The Third Sunday after Epiphany

SUNDAY, JANUARY 21, 2024

10:00AM

The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel. Mark 1:15

St Paul's Cathedral

LONDON, ONTARIO | ANGLICAN DIOCESE OF HURON

SUNG EUCHARIST (Book of Alternative Services)

Please stand when clergy and choir enter.

Prelude *Adagio in E* Frank Bridge

Opening Hymn *Hail to the Lord's Anointed* **Blue Book 101**

THE GATHERING OF THE COMMUNITY

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.
People **And also with you.**

Presider Almighty God,
All **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Glory to God **Blue Book 686**

The Collect of the Day

Presider Let us pray.
Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
People **Amen.**

"Children's Corner" – Children are welcome to join Heather at the back of the Cathedral.

PROCLAMATION OF THE WORD

A Reading from the First Book of Jonah: *(Silence between the readings for reflection.)*

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to

Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it. *Jonah 3:1-5, 10*

Reader The word of the Lord.
People **Thanks be to God.**

Psalm *62:6-14* **Green Book p. 782**

A Reading from the First Letter of Paul to the Corinthians:

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.
1 Corinthians 7:29-31

Reader The word of the Lord.
People **Thanks be to God.**

Sequence Hymn *Thou, Who at Thy First Eucharist* **Blue Book 57**

Holy Gospel *Mark 1:14-20*

Reader The Lord be with you.
People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Jesus Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea - for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ.**

Homily *Please be seated*

The Nicene Creed *Please stand*

Presider Let us confess our faith, as we say,
All **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Leader Lord, in your mercy,
People **Hear our prayer.**

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
People **Amen.**

The Peace *Please stand*

Presider The peace of the Lord be always with you.
People **And also with you.**

Offertory Hymn *Where Charity and Love Prevail* **Blue Book 487**

THE CELEBRATION OF THE EUCHARIST

Prayer over the Gifts

Presider Loving God, before the world began you called us. Make holy all we offer you this day, and strengthen us in that calling. We ask this in the name of Jesus Christ the Lord.
People **Amen.**

The Great Thanksgiving

Presider The Lord be with you.
All **And also with you.**

Presider Lift up your hearts.
All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Presider It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: wonderfully you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation.

Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Sanctus Mass in G - F. Schubert

Presider Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

All **Christ has died.**
Christ is risen.
Christ will come again.

Presider Recalling his death, proclaiming his resurrection, and looking for his coming again in glory we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and forever.

People **Amen.**

Lord's Prayer

Presider As our Saviour taught us, let us pray, **Blue Book 744**

The Breaking of the Bread

Presider We break the bread of life, and that life is the light of the world.
All **God here among us, light in the midst of us, bring us to light and life.**

The Communion

Presider The gifts of God for the People of God.
All **Thanks be to God.**

Gluten-free communion wafers *are available. Please indicate your wish to the administrant at Communion.*

Agnus Dei Mass in G - F. Schubert

Communion Motet *O Taste and See* *R. Vaughan Williams*

Prayer after Communion *Please stand*

Presider Let us pray.
Gracious God, our hands have taken holy things; our lives have been nourished by the body of your Son. May we who have eaten at this holy table be strengthened for service in your world. We ask this in the name of Jesus Christ the Lord.
People **Amen.**

Doxology

Presider Glory to God,
All **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Post Communion Hymn *King of Love, O Christ, We Crown You* **Blue Book 451**

Blessing and Dismissal

The Deacon dismisses the congregation in these or similar words:

Deacon Go in peace to love and serve the Lord.
People **Thanks be to God.**

Postlude *A Festal Voluntary* Denis Bédard

Today we welcome our new Dean, The Very Rev'd Dr. Kevin George and his wife Catherinanne. Please join us for a light lunch in Cronyn Hall after the Service.

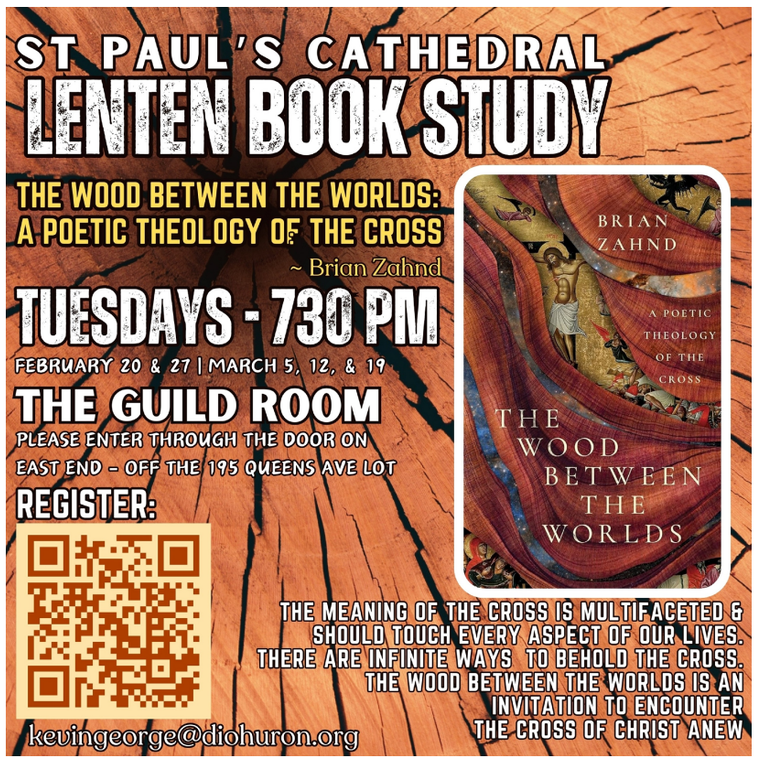
The Flowers at the Altar at the Chancel Steps are to the glory of God and in loving memory of my Mother, Marion Moore, given by Esther Moore.

Diocese of Huron Chain of Prayer – Today we pray for the Parishes of St. Mary's (Walkerville), Windsor; St. Matthew's, Windsor; Trinity, Bayfield; and Trivitt Memorial, Exeter.

Intercessions – Ann & Ellis, Marg, Ricardo, Gerry, Dennis, Lyn, Des, Stacey, Heather, Tulip, Nathan, Ashley, Megan, Rev. Larry O'Connor, Roger, Tom, Katie, Jane, Florence, Peter.

This service is being live-streamed and recorded.

Presider and Preacher – **The Very Reverend Dr. Kevin George**
Gospeller and Intercessor – **The Reverend Pat Henderson**
Organist – **Ian Sadler**
Servers – **Pat Binnington, Doug Campbell, Benjamin Vasquez**
Lay Administrants – **Pat Binnington, Bette Ferguson, Marsha Lemon**
Reader – **Scott Davis**
Greeters – **Gord & Joan Rolleston**
Children's Ministry – **Heather Clark**
Wardens – **Greg Childs and Marsha Lemon**
Live Stream – **Christopher Sadler** / *Sound Technician* – **Daniel Aldcroft**



2024 Offering Envelopes – are in alphabetical order at the back of the Cathedral. Please let us know if you would like envelopes. We would be happy to provide you with a new 2024 set and your very own envelope number.

Lunch after 10:00am Service - starting January 28
Over the last few months some parishioners have been meeting, monthly, for lunch after the 10 am service at the Church Key Restaurant (next door to the cathedral). It has been a successful experiment – the food is good and the conversations are fun. Now it is time to ensure everyone knows about it and can participate as they wish.
Date: the last Sunday of each month
Time: after the 10:00am service
How to reserve: The restaurant will set aside 12 places for St Paul's . You call 519-936-0960 and reserve one or more of those spots, preferably by the previous Thursday.
If there are more than 12 reservations, the restaurant may be able to accommodate more…. but it is the decision of the restaurant.
This is a wonderful opportunity for building community and having a special lunch with friends.

PWRDF
The Primate's World Relief and Development Fund

PWRDF Join us this Lent 2024

Health and well-being – without one, the other simply isn't possible. Likewise, the well-being of humans isn't possible without a healthy planet; something we are discovering every day as we face a growing and global climate crisis.

This theme is at the centre of PWRDF's 2024 Lent Resource. Every day of the Lenten season, you will receive a daily email with a reflection from Dr. Sylvia Keesmaat, on what health, well-being and good living require of us in our lives and our relationships with one another, with creation and with God. As you will read, things begin to break down when human beings separate themselves from creation, exploiting it as a commodity, or separate and exploit one another. In so doing, we separate ourselves from the Creator.

And so, on this journey through Lent, PWRDF invites you to join Dr. Keesmaat as she walks with us, meditating on our current climate crisis and the well-being of ALL of creation, human and non-human, and offering us lessons in repair and restoration that are both profoundly ancient and current.

About Dr. Sylvia Keesmaat

Renowned biblical scholar, Dr. Sylvia Keesmaat is the past co-chair of the Bishop's Committee on Creation Care for the Diocese of Toronto. She offers on-line courses at Bible Remixed, and speaks widely on issues connected to climate justice and the Bible. Sylvia is the co-author, with Brian Walsh, of Romans Disarmed: Resisting Empire, Demanding Justice, and is currently writing a book on ecological grief and hope in the biblical story. She lives on Russet House Farm, an off-grid permaculture farm in the Kawartha Lakes of Southern Ontario, on the traditional territory of the Michi Saagiig Anishnaabeg, with her husband, Brian Walsh, and a fluctuating number of people and animals.

Subscribe to the 2024 PWRDF Lent Resource https://pwrdf.org/Lent2024/to receive a daily Lenten reflection from PWRDF, written by Dr. Sylvia Keesmaat. This year's theme is "health and well-being."

The Right Reverend Todd Townshend
Bishop of Huron
The Very Reverend Kevin George
Dean of Huron & Rector of St. Paul's Cathedral
The Reverend Pat Henderson
Deacon
Ian Sadler
Organist & Director of Music
Gregory Childs and Gord Rolleston
Church Wardens

Marsha Lemon
Deputy Church Warden
Marilyn Freeman and Marilyn Papple
Past Church Wardens
Heather Clark
Children's Ministry
Carrie Fieldhouse
Parish Coordinator