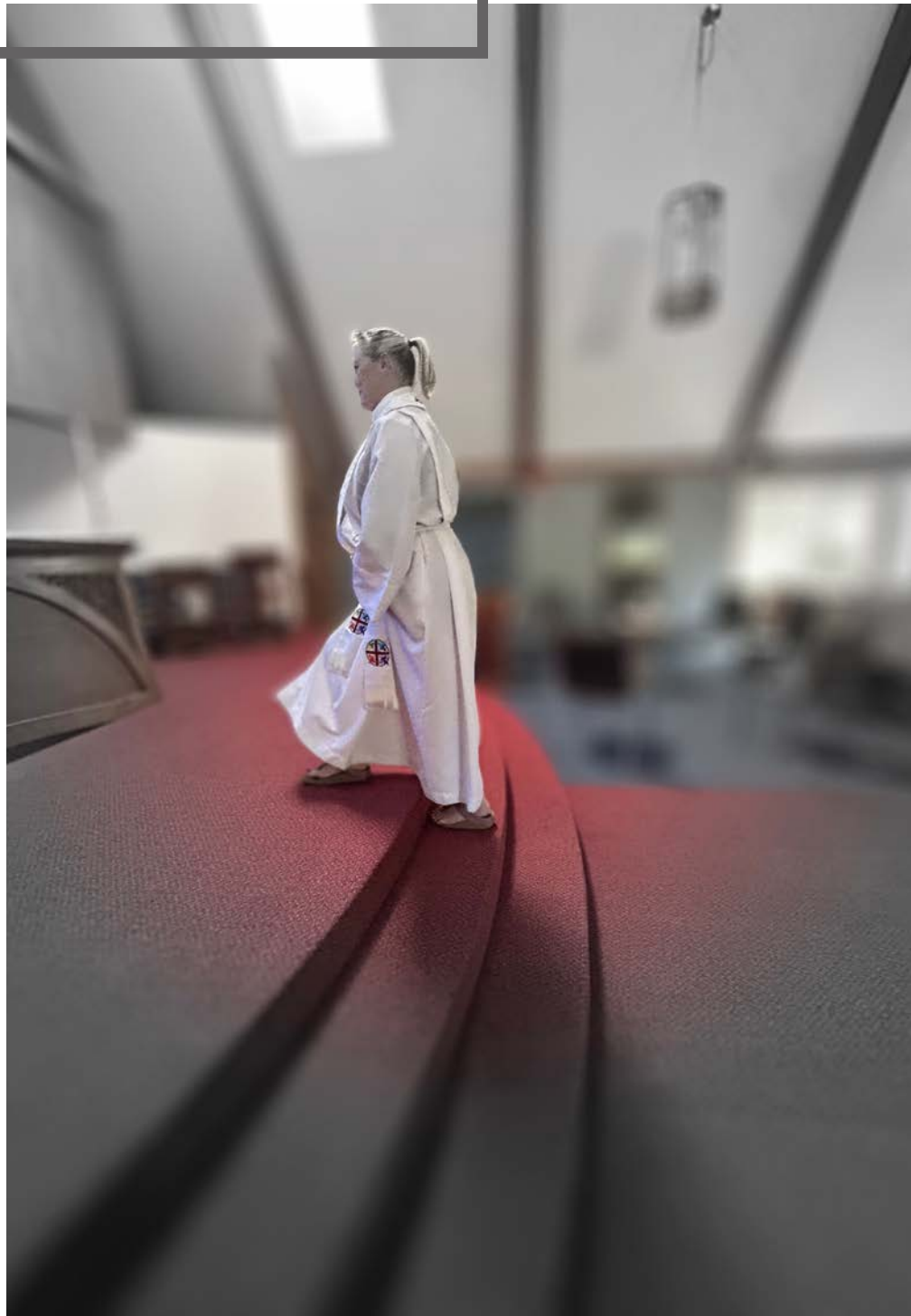


# Spirit

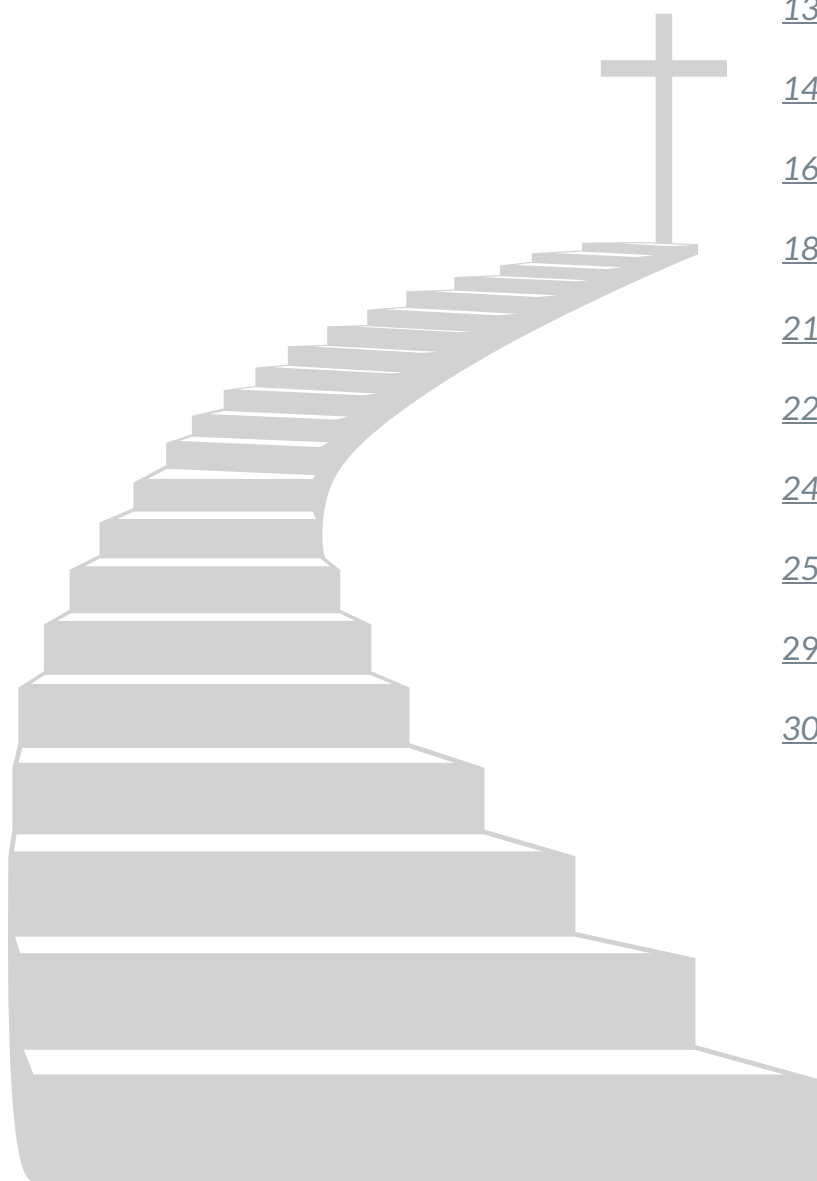
*June 2023 - Issue 2*

a new  
*journey*  
begins...



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*Inspired by God and the example of Jesus to serve our community by offering love and acceptance to everyone.*

St. Peter Anglican Church  
228 South Dogwood Street  
Campbell River, BC V9W 6Y7

Office: 250-286-1613

Parish Hall: 250-286-9663

Email:

[admin@stpeterscampbellriver.com](mailto:admin@stpeterscampbellriver.com)

Website: [stpeterscampbellriver.com](http://stpeterscampbellriver.com)

[facebook.com/StPetersCRiver/](https://www.facebook.com/StPetersCRiver/)

Editor: Jane Monchak

Communications: Trina Soltys

Minister:

The Reverend Stephanie Wood

Regional Dean: Rev. Elizabeth Northcott

Rector's Warden: Lois Tirebuck

People's Warden: Pauline Woods

Deputy Wardens: Tony Smith, Frank Maga

## From the Editor

With the installation of The Reverend Stephanie Wood on Friday, June 16 we have indeed embarked on a new journey. So many articles in this issue of Spirit reflect the excitement and joy of looking forward to where this journey will take us as a parish. A fellow parishioner and friend wrote to me the next day. "What a great celebration and feast. Judging by the laughter and kindness that filled our church on Friday there should be no problem in moving forward in the best sense of that word." Thank you, Heather. I couldn't have said it better myself!

And now we move forward with Stephanie. I was going to list all the changes we can look forward to, which are mentioned in the many articles of this issue of Spirit. However, I was concerned that my 'note' would be loaded with spoilers and I'd have to warn you to read it last! So, enjoy reading to find out for yourself what is ahead. Have a happy and fun-filled summer and we look forward to many more submissions when we call for them in the fall. Blessings, Jane.



*With Gratitude, the Diocese of British Columbia acknowledges that for thousands of years the Coast Salish, Nuuchah-nulth, and Kwakwaka'wakw peoples have walked gently on the unceded territories where we now live, work, worship, and play. We seek a new relationship with the first peoples here, one based in honour and respect, and we thank them for their hospitality.*



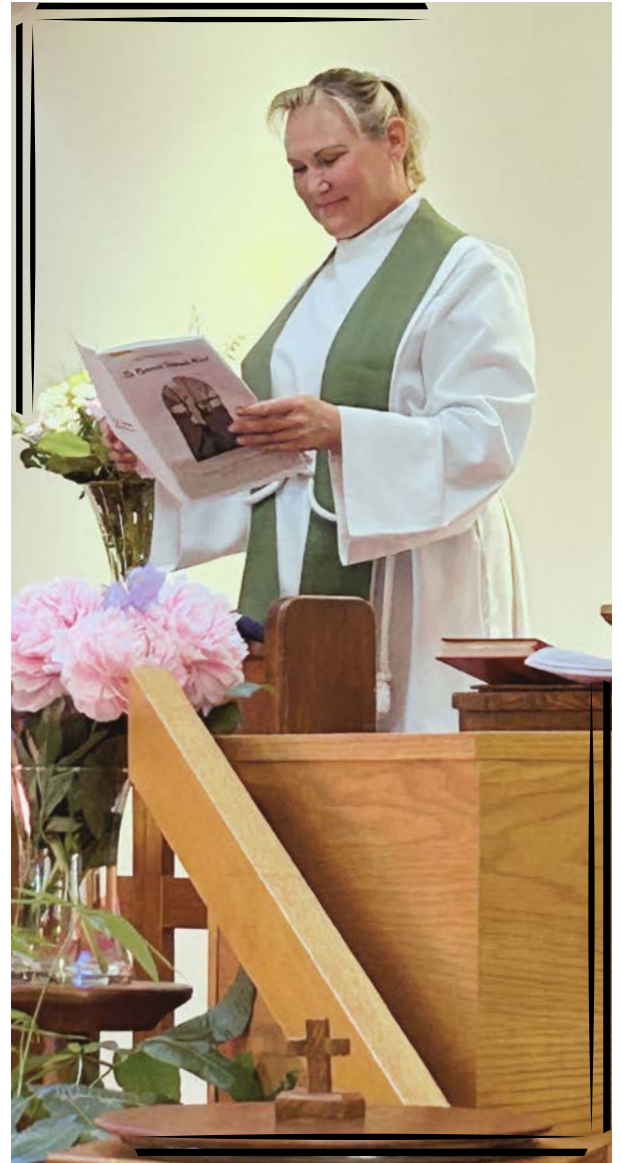
# Stephanie's Stories

## Fun and Joy at the Beginning of a New Ministry

As most of you are probably aware by now, I love to smile! It's a little bit of who I am as a person, and a lot about having a deep sense of joy in serving the wonderful parishioners of St. Peter. Since I was appointed, and now installed as Incumbent of St. Peter just a short time ago I have been mindful of my learning edges as a new clergy woman, while also discovering how my God-given gift of joy can serve God and the needs of the community. When I first took the reigns as Incumbent I felt a whole lot of excitement, and of course, a bit nervous too. I hadn't before imagined myself as being "in charge" for more than a few months.

For me, ordained ministry began at St. John the Divine in Victoria, B.C. I had been serving as their Priest Associate for more than a year, and I believed my talents and gifts were best utilized in that capacity. We had an excellent Incumbent in Alastair who was firmly in charge, and I was quite happy being the support clergy and pastoral care leader. But when Alastair departed for a much-anticipated three-month Sabbatical last September, the title of "Priest-in-charge" fell to me. When Alastair returned from his Sabbatical, I very happily handed the "in charge" title back to him and went gladly back to my comfortable and familiar role as Priest Associate. So, when Bishop Anna approached me and asked if I'd consider interviewing for the Incumbency in Campbell River, I was scared stiff! Did she know what she was asking of me? I was perfectly happy being in a role of support clergy to the Incumbent. Plus, I honestly didn't think I had it in me to be an Incumbent.

Yet here I am. The Incumbent of the best parish, with the best and most generous gathering of people I've ever encountered! I guess God really does equip the called! But what I wasn't expecting at St. Peter was to have so much FUN every single day I walk through the church doors! Truly, these past two months have been the time of my life! This has shown me that God absolutely delights in us having fun too! God is indeed within and without everything we do and are. May we always remember to delight and have fun in serving God and one another.



*The Reverend Stephanie Wood*



# From our Deacon

## The Reverend David L. Fitzsimmons

My brothers and sisters in Christ, at St. Peter, Campbell River, You may recall that during the incumbency of Lincoln McKeon, and the episcopacy of +Logan, I retired from the practice of Law, and active diaconal ministry in the Diocese of British Columbia. Some time after that, and sort of coincidentally, Covid 19 overtook the world, and Lincoln left St. Peter, Campbell River.

The Reverend Doctor Catherine Dafoe Hall was appointed to the position of interim Priest-in-Charge at St. Peter, Campbell River. Her incumbency was a Covid-constrained, part-time, long-distance, interim ministry. I initially began to assist her by presenting the musical portion of our Zoom Services, and that involvement gradually became active diaconal ministry again. Because she lived as far away as she did, I was able to assist when someone was needed in Campbell River and she was in Nanaimo, and as her health failed, I was able to fill in and support her ministry when she could not attend.

Doing so was the best part of my time in Holy Orders.

With the incumbency of Stephanie Wood, this need has passed.

As you are aware, deteriorating spinal issues impair my ability to act in a liturgical role on a Sunday morning. It simply isn't practical for me to be at the front on a Sunday morning. My ministry in the community is also coming to an end.

As many of you know, Kate and I have a grandchild now, and he lives in Denmark. We will be travelling more (now that Covid has mostly passed).

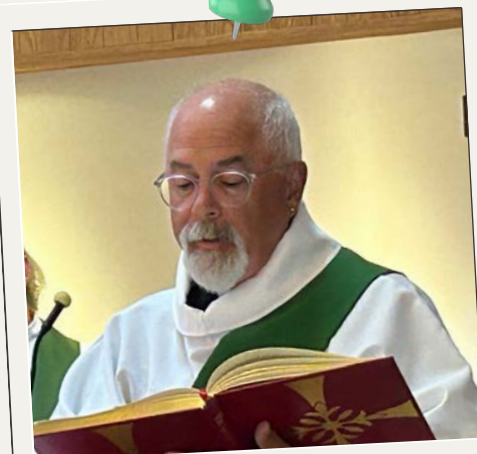
I intend, therefore, a return to "retired" status.

Rest assured; I am not going anywhere. I will still be around to assist putting up incredibly heavy televisions, crawl around in the crawl space pulling cable, organize golf teams and whatever else needs doing.

I look forward to whatever is next for St. Peter, Campbell River, as Stephanie leads us in new and exciting directions.



With 'the dogs'

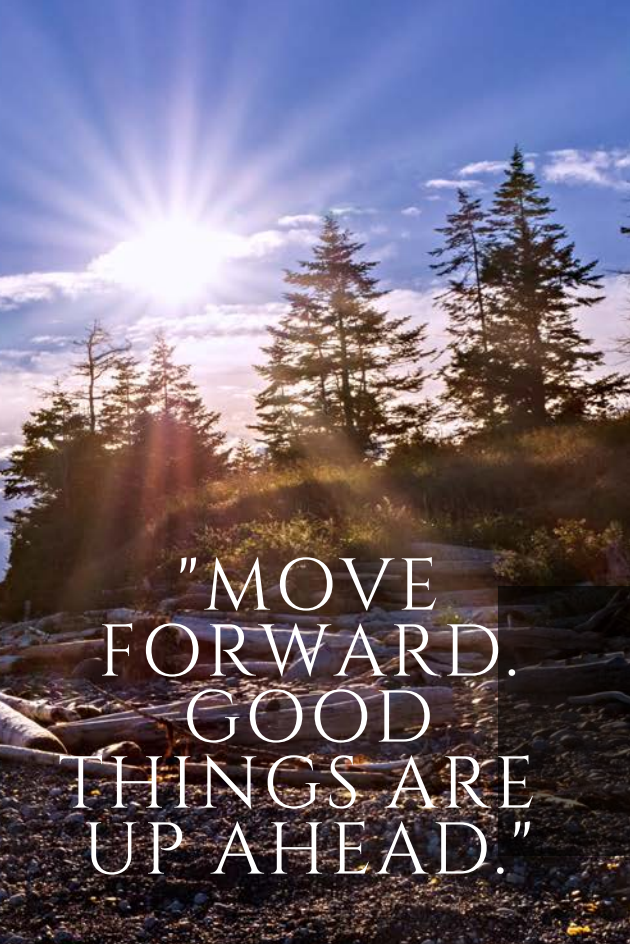


Installation of Rev.  
Stephanie Wood



Covid - Palm Sunday  
with Rev. Cathie Hall





"MOVE  
FORWARD.  
GOOD  
THINGS ARE  
UP AHEAD."

# Warden's Words

Lois Tirebuck, Rector's Warden  
Pauline Woods, People's Warden  
Tony Smith, Deputy Warden  
Frank Maga, Deputy Warden

The theme of this Spirit is "moving forward". Reverend Stephanie Wood has begun to settle in and feels warmly welcomed. It is nice to see not only one, but two, noon Eucharists, each Wednesday and Thursday. Both are welcome additions to the worship at St. Peter as indicated by the attendance at each service. We have begun a new journey.

We are pleased to announce that Lori Gooldrup is our new office assistant. Starting the week of June 15, she will be working four days a week: Monday, Tuesday, Thursday, and Friday. Her office hours are 9:00 a.m. to 1:00 p.m. Stephanie is pleased to know she will have the office support she needs, particularly with the increased service activities at St. Peter. She can focus on the needs of her flock and let Lori handle the matters of administration. It will be a lot easier for phone messages to be answered in a timely fashion as well as allow Lori to become familiar with the job requirements.

We would like to take the opportunity to thank the parishioners who put in timeless hours of work in supporting the beautification of the outside of the church and the many hours that contribute to the maintenance and upkeep of the building.

We would also like to extend a big thank you to Tony Smith, George Wagner, and Rick and Jane Monchak for inspecting the building three times a week since the outbreak of COVID. The inspections were required for insurance purposes should there be an issue such as a water heater leak. Now that the church is occupied on a regular basis the inspections are no longer necessary.





# Warden's Words continued...

We encourage you to take advantage of the bench in the Celebration Garden and spend a few moments to enjoy the peace of the garden. The dedication of the bench and recognition of donors, anonymously or otherwise, will happen soon. It is clear to us that many parishioners enjoy giving of their time to make everyone feel comfortable while attending worship and other church events. Should you want to become more involved in some way in the life of St. Peter Anglican Church, please do not hesitate to contact one of the wardens.

## Spirit of Finance

Holly Finn, Treasurer

As we read our book, we flip the pages, looking forward to what is next – a new chapter. So now it is with us all at St. Peter – with the arrival of Stephanie, a new chapter has begun. Welcome Stephanie!



We have already seen new faces and welcomed familiar faces back to our services. Since we have started passing around the collection plate, we have also seen an increase in our open offerings. While we do not have any collection envelopes left (wow!), we would still be happy to provide you with some blank envelopes so that you can get a tax receipt for your Sunday offerings. We also have an Electronic Collection Plate program as well as a link on our website to [Tithe.ly](http://Tithe.ly), which is an on-line donation site.

Our Revenues to the end of May are \$63,311.78

Our Expenses to the end of May are \$66,637.26

Loss to date (\$ 2,042.43)

My biggest concern is, as usual, our General Revenue (from ECP and envelopes). We are about \$17,000 short of our budgeted amount to date. It is from that revenue that we keep the lights and heat on, get the snow removed and the lawn mown and watered, etc., etc. As we move ahead, maybe it is time to rethink your weekly promise.

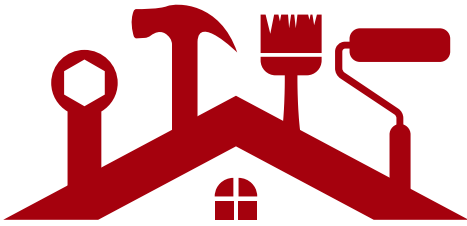
I want to thank those of you who organized, planted, replanted, and worked at the Plant Sale. You are amazing!

As we gather each week, we thank God for all our blessings. A new pastor with a wonderful smile, our well-kept building and grounds, our enthusiastic congregation, music to fill our souls and most of all, the love of God our Father.



# Building Maintenance

George Wagner



“

**Bill had a dream about grass! Grasses have symbolism. They stand for generosity, health and togetherness – great qualities of the maintenance team!**

Since the Fall Spirit the following has been done to maintain and enhance the Church, hall and outside grounds:

1. The Labyrinth bench was purchased and installed at a final cost of \$2457 including the bronze plaque. This project was funded by designated donations from the people of St. Peter. It should also be noted that Uplands Ready Mix donated the concrete for the slab that the bench sits on.
2. Irrigation system repairs were made this spring with the replacement of the sprinklers and control valve for the west lawn system.
3. An automatic irrigation system consisting of nine water-efficient sprinklers was installed in the Celebration Garden. This is controlled by our existing irrigation controller and should reduce the need for the hand watering that was necessary and done nightly by 'Garden Fran' and others. It should be noted that this project was funded by the ACW.
4. A security camera system covering the back areas of the church was also installed this spring as well as a video doorbell on the main church entrance door. The system includes a recorder that allows us the ability to go back and review situations that arise. Again, the ACW stepped up and funded the \$1136 cost of this project. Our thanks to the ACW for investing in this property security project and to our in-house consultant, Roger, who specified the equipment and spearheaded the installation.

## Security Camera Views



5. And then Bill had a dream! He dreamt that the area behind the offices would have carpet of fresh green grass which would replace the weed patch that the area had become. He not only had a dream, but he made it happen by supplying ten yards of topsoil and he organized Keith, Iain, and George to help him spread it and then seed and roll it. It is still a work in progress but shows what can be done if we have a dream and act on it!





# Building Maintenance, continued...

6. This is a heads-up on an upcoming project which we will start fundraising for in the fall; the replacement of the hall floor. Notice of this project was given at the Annual Meeting in February. When it was quoted in December 2022, the cost was \$36,000. With materials escalating the way they are it is estimated that it will be closer to \$40,000 by the time we raise the funds to commit to a purchase. You will hear more about this project in the coming months. Mary Cook has kindly volunteered to spearhead the fundraising part of the project so thanks Mary for stepping up and taking this project fundraising on.

*Planting the New Lawn*



*New Irrigation in the Celebration Garden - thank you to 'Garden Fran' for all the watering done pre-irrigation!*







# Reports

“——  
Heavenly Father, we thank You for our  
ministry volunteers. Thank You, God, for  
guiding their feet into the way of peace.

## 2023 Diocesan Synod Report

*Tony Smith, Lay Delegate*

The Diocese of BC held its 101st synod on May 12 and 13. On May 12, the synod began with a service at the cathedral in Victoria which was live streamed. The business meeting was held, via Zoom, on the morning of May 13.

Bishop Anna presented her charge as part of her homily at the eucharist service on May 12. The bishop spoke about change and the need for the diocese to change. She drew the comparison between the first synod back in the mid-19th century with our present-day synod held electronically via Zoom. She also noted that according to the most recent government census, the people living in our diocese self-identify as the most secular in all of Canada. Despite this, Bishop Anna expressed optimism that the Anglican church in this diocese would change and adapt to these circumstances.



This led into the business part of the synod on May 13. Much of the business was related to modifying and updating the Canons which were originally written in 1875. Over time, additions and changes have been made to the point that they are also internally inconsistent as well as outdated. The Chancellor commented that Canons are like guard rails on a highway and are intended to provide guidance. However, our present Canons which were written for a very different time are becoming more like roadblocks. The Chancellor hopes that a completely new set of Canons will be ready for the 2025 Synod and that these Canons will be written to guide the Church in the 21st century. The updates adopted at this year's Synod



# Reports, continued...

should be seen as necessary stop gap measures until a new set of Canons comes into existence. The remaining business of the synod dealt with adopting the budget and election of clergy and lay to several positions. All the details of this will be in the minutes which will be on the Diocesan website. However, we should congratulate our new rector, Stephanie, for her election as a clergy delegate to Provincial Synod.

The Synod concluded with three video reports. The first dealt with Indigenous ministry on the north Island, the second dealt with the Diocesan participation in the privately sponsored refugee program, and the third dealt with property management of Diocesan assets. The videos will also be found on the Diocesan website.

Synod concluded its business by noon on Saturday with a feeling of, in my opinion, a cautious optimism as we move ahead in these very different times.

## Synod: Upcoming Dates *Barb Henshall, Lay Delegate*

Synod elected delegates to General Synod which will meet in Calgary, at the University of Calgary, June 27th to July 3rd, 2023, with the assembly of Evangelical Lutherans (ELCIC). Elected Provincial delegates will meet at Sorrento, September 2024. Congratulations to Stephanie Wood for being elected to Provincial Synod, an experience that is very spiritual and enriching, while learning about all the programs that Provincial Synod oversees.

On the bottom of the Convening Circular, it was noted that the next regular meeting of the Synod of the Diocese of British Columbia will be held in the Spring of 2025 or October of 2025 (as the goal is that the Canons will all be reviewed, updated and in plain English by then).

Lastly, the June edition of "Faith Tides" has much coverage of the 101st Synod with more detail.

---

## ACW *Lois Tirebuck*

ACW continues to be very active and to move forward to keep up with the times! This year we continue to sew quilts for Men's Second Chance which brings us to over 40 quilts! We would like to thank those in the church who help assemble these quilts. We anticipate on having another twelve done in time for Christmas.



Recently, the "Grandmothers to Grandmothers" had a fundraising walk, in recognition of one of our long-term members, Hilda Shilliday. We were also able to support one of our own members who belongs to that wonderful group.

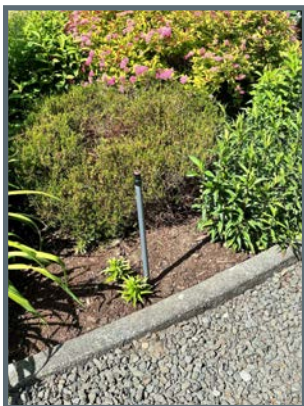




# ACW, continued...

You may have noticed the four new security cameras as well as the new sprinkler system in the Memorial Garden which we were very happy to fund. These projects along with many others can happen as the church members continue to support the ACW.

At the time of printing, we will have hosted another successful pie sale scheduled for the end of June.



**Called to be your Church, may our study, learning, worship and service be always to your glory and the building of your kingdom in our communities and throughout the world. In our ministry may we always respond to the needs of others with your love. We pray in the name of the One who redeemed and loves us, your Son, Jesus our Saviour. Amen**

*Excerpt from the National Prayer of the Anglican Church Women of Canada*

We have several fund raisers throughout the year which allow us to continue to support our many requests. Coming up in September we are hosting an Italian night with an opportunity to try different wines. You will be able take a glass of the wine you like back to your table to enjoy with your meal. We are hoping to have some live dinner music for your enjoyment as well. As we move forward, most of us are aware there are costs and bills to be paid. The proceeds of this event will go towards to the replacement of the new floor in the hall which is anticipated to be around \$40,000.

In October, plans are underway to host a Trivia Night with desserts provided. It is guaranteed to provide much mirth and merriment. Stay tuned for future updates!!



# ACW, continued...

The Christmas Market is set for Saturday, November 18. Times TBA. Artisans will join the ACW ladies in the hall as they did last year for the first time. They will pay the market for table space and have items they have hand-crafted available for sale. The parish of St. Peter will have their famous ACW Christmas cakes, home-made baking, Timeless Treasures, and a variety of other items for sale. Christmas Baskets filled with items to suit a variety of themes and the Silent Auction will also be back. If you have good quality items which you would like to donate to the silent auction, please contact the church office. If you would like to help with the Christmas Market, please speak to Lois. More details about the market will be available in the fall issue of the Spirit.

Our ladies are no longer spring chickens, but we can continue to support one another both individually, and as a group, which keeps our church in the forefront in meeting some of our community needs. Anyone is welcome to join us Friday mornings from 10:00-11:30 a.m. as we meet informally in the library.

## Prayer Ministry

### Welcome 2023

*A new beginning for us at St. Peter Anglican Church.*

*Our blessings are many.*

*Stephanie has joined us full of happiness, energy, and blessing.*

*She has taken on the ministry here by spending quality time with us.*

*Taking time to get to know us.*

*Joining with us in church, coffee, church events. Being here to hangout.*

*Moving into her office and making it a home. It's now a quiet corner to spend time with her ministry in the parish.*

*What an awesome event for us to have a minister putting down roots.*

*Her sermons share with us the knowledge of scripture and life around us.*

*With hands raised in praise, she gently offers communion with great reverence.*

*These things have filled my heart with peace.*

*We are moving forward.*

*Tomorrow's still a mystery.*

*What things can we do in the community to share the beliefs we cherish.*

*What events will interest the community in our church?*

*The plant sale that I work on is an established event that is recognized through its 62 years of history in Campbell River. It began with a hopeful idea for a new event.*

*What other activities could we do to spread gospel peace and love?*

*Peace is something we all need.*

*I wish I knew how to bring the young back to the church.*

*How to touch the future generations.*

*Teaching the peace of learning how to give from the heart.*

*I pray for ideas, to move forward, and it will happen.*

**Glenna Armitage**







# Plant Sale

## What's Been Happening

“Help us, Oh God, to be ever mindful of the beauties around us. May we grow with our flowers in gentleness, patience, courage, laughter and religion. As we turn the brown soil and plant our seed, may we learn faith ... faith in the goodness of the earth, the clemency of the sun, the fullness of the clouds.

## 62nd Annual Plant Sale

*Glenna Armitage*

**Advertising:** Trina created a fresh colourful poster to advertise our plant sale. We distributed these amongst the congregation to post in our community. I went to the Eagle radio station to advertise our plant sale in their community events radio announcements. Pauline had the date of the plant sale changed on our plant sale banner. Then she had the banner put up on Dogwood Street to advertise the plant sale.

**Yard Work:** Thanks to the church yard maintenance team for cleaning up our church grounds. Thanks to Frances, Ellen, and the crew for their diligent cleaning out plants from the church gardens; for the potting of these plants and donated plants. Thank you also for the cleaning out of the sheds and donated pots. Rick Monchak picked up the dirt for us for the planting. A group of us got together to put the Mother's Day decorative pots together.

**Online sales:** Rick and Jane have developed an online site where they advertise the sale of our dahlia tubers, trees, and other small plants. Building up a client base for dahlia tubers increases our sales with return customers. In the past we have had trouble with people stealing from our church yard. Having our trees and other large plants sold without having to bring them into the church yard really helps our sales and security issues.

**Announcements:** I did announcements for a few weeks, telling parishioners how they could help with our plant sale; when to bring their donated plants for the plant sale; and how to have them labelled with identification tags. I also reminded all our congregation to go through their garage and donate old tools and decorative pots that we could sell at the plant sale; and to come out on the plant sale day and help sell our plants.





# 62nd Annual Plant Sale, continued...

Coffee, Snacks, and Lunch: Bev, Frances, Jane, and Bill Halstead provided a wonderful lunch and snacks on the day of the plant sale and contributed awesomely to our coffee break times while setting up the plant sale.

Donations: Parishioners and the Campbell River community donated plants for our sale. The community garden, next to our church, donated a variety of plants and stored some of our plants inside their locked centre for security. They also donated some fencing so that we could improve our secure areas where the deer could not browse the plants. Keith transported big items to the church yard for the sale.

Plant Sale Set-up: Rick organized the float for the sale, master gardeners, and tents. Barb looked after getting the boxes. A group of us got together the day before to price and arrange the plants around the perimeter of the garden beside the church hall. We had three cashiers for the sale, Andrea, Diana, and Jill. All the "sheep" I asked for in my announcement came out and helped with our awesome sale. Customer traffic flow was good.

Thanks to everyone for the wonderful effort you all made.





# The Rhododendrons on the Corner

*Jennifer Coolen*

*This is my Father's world,  
And to my listening ears  
All nature sings, and round me rings  
The music of the spheres.*

Today, I found myself humming this hymn, #600 in the old blue hymnal (revised in 1938), as I deadheaded the rhododendrons on the corner of Pinecrest and Dogwood Streets. Is it not truly amazing? These bushes, constantly tormented by the elements, exhaust fumes from passing vehicles, and their annual pruning by me, still produce for our pleasure, even hidden deep inside the bush, amazing blooms every year.

*It truly is ...my Father's world,  
I rest me in the thought  
Of rocks and trees, of skies and seas,  
His hand the wonders wrought.*

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## A BIG Thank You to Our Volunteers

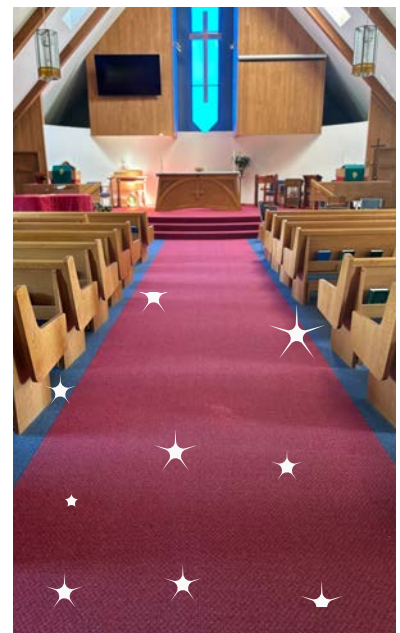
*Frances Payne & Ellen Wagner*

Between mid-March and the end of May, the following work has been completed around and in the church itself by several small groups of hard-working parishioners. They take pride in the garden and the building by providing regular maintenance and upkeep.

In March, a pre-garden season meeting was held on the church grounds. Six parishioners attended and at that time, distribution zones were delegated. The gardeners are responsible for weeding their zone; the gardens have never looked better!

If you would like to participate in this project, please contact Ellen Wagner or Frances Payne. You will be very much appreciated.

Also, in March, the carpets in the Sanctuary were professionally cleaned.





# A Big Thank You to Our Volunteers, continued...

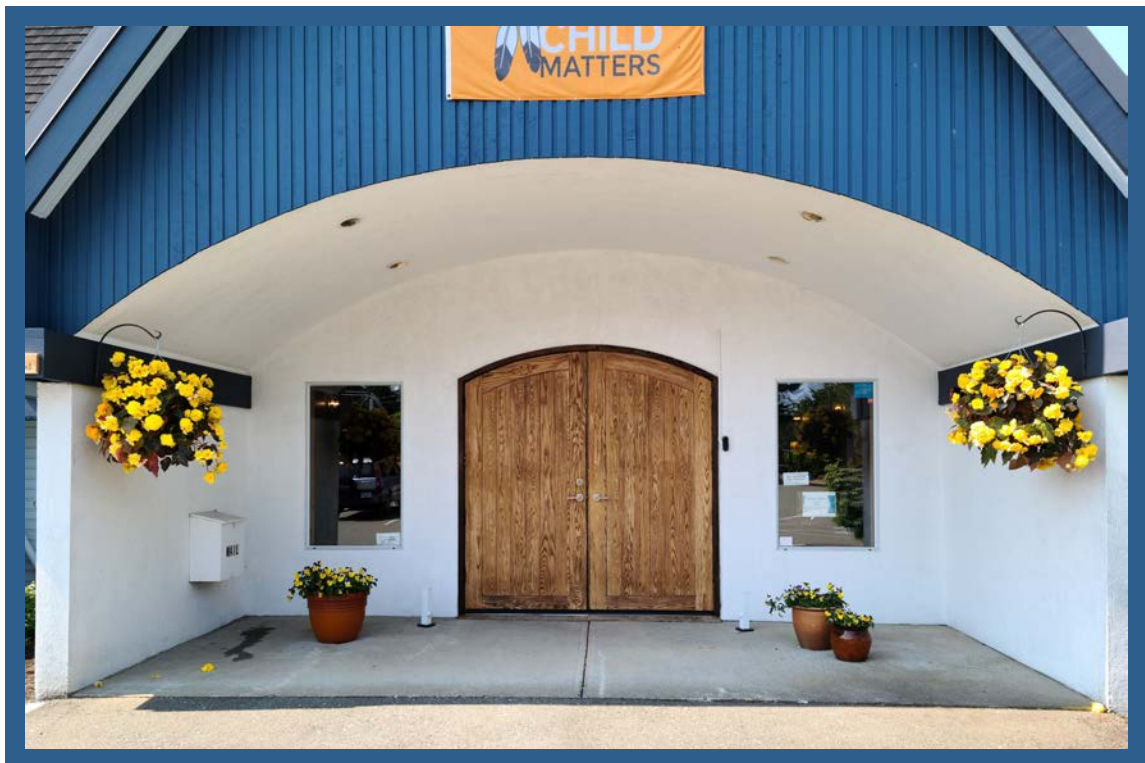
At the beginning of April, there was a cleaning blitz in the Sanctuary. Six of our finest parishioners volunteered, bringing with them cleaning supplies. All wood surfaces were polished. The windows, inside and out, were cleaned. Along with some fellowship and a good workout they worked hard and got the job done. Well done, ladies!



In mid-April, a grounds clean-up was organized. This event is normally held on Earth Day (April 22) however, due to other commitments it was held the previous week. Twelve parishioners attended this clean-up and worked as busy as beavers. Several dead trees were cut down. And backs were bent out of shape gathering pinecones. Rick had previously taken a full truck load of full bags of cones and pine straw to the dump, but still hundreds of cones remained. The church was beautifully enhanced by all those who attended. Snack were served on the run!

In May, on a super hot Thursday morning, four of our men appeared in the south corner of the church yard to spread topsoil donated by Bill Ritchie. Snacks and drinks were served and appreciated. The dirt was rolled and seeded and now the grass is growing beautifully. Soon we will be able to walk in this area. Well done, Bill, George, Iain, and Keith.

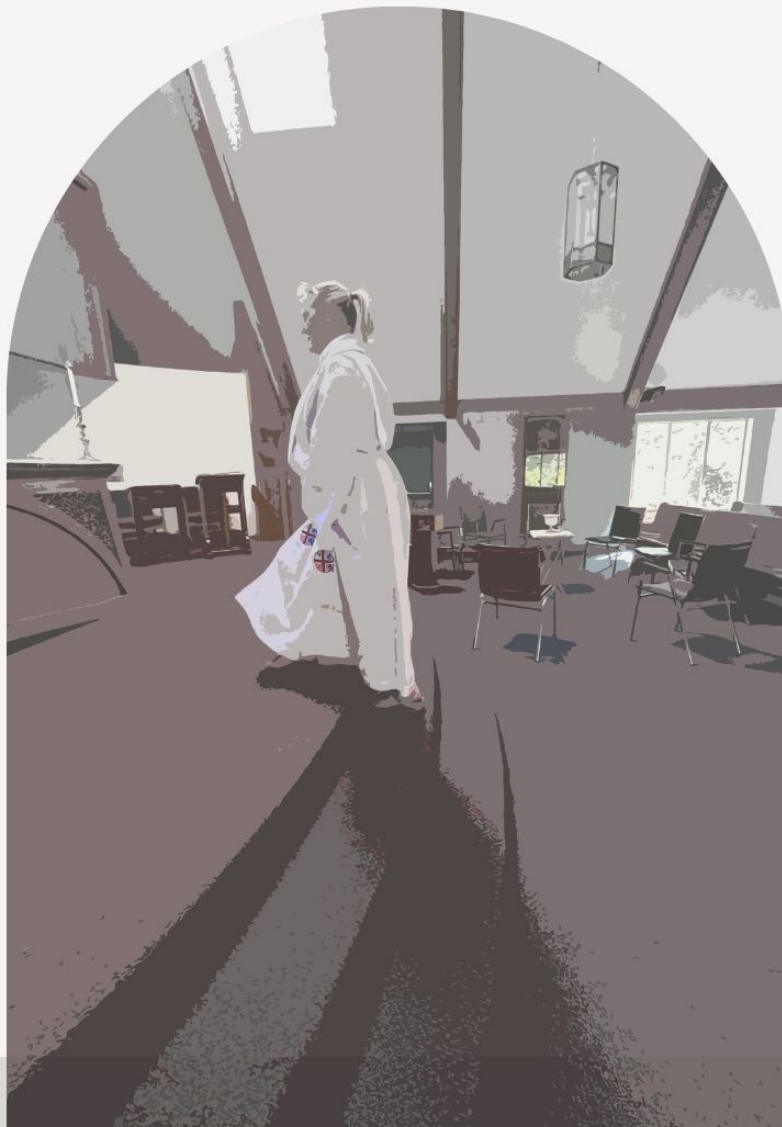
Special thanks to Pauline and Bill for the beautiful flowers; pots of happy pansies and hanging baskets filled with yellow begonias in the front entrance of the church. They provide such a welcome arrival.





# INSTALLATION OF

## *The Reverend Stephanie Wood*



---

ST. PETER ANGLICAN CHURCH, CAMPBELL RIVER, BC  
JUNE 16, 2023 AT 1 PM

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## **What a celebration on Friday! It was a joy to attend the installation of our new incumbent, The Reverend Stephanie Wood.**

As Stephanie stood before Archdeacon Elizabeth Northcott and Bishop Anna Greenwood-Lee, the congregation was informed that Stephanie has made the required Oaths and Declarations and has acknowledged receipt of the Letters of Appointment and that the Bishop's Licence has been issued.

Bishop Anna asked her, "Stephanie you have accepted appointment to this ministry. Now in the presence of this congregation, do you commit yourself to this responsibility and trust?" to which Stephanie enthusiastically replied, "I do, trusting in Christ's grace and love!"

We, the congregation, were asked, "Do you, people of the Parish of St. Peter, Campbell River commit to share with Stephanie in the ministry of Christ in and through this Parish?" We proclaimed, "We do, trusting in Christ's grace and love!" We have been asked to support Stephanie in her ministry, to bring who we are as people with strengths and weaknesses; hopes and concerns; gifts and talents. Thanks be to God!

Bishop Anna presented Stephanie with the licence; the Wardens presented her with the keys to the church. Lastly, Bishop Anna presented Stephanie to us as incumbent and leader in mission and ministry, in the parish of St. Peter and then invited us to welcome her. The congregation responded with resounding applause!

But, before the Installation of Stephanie, we listened to the Word of God; from Numbers 11, Romans 12, and the Good News of Jesus Christ according to John; and the sermon.

The sermon given by Bishop Anna was sparked with humour, but her points were not to be taken lightly. She began by complimenting us on being the first church in the diocese to use the new hymn book, "Sing a New Creation". Of the eight hymns sung in the service, six were from the new hymnal. Well done, musicians! Bishop Anna was impressed by our moving forward! She also recognized the work of Cathie Hall who wanted so much to see us through to our new incumbent. Thanks were given for the many parishioners who kept St. Peter running throughout COVID. And, the Bishop thanked David for his work that went beyond, and was infinitely more than he could have asked or imagined!



Bishop Anna enjoys looking at statistics and particularly, census data. During her sermon, she gave us some details from the 2021 census about the demographics of Campbell River. "You are getting bigger and older; 'them's the breaks'! Seventy percent of the households in Campbell River have one to two members. People are living longer. There are many single-family households; they are seniors! That's huge! God is sending you old people. Take care of the widows! So, suck it up, buttercup!" God is not sending you young families, and families with children who account for only eight percent of the population of Campbell River. She went on to say that single people should not feel left out; you are the fastest growing demographic.

Bishop Anna also spoke of the pandemic, of social isolation and the mental health crisis in our midst. She encouraged us to "Call each other. We don't 'live alone'. The church knows how to help those who are alone. Stephanie who has many gifts having been a nurse, knows the struggles of those who have been in hospital with no ride home. Pay attention to who God is sending you: retirees!"

It was an uplifting sermon which was followed by the installation and communion. The service ended with the hymn, "Let Us Build a New House" and the blessing; "Go in Peace to Love and serve the living God."

And of course, there was Tea! The service was followed by a sumptuous tea, with special thanks to Sue Vickery who organized it and to all who helped to set up, decorate, provide food, and clean up.







# Outreach

“*— Giving God, we receive so much from you, and therefore have much to give. Help us to share in the blessings of giving as well as the happiness of receiving, that your love may be more widely, shared through Jesus Christ our Lord. Amen.*

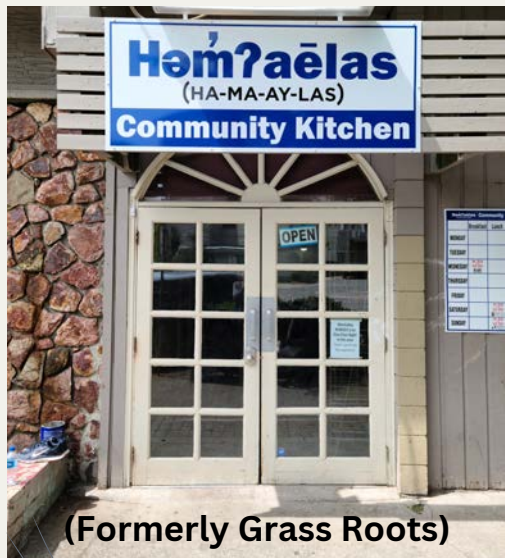
## Make a little noise!

At St. Peter, we are making a little noise to help make beautiful music! We love singing, but we are a little short of having enough the new hymn books, "Sing a New Creation" for everyone. Just dropping a little change into the Noisy Offering jar can make a huge difference. Tired of lugging around a heavy purse? Maybe the loose change dropped in the jar would lighten the burden. Or maybe nickels and dimes are making holes in your pockets?

The jar is just inside the doors of the church - your donations are really appreciated!



## Ha-ma-ay-las Community Kitchen



Next dates for service: July 18, August 15, September 19  
Volunteers are always welcome to help us prepare and serve food for the dinner program, at the Hamaaylas Kitchen, for people in need.

We participate in this community program every third Tuesday of the month.

If you would like to help, contact Diana at 250-286-1613 or email [admin@stpeterscampbellriver.com](mailto:admin@stpeterscampbellriver.com) with "Hamaaylas" in the subject line. Diana would be joyful and love to have the roster filled early!

Many thanks to Diana for organizing ,preparing, and serving the meal once a month for approximately 65 people!



# Ongoing...



## **MONDAY MORNING COFFEE HOUR 10 AM**

It is summer and the sun has been beckoning. Coffee Hour has moved outside and, despite my challenges with technology, it is available on Zoom as well!

The conversation is where the group takes it; be it a current recipe, latest challenges with appliance repairs, or being chased by a bear! After all, it is a coffee hour. Please bring a comfortable chair, your cup of tea or coffee, and a hat.

Look forward to seeing you.

Jennifer Coolen



## **ACW - FRIDAY MORNINGS AT 10 AM YOU'RE INVITED!**

I would like to invite members of the church to visit us on Friday mornings in the library of St. Peter Church at 10:00 a.m. We need to work together to build membership in the church. Since the pandemic our numbers have fallen. It's important to me to be a church member. When we were not able to meet in our church building, during the pandemic, it was very hard for many of us.

Rosalie Meier



## **MINDFULNESS - MEDITATION PRACTICE WEDNESDAYS AT 3:30 PM**

Meeting on a weekly basis, the aim of the group is to create a peaceful atmosphere to foster a deeper awareness of the presence of God in everything we do in our daily lives. The group format includes breathing exercises, meditations and a short discussion of specific mindfulness skill. If you are looking to expanding your spiritual horizons or want to spend an hour in a peaceful environment, please consider giving this group a try.

On the following page, you will find a meditation designed to reduce your anxiety.



# Ongoing - Mindfulness Meditation Practice

*Jane Jennings*

The following meditation is about reducing our anxiety, whether it is worry about our loved ones, ourselves, or the world.

We know that low level anxiety can so easily become high level stress. We need to be kind to ourselves, to respect our limits; to not get caught up in the hype, the what if's, the useless worry that confronts us everyday.

When we are mindful, we are able to let go of the things we cannot control. We decide to let go of useless thoughts, let go of emotions that cause upset and negativity, to let go of pain and tensions in our body that are a reaction to stress.

Breathe deeply, concentrating on the inhale and the exhale of the breath. As you become more settled, allow your breathing to find its natural rhythm, knowing that this action will help calm body, mind, and spirit.

We have come far, we have been through over three years of this pandemic, during which the world has also changed. Now, it is time to accept that we are living at a new threshold, one of the unknown, the threshold of today.

To find peace, let the known and unknown worries and dangers float away, as on a cloud, and turn your attention to accepting peace in this moment. Allow yourself to rest in the present moment, emptying your mind of all anxious thoughts and feelings.

We know that the Universe, God, will hold us up. We let go of our worries, so that we can inhabit the unknown, mindfully aware that the present moment is all there is. We are alive and thankful for this present moment.

If you would like to hear more meditations like this, we invite you to join us every Wednesday in the church garden at 3:30 p.m. where we are led in meditations to regain our equilibrium and balance. If the weather is bad, the group will be held in the library.

We are having a special mindfulness meditation group meeting on June 28th at 3:00 p.m. Sue Vickery has kindly offered to host us in her garden. We will be able to chat about various mindfulness topics and enjoy her garden for meditation time. We invite anyone who would like to try the group to come and join us at Sue's or at one of our regular Wednesday meetings in the church garden. To get more details, please contact myself 778 346 3660 or the church office 250 286 1613.





# What's Coming Up...

## Timeless Treasures

*Jennifer Coolen*

"My family doesn't want my things," was how I started the conversation six years ago. I was asking for donations from the congregation for a high-class garage sale: crystal, china, linen, and silver. Into my custody, you gave family treasures, some over one hundred years old!



I considered it a great honor to be trusted with these items. The linens were handwashed, dried in the sun and duly ironed. Volunteers washed the china and crystal, and many hands made the silver shine. The sale of Timeless Treasures raised money which allowed the ACW to continue their work within the Church and for their community Outreach programs. The items not sold at that time have been offered twice more on special days set aside for Timeless Treasures and at the Christmas bazaars.

I thought I would share with you that there are items still stored in the Church basement. In the past months, the ACW has realized a tidy sum by the sale of some of these items through The Urbanary, an upscale consignment store located downtown. Old postcards were delivered to an antique bookstore in Victoria and thus more income was realized. In November, items will again be offered for sale at the St. Peter Christmas Market.

Please know that your generosity, so many years ago, is still much appreciated.



September 10 - Outdoor church service and parish picnic. Bring a folding chair and a pot luck salad to share. The church will provide hamburgers, hot dogs, beverages and ice cream.



September 30 - ACW Italian Night



October 27- ACW Trivia Night



November 18 - ACW Christmas Market

*More details on page 12 & 13 of this issue of Spirit.*



# Articles of Interest and Reflection

## Blessing and New Beginnings

This poem is about blessings. This is where I was; in hell, and now I'm in heaven. We are so lucky, by the grace of God, that we are where we are. Count your blessings. Keep praying for people because things can change. It happened to me.

## Two Different Kinds of Worlds

The sun is beating down  
the sky is hazy, the water calm  
happy people all around  
some were old, middle-aged and young  
adults chattering, relaxing in the sun  
eyes on their children having fun  
children with ice cream dripping down their chins  
People snapping pictures of family and friends-  
Mom and Dad and the new baby too  
a man cleaning up with a pan and a broom  
a seagull walking tall and proud  
keeping eyes on food that may fall  
A man in a wheelchair stops to say hi!  
A lady smiles - a twinkle in her eye  
All things seem sublime!

But there is another world just beyond...

The sun is gone, the sky is clear  
There is a chill in the air  
People panhandling so they can eat  
While others are hooking on the streets  
Dealers selling drugs to people they meet  
Police arresting the lonely and weak  
People looking for a safe place to sleep  
While others are lying drunk in the streets  
Everything so excruciating!  
(Like moving from heaven to hell in a 12-minute ride)

Why must we have two different worlds?

*By Lynn Faber*



# RENAISSANCE

## *Quentin's Quest - Quentin Dodd*



I am devoting at least part of this column to “renaissance” as it is the theme for Spirit magazine. I’ve always thought that “Spirit” is a wonderful name for our parish magazine. It is reflective of all the marvelous spirit I’ve always seen at work in our parish in so many forms over the 35 to 40 years I’ve been a member of the congregation.

So here is a short list of all the new “renaissances” I’ve seen going on around me in recent times. These include (in no particular order) my own path to recovery from cancer radiation treatments in the Cancer Clinic in Victoria; the coronation of King Charles III and Queen Camilla; the arrival of our much-admired and very welcome new Rector, the Reverend Stephanie Wood; the eventual arrival of some fairly decent but quite fluctuating spring weather in our beloved Campbell River; the obtaining of a new car to let me get back on the road again and the wedding of Ray and Heather Crites, as visitors to Campbell River and St. Peter.

Finally, I hope that if any of you are about to step into a new stage or period of your life, whether with pleasure or sadness, confidence or misgivings, I do hope that we will all get through with a constant reminder that even routine can be a comfort sometimes, and that we always walk with God, Jesus and the Holy Spirit. They walk alongside us, to aid and support us in any sufferings this life may bring and to rejoice with us when we remember and look at all the blessings our current existence brings us here.



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## New Feature - Visual Art Focus



This is a new feature in Spirit. We encourage visual artists to send us a picture or two of their artworks. Many thanks to Sandra Ohlinger, who submitted pictures of two of her watercolours, a new journey has begun, in highlighting an artist from the parish of St. Peter in each Spirit magazine.

When I asked her about her background as an artist, Sandra told me she took courses at college and at Sybil Andrews Cottage. Her instructor at the cottage was Doris Ritchie who was also a parishioner of St. Peter. Doris was responsible for designing the picture of our church that decorates a commemorative plate produced several years ago.







# ART

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Two pictures of Sandra's are presented. Seals and Crow Mischief. Sandra almost always paints animals. She focuses on an animal and may create several paintings of the one animal. She has created a collection of ten paintings of seals. However, her favourite painting to date is Crow Mischief.

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# Articles of Interest and Reflection

## ***A Wedding Story - June 14, 2023***

*Story and Photos by Quentin Dodd*

Thank you to all the parishioners who signed the cards of wedding congratulations for Ray Crites and Heather Burton for their marriage here at St. Peter Anglican Church, Campbell River.

The whole event was totally delightful, with plenty of love, laughter and even applause from the small congregation on a bright, sunny afternoon that had Ray and Heather stand in a pool of light immediately in front of the altar, with Incumbent Priest Stephanie Wood.

Ray and Heather live in Sidney, just outside Victoria, and it was there they decided on having their marriage and brief vacation here in Campbell River, a place they had not visited before. The ceremony, which included two readings, by Lois Tirebuck and me, was followed by the exchange of vows and rings. Lois and I acted as official witnesses to sign the church register and marriage certificate.

Stephanie presented the newlyweds with a decorative plate that St. Peter, Campbell River put out many years ago. It has a drawing of the church and the church's name in gold on it. It was suggested to the couple that they could add the date of their marriage to the plate before they hung it on the wall in their home. Stephanie had found the perfect wedding gift for them.



### **Letter of Thanks — June 17, 2023**

Heather and I would like to take this moment to share with all of you, how very grateful and blessed we are to have somehow not only found each other and fallen in love, but to have also found Reverend Stephanie Wood and all of you at St. Peter's. ...From the very moment that we chose St. Peter's we felt a warm, loving embrace taking place and we had not even met anyone yet. Little did we know how perfect. ...We were greeted and treated as family. ...The cards will form a permanent part of our wedding album and the commemorative plate will be on the shelf directly above it.

To all of you, from both of us, thank you so very much for everything; we will be forever eternally grateful. - Ray and Heather Crites



# Announcements

## IN LOVING MEMORY



Joan Eileen Taylor  
Lance William Klassen  
Rick Mahalek  
Gerald Patrick Sinnott  
Mary Anne Shaw

May 3, 1940 - November 26, 2022  
January 14, 1938 - April 2, 2023  
August 1, 1976 - April 12, 2023  
September 20, 1933 - May 8, 2023  
March 15, 1927 - May 14, 2023



### Upcoming Course provided by Ministry of Health: Advance Care Planning

What - Expressing your wishes for future healthcare treatment when you can't speak for yourself. When you are incapable of expressing your treatment wishes to healthcare providers. By planning in advance, you can be sure that your family/friends and/or healthcare providers know your wishes and can ensure these wishes are followed.

When - To be held in the fall

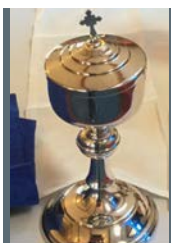
More Info - Poster sign-up, date, and time, to follow closer to the event. For more information, please speak to Pam Hedderson.

### St. Peter Annual Book Sale 2023 - Coordinator Needed

As reported at the AGM, in February 2023, St. Peter Annual Book Sale 2023 is looking for a new coordinator. I have served as the coordinator from 2013 to 2019 and in 2022; we did not have a book sale in 2020 and 2021 due to COVID. I have really enjoyed coordinating the sale, the fellowship and sorting books, however, it is time to pass the baton. I am happy to pass on all I have learned from my volunteer work with the sale to the new coordinator. Please speak to me, Jane Monchak, or a Warden: Lois Tirebuck, Pauline Woods, Tony Smith, or Frank Maga, if you would like to volunteer to coordinate the book sale.



### HELP WANTED



#### Altar Guild

Being part of the Altar Guild is also a unique opportunity for fellowship, and a way to learn the traditions associated with preparing the church for each service. We are always actively seeking new members. No prior experience is required and all training is provided. If you are interested, please email [admin@stpeterscampbellriver.com](mailto:admin@stpeterscampbellriver.com) or call the office at 250-286-1613



#### Monitor for Security System Recordings

Someone to review the Security System recordings on an incident basis. Should be relatively comfortable using a computer or phone to access the camera recordings which can be done offsite. If this is something that you would be interested in please indicate to George Wagner at [geowagner@shaw.ca](mailto:geowagner@shaw.ca) or by phone at 778-420-4643. Training would be provided.





# Weekly at St. Peter...

## CHURCH OFFICE HOURS

Monday, Tuesday, Thursday, Friday - 9:00 a.m. to 1:00 p.m.

## WORSHIP OPPORTUNITIES

Sunday, 10:00 a.m. Holy Eucharist – Hybrid – Zoom and in-person, in the Sanctuary  
Services are from the Book of Alternative Services.

Wednesday, 12:30 p.m. Mid-Day Eucharist

Thursday, 12:30 p.m. Meditative Eucharist



## WEEKLY EVENTS

Monday, 10:00 a.m. Coffee Hour in-person, on the west lawn, library or on Zoom

Wednesday, 3:30 p.m. Mindfulness on Zoom (or in person in summer months - check the website for details)

Friday, 10:00 a.m. ACW in the Library

## SERVING THE COMMUNITY AT ST. PETER

Sunday, Monday, Wednesday, Thursday evenings Six 12-Step groups (in the building)

Tuesday evening; Monday, Wednesday & Thursday mornings Fall Yoga Classes (in the hall)

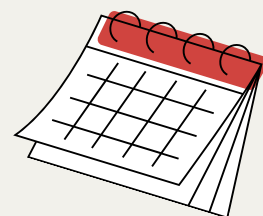
## IMPORTANT DATES FOR TO YOUR CALENDAR

September 10 Outdoor service and parish picnic

September 30 Italian Night - wine tasting, dinner, entertainment

October 27 Trivia Night with dessert

November 18 St. Peter Christmas Market; Timeless Treasures



## Parish Leaders

Rector's Warden: Lois Tirebuck

People's Warden: Pauline Woods

Deputy Wardens: Tony Smith and Frank Maga

Treasurer: Holly Finn

Musicians: Georgia Smith, Kate Fitzsimmons  
and Lori Gooldrup

Communications Director: Trina Soltys

Envelope Secretary: Frank Maga

Healing Prayer Ministry: Sue Vickery

Lay Assistants and Readers: Pauline Woods

ACW President: Bev Lawrence, Lois Tirebuck

Mindfulness: Jane Jennings

Altar Guild: volunteers invited!

Librarian: Jane Jennings

Community Garden Liaison: Rick Monchak

Safe Church: Andrea Charlton

PWRDF Rep: Barb Henshall

Building: George Wagner



# Colouring Page

