

WORLD COMMUNITY FOR CHRISTIAN MEDITATION
BRITISH COLUMBIA



A DAY MEDITATION RETREAT

**FINDING BALANCE:
SILENCE AND STILLNESS
IN A
HIGH TECH WORLD**

Saturday, January 30th, 2016

From 10:00 AM to 3:00 PM

St. Mary's Parish - 5251 Joyce St, Vancouver

CONTACT: bccchristianmeditation@gmail.com

- **BY DONATION**
- **PLEASE BRING BROWN BAG LUNCH**

wccm-canada.ca