

**HOLY EUCHARIST ON THE THIRD SUNDAY AFTER PENTECOST
(PROPER 10)**

The Apostolic Greeting

Presider The grace of our Lord Jesus Christ,
 and the love of God,
 and the fellowship of the Holy Spirit,
 be with you all.

People **And also with you.**

Act of Praise

God My Hope on You Is Founded (CP 529)

The Collect for the Third Sunday after Pentecost

Presider Let us pray.

Almighty God,
without you we are not able to please you.
Mercifully grant that your Holy Spirit
may in all things direct and rule our hearts;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever.

People **Amen.**

Children's Message

The First Reading (Genesis 18.1-15, 21.1-7)

Reader A reading from the book of Genesis:

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son." And Sarah was listening at the tent entrance behind him. Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. So Sarah laughed to herself, saying, "After I have grown old, and my husband is old, shall I have pleasure?" The Lord said to Abraham, "Why did Sarah laugh, and say, 'Shall I indeed bear a child, now that I am old?' Is anything too wonderful for the Lord? At the set time I will return to you, in due season, and Sarah shall have a son." But Sarah denied, saying, "I did not laugh"; for she was afraid. He said, "Oh yes, you did laugh."

The Lord dealt with Sarah as he had said, and the Lord did for Sarah as he had promised. Sarah conceived and bore Abraham a son in his old age, at the time of which God had spoken to him. Abraham gave the name Isaac to his son whom Sarah bore him. And Abraham circumcised his son Isaac when he was eight days old, as God had commanded him. Abraham was a hundred years old when his son Isaac was born to him. Now Sarah said, "God has brought laughter for me; everyone who hears will laugh with me." And she said, "Who would ever have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age."

People Hear what the Spirit is saying to the Church.
 Thanks be to God.

The Psalm (116.1, 10-17)

Introduction *rit.*



Last time

I will lift up the cup of sal - va - tion. - va - tion.

Last time



1 2 3 4



(1) I love you, O God,
 (2) because you have heard the voice of my supplication,
 (3) because you have inclined your ear to me
 (4) whenever I called upon you. **R.**

(1) How shall I repay you, O God,
 (2) for all the good things you have done for me?
 (3) I will lift up the cup of salvation
 (4) and call upon your name, O God. **R.**

(1) I will fulfil my vows to you, O God,
 (2) in the presence of all your people.
 (3) Precious in your sight, O God,
 (4) is the death of your servants. **R.**

(1) O God, I am your servant;
 (1) I am your servant and the child of your handmaid;
 (2) you have freed me from my bonds.
 (3) I will offer you the sacrifice of thanksgiving
 (4) and call upon your name, O God. **R.**

(1) I will fulfil my vows to you, O God,
 (2) in the presence of all your people.
 (3) In the courts of God's house,
 (4) in the midst of Jerusalem. **R.**

The Second Reading (Romans 5.1-8)

Reader A reading from the letter of Paul to the Romans:

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

People Hear what the Spirit is saying to the Church.
 Thanks be to God.

Gospel Acclamation (CP 709)

Cantor Alleluia, alleluia, alleluia!
All Alleluia, alleluia, alleluia!
Cantor The kingdom of God is at hand;
 repent, and believe in the gospel.
All Alleluia, alleluia, alleluia!

The Gospel (Matthew 9.35-10.23)

Presider The Lord be with you.
People And also with you.

The holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest." Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for labourers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town. See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes."

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

Sermon

Musical Reflection

Panis Angelicus (Franck)

The Apostles' Creed

Presider Let us confess the faith of our baptism, as we say,
All I believe in God,
the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers of the People

Confession & Absolution

Presider Let us confess our sins to God.

Silence is kept.

Presider Merciful Creator God,

People You have searched us out and known us;
the hopes we hold and regrets and sins that cling to us.
The hurts we absorb and ferment;
the tears we both cause and shed.

We stand before you: all that we have been and all that we are,
knowing that only in you are we truly known
as the ones you would have us be.
Forgive us and guide us to face ourselves
and respect each other with dignity,
that we might welcome with you
the gifts and challenges that your new creation brings,
through Jesus Christ, who lives and reigns with you
and the Holy Spirit, one God now and forever.
Amen.

Presider God our Great Creator have mercy upon you,
cleanse your hearts of all stain from sin and brokenness,
that you may walk with Jesus along the good road, his holy way.
May God purify your minds, that you may be guided by the holy word.
May God, our Great Creator clear your eyes
that you may see the goodness God has created.
May God, our Great Creator open your ears
that you may hear God's voice.
May God, make your souls one with the Trinity,
so that you may worship in spirit and in truth,
and love God, God's Peoples and God's creation with all your hearts, minds, bodies
and souls. Amen.

The Peace

Presider Here is the food that satisfies,
the taste of communion.
Here is wine pouring free,
the washing away of fear.
Here is life abundant,
a table of peace for all.
May this peace be in us and among us,
a sign of hope for a world renewed.

People The peace of Christ be always with you.
And also with you.

Offertory Hymn

The God of Abraham Praise (CP 347)

Blessing the Saintsbread

Presider Our help is in the name of the Lord.
People **The maker of heaven and earth.**

Jesus Christ,
bread of angels, bread of eternal life;
bless this bread
as you blessed the five loaves in the wilderness,
that all who taste it
may know health and wholeness
of body and soul;
through you, who lives and reigns for ever and ever.

People **Amen.**

Prayer over the Gifts

Presider Let us pray.

God of reconciliation and forgiveness,
the saving work of Christ has made our peace with you.
May that work grow toward its perfection
in all we offer you this day.
We ask this in his name.

People Amen.

The Eucharistic Prayer (4)

Presider The Lord be with you.

People And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is right to give you thanks and praise,
O Lord, our God, sustainer of the universe,
you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be:
the vast expanse of interstellar space,
galaxies, suns, the planets in their courses,
and this fragile earth, our island home;
by your will they were created and have their being.
Glory to you for ever and ever.

From the primal elements
you brought forth the human race,
and blessed us with memory, reason, and skill;
you made us the stewards of creation.
Glory to you for ever and ever.

But we turn against you, and betray your trust;
and we turn against one another.
Again and again you call us to return.
Through the prophets and sages
you reveal your righteous law.
In the fullness of time you sent your Son,
born of a woman, to be our Saviour.
He was wounded for our transgressions,
and bruised for our iniquities.
By his death he opened to us
the way of freedom and peace.
Glory to you for ever and ever.

Therefore we praise you,
joining with the heavenly chorus,
with prophets, apostles, and martyrs,
and with those in every generation
who have looked to you in hope,
to proclaim with them your glory,
in their unending hymn:
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

All

(CP 726)

Presider

Blessed are you, Lord our God,
for sending us Jesus, the Christ,
who on the night he was handed over
to suffering and death,
took bread, said the blessing,
broke the bread, gave it to his friends,
and said, "Take this, and eat it:
this is my body which is given for you.
Do this for the remembrance of me."

In the same way, after supper,
he took the cup of wine;
he gave you thanks,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

People **Glory to you for ever and ever.**

Presider Gracious God,
we recall the death of your Son Jesus Christ,
we proclaim his resurrection and ascension,
and we look with expectation for his coming
as Lord of all the nations.
We who have been redeemed by him,
and made a new people by water and the Spirit,
now bring you these gifts.
Send your Holy Spirit upon us
and upon this offering of your Church,
that we who eat and drink at this holy table
may share the divine life of Christ our Lord.
Glory to you for ever and ever.

Pour out your Spirit upon the whole earth
and make it your new creation.
Gather your Church together
from the ends of the earth into your kingdom,
where peace and justice are revealed,
that we, with all your people,
of every language, race, and nation,
may share the banquet you have promised;
through Christ, with Christ, and in Christ,
all honour and glory are yours,
creator of all.
Glory to you for ever and ever. Amen.

The Lord's Prayer

Presider As our Saviour taught us, let us pray,
All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Breaking of the Bread (2)

Presider We break this bread
to share in the body of Christ.
People We, being many, are one body,
for we all share in the one bread.

The Communion

Presider The gifts of God for the People of God.
People Thanks be to God.

Music During Communion

Before I Take the Body of My Lord (CP 610)
I Come with Joy (CP 60)

Prayer after Communion

Presider All your works praise you, O Lord.
All And your faithful servants bless you.
Gracious God
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
May we, who share his body,
live his risen life;
we, who drink his cup,
bring life to others;
we, whom the Spirit lights,
give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Blessing

Presider May the peace of God,
which surpasses all understanding,
keeps your hearts and minds
in the knowledge and love of God,
and of God's son, Jesus Christ;
and may the blessing of God,
Source of all being, eternal Word,
and Holy Spirit, be with you now and always.
People Amen.

Hymn

Lord, Your Word Shall Guide Us (CP 561)

The Dismissal

Presider Go in peace, to love and serve the Lord. Alleluia!
People Thanks be to God. Alleluia!