

Recommended Counsellors

As a community, we affirm counselling and medicine as well as the authority of healing prayer. Counsellors can help people with physical, emotional, and mental health issues improve their sense of well-being, as well as alleviate feelings of stress and anxiety.

The following are a few counsellors that we would recommend to you.

Andrea Yeung – info@andrealaurenyoung.com

Anne Shannon – therapy@anneshannon.com

Esther Chow – esther@estherchow.ca

Jeff Hayashi – jkhayashi@shaw.ca

Burnaby Counselling Group – <https://counsellinggroup.org>

SOMA Counselling Group – <https://somacounselling.com>

Jessica Buxbaum – <http://www.upliftcounselling.ca>

Colleen Fuller – <https://creativesolutionscounselling.com>

If you are seeking counselling, please contact one of these counsellors to book a meeting together and inquire about pricing. We recommend meeting once to ensure that the fit work for both you and the counsellor.