



# The Blanket Exercise

## A Workshop on Shared History

Saturday, May 2  
4 - 8 pm

St. James'  
Anglican Church

[www.stjames.bc.ca](http://www.stjames.bc.ca)

The **Indigenous Justice Ministry of the Diocese of New Westminster** in partnership with the **Ecumenical Working Group on Residential Schools**, working with **KAIROS: Canadian Ecumenical Justice Initiative**, invites you to join in **The Blanket Exercise**, a workshop to explore the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada.

Blankets arranged on the floor represent land and participants are invited to step into the roles of **First Nations**, **Inuit** and later **Métis** peoples. The workshop helps us understand how the **colonization** of this land impacts those who were here long before settlers arrived. It engages our **minds** and **hearts** in understanding why the relationship between Indigenous and non-Indigenous peoples is often broken and how we can take action **together**.

The Exercise takes from 60 to 90 minutes and will be followed by a **Sharing Circle** and **Feast**. The occasion is part of our commitment to build **relationships** with our Aboriginal relations based on a growing understanding of our shared history.

The Blanket Exercise will take place at **St. James' Anglican Church** Basement, 230 Gore St. South, Vancouver, unceded Coast Salish traditional territory.

Register your **participation** by email to:  
[patmcscherry@telus.net](mailto:patmcscherry@telus.net)

**Hosted** by St. James' Anglican Church and the Eco-Justice Unit of the Diocese of New Westminster.

Front image: Coast Salish Blanket, maker unknown (mountain goat & dog hair), circa 19th c.



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