

Welcome to
St. Luke Cedar Hill
Fourth Sunday after Epiphany
(Proper 4)
January 28, 2024 - 10:00 am
Holy Eucharist



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*We acknowledge that we gather with respect on the traditional
territories of the lək̓ʷəŋən peoples, known in our day as the Esquimalt
and Songhees Nations, the traditional custodians of these lands.
We are grateful for their hospitality.*

Prelude (*please be seated*)

Welcome and Introduction (*The Rev. Daniel Fournier*)

Please stand as you are able.

Priest: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All: And also with you.

Opening Hymn: CP 8 Awake, My Soul, and With the Sun
(*tune: Morning Hymn*)

Invitation to Confession

Priest: Sisters and Brothers,
throughout his ministry, Jesus responded to
and addressed the needs around him.
Today we hear of his early teaching
and confronting evil with authority
through an exorcism.
We recognize his profound actions as miracles.
We, too, are called to respond
to the needs around us with compassion.
We rely on him for the support we need
to address what we see,
including dark and difficult issues.
Doing that is a kind of miracle in itself.

As we prepare to worship this day,
let us now be mindful of the gospel's calls
to turn away from sin and be faithful to Christ.
As we offer ourselves to him in penitence and faith,
we renew our confidence and trust in his mercy.

Silence is kept.

Priest: Lord God,

**All: Lord our God,
in our sin we have avoided your call.
Our love for you is like a morning cloud,
like the dew that goes away early.
Have mercy on us;
deliver us from judgement;
bind up our wounds and revive us;
in Jesus Christ our Lord.
Amen.**

Absolution

Priest: May the God of love
bring you back to himself,
forgive you our sins,
and assure you of his eternal love
in Jesus Christ our Lord.

All: Amen.

Priest: Glory to God in the highest,

**All: and peace to his people on earth.
Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect of the Day

Priest: The Lord be with you.

All: And also with you.

Priest: Let us pray.

God our creator,
who in the beginning
commanded the light
to shine out of the darkness:
we pray that the light of the glorious gospel of Christ
may shine into the hearts of all your people,
and reveal the knowledge of your glory
in the face of Jesus Christ your Son our Lord,
who lives and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All: Amen.

Please be seated.

The Liturgy of the Word

FIRST READING: DEUTERONOMY 18: 15-20

Reader: A Reading from the Book of Deuteronomy.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

PSALM 111

**Response: *The fear of the Lord
is the beginning of wisdom.***

Hallelujah! I will give thanks to the Lord with my whole heart,
in the assembly of the upright, in the congregation.
Great are the deeds of the Lord! they are studied by all
who delight in them. (***Response***)

His work is full of majesty and splendour,
and his righteousness endures for ever.
He makes his marvellous works to be remembered;
the Lord is gracious and full of compassion. **(Response)**

He gives food to those who fear him;
he is ever mindful of his covenant.
He has shown his people the power of his works
in giving them the lands of the nations. **(Response)**

The works of his hands are faithfulness and justice;
all his commandments are sure.
They stand fast for ever and ever,
because they are done in truth and equity. **(Response)**

He sent redemption to his people;
he commanded his covenant for ever;
holy and awesome is his name.
The fear of the Lord is the beginning of wisdom;
those who act accordingly have a good understanding;
his praise endures for ever. **(Response)**

SECOND READING: 1 CORINTHIANS 8: 1-13

Reader: A Reading from the First Letter of Paul
to the Corinthians.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

Please stand as you are able.

Gradual Hymn:
CP 397 Praise the One Who Breaks the Darkness
(tune: Nettleton)

THE GOSPEL: MARK 1: 21-28

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to Mark.

All: Glory to you, Lord Jesus Christ.

At the end of the gospel:

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Homily: The Rev. Daniel Fournier

Anthem: *Christ Be Our Light* by B. Farrell

Please stand as you are able.

The Apostle's Creed

Priest: Let us together profess the faith of our baptisms
as we say:

**All: I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession

Sitting, standing or kneeling, as is your custom.

*In response to the words, "God, in your mercy,"
the community prays, "**Hear our prayer.**"*

Let us pray with confidence as God's holy people
for the needs of the Church, all families,
and for our world...

Holy God, creator of all that is,
your energy fills the cosmos
and enlivens every cell of our bodies.
You are around us, within us, and beyond us.
Thank you for the simple pleasures of each day,
and for the strength to meet the challenges that arise.
When it feels like we have come
to the end of our own resources,
replenish us with the energy of your Spirit
so that we know you are there for us.
In these uncertain times,
we are grateful for prayer in its many forms
which lead us to communion with you –
through word and silence, music and movement,
feeling the Spirit's breath within us.
Draw close to us whenever we need you,
and renew our spirits
to continue serving you as best we can.

All: God, in your mercy,
Hear our prayer.

Hear us now as we pray for the earth,
this precious, fragile home to all living things:
For declining species of plant and animal life *[Silence]*

For the earth's climate and places with too much
or too little water *[Silence]*

For the oceans and rainforests, the skies
and the air we breathe. *[Silence]*

Teach us how to be
more faithful stewards of your earth
and live more respectfully in your creation.

God, in your mercy,
All: Hear our prayer.

Hear us as we pray for the economy:
For those whose decisions shape it *[Silence]*

For employers and business owners *[Silence]*

For workers and those who cannot find work *[Silence]*

For all who seek economic justice,
fairness and the common good,
and those who struggle to discern
what this means in a complex world.
Teach us how to care for our neighbours
in these days of economic uncertainty.

God, in your mercy,
All: Hear our prayer.

We pray for our own circle of family and friends.
Heal, bless, lead and encourage them.
We pray for neighbours
and strangers in our community
who face struggles and sorrows
we can't even imagine.

Remind us that we belong to each other and to you
and help us respond to one another
with compassion and kindness.

God, in your mercy,
All: Hear our prayer.

Finally, in silence, we bring to you
the cares and hopes on our minds today. *[Silence]*

God, in your mercy,
All: Hear our prayer.

Thank you for hearing the prayers of every heart.
We make our prayer through Jesus Christ, our Lord.
All: Amen.

The Peace *(Please stand as you are able.)*

Priest: The peace of the Lord be always with you.

All: And also with you.

The Liturgy of the Eucharist

Offertory Hymn: CP 423 How Great Thou Art

(tune: How Great Thou Art)

The Preparation of the Table

Prayer over the Gifts

Priest: God who reveals yourself to all who seek you,
we give you thanks for the glory revealed in Christ.
May we who offer you these gifts
be transformed from glory to glory
and show forth that glory in lives of loving service
to the whole of creation.
We ask this in the name of your Beloved,
Jesus the Christ.

All: Amen.

Eucharistic Prayer

[The Book of Alternative Prayer, The Anglican Church of Canada, 1985. Eucharistic Prayer 3]

Priest: The Lord be with you.

All: And also with you.

Priest: Lift up your hearts.

All: We lift them to the Lord.

Priest: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Priest: Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord.
You exalted him as Lord of all creation
that he might present to you
an eternal and universal kingdom:
a kingdom of truth and life,
a kingdom of holiness and grace,
a kingdom of justice, love, and peace.
Therefore at the name of Jesus every knee shall bow
as heaven and earth proclaim the glory of your name:

(From Common Praise # 735)

**All: Holy, holy, holy Lord,
God of power and might.
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full,
full of your glory.
Hosanna in the highest,
hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest,
hosanna in the highest.**

Congregation may sit or kneel at this time.

Priest: We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.
For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.

On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

All: Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;

and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.

In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and for ever.

All: **Amen.** (*Sung 5 times - From Common Praise # 737*)

The Lord's Prayer *(Please stand as you are able.)*

Priest: In the words that our Saviour taught us, we pray:

**All: Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread *(From Common Praise # 747)*

**All: Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world,
give us your peace, give us your peace.**

The Giving of Communion

Priest: The table of bread and wine is now ready.
It is the table of company with Jesus,
and all who love him.
It is the table of sharing with the poor of the world,
with whom Jesus identified himself.
It is the table of communion with the earth,
in which Christ became incarnate.
So come to this table,
you who have much faith
and you who would like to have more;
you who have been here often
and you who have not been for a while;
you who have tried to follow Jesus,
and you who have failed;

Come.

It is Christ who invites us to meet him here.

God's holy gifts for God's holy people.

All: Thanks be to God.

Please follow the directions of the sidespeople as the congregation is invited to come forward to receive the bread and wine.

If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.

NOTE: *Gluten free wafers are available on request.*

Please remain seated as we sing the hymns during communion.

Hymns during Communion:

CP 49 Draw Near and Take

(tune: Song 46)

CP 612 Healer of Our Every Ill

(tune: Healer of Our Every Ill)

Prayer after Communion *(Please stand as you are able.)*

Priest: Source of all goodness,
in this eucharist we are nourished
by the bread of heaven
and invigorated with new wine.
May these gifts renew our lives,
so that we may show your glory to all the world,
in the name of Jesus the Christ.

All: Amen.

Priest: Glory to God

**All: whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God,
from generation to generation,
in the Church and in Christ Jesus,
For ever and ever. Amen.**

Announcements *(Please be seated.)*

Benediction *(Please stand as you are able.)*

Priest: Go forth...

replenished by the grace and mercy of God,
blessed by the healing love of Jesus,
energised by the limitless power of the Holy Spirit.

All: Amen.

Closing Hymn: CP 444 Your Hand, O God, Has Guided

(tune: Thornbury)

Dismissal

Leader: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

Thank you to all who assisted with today's service.

IN THE WORLDWIDE ANGLICAN PRAYER CYCLE, we pray for The Church of Southern Africa - The Most Revd Dr Thabo Makgoba – Primate. **In the Anglican-Lutheran Cycle of Prayer, we pray for** The Most Rev. David Edwards, Metropolitan, and the people and clergy of the Ecclesiastical Province of Canada (Anglican); The dean, council, and congregations of the Atlantic and Montreal Areas of the Eastern Synod (Lutheran). **In our Diocesan Prayer Cycle, we pray for** Anna, our Bishop, and for the Parish of Church of the Advent, Colwood and the Rev. Sr. Ingrid Andersen. **We also pray for** Lutheran Church of the Cross and Pastor Lyle and Pastor Lyndon, and for the Territory of the People and Bishop Clara Plamondon.

THIS WEEK'S PARISH NEWS

January 28th – February 4th

(New Items, *Revised Items)**

Please stay for Coffee Time this Sunday after the 10 am service – Park on Synod Road for easy access via the side door of the hall.

***Reports for the Annual Meeting package are due in the Parish Office TOMORROW, Monday, January 29th.**

****St. Luke's Craft Group will meet on Thursday, February 1st at 7 pm in the Sequoia Room in the hall.** Joanne Jolson and Heather Simpson are hosting a craft night on the 1st and 3rd Thursday each month. Crafts included (but not limited to) knitting, crocheting, sewing, needlework, quilting, card making, woodworking, or other forms of crafts. Please talk to Joanne or Heather if you have any questions.

***THIS FRIDAY, February 2nd, will be a Fantastic Friday from 4:30 to 6:30 pm in St. Luke's Hall** – Invite your friends, neighbours, children, and grandchildren to join in the fun and find out why these Fridays are fantastic! For more information or to offer to help (always greatly appreciated!), please talk to Tara Poilievre, Barb Prescott, Sharon Hallsor, or Claire White.

****Our Next Reflections, our Sunday service at dusk,** will be on **Sunday, February 11th at 4:30 pm** and will feature Victoria-based **One Wheel Band** – This group of three seasoned musicians bring a fresh acoustic approach to **classic folk, roots, blues and jazz tunes along with original compositions.** The three spokes of the One Wheel Band are: Burke Rosen (vocals and guitar), Diane Taylor (vocals and bass guitar), and Mike Sampson (vocals and guitar). The readings, prayers, and music of this special Reflection Time will calm your spirit and soothe your soul. **Reflections services in 2024 will be on the 2nd Sunday of the month.**

****Shrove Tuesday Pancake Supper – Tuesday, February 13th starting at 5 pm at Church of the Cross** – This year we have been invited to celebrate Shrove Tuesday together with our friends at Church of the Cross. **A sign up sheet is at the back of the church.** Please sign the sheet to let us know you are planning to attend so that we know how many people to expect. Everyone welcome!

****Ash Wednesday Services – Wednesday, February 14th – This Ash Wednesday we will hold a service at St. Luke's at 10:30 am and one at 7:00 pm at Church of the Cross.** Please join us at either of the services as the two churches come together to mark the beginning of Lent. **There will not be a Thursday morning service at St. Luke's on February 15th.**

***Mark Your Calendars for an Attic Treasures Vintage Market on Saturday, February 17th, 10:00 am - 4:00 pm** in St. Luke's Hall. Come and have some fun at a multi-vendor vintage market! A variety of items will be for sale including vintage clothing, jewelry, accessories, collectibles, and curiosities. Find some treasures for yourself or for a special gift. Discover vintage clothing for personal style or costuming! **Admission: \$3.00.**

****Our Next Family Service will be Sunday, February 18th at 4 pm** – Everyone is invited to **this afternoon Family Service.** The theme for these family services is "Come and See." Please come and see what this service is all about. The service will include songs, actions, prayers, and a storytime.

Save the Date of Sunday February 25th for this year's **Annual General Meeting (AGM)**, also known as our Annual Vestry Meeting. **The meeting will be held after the 10 am service** and will include a review of reports from 2023, voting on the budget for 2024, and the election of Parish Council members, Synod delegates, and the Leadership Team members. **There will not be an 8 am service that morning.**

****Ordination to the Sacred Order of Priesthood - The Rev. Leslie Flynn - Saturday, February 10th at 11 am** – God willing the Bishop Anna Greenwood-Lee intends to ordain Leslie Flynn to the sacred order of priesthood on Saturday, February 10th at St. Philip, Cedar. All are welcome!

****Prayer in the Style of Taize** resumes for Winter 2024 at St. Philip Anglican Church, 2928 Eastdowne Road at 6 pm on the 3rd Friday of the month. Next Taize service is February 16th. Everyone welcome to this ‘...way of searching for God in silence and prayer in the midst of daily life.’

****Level Ground Fundraiser** – Do you drink coffee or tea or know someone who does? You are invited to take part in this fundraising program when you buy coffee, tea, and dried through Level Ground Trading. **When you order online at Level Ground Trading, St. Luke's will receive 15%.** The minimum order is \$40 for the 15% return to St. Luke's and this includes free shipping. Level Ground not only sells coffee but also tea and dried fruit, cane sugar, and cacao nibs which may help with the \$40 minimum purchase amount required. Or share an order with a friend to reach the \$40 minimum. Visit the **Fundraising page at St. Luke's website** for more information.

****Country Grocer Fundraising** – We have now completed ten sets of receipts (each totalling \$5,000) and another set totalling \$4000. We will receive another \$90 in gift certificates, bringing our total to date to \$540 in gift certificates, which have been, or will be, sold to parishioners. Please continue to collect your Country Grocer receipts and turn them in to Neil in the Church Office, put them in an envelope in the mail slot, or in the Country Grocer box in the narthex. See more information at the **Fundraising page of St. Luke's website.**

St. Luke's Vision, Mission, and Actions



St. Luke's Vision

St. Luke's is a beacon in the community, illuminating many ways to encounter God.

St. Luke's Mission

We are supportive people of faith who welcome all with compassion and embrace a culture of community, with outreach as our cornerstone.



St. Luke's Actions: To achieve our Mission, we

- Engage in a vibrant practice of praise but also seeks God's peace through prayer and contemplation
- Respect and appreciate the heritage of the first peoples on whose lands we gather and worship
- Nurture a sense of community and promote a culture of inclusion and belonging
- Honour the history of our sacred spaces
- Pursue social and spiritual understanding
- Embrace the values of kindness, openness and hospitality
- Offer compassionate pastoral care
- Base outreach on an attitude of caring and acceptance



Welcome To St. Luke Cedar Hill



Thank you for visiting today.
For more information about St. Luke's,
visit St. Luke's website:
<https://www.stluke victoria.ca>,
send an e-mail: admin@stlukecedarhill.ca,
or phone: 250-477-6741.

We hope you will visit again!

Rector: **The Reverend Daniel Fournier**

E-mail: incumbent@stlukecedarhill.ca

For Pastoral Care Needs, please contact the office

Office Phone: 250-477-6741

Office E-mail: admin@stlukecedarhill.ca

Parish Administrator: Neil Patterson

Rector's Warden: Heather Simpson

E-mail: hsimpson@stlukecedarhill.ca

People's Warden: Brenda Morgan

E-mail: bmorgan@stlukecedarhill.ca

READINGS FOR NEXT SUNDAY February 4th, 2024

Isaiah 40: 21-31

Psalms 147: 1-12, 21c

1 Corinthians 9: 16-23

Mark 1: 29-39

FLOWERS

Today's flowers are given to the glory of God.

Flowers at St. Luke's are coordinated by Ann Séguin.