

## Further explanation

Many weeks on this guide have special dates noted. These are included as additional prayer reminders.

Observances in **bold** are dates in the Christian Year and should drive us to pray specifically in terms of what we are remembering on those days.

Observances in *italics* are those that our culture has deemed important. They are good reminders of ways to pray for our neighbors.

### As you pray...

... Ask God if the psalm speaks truth about you and your situation, or if He needs to change you.

... Look for ways that God fulfills the hope found in the Psalm (hint: it's often going to be fulfilled in the Incarnation - the coming of Jesus to this earth).

... Look for sins that you have committed against God and other people. Confess those and repent to God.

... Rejoice that the God who gave us this book, and the whole Bible, is the same God who is living inside all of His followers today.

... *Pray with other people!* We were never meant to do this alone.

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# Hope Community Church

## Praying the Psalms in 2024

The Book of Psalms is the prayer book of the Bible. It is what Jesus grew up learning to pray alongside His fellow Israelites. It is also the book that Jesus quotes from the most often in the Gospel Narratives. While Jesus taught His Disciples how to pray (Matthew 6.9-13), the Father had given His people this resource for a thousand years leading up to the incarnation of Christ. And His Holy Spirit has preserved it for the benefit of His people ever since.

We want to grow in our dependence on God, or rather, grow in *acknowledging* that dependence, and there is no better way to do so than by going before Him in prayer. As we turn to 2024, you are invited to join us in praying through this book. Inside you will find a weekly prayer guide that provides three psalms a week for you to repeat back to God, meditate on, journal about, or even try to memorize individually, as a family, or with your friends.

***Glorify God.***

***Become Like Jesus.***

***Bless your Neighbors.***

Week Of	Psalms	Observances	Week Of	Psalms	Observances
December 31, 2023	1-3	<i>New Year</i>	June 30, 2024	76-78	<i>Independence Day</i>
January 7, 2024	4-6	<b>Epiphany</b>	July 7, 2024	79-81	
January 14, 2024	7-9	<i>MLK Jr. Day</i>	July 14, 2024	82-84	
January 21, 2024	10-12	<i>Sanctity of Life Day</i>	July 21, 2024	85-87	
January 28, 2024	13-15		July 28, 2024	88-90	
February 4, 2024	16-18		August 4, 2024	91-93	
February 11, 2024	19-21		August 11, 2024	94-96	
February 18, 2024	22-24	<b>1st Sunday of Lent</b>	August 18, 2024	97-99	
February 25, 2024	25-27		August 25, 2024	Catch up/Reflect Week	
March 3, 2024	28-30		September 1, 2024	100-102	<i>Labor Day</i>
March 10, 2024	31-33		September 8, 2024	103-105	<i>9/11 Remembrance</i>
March 17, 2024	34-36	<b>Palm Sunday</b>	September 15, 2024	106-108	
March 24, 2024	37-39	<b>Easter Sunday</b>	September 22, 2024	109-111	
March 31, 2024	40-42		September 29, 2024	112-114	
April 7, 2024	43-45		October 6, 2024	115-118	
April 14, 2024	46-48		October 13, 2024	119	
April 21, 2024	49-51		October 20, 2024	120-122	
April 28, 2024	Catch up/Reflect Week		October 27, 2024	123-125	<b>All Saints Day</b>
May 5, 2024	52-54		November 3, 2024	126-128	
May 12, 2024	55-57	<i>Mother's Day</i>	November 10, 2024	129-131	<i>Veterans Day</i>
May 19, 2024	58-60	<b>Pentecost</b>	November 17, 2024	132-134	
May 26, 2024	61-63	<i>Memorial Day</i>	November 24, 2024	135-137	
June 2, 2024	64-66	<i>Start of Pride Month</i>	December 1, 2024	138-140	<b>1st Advent</b>
June 9, 2024	67-69		December 8, 2024	141-143	<b>2nd Advent</b>
June 16, 2024	70-72	<i>Father's Day</i>	December 15, 2024	144-146	<b>3rd Advent</b>
June 23, 2024	73-75	<i>Juneteenth (6.19)</i>	December 22, 2024	147-150	<b>Christmas</b>