





ST. PAUL

THE

ANGELICAN CHURCH

CONTACT

Connecting with your parish family • September 2023

CLARA'S CORNER

If I close my eyes and sit still for a moment I can go back to that memory. I am lying flat on my back on a huge smooth rock that was a short distance from our house on the farm. It was big enough for a couple of us to sit and talk while we enjoyed the day. But there were times when I wanted to be alone and to just be, so I would head out to that rock. I remember feeling the warmth of the rock under me that had been soaking in the heat of the sun. As I looked up, I could see the tops of the trees surrounding me with an opening to the prairie blue sky that went on forever. The trees felt like a protective shield around me, and I was being upheld by the Creator. I was on holy ground. I would keep going back to that rock because it was one of my holy places – where I felt closest to God and this glorious creation that we call home. These encounters in nature helped me to connect with God even when I was not a part of a faith community.

As followers of Christ, we draw inspiration through the collection of books called the Holy Scriptures that shape and inform our lives and our understanding of the Holy One, and how we are to be present in the world around us. The scriptures help us to grow in our faith and to participate in God's good purpose. We also learn from what might be referred to as the book of Creation – where we meet God present in the world around us. In this Season of Creation, we are invited to consider how God is speaking to us and teaching us through Creation. I wonder how God meets you. Can you think of a time when God unexpectedly spoke to you in an encounter in nature? What did that experience teach you? How do these kinds of experiences inspire you to love God and our beloved world? I may not be able to go back to my favourite rock anymore, but I have learned that there are many places in nature that awaken within me a

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deep sense of God's presence. I think I need to do this more often! How about you? Take off your sandals, you're standing on holy ground.

Clara+

## NEWS FROM OUR WARDENS

Dear St. Paul family,

It is with mixed emotions that we announce that our dear Rev Clara was elected incoming Bishop of the Territory of the People (based in Kamloops), on Saturday, September 16.

We offer her our heartfelt congratulations and we ask that all of you pray for her and for our parish as we enter a period of transition.

More information about our plans will be forthcoming over the next couple of months.

Your Wardens,

*Joy Adams Bauer, Sue Gueulette,  
Heather Lester*

## ONGOING WORSHIP

### Regularly Scheduled Worship Services

#### **Morning Prayer:**

Monday-Friday 8:30 AM — *Zoom*  
*\*excluding stat holidays*

**11 AM Mid-Week Service—BCP**  
Wednesday — *in person only*

**8 AM Holy Communion—BCP**  
Sundays — *in person only*

**10:30 AM Holy Eucharist—BAS**  
Sundays — *Livestream & in person*

**After-Service Fellowship**  
Sunday after each service  
*socializing downstairs in the hall*

**We welcome you to join us !**

## MEET THE NEW PARISH ADMINISTRATOR

Hi, I'm Gillian, your new Parish Administrator. I've passed my three month probation - yeah! - so I guess that means I'll be around St. Paul's for a while yet. I'm no spring chicken, and feel really privileged to find purpose after retirement and serve your church community. You could say my life has come full circle. You see, I was baptized into the Church of England. Or was I baptized...? My family came from good British stock (born under the Bow Bells in London, England) and I was told we were Church of England, but my parents had no time for church or Christianity. No worries though, the Baptists took care of that with full immersion many years later!

God must have had His hand on my shoulder though, since after immigration to Toronto and starting school, my best friend was part of a large Irish family who offered to take me to their United Church. On a Sunday morning, my parents would tell me to go back to bed and I would say "No - I'm going to church!". Many years later my journey crossed paths with the Minister from those early years. By then he was retired, writing books and leading an organization called Christian Discovery. As a young mom with two daughters, I had the privilege to work from home for him for eight years. Many moves over the years took our family in search of teachings which felt right with the God who touched our lives and we attended several Protestant denominations - reading many theologians along the way and worshipping most often through the gifts of music.

Our journey brought us to British Columbia and life on Protection Island, where you could say nature has been our church; again feeling privileged to be surrounded by so much beauty of God's creation. And now my daily commute has me on the Protection Connection Ferry, taking me here to St. Paul's, where the love of God is reflected in the people, in the building and in your message to the community.



Life has come full circle back to the Anglicans! Thank you for your warm welcome!

## FROM THE WARDEN'S CORNER

My goodness, so much has happened since our last Contact. It is a pleasure to give you an update from the Warden's team. First, Deputy Rector's Warden Sandra Leigh recently resigned her position for health reasons and because she lives just outside Parksville and it's a huge commitment to be driving to Nanaimo on a regular basis. We were very fortunate Sandra remained as part of the Warden's team for as long as she did and we were truly blessed with having her as part of our leadership team at St. Paul. We are so happy she remains a member of our parish and one of the leaders of our morning prayer on Zoom.

And before I go any further, I would like to remind you about the role of the Wardens. Currently our Wardens are Joy Adams Bauer (Rector's Warden, appointed by the Incumbent); Sue Gueulette (People's Warden, elected by the parish); and Heather Lester (Deputy People's Warden, elected by the parish). Wardens act jointly at all times; no one can act without the consent of the other. They must also always function in concert with the incumbent. With the assistance of the Treasurer, they are responsible for the care and accounting of all money given to the congregation. They are responsible for the overall financial health of the parish. The Canons of our Diocese lay out 15 specific responsibilities. Being a Warden is not for the faint of heart!

The parish recently became a member of the Nanaimo Chamber of Commerce. This membership fits with the community and collaboration goals of our Ministry Plan. As Chamber members we raise our profile in the community and educate many organizations about our various ministries. We will be hosting Chamber members in our church hall at a "business after business" event in the spring of next year.

Parish Council held a day long planning session this past spring to spend some time fleshing out our Ministry Plan and determining some concrete actions we can take under each of our three goals. Do you remember what they are? Some examples of specific actions include our book study; our let's meet our neighbours event last month; our lunch and learn sessions that will begin this fall, and our stewardship campaign. Stay tuned!

The Wardens had to make a very difficult decision this spring when we eliminated the position of facilities/community engagement coordinator. We take our responsibility for the finances of the parish very seriously and made the decision because for the past almost two years we have been in a deficit position each and every month. When you spend thousands more dollars than you bring in in revenue, very challenging decisions have to

be made. We have gone from having a staff position at 32 hours a week to 15 hours a week with the hiring of our Parish Administrator, Gillian Bigl, in June.

While we received a substantial gift earlier this year, the Wardens and Rev Clara decided that in order to be good stewards of this gift, we would invest the donation for a minimum of one year and not rush to disburse any of the funds until we have had the opportunity to discern together our future needs. Parish Council passed the following motion at its January 19, 2023 meeting: *"That because of the operating deficit, the parish not spend any of the new money for a period of at least one year, but invest it at the best possible rate of interest."*

Your Wardens take their responsibilities very seriously. We are dedicated Christians and volunteers and appreciate your support.

Feel free to contact any of us with any questions or concerns. We are working for you and to the glory of God.

*Joy Adams Bauer,*  
Rector's Warden

## UPDATE FROM YOUR STEWARDSHIP TEAM



Stewardship is a core element of Christian practice. It is how we follow Jesus in our daily lives and live his mission as a parish. Stewardship is a core Christian practice rooted in Scripture.

St. Paul's has begun a year-long stewardship campaign. We hope you enjoyed reading our "lovely lavender" inserts during July and August, focusing on sections of the Bible that speak about stewardship.

You can now look forward to "Stewardship Sundays", the first Sunday of the month. We began with the stewardship of creation in September. In November, you can look forward to a parishioner giving a stewardship testimonial at both the 8 am and 10:30 am services.

Stewardship is about our own sense of giftedness and what we give back to God. How do we create a spiritual commitment and how do we give back to our church and to our community?

Mark your calendars for Saturday, October 28 when we'll hold our annual newcomers gathering along with information about all of our ministries and a chance for YOU to share the talents God has given you.

Your regular donation to St. Paul's pays for the operation of the parish. The money we raise through our fundraising activities pays for our ministry in the community. As you know, our financial situation is dire with deficits every month for the past two years.

We don't want to cut back on the ministries we are called to. We all need to enter into a life of stewardship.

Your expenses are increasing, so are the churches'. You are a good steward of your finances; can you help us all to be good stewards of St. Paul's finances? Here is a snapshot of our financial situation over the past three years.

In the spring of 2024 we will hold a 5 week giving campaign using the "Giving Thanks and Praise" resource. If you have any thoughts or questions, please feel free to speak with any member of the stewardship team. (*Joy Adams Bauer, Greg Brown, Julie Foster, Carol Shaw, Rev Clara*). We'd love to hear from you!

Year	Budgeted Other Income	Actual other income	Deficit or Surplus	Actual Income	Actual Expenses	Deficit or Surplus
2022	\$55,200	\$43,568	(\$11,632)	\$236,463	\$297,729	(\$61,266)
2021	\$27,480	\$37,100	\$9,620	\$215,219	\$303,494	(\$88,275)
2020	\$87,960	\$33,029	(\$54,931)	\$253,627	\$263,760	(\$10,133)



## PRIMATE'S WORLD RELIEF & DEVELOPMENT FUND (PWRDF) NEWS

What a WILD RIDE this summer...raising awareness and monies for refugee programs in Ukraine, Africa, and throughout the world. This year there are 177 million people expected to be refugees or displaced . PWRDF can respond to these emergencies with partners located where needed. Thank you for your support and donations.

Joy ..zipped across Maffeo Park, Gwen is walking the Kindly Belly and Beverly is walking the Labyrinth at Bethlehem Centre. A great team came together to walk Buttertubs Marsh. We will still be walking at 2 on Mondays until October 9th . although some have already reached their goal. The Buttertubs team has seen many birds, learned about plants, and shared bits of wisdom. For example, yesterday Rev. Susan shared that if you want to keep monsters away at night, keep the bed covers up to your chin! All agreed, though some were bewildered, but Rev. Pat definitely agreed, and added "close cupboard doors"! Come join us if you can.

**Total Donations to date \$3,461.00**

From left: Ann Watkins, Rev. Pat Horrobin,  
Rev. Susan Hermanson  
Beverly Mennie and Julie Foster  
Missing: Julia Roberts, Lynn Affleck



### Mapping the ground we walk on

About 18 participants joined together on Saturday September 9th to learn about the Indigenous land we walk on as settlers and the impact of history. It was a time as community to reflect and increase our knowledge of Truth and Reconciliation.

*Julie Foster, PWRDF rep for St. Paul's*

#### Sample Picture of mapping exercise:

Lynn Shumaker Diocesan representative,  
husband Rev Paul John and  
Nancy Denman, Facilitators



## FALL NEWS FROM ANGLICAN CHURCH WOMEN (ACW)

1. **Saturday, September 23** - proposed jaunt to the Milner Gardens in Qualicum for lunch in the Camelia Tea Room at noon. Adult admission to the gardens (required to access the tea room) is \$10. Please check the website for more details at [milnergardens.viu.ca](http://milnergardens.viu.ca)
2. **Sunday, October 29** after the 10:30 service, pizza and fruit crisp, by donation.
3. **Thursday, November 9 at 7:30**, proposed attendance at Winter Solstice, a Haida world view with Ay Lelum, the Good House of Design; post show chat. Please refer to the Port Theatre website for more details. Tickets are \$50.
4. **For the deli at our Christmas Marketplace** a small group under the expert supervision of Carol Shaw will be making 200 turkey pot pies on November 17 & 18.

All are welcome to participate in most of these activities!  
Contact Joy Adams Bauer to express your interest.

We meet regularly at the church on the second Wednesday of the month. Bring a bag lunch and enjoy the fellowship before the meeting at 1:00 pm.

*Amy Fleming, President*

## PRAYER SHAWL MINISTRY

*For we walk by faith, not by sight. - 2 Corinthians 5:7*

Our St. Paul's Prayer Shawl Ministry is celebrating its 10th anniversary in September 2023.

At the time, our Rector, Brian Evans, blessed the Prayer Shawl Ministry to begin our ministry at St. Paul's Anglican Church. Our first meeting was in the Fireside Room on September 26, 2013. We have held meetings everywhere possible in the church: Saint Matthew, Saint Luke, and Saint Mark, in the church and on Zoom.

Our Prayer Shawls have traveled everywhere: Africa, Scotland, England, Colorado, California, northern BC, Saskatchewan and many to our St. Paul's Parishioners and the wider community. Our Prayer Shawl Ministry group has contributed 336 prayer shawls, including one for each child baptized in the church.

This ministry is a relaxed time of fellowship and prayer, all while working on your favourite patterns in knitting or crocheting. If you love to knit or crochet with a purpose, join us on the first and third Thursday of each month at 1:00 PM.

If you have any questions, please get in touch with *Yvonne Oliver* at 250-754-8614.

## HAPPENINGS AROUND THE BUILDINGS AND GROUNDS

There has been lots of activity over the summer around the building, both inside and out! Thanks and congratulations to the Garden Party (Julia Roberts, Gwen Ingham and Brian Humber) for the installation of the "solid rock garden" under the St. Matthew Room window. Nothing seemed to grow there successfully, and now it looks great! The team has also noted areas of the lawn that are not being reached by the current sprinkler system layout. Once the sprinkling restrictions are lifted, this will be addressed, hopefully in the Fall. We are so grateful to all our Garden Party helpers for keeping our grounds looking so fresh and inviting. Our hardy handyman, Brian Humber, has been kept busy. In July, he refinished the Gates bench in the garden, and a new plaque was installed with both Reg and Blanche's names on it. Shortly after the refurbishment, someone carved a piece out of the seat, but Brian has that already repaired. The front doors of the church are being removed for refinishing at Hartmann's, as they were damaged over the winter. They will be taken away on September 11, and returned in a week or two, depending on the extent of the damage. Brian, ably assisted by Brian Clarke, will be boarding up the entrance way for the duration. Brian does a myriad of small repairs around the building on an ongoing basis - leaky taps, plugged toilets, paint touch-ups, crumbling steps, etc. We are very blessed to have him in this ministry.

*Sue Gueulette, People's Warden*

I like to compare hymnals to a smorgasbord — lots to enjoy but not everyone wants the anchovies, or ripe olives, or mushrooms.

*The Lord's My Shepherd* dates back to the *Scottish Psalter* of 1650 but it was only in 1930 that the tune CRIMOND appeared in a Canadian hymnal and only with the publication of the ubiquitous Red Peril (properly titled *The Hymn Book*) in 1972 that it was finally officially available to Canadian Anglicans, albeit in a copyright dodging arrangement, although many parishes had been singing from pirated 4-part copies of CRIMOND for decades.

An amusing incident occurred during Lent of 1960 when the organist of historic St. Paul's Halifax [1749] had gone off to Barbados on holiday and left a bunch of organ students to fill in. As we sat in judgement on one of our fellows presiding at one of the largest organs in the city, Hymn 547-1 was announced and the student began the first verse — not a peep from the congregation. Tune #1 (Evan) was obviously not familiar so she launched into Tune #2, then #3 eliciting the same congregational silence. In desperation she began Tune #4. Knowing that the result would be identical, I slithered up the side aisle, eased her off the bench and began playing CRIMOND by ear. Success! The hymn finally got underway — perhaps badly played but familiar. We discovered, much too late, the titular's personal copy of *The Hymn Book* (1930) with CRIMOND pasted in over the unfamiliar tunes. The explanation was that the owners of copyright had balked at the compilers' compensation amount and withdrew permission. J. Edmund Jones, the secretary of the 1930 Hymn Book Committee offered an alternate tune and it became Tune #4 — although likely never sung anywhere.

Another favourite hymn, *Guide Me O Thou Great Jehovah* [or Redeemer, depending on editorial whim] really only became associated with CWM RHONDDA [koom rrontha] with the publication of *The English Hymnal* in 1906. Some American churches didn't discover CWM RHONDDA until the second half of the 20th century — some still haven't! A perusal of hymnals published since 1900 produces at least a dozen tunes and the exclusion of CWM RHONDDA [as in *The Hymn Book* 1930-2] and its first appearance in Canada was in the United Church's HYMNARY - 1920. Again, many Anglican parishes found ways to sing that catchy tune before it finally appeared in the 1972 hymnal.

While we all enjoy our familiar tunes, many fine, singable, arguably beautiful tunes, many being much improved replacements for the old, remain out of reach because editorial committees haven't been able to come to agreement with copyright owners. Our current hymnal COMMON PRAISE, despite a plethora of new hymns and tunes, missed the boat in some cases. Occasionally you may hear some of these beautiful new tunes (and texts) sung as anthems by the choir. Meanwhile, we continue to explore the many yet unsung new and beautiful hymns and tunes in COMMON PRAISE which, TWENTY-FIVE YEARS after its publication, still await our tasting.

Most Sunday mornings the organ (or piano) prelude music is based on some of these new tunes — usually ones that will appear as anthems or hymns in the following weeks. If you like what you hear, I'm always ready to reveal the sources.

*Freeman Dryden, Organist*

*Sing lustily, and with a good courage. Beware of singing as if you were half dead, or half asleep; but lift up your voice with strength. Be no more afraid of your voice now, nor more ashamed of it being heard, then when you sing the songs of Satan. — John Wesley, 1761.*

Notes:

1. *The Hymn Book* 1930 — #547

2. *The Hymn Book* 1930 — #406

## NOTES FROM THE TREASURER

Fellow parishioners, several weeks ago I published the Treasurer's reports for June and July in the Sunday morning insert. Some of you may have been shocked to realize that our Operating funds were already over \$103,000.00 in the hole, and it was only July. If you had not seen it, here it is again.

MONTHLY SUMMARY:		YEAR TO DATE SUMMARY:		YTD BUDGET:		ANNUAL BUDGET:	
Income	16359	Income	148778	Income	148950	Income	258200
Expenses	27523	Expenses	251812	Expenses	247891	Expense s	373200
<b>TOTAL</b>	<b>(11164)</b>	<b>TOTAL</b>	<b>(103034)</b>		<b>(98941)</b>		<b>(115000)</b>

The final figures for August are not available yet, but I can assure you that the Operating deficit is only continuing to grow. Without additional income the parish will easily blow past the \$115,000.00 deficit budget within the next month or so. We have already used up all the gift we received in 2021, which was the cushion with which we were covering the deficit budget. It will not be long before we need to start drawing funds from the \$1M gift we received earlier this year. This financial bleeding cannot continue and is not sustainable going into the future.

There are opportunities between now and the end of the year to increase our income. The first opportunity is with the Thanksgiving offering envelope which will be mailed out to all parishioners within the month. The other opportunities will be to support the Christmas Marketplace and use the Christmas offering envelopes in December.

In my opinion, as a parish we need to find ourselves a responsible business partner to lease our building or portion thereof on a consistent basis; along with increased personal giving to make us financially sustainable going forward into 2024.

Sincerely,

*Don Gillett, Treasurer*



## THURSDAY NIGHT MARKET – CHURCH DOORS OPEN!

This summer we were able to open our church doors for most of the Thursday Night Market evenings that ran from late June until the end of August.

With three teams of volunteer ambassadors eager to welcome and greet folks coming by, we were able to make our presence known in the neighbourhood.

A huge thank you to those who gave their time each week to make this happen. While there were not large numbers of visitors who came into the church, the ones that did, were happy to see our space and to hear a little about our history and story. We had interesting conversations with those who walked by, and it was a great opportunity to engage with the community and neighbourhood.

We look forward to doing this again next year!

Rev. Clara

## A NOTE FROM OUR MUSIC DIRECTOR...

My thanks to Freeman and all the choir members for their hard work, dedication and wonderful music. I am happy to be starting a new choral year at St Paul, and am looking forward to a good time singing this year.

One thing we are planning is to sing the Holden Evening Prayer service on a Sunday evening later this fall. We'd love to have a bigger choir. Anyone who enjoys singing is welcome to come and join us on Thursday nights at 6:30 pm in the church.

Charles Harman

## UPDATES TO ELECTRONIC GIVING

Laminated cards are now available in the Narthex for those who utilize PAR and would like to add to the collection plate as it is passed around at a service.

If you require further information regarding this transition to the new system please contact the Envelope Secretary, Carol Shaw at 250-758-2795 or email: [givings@stpaulsnanaimo.ca](mailto:givings@stpaulsnanaimo.ca)

## CHUCKLE



# NEWS



## FINAL NOTES

### COMING EVENTS—MARK YOUR CALENDAR!

**BLESSING OF THE ANIMALS - OCTOBER 1:** This annual service will take place in the garden of St. Paul's at 1:30 pm on October 1<sup>st</sup>. Bring your beloved 4 legged friends for a blessing (or any other pet you may have).

**THANKSGIVING SERVICES - OCTOBER 8:** Our Thanksgiving services will be at 8:00 and 10:30 am on October 8th, with a pot-luck lunch to follow the 10:30 service. Please contact Heather Lester if you are available to help.

**NEWCOMERS TEA - OCTOBER 28:** This will be hosted by Parish Council in the main hall at 2:00 pm. Newcomers to the Parish in the past year will be invited to come and meet and hear the various lay leaders give a brief description of their ministries, and enjoy a time of fellowship. Watch for your invitation!

**HALLOWE'EN LUNCH - OCTOBER 29:** The ACW will be hosting a Hallowe'en theme lunch after the 10:30 service. The menu features pizza and both blueberry and apple crumble. Donations will be accepted to help cover the cost. You are not asked to come in costume, but should you feel so inclined...

**ALL SOULS SERVICE - NOVEMBER 1:** This special service will be held at 11:00 am on Wednesday, November 1. It is a time when we remember those loved ones and friends who have died in the past year. Their names will be read and a family member or friend is invited to come up and light a candle in their memory.

**SUNDAY, NOVEMBER 5:** Lots going on this Sunday at both services. We will be marking All Saints Day. It is also Stewardship Sunday, and to top it off, our Bishop Anna will be with us. Plan to come and stay for the Coffee Hours!

**CHRISTMAS MARKETPLACE - SATURDAY, NOVEMBER 25:** The planning process for Marketplace is underway. Date is set for November 25 from 11 to 2, with set up Friday November 24, starting at 10:00 am. Stalls will include: Silent Auction, Baking, Jams and Jellies, Crafts, Christmas and Florals. New addition will be a Deli where you can pick up soups, pickles etc. Lunch will be served so kitchen staff is needed. Others will be needed for working at the door, security, etc. Donations are needed for baking and jams as well as crafts and Christmas and the Silent Auction. Please contact Kathy McRae or Heather Lester and let us know where you are able to serve. Watch for our weekly information inserts in the bulletin starting in mid-October.

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[stpaulsnanaimo.ca](http://stpaulsnanaimo.ca)



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