

# ST. HILDEGARD'S SANCTUARY



*Photo by Sandra Vander Schaaf*

## In the Longest Night, Longing for the Light

This gathering is for any who find the holiday season challenging: for those who carry pain and loss juxtaposed with celebration; for those who are unsettled by bright lights, loud music, and over-activity; for those who are exhausted by the festive and often hectic atmosphere; for those who find that busyness has overshadowed the meaning of the season or overwhelmed any simple joy it might bring.

This is time and space for quiet and rest; for acknowledging loss; for sitting with sorrow; for attending to silence; for naming our longings; and for hoping in the peace, love, and true joy of the season.

**Wednesday, December 19 ~ 7:00PM**

St. Faith's Anglican Church ~ 7284 Cypress St. (at W. 57th Ave.)

**All are welcome!**

St. Hildegard's Sanctuary is an inclusive, arts-based, contemplative Christian community that gathers on the unceded territory of the Coast Salish peoples.