



"THRIVE IN GOD'S SERVICE"

*Diocese of  
New Westminster  
Anglican Church Women  
55th AGM*

Saturday, May 7, 2022  
St. Cuthbert Anglican Church,  
11601-82 Avenue, Delta, BC

9:30 am Registration

10:00 am AGM

Registration: \$5.00

Lunch: \$10.00

Guest Speaker: Joan Stewart from Westside Anglican

Neighbourhood Ministry

Register before April 30, 2022

[acw@vancouver.anglican.ca](mailto:acw@vancouver.anglican.ca)



## Message from Diocesan ACW President

We are at the start of the Lenten season and the weather is starting to change for the better, although it will be very rainy for spring we are told. We have much to be thankful for and need to remember to keep in our prayers all those who are suffering in any way.

We lost a long time member of ACW on Christmas Eve. Mary Brown attended church with her niece at St. Hilda's, Sechelt and collapsed in the parking lot. A memorial Service was held in Feb. at James', Vancouver where she attended. Mary was a very supportive member of the Hot Socks program for Mission to Seafarers. May She rest in peace in the loving arms of God.

We look forward to having an in-person AGM this spring and our host church is St. Cuthbert's, North Delta. Please see the invitation further in the newsletter. Please reply as a group by April 30.

This is my last writing to you as your Diocesan President after serving you for 5 years. It has been a great pleasure to get to know many of you and to see your smiling faces at our area meetings, AGMs and Fall Gathering. Each branch is unique and yet we share in a fellowship of worship, study and stewardship that is set out in our Constitution. Your support for ACW is wonderful. Every year it amazes me what each branch does in their own place and I look forward to hearing again and again about your varied activities and outreach.

For a number of years, I have been using the book "A Grown-Up Lent, When Giving Up Chocolate Isn't Enough" by Joanna Leiserson as part of my Lenten study and I would like to quote from her.

"The questions of the season for a grown-up Lent are not, "What will you give up for Lent?" or even "What will you do for Lent?" but rather "Who will you be in Lent?" and even "Whose will you be in Lent?"

The easy answer is that we are created to be people of God and we are created to be God's. But what does it mean to be the people of God in today's world? Perhaps this year is a time to explore how to be a child of God, but a grown-up child of God, giving up a superficial approach to Lent and exploring in deep and meaningful ways what it means to connect with God in a secular post-modern culture.

May you have a joyful, holy, grown-up Lent."

Blessings,

Gail Revitt



**Thank You, heavenly Father  
For Your Guidance in my Life Today  
Protect me and give me wisdom  
to live in a way that  
both pleases You and reveals who You are.**



## Chaplain's Chatter

I have just finished reading "The Silent March" by C.M.Klyne, a fictionalized story about the Winnipeg Strike of June, 1919. Though I began it prior to the current Trucker's Convoy – it has been as timely as my re-reading of Albert Camus' "The Plague" two years ago. Reading The Silent March concurrent with watching the news of late, felt much like I was living in two parallel worlds. There are differences, of course, between then and now, but it's the similarities which struck me. 1919 – the soldiers were returning from the battlefields of "The War to end all Wars"; the Russian czar and his family had been shot and killed just two years prior; and the Spanish flu was a raging pandemic. While the south end of Winnipeg was thriving, the north end was dreadfully poor – mostly with immigrants from Eastern Europe, including Russia. Some were on the verge of a euphoric breakthrough into what would become the Roaring Twenties, while many others lived in squalor with no jobs, no money and no hope. There was incredible fear of Communism and "big money" coming from the United States. Anyone who was not white from a British background were held to be troublemakers. And everyone wanted "freedom".

At first, as we watched the nightly news, there was a certain sympathy for the Trucker's Convoy. These past two years have been hard on all of us – and incredibly hard on many. As time went on, we sometimes have turned from caring for "the other" to despising or blaming "the other" – after all, we do have a proclivity for blaming others when our lives take turn for the worst. The necessary restrictions to curb a deadly virus have felt like they were cutting our freedoms to move about and choose for ourselves. But our question, dear friends, is to ask ourselves where do we as Christians stand on this.

Christians higher calling is to love God by loving our neighbour, and nowadays we understand our neighbour to include all those who are "not like us" and the most vulnerable of our societies. So in serving God we are to protect the most vulnerable, and care for those not like us. For the most part, Canadians have done this. Hate, disrespect, racism are not among the ways in which we honour and love others.

We hear talk of "freedom" - and we are "free" in Christ Jesus to serve one another in love. We are called to look to the interests of others, not our own. We are always free to love in the way of Jesus, even if we might be constrained by the state. No one, nor any government, can take the freedom we have in Jesus away from us. The freedom we have in Christ Jesus is to protect the vulnerable and to establish and ensure human rights for all people. There is no self-interest in this freedom. This is the freedom that really matters. Thanks be to God.

I close with a quote from Viktor Frankl: "Between stimulus and response . . . there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom."

*The Ven. Beverley Stewart*



# WORLD DAY OF PRAYER

The World Day of Prayer is a global ecumenical movement which brings Christians of many traditions together to observe a common day of prayer each year. Through preparation and participation in the worship service, we can learn how our sisters of other countries, languages and cultures understand the Biblical passages in their context. We can hear their concerns and needs and can join in solidarity with them as we pray with and for them. In this way, it is possible to enrich our Christian faith as it grows deeper and broader in an international, ecumenical expression.

The motto of the World Day of Prayer movement is Informed Prayer and Prayerful Action. Through our participation in the World Day of Prayer, we affirm that prayer and action are inseparable and that both have immeasurable influence on the world.

## World Day of Prayer in Canada

The World Day of Prayer traces its roots to the 19th century when Christian women of Canada and the United States became involved in missions at home and worldwide. Since 1812, women have encouraged one another to engage in personal prayer and lead communal prayer within their mission groups. Presbyterian women in the United States then called for a national day of prayer in 1887, and Anglican women in Canada established a national day of corporate intercessions for mission in 1895. On October 19, 1918, Presbyterian women in Canada called together representatives of five Women's Missionary Boards – Anglican, Baptist, Congregational, Methodist and Presbyterian – "to promote the spreading of Christ's kingdom through united prayer and action." That first inter-church meeting gave birth to the Interim Committee on the Federation of the Women's Missionary Society Boards of Canada, which organized a national and inter denominational day of prayer on January 9, 1920.

In 1922, the Canadian and U.S. committees agreed to use the same theme and day for the Day of Prayer as U.S. women. This annual event became the Women's World Day of Prayer in 1927. The Canadian committee changed its name to become the Women's Inter-Church Council of Canada and now includes representatives from 11 church partners. This council continues to coordinate the World Day of Prayer in Canada and to speak to issues that concern women of faith across the country. Imagine over 1.5 million Christians speaking 79 different languages in almost 150 countries coming together in spirit; uniting to pray for relevant issues affecting women and children. This was the 2020 reality for this tremendous movement that has been active for nearly 100 years.

The World Day of Prayer is traditionally celebrated on the first Friday of March, though communities can choose other dates. A different participating country writes the service each year, and we look forward to that prepared by the England, Wales and Northern Ireland committee for 2022. It can be watched online through these links: Women's Inter-Church Council website (World Day of Prayer 2022 Service Video - Women's Inter-Church Council of Canada (WICC) or You Tube (World Day of Prayer 2022 Virtual Service - YouTube).



# 10 Out of the Box ideas for Lent

What to give up for Lent: from Becky Mansfield

1. Don't buy anything that you don't NEED.
2. Throw Away 40 things for 40 days. 1 item a day and donate the items
3. 40 Days of home Organization. 40 days of decluttering
4. No Gossiping. NONE
5. Work out daily to take care of the body God gave you.
6. Don't Eat After Dinner.
7. Give Up Soda for Lent.
8. Say 3 Nice Things to Your Spouse & Kids Daily.
9. Don't eat out for 40 days
10. Replace 30 minutes of TV/Screen Time with 30 extra minutes of Prayer/Devotion time

## UPDATE CNIB DOG

About a year ago, our ACW in Port Moody, St. John's. sent a request to DACW asking for support for CNIB Guide Dogs.

As you may remember, one of our parishioners, Iris, shared her story 'What a Guide Dog Means to Me' which was posted in the Winter News 'n Views. Iris was called a week ago and learned that a DOG is ready for her. She leaves for the U.S. on Feb 27 for two weeks training with her dog.

Yes, her dog is from the U.S., however the CNIB Guide Dog program is in urgent need of funds for training. Due to the pandemic, their requests for dogs trained in Canada has increased by 375%. On behalf of our group at St Johns, we thank you for your generous donation.

## Vonda's (Juanita Clark's late mother) Crumb Cake

2 cups flour  
¾ cup butter  
1 cup white sugar

Rub the above together. Reserve 1 cup of crumbs; set aside for top of cake.

Mix remainder with:

1 beaten egg  
1 cup sour milk (or 1 cup sweet milk + 1 tbsp vinegar)  
(Mix above together)  
...then add:

½ tsp baking soda  
2 tsp baking powder  
1 tsp cloves  
1 tsp nutmeg

Pour boiling water over, in strainer, just to plump up:

1 cup currants  
1 cup raisins  
...and add fruit to above

Stir altogether and pour into greased 12 x 8 pan.  
Sprinkle reserved crumbs on top.

Bake @ 325/350 – 25 to 35 minutes

This cakes keeps well in a tin in cupboard and also freezes well.

ENJOY!



## GREATER VANCOUVER/NORTH SHORE AREA

### **St. Hilda's, Sechelt**

Being unable to meet during this past year, we were together via zoom a few times but were able to have a Whale of a Sale, Thanksgiving Pie Sale and Craft & Bake sale with a difference due to Covid-19. We ordered Church calendars and many parishioners and friends of St. Hilda's donated socks, scarves and caps to Mission to Seafarers. We were able to disburse \$4,500, locally and abroad. We look forward to our events for 2022.

### **St. Thomas, Vancouver**

It has been hard getting together during these times. At our June meeting we voted to send funding to the Bloom Group. We met outside on the patio of a retirement home. We made plans to meet on Canada Day for a party but our meeting place was closed. September we met and had a good meeting. October found us involved in planning for the Church Bazaar and four of our members attended the excellent Fall Meeting. In November we bought many pairs of socks and toques for Mission to Seafarers. Four members attended the Open House at ACW Place. Our Annual luncheon was at the White Spot. No meeting space available so we did not have a meeting in January or February. All members try to speak to each other at Church and at home. Four members over 90, two are over 60, one over 70, one over 80. None of my members are computer wizards or "Zoom" savvy.

## NORTHEAST FRASER AREA

### **ST. MATTHEW'S, Abbotsford**

Meeting on Zoom, guest speaker in Nov was Jada Onigbinde, Archway Community Services, Seniors Community Connector resulted in wrapping gifts for Seniors for Christmas. December hosted a Seniors Lunch in the Fireside Room for seniors that Jada works with, all Covid-19 protocols were followed. Donations to Mission to Seafarers were delivered to ACW Place. Will partake in a friendly competition with Peace Lutheran Church during Lent.

### **St. John the Apostle, Port Moody**

Meetings held on Zoom. Since no in person gatherings, requested donations with generous results. Gathered items for the bales and some members help at ACW Place. Collected items from Mission to Seafarers such as hot socks, neck warmers, books & puzzles. Some members made donations to their "Christmas at Sea" appeal. Sunshine has sent 120 cards for birthdays, in compassion and for celebrations. Three members attended the ACW Place Open House and 14 enjoyed a lunch at a local restaurant. We continue to adhere to the tenets of the ACW Prayer of work, stewardship and fellowship.

### **St. George's, Fort Langley**

In December, we organized the 113th Annual Christmas Bazaar in collaboration with our Parish Council. A hot soup lunch, bake table, greenery booth & raffle, along with parish offerings of books, baskets, a children's market, poinsettias and chocolates. A traditional greenery bee was held prior to assemble the sways and wreaths. Able to facilitate credit & debit card sales contributed to revenue. In lieu of a planned lunch in January, held a zoom meeting.

### **St. Catherine of Alexandria, Port Coquitlam**

No in person meetings due to the Omicron Covid variant, but we were able to meet before restrictions for our annual Christmas lunch where we invited all ladies of the parish. Guests included our parish administrator and our People's Warden. We have three prospective new members. Our outreach included Mission to Seafarers Christmas Appeal, and Tri City Share Society's Christmas Toy Fund. We have regular knitters who are constantly making hats, toques and cowls for seafarers and ACW Place. We put together a hamper of books and toys for a family of seven children under the age of four including a set of twins and recent newborn triplets. We also gave them a gift certificate for Superstore so they could do their Christmas shopping. Prior to that ACW Place generously provided them with three layettes plus boxes of clothing including warm winter jackets. The family are very grateful and continually say God Bless Us & Thank You.

# SOUTHWEST FRASER AREA

## St. Cuthbert's, North Delta

A fundraiser of selling poinsettias was very successful. Our annual Christmas potluck was held in the home of Kelly Bowman which included our minister and his wife as well as a new member and a guest from St. Helen's. We have three new members joining us. Our February meeting, in person, had Dr. Sijo Chemmunnar speaking about the development and production of the Covid-19 vaccine. We are looking forward to hosting the ACW AGM in May.

## Holy Trinity, White Rock

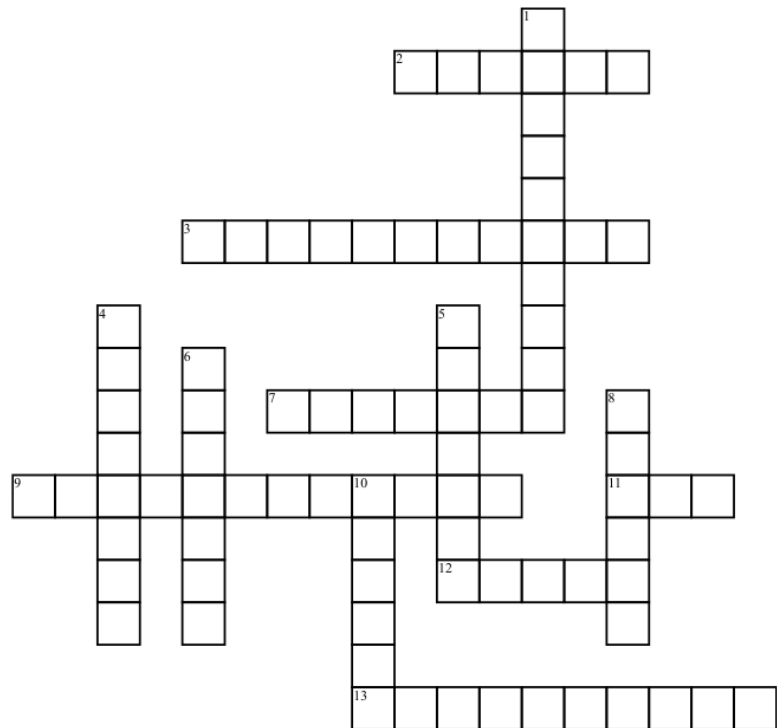
We haven't met since pre-covid days and there are only three of us. We have decided to disband our branch. I would like to continue my membership as an individual. I led our group for ten years and loved doing that. ACW has been and is a part of my life. Submitted by Susan Cummings.

## St. Michael's, Surrey

"Unfortunately, St. Michael's, Surrey, ACW has not been meeting in person for quite some time due to Covid restrictions. One of our faithful members, Judith Pomerleau, is recovering from recent brain surgery to remove a benign tumour. We are keeping her in our thoughts and praying for a speedy recovery! We continue to collect used postage stamps, pop can tabs, travel soaps and shampoos etc. as well as articles for baby layettes which may be donated to the Diocesan Bales to the North and to the Surrey Food Bank. Donations of "Hot Socks", Toques and Cowls are always welcome by the Mission to Seafarers.

St. Michael's will now be meeting as a "Friendship Group", when in-person meetings are once again in order. The meetings will be informal and, as always, open to all Anglican Church Women for mutual caring, sharing, worship and support. We look forward to getting together once again and would be delighted to welcome new members as well as any interested friends, neighbours and relatives. We will also continue to renew our membership with the Diocesan ACW and will support them in any way we are able!"

## Lent



### Across

2. The liturgical colour for lent is \_\_\_\_\_.
3. We should view the journey of Lent as an \_\_\_\_\_.
7. One of our Lenten focuses.
9. When does Lent end?
11. The church gives us \_\_\_\_\_ weeks of Lent to prepare for Easter.

12. What are we transforming our hearts from?

13. The day that Jesus died.

### Down

1. Giving to the poor.
4. What word is never sung or said during Lent?
5. On what days should you abstain from eating meat?

6. To go without.

8. The day of Jesus' resurrection.

10. What does the word Lent mean?

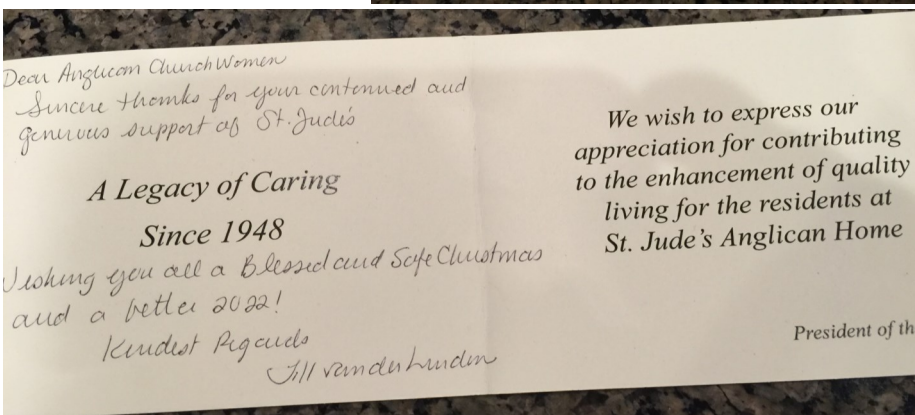
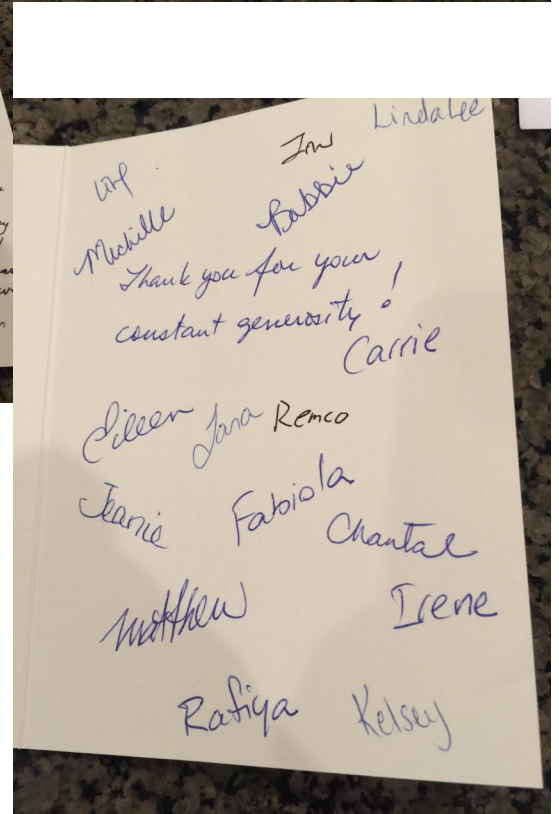
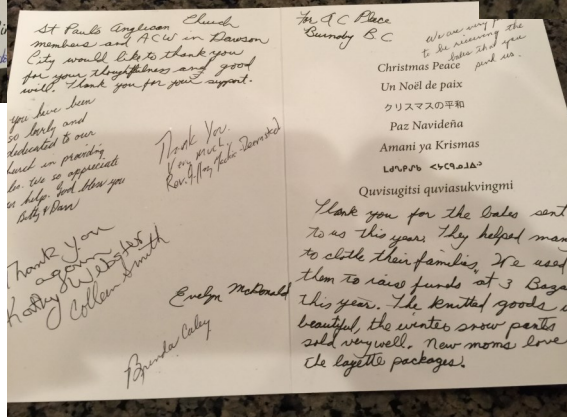
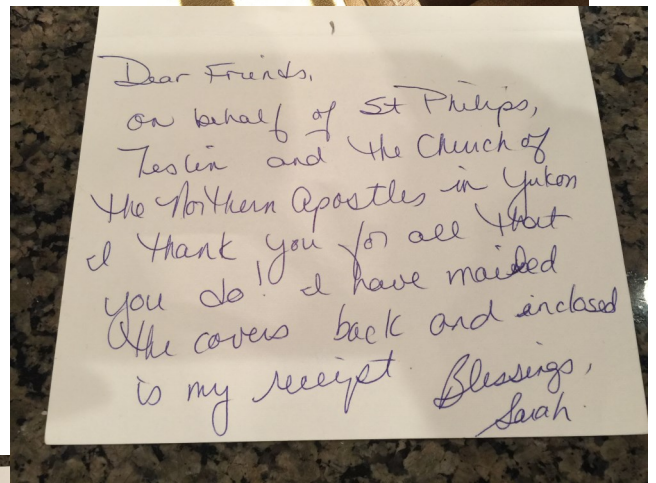
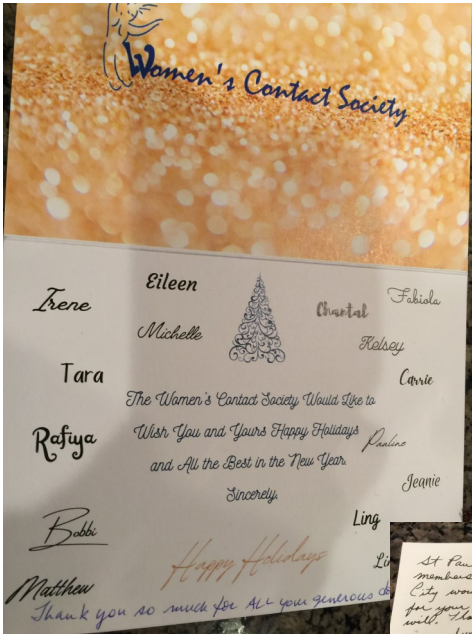
# Friends of the ACW Helping Out

The lady in the pic is Grace Cooper and she resides at Peninsula Village in Surrey. She and her daughter have sewn these baby quilts for us for the bales.



## Christmas Thanks

Some correspondence to the ACW this past Christmas!





# Basic Human Needs

food+shelter+caring+education

## Jeevan School Update

February, 2022



The past few months at Jeevan School has seen a return to classes and we have attempted to get back to some normalcy for our students. The government of India has allowed elementary and high school aged kids back in schools. Our teachers and students have been getting back to learning -- at a distance and fully masked, of course. We are still not allowed to serve prepared food due to government's Covid protocols, so we are only handing out fruit snacks presently at school.

Our Outreach Worker, Suraj Kumar, has been secretly going down to the camp on the riverside every morning to serve healthy snacks to the kids living there. Most often it's peanut butter sandwiches, fruit or juice. We are trying to get those vitamins into them! Most of the children living in the camp only get one or two meals a day, consisting of rice and chutney or bread and spicy fried chicken skin (called Paaki). Paaki is a delicacy at the camp!

Christmas at Jeevan school is usually a big party and show with snacks and much merriment. This year it was a very muted version of that. Distanced and a much smaller gathering, everyone still had fun. Santa Claus still came for a visit and children received their small gifts of stationery and sweets. As many of you know, we are not pushing any religious agenda on our students, only feeding and educating them. Most of our children are Hindu. Religious Festivals of Hindus, Muslims and Christians are all observed but none are compulsory. We want to be inclusive, to promote diversity.

The Omicron variant has been making its way around the country and unfortunately, schools were closed again late December, only reopening in mid-February. In the meantime, most of our students were coming only once a week to drop off homework and worksheets made by our teachers, pick up new homework, and to get a little extra help if they were having any problems.

In January we celebrated the Khichdi Kite Festival by taking a group of children to visit the "Boys' Jail", a government facility where many young boys stay. Many of them have been in there for years and never get to see any family. Many of the boys there are special needs and have been abandoned by their families, many are runaways that have been picked up by the police at the railway station and will stay there indefinitely, until a family member can come to get them. When we go, we take snacks and games, staying a few hours to play together.

Last month Jeevan School was finally able to hold a Vaccination Day and many of our students and their families came to take part. India's population being so high, it's taken a very long time for people to get vaccinated against Covid-19. Due to not usually having access to regular medical attention, many of our children have a very extreme aversion to needles.

Vaccination Day at Jeevan is always dramatic.....maybe even traumatic. The irony has not escaped us that these children, who have lived through so much trauma, neglect and abuse are absolutely terrified of a tiny little syringe! As you can see here, this girl's friends and teachers stand by to give moral support. A second dose was also administered in mid-February.



I hope you have enjoyed this little peek into what's going on at Jeevan. Our children's home and free clinic are on hold indefinitely due to Covid restrictions and money problems.

Last week I had a zoom meeting with teachers to apologize about not providing their salaries for so long and they were so understanding. They've worked so hard and given so much to make sure these kids continue to get an education and good food to eat every day. They're willing to wait and that means so much to us.

At this time, Jeevan School is having a lot of financial difficulty. Our running costs right now are between 4000-5000 Canadian dollars per month. Our teachers have only received their salaries for half of December. We are already halfway through February and rents for both campuses are also overdue. Please consider giving a regular, monthly donation. Our school is so necessary for so many kids who otherwise wouldn't get enough food to eat and would never get an education.

For more information, visit [www.basichumanneeds.org](http://www.basichumanneeds.org) or write to [info@basichumanneeds.org](mailto:info@basichumanneeds.org)



**Online Fundraising Event**  
**Spring for Jeevan**

Donations Appreciated

Musical Guests:  
Scott Cook  
Jessica Morwood  
Daniel Ship  
& more

Spring for Jeevan  
Music & Stories

Vancouver, Canada on Saturday, March 12, 7-8pm PST  
Free tickets for registered guests  
at Eventbrite

<https://www.eventbrite.ca/e/spring-for-jeevan-an-evening-of-music-and-stories-tickets-268609647687>

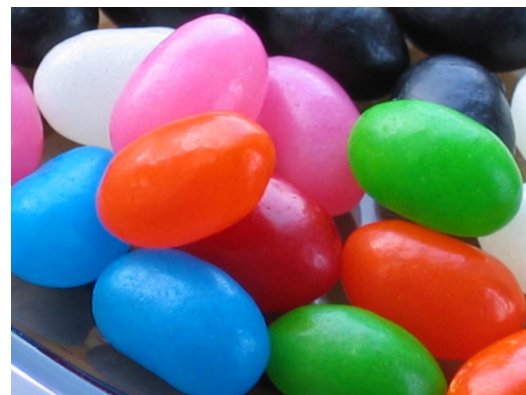
This coming March 12<sup>th</sup>,  
at 7pm in Vancouver  
(March 13<sup>th</sup> @11 am in Taiwan  
and 1:30pm in Melbourne)  
Basic Human Needs will be  
holding a free and online  
fundraiser to raise awareness  
about Jeevan School.  
Please join us!!!  
All donations of 25 dollars and  
over will receive a tax receipt.

Register for free: <https://bit.ly/spring-for-jeevan>



# The Jelly Bean Prayer for Easter

RED is for the blood He gave.  
GREEN is for the grass He made.  
YELLOW is for the sun so bright.  
ORANGE is for the edge of night.  
BLACK is for the sins we made.  
WHITE is for the grace He gave.  
PURPLE is for His hour of sorrow.  
PINK is for a new tomorrow.



A handful of jellybeans,  
Colourful and sweet,  
Is a prayer and a promise  
A loved one's treat.

Happy Resurrection Sunday!



## President's Purse

Just a reminder, Gail Revitt has served five years as Diocesan President and branches always donate to her President's Purse, to the charity of her choice, at the end of her term. Please include your donation with your dues or before the end of March. Any questions please email Mary McIntyre, treasurer. [mlmcintyer@telus.net](mailto:mlmcintyer@telus.net)

2021-2022

### NEW WESTMINSTER DIOCESAN BOARD

*President:* Gail Revitt, [revittgail@gmail.com](mailto:revittgail@gmail.com)  
*Vice President:* Kelly Bowman, [kellybowman@telus.net](mailto:kellybowman@telus.net)  
*Secretary:* Alberta Rudolf, [alberta.rudolf@gmail.com](mailto:alberta.rudolf@gmail.com)  
*Treasurer:* Mary McIntyre, [mlmcintyre@telus.net](mailto:mlmcintyre@telus.net)  
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*North East Fraser:* Ann Blue, [blueann@shaw.ca](mailto:blueann@shaw.ca)  
*South West Fraser:* Paulette Smith, [marshan@telus.net](mailto:marshan@telus.net)  
*At Large:* Judith Carling, [judith\\_carling@yahoo.com](mailto:judith_carling@yahoo.com)  
*At Large:* Juanita Clark, [deaconjuanita@telus.net](mailto:deaconjuanita@telus.net)  
*At Large:* Amelia Foster, [fosda@hotmail.com](mailto:fosda@hotmail.com)  
*At Large:* Val Hampton, [val\\_hampton@shaw.ca](mailto:val_hampton@shaw.ca)  
*At Large:* Sheila Puls, [sheila@puls.ca](mailto:sheila@puls.ca)  
*Appointed Assistants*  
*Chaplain:* Beverley Stewart, [stewart@direct.ca](mailto:stewart@direct.ca)  
*Social Action:* Beth Fortin, [rcee99@hotmail.com](mailto:rcee99@hotmail.com)  
*Vancouver Council of Women:*  
Alberta Rudolf, [alberta.rudolf@gmail.com](mailto:alberta.rudolf@gmail.com)  
*Membership:* Vera Morgan, [morgan05@shaw.ca](mailto:morgan05@shaw.ca)  
*Newsletter:* Beth Fortin/Gail Revitt  
*Memorial Roll:* Gail Revitt  
*Calendars:* Sylvia Enga

The News N Views is compiled together by Gail Revitt and Beth Fortin.