Discussion Questions

Psalm 41

What stood out to you in the podcast and/or in the reading of this Psalm?

Why do you think the one who cares for the poor/weak/helpless/hurting is blessed? Do you find joy in caring for others and considering their needs? How is this a perspective shift from the way our world thinks?

Where do you turn when you feel helpless? How does David lead us to the right place? What does He teach us to do?

David was betrayed and hurt by friends and enemies alike. Have you had similar experiences? How did this impact your relationship with the Lord? Did you draw near to the Lord or pull away from Him in this time?

David prays twice that the Lord be gracious to Him. In what areas of your life are you in need of God's grace and His gracious provision? What can others pray for you this week?

What truths in this Psalm encourage your heart? Which truths challenge you?