

## **Lent 2016**

This document offers liturgical suggestions for Lent in connecting with PWRDF and the Diocese of New Westminster's focus on the "Development Work of PWRDF" involving **Clean Water projects in Tanzania and Food Security in Cuba**. In both countries, PWRDF works with church-based development partners. Stories about the partners and their projects are included in this mailing for your use during Lent.

**Parishes are encouraged to invite a special offering to one or both of these areas during Lent. Your gifts need to be clearly marked on your envelope indicating the project(s) you support. So make your envelopes either Food Security-Cuba or Water Projects-Tanzania or both.**

As indicated on the enclosed sheet regarding the story "Growing Food as an Act of Worship – Food Security in Cuba, there will be further material sent to each parish. This material will be by a separate mailing with an opportunity to be part of a diocesan wide initiative to provide funds for building a greenhouse (part of the Food Security- Cuba initiative) in the parish in Cuba where parish based small scale fresh food production began! Our own PWRDF delegates met with these folks and saw the work they are doing in Food Security! This initiative of supporting the greenhouse is a follow-up by members of our diocese of New Westminster's PWRDF Unit, who participated in the PWRDF Food Security Delegation to Cuba, March 2015.

### **Liturgical Resources for use as each parish chooses.**

Offered by the PWRDF Unit of the Diocese of New Westminster

#### **Collect for use during Lent**

**All:** Wounded Healer who loves us and frees us;

You who faced evil and would not turn away.

Guide us in being courageous as Your faithfully witnesses,  
listening to Your voice and

present as sisters and brothers in the wider community,  
through Christ Jesus. Amen

Intercessory Prayers (see attached)

**Offertory Prayer:**

**All:** We place our gifts into God's rich furrow,  
trusting that they will produce sustenance for new life,  
shade when we need rest,  
and worship when we are adrift.  
We release our grip on it,  
so that the Household of God may surprise and change us in our giving. (Author unknown).

**The Lord's Prayer (an alternative for this day)**

**All:** Heavenly Father, Heavenly Mother,  
Holy and blessed is Your true name.  
We pray for Your reign of peace to come,  
We pray that Your good will be done,  
Let heaven and earth become one.  
Give us this day the bread we need,  
Give it to those who have none,  
Let forgiveness flow like a river between us,  
From each one to each one.  
Lead us to holy innocence beyond the evil of our days --  
Come swiftly, Mother, Father, come.  
For Yours is the power and the glory and the mercy:  
Forever Your name is All in One. Amen            **Parker J Palmer**

**Prayer before Communion**

**Presider:** Christ Jesus, Water of Life, Food for the Journey,  
direct us as we share in Your living body in this Eucharist.  
Join us completely with our partners in sharing the gifts of Your extravagant love  
known to us in the wonder and joy of nourishment of our bodies and souls. Amen

**The Communion:**

**Presider:** Broken bread is given to us as an invitation to the banquet where we meet the broken and risen Christ. These are the gifts of God for the people of God.

**People:** Thanks be to God

**Prayer after Communion:**

**All:** Living God,  
when we do not understand we gather at this table.  
When mystery stretches ever wide, we break bread.  
When the wonder is more than our souls can hold,  
we share the cup.  
Holy, holy, holy God,  
breathing, living, resurrected Saviour,  
peace-making, truth-giving, world changing Spirit;  
hear us as we have broken bread together,  
in the eternal echo of new life, now and forever. Amen (author unknown)

**Dismissal**

**Leader:** Go forth this day, ready to be Christ presence in our world as we as we hear the stories of partnership and respond in faith.

**People:** Thanks be to God. Amen