



Comox United Church

Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

Minister: Rev. Karen Hollis minister@comoxunitedchurch.com cell: 604 828 8797

Treasurer: treasurer@comoxunitedchurch.com

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Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday, Nov. 3, 2023

Sunday, Nov. 5, 2023 Communion

Leader: Rev. Karen Hollis

Greeters: Merrilee Cameron, Evy Gillespie

Coffee: Raymond & Margaret Morin

Power Point: Joyce Relyea

Live Stream:

Scripture: 1 Chronicles 29:10-17, Acts: 20:32-35

To read the scripture follow the link below then

type in the scripture verse <http://bible.oremus.org>

Comox United Church worship services are available in three ways.

1) Attend worship in-person at the church on Sundays at 10:00 am.

2) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>

Life and Work of the Church

Weekly		
Mondays	1:30	Knitting Group
Tuesdays	10:00	Coffee and Conversation at the Comox Golf Club
Thursday	6:30	Choir Practice
Fridays	10:00	Men's Shed
Monthly		
1 st Sun	1:30	Glacier View Lodge Music
2 nd Mon.	1:15	UCW
2 nd Fri	TBA	Social Singles Contact: Merrilee: tomyhome@shaw.ca
3 rd Sat	9:00	Men's Breakfast
Last Sun.	11:15	Soup and Bun Lunch



The UCW are having their fall bazaar on **Sat. Nov. 4 from 9-12.**

Donations are gladly accepted on **Friday afternoon Nov. 3 from 1-3.**

You are welcome to donate baked goods (ingredients marked), books and puzzles plus saleable small treasures and jewellery. The knitting club will be joining the UCW.

Come on Sat. and look for Christmas items and yummy baked goods, jams and jellies. Bring a friend and sit and enjoy a cup of tea or coffee with sweets for \$3.00



Nov.4, 2023



Rosemary Lyle passed peacefully on Oct. 3.

Service date: Nov. 18, time: 2:00



Thank you to the Coffee and Conversation members who lovingly made a delicious lunch for us all to enjoy after church last Sunday.



Thank you to all who have been so mindful of my diet when offering soup/bun and treats! My diet is changing a bit, so I wanted to give an update. Karen doesn't eat: gluten, dairy (butter is ok), corn, sugar (maple syrup, dates, honey are ok), eggs, pork. I can always eat fruit, green veggies, chicken vegetable soup, and dates. I offer grace and generosity to all who try to feed me - I know it's not easy. Thank you! Karen

Comox UC Website – How To Website

This week's Tip:

To take another look at Rev. Karen's Reflections on our core values of Spirituality, Openness, Care for the Common Good, and Radical Love, go to the church website by googling Comox United Church.

2. At the top of the page, click on Sermons.
3. Scroll by date to those sermons from June to August.

Questions? Comments? Concerns? Submissions? Photos?

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at websiteadmin@comoxunitedchurch.com or phone 250-207-5650.



Our Whole Lives (OWL) - Sexuality and Healthy Relationships program

In spring 2024 we plan to host an OWL program for elementary age children in partnership with CVUF. Are you interested in leading this program? If so email Arran at minister@cvuf.ca for more information.

Note: leaders need to have already taken training or be willing to take it in the Fall.



November 25th at 5 pm

Order your – Perogies, cabbage rolls, & borscht
- all made by 3 wonderful people of our congregation.
Tickets are \$20.00
Proceeds for the Mathew Project!
See Marj. Adams for tickets
Or call me @ 778-552-4137

Message from the Ministry and Personnel Committee

As you are likely aware, Lorna will be away from her role for approximately two months. Lorna currently works 22 hours per week. Fortunately, we have found a capable replacement in Karasima, who has the limited availability of helping out up to 16 hours per week. As a result, Lorna has provided Karasima with guidance on the most critical responsibilities, which include handling the weekly newsletter, bulletin, service PowerPoint, and scripture. Nevertheless, it's important to note that Lorna also manages various other behind-the-scenes tasks, such as room bookings, answering phone calls, handling memorial service bookings, and addressing drop-in queries etc. The Ministry and Personnel Committee have assured Karasima that she does not need to stay overtime or work from home completing all of the office duties. We as a congregation are appreciative of her time and skills in attending to the most critical duties. We will graciously accept that some things will not get done and congregation members may even offer to pitch in if there is something that they can do to help. So please extend a warm Comox United welcome to Karasima and feel free to offer your time and energy if you are so inclined.

Matthew Mystery Program

Are you in need of healing? Are your aches and pains troubling you? I am offering a variety of Reiki treatments 20 minutes/\$20, or 30, 45, 60 minutes/by donation, to raise funds for the Matthew project currently happening at Comox United. I have been a Reiki Practitioner/Teacher for 10 years and am happy to share this wonderful energy with anyone who is interested.

Reiki is a Japanese healing modality that heals physically, spiritually, mentally, and emotionally; it really helps with one's aches and pains. Reiki may be given hands-on or off, depending upon the recipient's wishes, is safe for everyone regardless of age or ability and is beneficial even to plants and pets! All that is required is that the recipient is in comfortable clothing, willing to receive the energy and able to tolerate spells of stillness while receiving the treatment. I can travel to your preferred place of treatment and bring all materials.

In addition, I am offering a group introductory Reiki session consisting of 30 minutes relating Reiki's history, how it can be used, by whom, and a 30 minute group treatment to experience it personally. Class location, time and date to be determined based on interest. Cost would be \$30/person. Please send an email indicating interest to: cjkhalcrow@gmail.com or call me on my cell phone: 205-939-0675 to make an appointment for a Reiki treatment or address any questions. Blessings.

Men's Breakfast Nov. 18 at 9:00 am

Jim Crozier and Jim Whitehead are in charge of the November 18 breakfast. The guest speaker is Dr. Ken Newman. Ken will be speaking on canal boating in England.

Please RSVP by Nov. 15 wjcrozier@gmail.com or **Jim Whitehead** jwhitehead@shaw.ca

Secret Pal



Secret Pal News

Hello to all of you who have already let me know that you would like to participate in the project or plan to.

If you have not yet done so, please finish your registration by sending me your fee, and Pseudonym so I can do the draw and pair you up with your Pal. (I had planned on doing the draw today). I also need to know if you will be using the Drop and Pick up boxes for paper letters, OR, if using e-mail, which I will forward to your Pal without the thread. OR if you would like to use both.

There will be a Drop Box box for your cash or cheque located in the church lobby on top of the book shelf on the wall to the right of the long table. The alternative is to send me an e-transfer to the email above, you do not need a code. I will be checking the box this week so that I can complete your registration.

Watch out for the first Reveal, when I will send you your Pal's pseudonym. Please note that the last Reveal date will change, as March 31st is Easter Sunday! Watch "Secret Pal updates" to mark the other date when it is sent.

To those of you "on the shelf", it is not too late to join us. Just send me your full name and pseudonym and how you want to connect with your Pal or me, Paper letter or Email? and I will let you know the rest of the information by email unless you say otherwise. **Make sure the email you use is private for you.**

Questions? call 250-331-1178 or email sue.newman@shaw.ca

PS: "If anyone who has chosen email as their mode of communication and wants to send a card. at Christmas, it can be put in the Pickup Box where it will be available as long as the Pal's name is on the envelope."

The First Matthew Mystery Marketplace is Coming!

Preparations are underway for our first Matthew Mystery Marketplace taking place after our church service on Sunday November 19 th! Please tell your friends and invite them to come! We have 22 confirmed vendors, and that number is growing each week. Here's some of the creative projects that our congregation members are going to have available at the marketplace:

- Cabbage rolls
- Quilted placemats
- Christmas centerpieces
- Hats
- Knitted rainbow hearts
- Christmas cards
- Paintings
- Photo notecards
- Christmas cookies
- Driftwood creations
- Pet Beds
- Paperweights & garden stones
- Irrigation system blowout booking.
- Italian meatballs
- Organic spider repellent
- Tickets to a reading of "A Christmas Carol"
- Cedar Bows for holiday decorating
- Salmon Fillet draw
- CDs of Gloria's music
- Pride Rainbow carry bags.
- Santa Bombing
- Knitted cotton washcloths
- Healing Touch Therapy Sessions
- Baked Goods
- Pierogi Dinner tickets

If you want space at one of our vendors tables, please email Elaine Brown at broelaine@gmail.com.

To date 45 congregation members have begun multiplying their \$20 Matthew Mystery Project seed money which was handed out to congregation members one month ago at our October 1st service. continued

Inspired by the Parable of the Talents (Matthew 25: 14-30), congregation members have been asked to multiply their \$20 seed money as much as possible by April 30th when their seed money will be returned, and the extra money multiplied will be donated back to the church to help us meet our core values of spirituality, openness, care for the common good and radical love. Part fundraising, part community building, part outreach, part congregational activities = 100% joy!

Strategic Planning

Here is the Schedule
of Strategic Planning Gatherings

Wednesday, Nov 8 at 12:30-2:30pm in the hall

Wednesday, Nov 29 at 12:30-2:30pm in the hall

NO GATHERINGS IN DECEMBER

Wednesday, January 10 at 12:30-2:30pm in the hall

Saturday, January 20 at 10am-3pm (Please RSVP)

Meeting room L1 (lower level, enter through south door) from 10-12
12-3 (you will move upstairs to the hall for lunch and the remainder of the meeting).

Wednesday, January 31 at 12:30-2:30pm in the hall

Wednesday, February 14 at 12:30-2:30pm - in the hall wrap up process

The process will unfold at its own pace, so agendas for upcoming meetings will be set the meeting prior. **Please RSVP to Karen 1 week ahead for Saturday gatherings**, as they will include a soup and bun lunch. **Minister@ComoxUnitedChurch.com**

Welcome to Gifts with Vision for 2023–2024!



[Gifts with Vision](#) are an opportunity for you to make a difference in someone’s life—during Advent and Christmas, or at any time of year—by giving gifts from the comfort of home, with no packaging or wrapping needed..

See all the Gifts available and find out more by visiting the [Gifts with Vision website](#).

[Image credit: The United Church of Canada]



2nd Annual CHRISTMAS SINGALONG
with Gloria Herauf
Comox United Church
Monday, December 18th at 2 PM
Good Will Offering

Come and sing your favourite carols and Christmas songs in a good old fashioned sing-song! [Words will be provided]




We are pleased to announce

THE FABULOUS FALL FUNDRAISER:

STILL STANDING WITH UKRAINE

HUGE PREMIUM SILENT AUCTION

LIVE ENTERTAINMENT THROUGHOUT THE DAY
UKRAINIAN CERAMICS, LINENS AND ARTIFACTS AVAILABLE FOR PURCHASE
SELECTION OF PRE-LOVED JEWELLERY, HANDBAGS AND SCARVES AVAILABLE FOR PURCHASE
CAFE FEATURING TRADITIONAL UKRAINIAN FOOD
TAKE-OUT OF TRADITIONAL UKRAINIAN FOOD WILL BE AVAILABLE

ADMISSION: \$2 / PERSON (children under 12 free)
Doors open at 10:30am
Opening ceremony: Ukrainian singers at 11:00 am
Sales & Bidding start at 11:15am BELL


SATURDAY NOVEMBER 25TH
11:00AM-4PM
ST. GEORGE'S CHURCH HALL
505 6TH ST. COURTENAY

For more information: contact Gary at garycstevenson@msn.com and <https://cvukrainianculturalsociety.ca>

*All proceeds shared by Comox Valley Ukrainian Cultural Society and St. George's United Church (Social Outreach Programs)

WEIRD CHURCH BOOK STUDY

One Coin Found:
How God's Love Stretches to the Margins



MONDAYS IN NOVEMBER 7PM ONLINE

Information and registration at weirdchurchcumberland.com