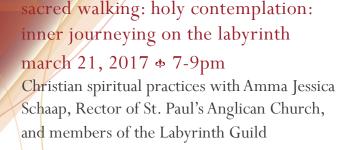
WAYS OF ENGAGING the HEART Deactices

EXPERIENCES IN INTERO SPIRITUAL PRACTICES





the practice of sacred turning october 25, 2016 & 7-9pm Sufi spiritual practices with David Coskun and semazens of the Rifa'i Sufi Order.







the joy of hebrew chant and niggun november 15, 2016 • 7-9pm Jewish spiritual practices with Lorne Mallin and members of the Chanting & Chocolate Band



 $x^{w} \ni y \theta \ni t$ 'xwaythut' - to wake oneself up february 21, 2017 & 7-9pm First Nations spiritual practices with Audrey Siegl of the Musqueam Nation

give peace a chant - unity in diversity peace through kirtan and mantra meditation january 17, 2017 & 7-9pm Hindu spiritual practices with Sandra Leigh of

Give Peace a Chant Kirtan

location: The Labyrinth Hall of St. Paul's Anglican Church, 1130 Jervis Street, Vancouver

registration: \$75.00 is the inclusive fee for all 5 nights of this "5 hearts" series

Registration is for the full series of 5 nights and is not available per individual nights.

Pre-registration with pre-payment is required as space is limited.

To enhance experiential learning, registration is "non-transferrable."

To register online and pay via Paypal, visit: http://stpaulsanglican.bc.ca/site1/event-items/5-hearts To register over the phone and pay via cheque, please call: 604.685.6832, ext.10 Registration is non-refundable.









