



Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

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Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday Oct.20, 2023

Sunday, October 22, 2023 Leader: Rev. Karen Hollis

Greeters: Joan Gillies, Joanne Wiens Coffee: Jan Bjarnason, Peter Senior Power Point: Merrilee Cameron Live Stream: Julie Whitman Scripture: Joan Gillies

Genesis 18:1-10a, Luke 10:38-42

To read the scripture follow the link below then type in the scripture verse http://bible.oremus.org

Comox United Church worship services are available in three ways.

- 1) Attend worship in-person at the church on Sundays at 10:00 am.
- 2) Watch the service at another time from the "Virtual Services" page on our website:

https://www.comoxunitedchurch.com/pages/onlinesunday-services



Please remember that one of Comox United Church's main charities is Healthy Families and their families. Donations such as diapers, skin care, shampoo and feminine hygiene products and food are gratefully received. These can be brought to the church and placed in the basket in the fover.



Rosemary Lyle passed peacefully on Oct. 3.

Service date: Nov. 18, time: 2:00

Life and Work of the Church

Mondays	1:30	Knitting Group
Tuesdays	10:00	Coffee and Conversation at
		the Comox Golf Club
Wednesday	10:00	Queer Bible Study ALL are
		Welcome
Thursday	6:30	Choir Practice
Fridays	10:00	Men's Shed
2 nd Mon.	1:15	UCW
2 nd Fri	TBA	Social Singles Contact:
		Merrilee: tomyhome@shaw.ca
3 rd Sat	9:00	Men's Breakfast
1 st Sun	1:30	Glacier View Lodge Music
Last Sun.		Soup and Bun Lunch



Sunday, Nov. 5, a group of three Comox United folks will gather at Glacier View Lodge.

There, at 1:30-2:00 we will sing along, sharing hymns, songs, and a prayer or two.

We will also lend a hand helping residents turn their music pages.

It really would be nice to have a few more people join us for the half hour.

Interested? Call or email Carol Jennermann. 250-339-9246 (home) 250-703-1440

(iPhone) kcjmann@shaw.ca

P.S. This ministry has been going on for over 25 years. We will be meeting again Dec 3rd.



©graphic: in LinkedIn

Matthew Mystery Program

Healing touch is an alternative modality offered to people all over the world. In the Comox Valley, it is given to Hospice and cancer care patients by volunteers. The benefits include deep relaxation and nurturing of the spirit. It will be offered by Lucia Brodie and Noreen Robertson, both Healing Touch Practitioners for many years.

The sessions will last 20-30 minutes (the client is fully clothed on the table) in a quiet, private, sacred space. Normally the cost is about \$120 an hour, but this is by donation.

Lucia and Noreen will be offering it on October 25 and Nov. 1 from 1-3, as well as November 27 from 1-3.

A twenty-four-hour cancellation notice would be appreciated.

Depending on the interest, this will be offered again in the new year.

Please contact Lucia to register luciarbrodie@hotmail.com

We really hope that church members who have never experienced this will be signing up!!



The UCW are having their fall bazaar on **Sat. Nov. 4 from 9-12**.

Donations are gladly accepted on Friday afternoon Nov. 3 from 1-3.

You are welcome to donate baked goods (ingredients marked), books and puzzles plus saleable small treasures and jewellery. The knitting club will be joining the UCW.

Come on Sat. and look for Christmas items and yummy baked goods, jams and jellies. Bring a friend and sit and enjoy a cup of tea or coffee with sweets for \$3.00

Matthew Mystery Project Q & A & New Items

This week I was asked if congregation members are limited to spending only the \$20 seed money in order to get their project off the ground. No, if you have an idea and wish to contribute your own money to get your project going that is allowed and your generosity to the church is appreciated.

What do I need to do in order to participate in the Matthew Mystery Marketplace on November 19th after church? If you wish to sell items or services please let me know and I will ensure you have space at one of our vendor tables. If you simply want to come and shop to see what is being offered, grab your tea and coffee and wander around. And if you can tell your friends about the Marketplace, our vendors would appreciate additional shoppers!

What new projects have been added this week?

- Purrrfect Pet Beds for four-legged heartstealers (canine & feline) by Marni
- Knitted Cotton Washcloths by Elaine & Evelyn
- Organic Spider Repellent by Cameron
- Salmon Fillet Draw by Cameron
- Santa Bombing by Ross & Margaret
- Paintings by Bob
- Healing Touch Therapy Sessions by Lucia & Noreen
- Nature's Canvas Paper Weights, Garden Stones & Driftwood Wreaths by Elaine

Do they sound interesting and are you intrigued? More information will be coming soon and these projects will all be available at our November 19th Marketplace along with other projects already announced.

Elaine Brown, Matthew Mystery Project Coordinator



Walking Group **Sunday October the 29**th: meet at Bill Moore Park, 23rd and Kilpatrick Courtenay at 2pm. Walk for one hour on the Rotary Trail; flat and easy to walk. All are welcome. Further info contact Cameron and Brenda Cairncross at cairncross@live.ca or 250-339-0739



MEMORIAL F

The Memorial Fund was formed many years ago to honour the memory of members of our church family who have passed on.

Over the years the fund has been used in a variety of ways, for example, to purchase some of the beautiful banners and to contribute to the purchase of the grand piano. We are grateful to those folk who have chosen to remember friends and family by donating to the Comox United Church Memorial Fund.

Advance Care Planning Information Sessions

If you do not have an advance care plan in place, the following session will give you information on how to do so.

Sunday Oct. 29 at Ocean Front Village

2900 Cliffe Ave., Courtenay

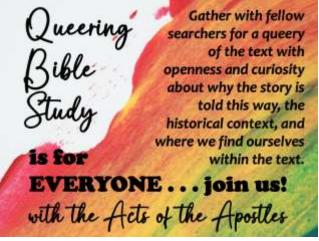
This will be held in the adult day room

from 1-3 p.m.

To Register call 250-871-0696

or email reception@hospice.com

Supported by CxU Pastoral Care Committee



Wednesday Oct. 25 at 10:00 am Acts 16:16-34

Strategic Planning

For those who are unable to be at the strategic planning meeting in person, you're welcome to participate via zoom. This will be an experiment. Those joining on zoom will be in a small group and will be invited to share with the larger group during their turn. I don't know how well you will be able to hear the meeting through zoom, but we'll give it a shot. Please don't use this link with the expectation that everything will go smoothly. Let's see what's possible. See you at 12:30 and please come in person if you're able. Comox United Zoom is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us06web.zoom.us/j/85013114743?pwd=r 0vvRhLuBRR6EQKAsMo8LWJ8i2Up8n.1

Meeting ID: 850 1311 4743

Passcode: 392036 Here is the Schedule of Strategic Planning Gatherings

Saturday, Oct 21 at 10am-3pm - finish SOC Analysis (Please RSVP)

Meeting room L1 (lower level, enter through south door) from 10-12

12-3 (you will move upstairs to the hall for lunch and the remainder of the meeting.

Wednesday, Nov 8 at 12:30-2:30pm in the hall

Wednesday, Nov 29 at 12:30-2:30pm in the hall

NO GATHERINGS IN DECEMBER

Wednesday, January 10 at 12:30-2:30pm in the hall

Saturday, January 20 at 10am-3pm (Please RSVP)

Meeting room L1 (lower level, enter through south door) from 10-12

12-3 (you will move upstairs to the hall for lunch and the remainder of the meeting.

Wednesday, January 31 at 12:30-2:30pm in the hall

Wednesday, February 14 at 12:30-2:30pm - in the hall - wrap up process

The process will unfold at its own pace, so agendas for upcoming meetings will be set the meeting prior. Please RSVP to Karen 1 week ahead for Saturday gatherings, as they will include a soup and bun

lunch. Minister@ComoxUnitedChurch.com

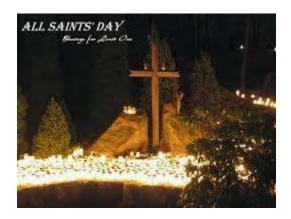


Comox UC Website - How To ...

This week's Tip:

- 1. To read a prayer from the Canadian Council of Churches about the current situation in Gaza/Israel, go to the church website by googling Comox United Church.
- 2. At the top of the page, click on News.
- 3. Scroll to Prayer for Peace.

Questions? Comments? Concerns?
Submissions? Photos?
NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at websiteadmin@comoxunitedchurch.com or phone 250-207-5650.



November 1 @ 6:30pm: All Saints/All Souls Remembrance of the Dead Weird Church and Comox United invite you to No. 6 Mine Park in Cumberland during this time of year when the veil between worlds is thin. Bring a chair and blanket and join the circle around the fire, along with photos and/or mementos of those who have died and passed from this earthly realm.

Welcome to Gifts with Vision for 2023–2024!



Gifts with Vision are an opportunity for you to make a difference in someone's life—during Advent and Christmas, or at any time of year—by giving gifts from the comfort of home, with no packaging or wrapping needed.

This year's new gifts include solar power for the United Theological College in Zimbabwe, backpacks full of school supplies for children who live under the poverty line, a biofuel pilot project run by women in the Democratic Republic of Congo, and making the United Church camp experience possible for children in underserved communities in the Maritimes—along with many others. You'll also recognize lots of returning gifts, like Operation Backpack, Return of the Buffalo, and A Kindergarten in a Refugee Camp.

See all the Gifts available and find out more by visiting the Gifts with Vision website.

[Image credit: The United Church of Canada]

It's Your Funeral

A workshop on death & dying in Christian tradition



Saturday, October 21 | 9am-12:30pm St. George's United Church

By donation. Register at www.stgeorgesunited.com

What do we believe about death and dying? How can my death reflect my faith? What should they sing at my service?
Join us as we explore the topic of death and dying in Christian tradition and how it should inform the way we approach death. From everlasting life to estate planning, we will be thinking cosmically and practically about the end of this life and the life to come.

Special guest from Old House Notary Public. This workshop is by donation, with light refreshments provided at break. Led by Rev. Ryan Slifka and the congregational care committee.

Signup is encouraged for the purpose of

planning.



Presented by CVUF Justice Action Team

YouTube link:

https://youtube.com/live/d07zFt3wB70?feature=s hare