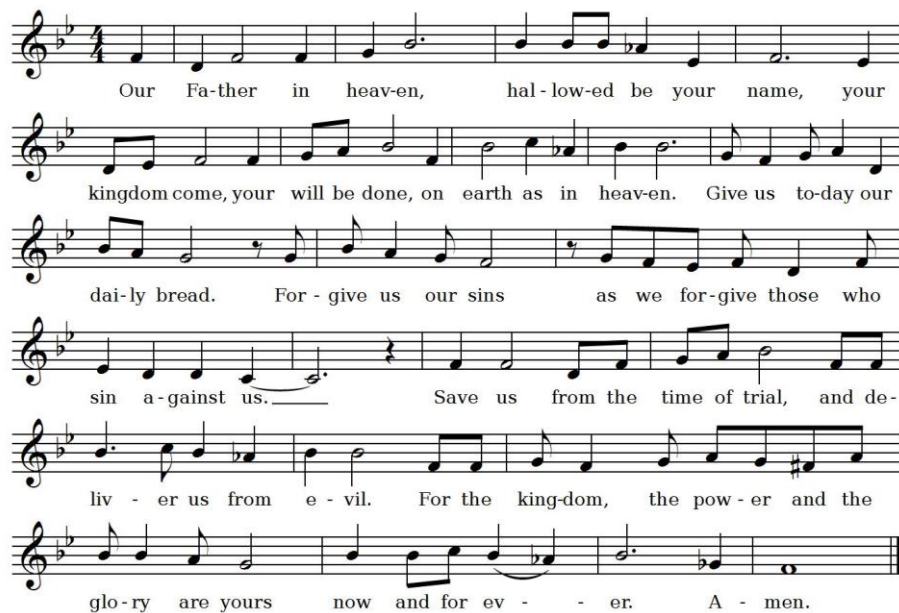
**we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, let us pray:



## THE BREAKING OF THE BREAD

*Silence is kept.*

We break the bread of life,  
and that life is the light of the world.

**God here among us, light in the midst of us, bring us to light and life.**

The gifts of God for the People of God.

**Thanks be to God.**

## COMMUNION

*Notre Pere - M. Durufle*

*All are welcome to come forward to participate in the Eucharist. Please request a gluten-free wafer if required or a blessing if desired.*

## PRAYER AFTER COMMUNION

Let us pray.

*Silence is kept.*

Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

## ANNOUNCEMENTS

### DOXOLOGY

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.**

## BLESSING

## RECESSIONAL HYMN 347

*The God of Abraham Praise*

## DISMISSAL

Go in peace to love and serve the Lord.  
**Thanks be to God.**

## POSTLUDE

*Allegro molto from Sonata No. 6  
F. Mendelssohn*

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<i>Preacher</i>	The Reverend Christina Guest
<i>Presider</i>	The Reverend Canon Gary van der Meer
<i>Interim Director of Music</i>	Barb Hallam-Price
<i>Lead Warden</i>	Brian Cameron
<i>Crucifer</i>	Jill Moll
<i>Server</i>	Allen Nakyejjwe
<i>Intercessor</i>	Erin Biggs
<i>Readers</i>	Clementine Mahirwe and Mary Frances Marshall
<i>Cantor</i>	Katie Cruickshank
<i>Communion Assistants</i>	Marilyn Box and Monica Patten
<i>Sidespeople</i>	Vicki Robinson and Bill Broughton
<i>Tower Bell</i>	Mary Frances Marshall
<i>Altar Guild</i>	Brian and Margot Cameron
<i>Childrens Ministries</i>	April Dickson
<i>Audio Tech</i>	Sherrie Dagg
<i>Lock up Duty</i>	Detlef Dransch
<i>Hospitality</i>	Jeff Biggs

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