



Comox United Church

Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

Minister: Rev. Karen Hollis minister@comoxunitedchurch.com cell: 604 828 8797

Treasurer: treasurer@comoxunitedchurch.com

Envelope Secretary: envelopesecretary@comoxunitedchurch.com

Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday Oct.27, 2023

Sunday, October 29, 2023

Leader: Rev. Karen Hollis

Greeters: Marj Adams, Loreleigh Fitzgerald

Coffee: Debra Monk, Marilyn Bourne

Power Point: Joyce Relyea

Live Stream: Joanne Wiens

Scripture: First Reading: Ecclesiastes 3:1-8

Gospel Reading: Mark 6:30-34

To read the scripture follow the link below then type in the scripture verse <http://bible.oremus.org>



Join us this Sunday after the service for Soup and a Bun Lunch – suggested donation \$5/person with all proceeds going to fund the good works of the Church. The Tuesday Coffee and Conversation is hosting the event. Come and join us

Tuesdays at the Comox Golf Club at 10 am and meet new (or old) friends. See you there.

Comox United Church worship services are available in three ways.

1) Attend worship in-person at the church on Sundays at 10:00 am.

2) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>



Walking Group **Sunday October the 29th**: meet at Bill Moore Park, 23rd and Kilpatrick Courtenay at 2pm. Walk for one hour on the Rotary Trail; flat and easy to walk. All are welcome. Further info contact Cameron and Brenda Cairncross at cairncross@live.ca or 250-339-0739



Please remember that one of Comox United Church's main charities is Healthy Families and their families. Donations such as baby food and other healthy foods are gratefully received. These foods are for mothers and their children and can be brought to the Church. Please place them in the labelled foyer basket.



Rosemary Lyle passed peacefully on Oct. 3.

Service date: Nov. 18, time: 2:00

Life and Work of the Church

Mondays	1:30	Knitting Group
Tuesdays	10:00	Coffee and Conversation at the Comox Golf Club
Thursday	6:30	Choir Practice
Fridays	10:00	Men's Shed
2 nd Mon.	1:15	UCW
2 nd Fri	TBA	Social Singles Contact: Merrilee: tomyhome@shaw.ca
3 rd Sat	9:00	Men's Breakfast
1 st Sun	1:30	Glacier View Lodge Music
Last Sun.		Soup and Bun Lunch



Our Whole Lives (OWL) - Sexuality and Healthy Relationships program

In spring 2024 we plan to host an OWL program for elementary age children in partnership with CVUF. Are you interested in leading this program? If so email Arran at minister@cvuf.ca for more information.

Note: leaders need to have already taken training or be willing to take it in the Fall.

SEWER PROJECT at CxU!

No, no, it's not what you think. The Venue Team is looking for someone who can sew, to do a simple project which will improve the look of the lobby for Concerts and other events. Probably about 4 hours of time needed.

Intrigued? Interested? Please email Howard at hojo29@shaw.ca. Thanks!

Advance Care Planning Information Sessions

If you do not have an advance care plan in place, the following session will give you information on how to do so.

Sunday Oct. 29 at Ocean Front Village

2900 Cliffe Ave., Courtenay
This will be held in the adult day room from 1-3 p.m.

To Register call 250-871-0696
or email reception@hospice.com

Supported by CxU Pastoral Care Committee



The UCW are having their fall bazaar on **Sat. Nov. 4 from 9-12.**

Donations are gladly accepted on **Friday afternoon Nov. 3 from 1-3.**

You are welcome to donate baked goods (ingredients marked), books and puzzles plus saleable small treasures and jewellery. The knitting club will be joining the UCW.

Come on Sat. and look for Christmas items and yummy baked goods, jams and jellies. Bring a friend and sit and enjoy a cup of tea or coffee with sweets for \$3.00



Nov.4, 2023

Comox UC Website – How To



This week's Tip:

1. To read about Part 1 of the Stewardship campaign, go to the church website by googling Comox United Church.
2. At the top of the page, click on News.
3. Scroll to Called to be the Church.
4. Fill out the page and hand it in

Questions? Comments? Concerns?
Submissions? Photos?

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at websiteadmin@comoxunitedchurch.com or phone 250-207-5650.

Matthew Mystery Project

Healing touch is an alternative modality offered to people all over the world. In the Comox Valley, it is given to Hospice and cancer care patients by volunteers. The benefits include deep relaxation and nurturing of the spirit. It will be offered by Lucia Brodie and Noreen Robertson, both Healing Touch Practitioners for many years.

The sessions will last 20-30 minutes (the client is fully clothed on the table) in a quiet, private, sacred space. Normally the cost is about \$120 an hour, but this is by donation.

Lucia and Noreen will be offering it on October 25 and Nov. 1 from 1-3, as well as November 27 from 1-3.

A twenty-four-hour cancellation notice would be appreciated.

Depending on the interest, this will be offered again in the new year.

Please contact Lucia to register luciarbrodie@hotmail.com

We really hope that church members who have never experienced this will be signing up!!

Secret Pal



**Do you love a good MYSTERY?
Welcome to
The Secret Pal Project
(Inspired by, and connected to,
the Mathew Mystery project)**

Do you often wonder about the other members of our congregation that you never seem to really get to know during coffee time? What if you got to know someone whose identity was kept a secret, and you communicated only by the written or typed word through a pseudonym (fake name) until your identities were revealed at a later date?

Intrigued? Want to know more?
Don't delay... project begins **November 1**
Shhhhhh tell no-one but ...

Call or email Sue Newman for more information and to register at
Cell 250-331-1178 or sue.newman@shaw.ca

Your secret is safe with me

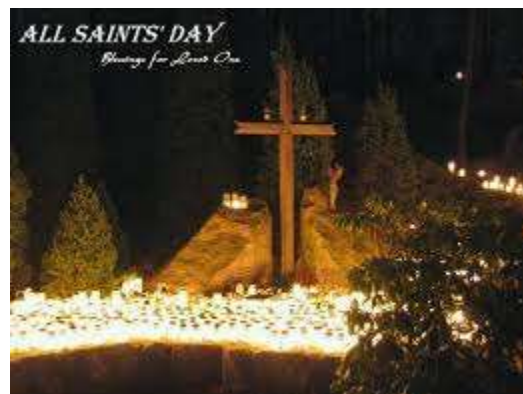


Matthew Mystery Program

Hello Comox United Church congregants. My husband, Doug and I would like to offer the following service in the Matthew

Mystery Project:

If you have an underground sprinkler system at your home, this is the time of year to have your sprinkler lines blown out ahead of winter's colder weather. Doug has an air compressor and would come to your home at your convenience to do this job for a cost of \$25. If you are interested, please contact me at patty.forbes-king@telus.net or call 250-338-9121.



November 1 @ 6:30pm: All Saints/All Souls Remembrance of the Dead
Weird Church and Comox United invite you to No. 6 Mine Park in Cumberland during this time of year when the veil between worlds is thin. Bring a chair and blanket and join the circle around the fire, along with photos and/or mementos of those who have died and passed from this earthly realm.

The First Matthew Mystery Marketplace is Coming!

Preparations are underway for our first Matthew Mystery Marketplace taking place after our church service on Sunday November 19 th! Please tell your friends and invite them to come! We have 22 confirmed vendors, and that number is growing each week. Here's some of the creative projects that our congregation members are going to have available at the marketplace:

- Cabbage rolls
- Quilted placemats
- Christmas centerpieces
- Hats
- Knitted rainbow hearts
- Christmas cards
- Paintings
- Photo notecards
- Christmas cookies
- Driftwood creations
- Pet Beds
- Paperweights & garden stones
- Irrigation system blowout booking.
- Italian meatballs
- Organic spider repellent
- Tickets to a reading of "A Christmas Carol"
- Cedar Bows for holiday decorating
- Salmon Fillet draw
- CDs of Gloria's music
- Pride Rainbow carry bags.
- Santa Bombing
- Knitted cotton washcloths
- Healing Touch Therapy Sessions
- Baked Goods
- Pierogi Dinner tickets

If you want space at one of our vendors tables, please email Elaine Brown at broelaine@gmail.com.

To date 45 congregation members have begun multiplying their \$20 Matthew Mystery Project seed money which was handed out to congregation members one month ago at our October 1st service. continued

Inspired by the Parable of the Talents (Matthew 25: 14-30), congregation members have been asked to multiply their \$20 seed money as much as possible by April 30th when their seed money will be returned, and the extra money multiplied will be donated back to the church to help us meet our core values of spirituality, openness, care for the common good and radical love. Part fundraising, part community building, part outreach, part congregational activities = 100% joy!

Strategic Planning

Here is the Schedule
of Strategic Planning Gatherings
Wednesday, Nov 8 at 12:30-2:30pm in the hall

Wednesday, Nov 29 at 12:30-2:30pm in the hall

NO GATHERINGS IN DECEMBER

Wednesday, January 10 at 12:30-2:30pm in the hall

Saturday, January 20 at 10am-3pm (Please RSVP)
Meeting room L1 (lower level, enter through south door) from 10-12
12-3 (you will move upstairs to the hall for lunch and the remainder of the meeting).

Wednesday, January 31 at 12:30-2:30pm in the hall

Wednesday, February 14 at 12:30-2:30pm - in the hall wrap up process

The process will unfold at its own pace, so agendas for upcoming meetings will be set the meeting prior. **Please RSVP to Karen 1 week ahead for Saturday gatherings**, as they will include a soup and bun lunch. **Minister@ComoxUnitedChurch.com**

Men's Breakfast Nov. 18 at 9:00 am

Jim Crozier and Jim Whitehead are in charge of the November 18 breakfast. The guest speaker is Dr. Ken Newman. Ken will be speaking on canal boating in England.

Please RSVP by Nov. 15 wjcrozier@gmail.com or [Jim Whitehead jgwhitehead@shaw.ca](mailto:jgwhitehead@shaw.ca)

**Welcome to Gifts with Vision
for 2023–2024!**



[Gifts with Vision](#) are an opportunity for you to make a difference in someone's life—during Advent and Christmas, or at any time of year—by giving gifts from the comfort of home, with no packaging or wrapping needed.

This year's new gifts include [solar power](#) for the United Theological College in Zimbabwe, [backpacks full of school supplies](#) for children who live under the poverty line, a [biofuel pilot project](#) run by women in the Democratic Republic of Congo, and making the United Church camp experience possible for children in underserved communities in the Maritimes—along with many others. You'll also recognize lots of returning gifts, like [Operation Backpack](#), [Return of the Buffalo](#), and [A Kindergarten in a Refugee Camp](#).

See all the Gifts available and find out more by visiting the [Gifts with Vision website](#).

[Image credit: The United Church of Canada]

November at Weird Church
Belonging

Sunday Service 4 pm

Thursday CALM: Guided Meditation
Thursdays 12:15 - 12:45pm

**All Saints All Souls
Remembrance of the Dead**
Wednesday November 1 @ 6:30pm

"One Coin Found" Book Study
Mondays starting Nov 6 @ 7pm online

Coffee and Conversations that Matter
Tuesday November 7 @ 10am & 6:30pm

3rd Annual Chili Cook-Off!
Saturday Nov 18 @ 1-5pm (4:30 awards)

Community Potluck
Sunday November 26 following service

details at weirdchurchcumberland.com

WEIRD CHURCH BOOK STUDY

One Coin Found:
*How God's Love Stretches to
the Margins*

MONDAYS IN NOVEMBER 7PM ONLINE
Information and registration at
weirdchurchcumberland.com