



# Comox United Church

*Our Values: Spirituality, Openness, Care for the Common Good, Radical Love*

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Visit our website: it is updated weekly: [www.comoxunitedchurch.com](http://www.comoxunitedchurch.com)

**Please note: Newsletters are also posted on the Comox United website.**

Announcements should be sent to [admin@comoxunitedchurch.com](mailto:admin@comoxunitedchurch.com)

or call 250 339-3966 by **8:00 am Thursday morning.**

**If you no longer wish to receive this newsletter please email [admin@comoxunitedchurch.com](mailto:admin@comoxunitedchurch.com).**

Friday Oct. 13, 2023

## Sunday, October 15, 2023

**Leader:** Arran Morton (Unitarian Minister)

**Greeters:** Bev Agur, Klaus Jennermann

**Coffee:** Sonja Strystki, Lucia Brodie

**Power Point:** Merrilee Cameron

**Live Stream:** Joanne Wiens

**Scripture:** Philippians 4:1-9

To read the scripture follow the link below then type in the scripture verse <http://bible.oremus.org>

**Comox United Church worship services are available in three ways.**

1) Attend worship in-person at the church on Sundays at 10:00 am.

2) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>



Please remember that one of Comox United Church's main charities is Healthy Families and their families. Donations such as diapers, skin care, shampoo and feminine hygiene products and food are gratefully received. These can be brought to the church and placed in the basket in the foyer.



Rosemary Lyle passed peacefully on Oct. 3.

**Service date: Nov. 18, time: 2:00**

## UPCOMING SUNDAY SERVICES

**Oct 15:** Comox Valley Unitarian Fellowship Pulpit Swap - Arran Morton (CVUF)  
Arran Morton currently lives in Victoria BC – though he is from Scotland and came to Victoria via the 'scenic route'. He loves to be near the ocean, the trees, and (Vancouver) island life generally.

His work has focus on love-based community building as well as training and facilitation on issues related to healthy relationships, sexuality, conflict resolution and restorative justice practices. Arran was the Director of Spiritual Exploration at First Unitarian Church of Victoria until he adopted his child in 2021. He is currently the minister at The Comox Valley Unitarian Fellowship.

**Oct 22-Nov 12:** Stewardship

**Oct 29 – Nov 5:** Sunday Worship-Stewardship

## Life and Work of the Church

Mondays	1:30	Knitting Group
Tuesdays	10:00	Coffee and Conversation at the Comox Golf Club
Wednesday	10:00	Queer Bible Study <b>ALL are Welcome</b>
Thursday	6:30	Choir Practice
Fridays	10:00	Men's Shed
1 <sup>st</sup> Mon.	1:15	UCW
2 <sup>nd</sup> Fri	TBA	Social Singles Contact: Merrilee: <a href="mailto:tomyhome@shaw.ca">tomyhome@shaw.ca</a>
3 <sup>rd</sup> Sat	9:00	Men's Breakfast
1 <sup>st</sup> Sun	1:30	Glacier View Lodge Music
Last Sun.		Soup and Bun Lunch

### Strategic Planning:

On Wednesday the council plus a few people gathered to kick off our strategic planning process with the SOC (strengths, opportunities, challenges) Analysis. We got a lot of ideas down on paper!

**On Saturday, Oct 21 we will gather from 10 am to 12:00 in room L1 (lower level) and will move to the hall from 12:00 - 3pm for a soup and bun lunch and to finish the SOC Analysis.** We will unpack a list of things we do well to draw out the specific strengths we have to rely on. Then we will identify the opportunities we have to use those strengths for addressing our challenges.

**All are welcome to participate in the gathering and conversation on October 21 from 10am-3pm. Please RSVP to Karen** at [minister@comoxunitedchurch.com](mailto:minister@comoxunitedchurch.com), so we can get a sense of the numbers for lunch.



The UCW are having their fall bazaar on **Sat. Nov. 4 from 9-12.** Donations are gladly accepted on **Friday afternoon Nov. 3 from 1-3.** You are welcome to donate baked goods (ingredients marked), books and puzzles plus saleable small treasures and jewellery. The knitting club will be joining the UCW.

Come on Sat. and look for Christmas items and yummy baked goods, jams and jellies. Bring a friend and sit and enjoy a cup of tea or coffee with sweets for \$3.00

### Advance Care Planning Information Sessions

If you do not have an advance care plan in place, the following session will give you information on how to do so.

**Sunday Oct. 29 at Ocean Front Village**  
2900 Cliffe Ave., Courtenay  
This will be held in the adult day room from 1-3 p.m.

To Register call 250-871-0696 or email [reception@hospice.com](mailto:reception@hospice.com)  
*Supported by CxU Pastoral Care Committee*



**Men's Breakfast**  
**All Men warmly invited**  
Saturday, Oct. 21 at 9 am  
Please RSVP no later than Oct. 18

Barry Turnham [chemist@telus.net](mailto:chemist@telus.net)  
Speaker: Robin Giles

**Queering Bible Study**  
**is for EVERYONE . . . join us!**  
*with the Acts of the Apostles*

Gather with fellow searchers for a query of the text with openness and curiosity about why the story is told this way, the historical context, and where we find ourselves within the text.

Wednesday at 10:00 am



Walking Group **Sunday October the 29<sup>th</sup>**: meet at Bill Moore Park, 23<sup>rd</sup> and Kilpatrick Courtenay at 2pm. Walk for one hour on the Rotary Trail; flat and easy to walk. All are welcome. Further info contact Cameron and Brenda Cairncross at [cairncross@live.ca](mailto:cairncross@live.ca) or 250-339-0739

## Matthew Mystery Project Update

As expected, our congregation is embracing the Matthew Mystery Project and finding lots of wonderful ways to multiply our \$20 seed money. Here's a few projects that are underway or in the planning stages:

- Merrilee has been making and selling her homemade plum cherry chutney
- Evelyn & Joyce are selling rainbow Pride carry bags
- Barb has been making photography note cards
- Arlene is planning Kombucha and Kefir making classes
- Sonja will be selling her homemade cabbage rolls
- Marj will be hosting a 'Learn to Play Mexican Train' night
- Marj and Sonja will be teaming up for a pierogi dinner
- Ken is investigating hosting a special dinner
- Sue will be launching a secret friend project

When you know what you are doing to multiply your seed money please let Elaine know at [broelaine@gmail.com](mailto:broelaine@gmail.com). And if you are struggling to come up with ideas she can help!

Lastly remember that **Sunday November 19th will be our first Matthew Mystery Market Day** beginning at 11:30 after our church service. If you would like a table set up so you can sell your baking/crafts, etc., please let Elaine know so we can plan the setup. And invite your friends to drop by. We will keep the market open from 1130 to 1 p.m.



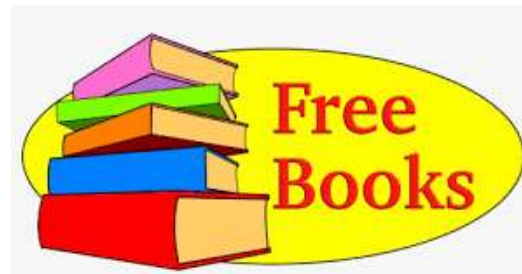
Comox UC Website – How To . . .

This week's Tip:

1. To read all about the Matthew Mystery Project, go to the church website by googling Comox United Church.
2. At the top of the page, click on News.
3. Scroll to Matthew Mystery Project.
4. Consider how you can participate!

Questions? Comments? Concerns?  
Submissions? Photos?

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at [websiteadmin@comoxunitedchurch.com](mailto:websiteadmin@comoxunitedchurch.com) or phone 250-207-5650.



Please help yourself after the service this Sunday to any of the books laid out on the tables in the hall. These books are yours to keep. The shelved books in our library can be checked out, but these need to be returned to our library as usual.

# It's Your Funeral

A workshop on death & dying  
in Christian tradition



Saturday, October 21 | 9am-12:30pm  
St. George's United Church

By donation. Register at  
[www.stgeorgesunited.com](http://www.stgeorgesunited.com)

What do we believe about death and dying? How can my death reflect my faith? What should they sing at my service? Join us as we explore the topic of death and dying in Christian tradition and how it should inform the way we approach death. From everlasting life to estate planning, we will be thinking cosmically and practically about the end of this life and the life to come. Special guest from Old House Notary Public. This workshop is by donation, with light refreshments provided at break. Led by Rev. Ryan Slifka and the congregational care committee. Signup is encouraged for the purpose of planning.



**SUNDAY SERVICE 4 PM**  
CENTERING PRAYER 5:30 PM

details and online access at  
[www.weirdchurchcumberland.com](http://www.weirdchurchcumberland.com)

Save the date!



**MR. RANDY FRED** Presentation followed by a community potluck

Mr. Fred will share the story of his journey as a Port Alberni Residential School Survivor to becoming a writer, filmmaker, editor, publisher and Nuu-chah-nulth Elder in Residence at VIU

<b>Saturday</b> <b>OCTOBER 28, 2023</b>	<b>2:00 PM – 4:00 PM</b>
	Meeting At Lower Hall – Comox United Church  📍 250 Beach Dr, Comox, BC V9M 1P9

Sponsored by Comox Valley Unitarian Fellowship - Justice Action Team

Presented by CVUF Justice Action Team  
[https://www.canva.com/design/DAFsYz30gXw/HZAbQM6St7SJy9TW9fRKgQ/view?utm\\_content=DAFsYz30gXw&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=viewer](https://www.canva.com/design/DAFsYz30gXw/HZAbQM6St7SJy9TW9fRKgQ/view?utm_content=DAFsYz30gXw&utm_campaign=designshare&utm_medium=link&utm_source=viewer)