
Good News of St. Paul

St. Paul Lutheran Web Site: www.stpaulcastlerock.org

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April 2023

Spread the Love and Message of Christ



Thank you for your outpouring of support during these troubling times. The loss of my father has been difficult for myself and my family. Yet, your cards, words of condolence and support, your meals brought and shared, the desserts offered, in short, your acts of love and care have been deeply cherished. They have brought comfort in this time. I am incredibly grateful and appreciative for your thoughts, prayers, and acts of kindness.

I know, really know, that my father is in a better place. Our loss has been his gain and I will see him again one day in the future.

I look forward to seeing you when I return. I pray you are greatly blessed by our God in my absence. That you have a tangible reality of God's loving presence in your life. God's peace be with you all.

- Pastor Norm

(If you should need pastoral care while Pastor Norm is away, please contact Pastor Craig Hafterson at 360-355-2124)



Restaurant Leftovers!

We all have those boxes of leftovers from our night out, unless we forget the box! We must be careful when eating those leftovers.

Here are some guidelines:

- Skip the leftovers if you plan to go out after the meal.
- Perishable foods should be brought home directly and refrigerated, as less likelihood of bacteria growth.
- Meat and poultry leftovers are safely refrigerated at 40 degrees up to 4 days.
- Reheating in the slow cookers are not recommended as they sit too long in a lower temperature.
- Reheating meat and poultry in the oven the temperature should be no lower than 325 degrees.
- Enjoy those leftovers!

To your health,

K.C. Babcock, R.N.





June

- | | |
|--------------------|---------------------|
| 5 Sarah Masten | 18 Hannah Catlin |
| 6 Kaitlyn Hoffman | Jaime Amrine |
| 9 Ken Ness | 19 Colleen Langdon |
| Laura Davis | Janet Bamford |
| 10 Lewis Fickett | Ashley Lyon |
| 11 Justin Foster | 20 Makayla Wilbur |
| Katie Ogden | 22 Harlan Kittelson |
| 12 Madalyn Godinho | Dorthy Nielsen |
| Boris Langdon | 23 Nicole Seidl |
| 16 Jerry Borgaard | Hannah Lair |
| Alyssa Hudson | 24 Pr Norm Arnold |
| David Ray | 27 Alexandra Jones |
| 17 Neil Agren | 28 Lynne Donahe |
| Jessica Rahn | Tyler Traver |
| Valerie Crisman | Larry Duysen |
| | 30 Breonna Hefley |

July

- | | |
|--------------------|-----------------------|
| 1 Jacob Schaafsma | 18 Dale Erdelbrock |
| 6 Emily Ashby | 19 Marsha Gallow |
| 7 Cristy Auckland | 21 Joel Anderson |
| 8 Danielle Small | Jacob Jones |
| 9 Darlene Jackson | 24 Kayla Gulliford |
| 10 Kylie Vandehey | 25 Megan Sturgill |
| 11 Brian Whitten | 28 Sharon Blankenship |
| 15 Michelle Oswalt | Sue Pulse |
| 16 Surina Davie | |
| Zadun Ross | |



New Members

J.T. and Patricia LaValley transferred their membership from St. Lukes's Lutheran in Harrison, MI and joined St. Paul's in April.



June

- 11 J.T. & Patricia LaValley - 35 years
- 12 Bill & Debbie Gould - 52 years
- Fred and Leann Beal - 30 years
- 16 Jim & Kathy McDaniel - 51 years
- 20 Stan & Carol Adams
- 21 Clarence & Roxanne Knutson
- 24 Don & Linda Titus - 56 years
- 26 Jon & Julie Davidson
- Howard & Cheri Houser - 30 years
- 29 Wallace E. & Jill Lair



July

- 3 Neal & Shirley Johnson - 52 years
- 7 Amy & Brian Whitten
- 8 Mary & Loren Rosen
- 11 Neil & Amy Agren - 15 years
- 17 David & Karen Ray
- Dan & Judy Hecker
- 19 Paul & Jackie Schwinn - 54 years
- 23 Dave & Denise Foster
- 25 Mike & Katie Fowler



A Memorial Service for
Dan Crisman was held
on Sat., May 6, 2023.
Pr. Linda Beattie
officiated.

Pastor Norm officiated the funeral of
Lincoln Oullette on Thursday, May 25.

And, our sympathy to
Pastor Norm and family
at the passing of his father, Val.
A service was held Sat., May 27 in Alabama.

Blessed Be Their Memory

Remembering Members & Friends

Please remember these people with your
prayers, phone calls, or cards:



All God's people including: Terry Myers, Bob Larsen, K.C. Babcock, Ken Blankenship, Frieda Moore, DeLores Gillan, Barbara Fernandez, Linda Solberg, Russ, Betty Light, Ed Berndt, Amy Baker, Robert Oswalt, Scott Sparks, Dianne Whitten, Annette Hammond, Tom Boren, Kevin Strang, Martha Olson, Sandy Catt, Jess Johnston, Emma Cooley, Emma Agren, Amy Agren, Nathan Victor, Brad Foster, Michelle Oswalt, Vineta Thomsen, Mary Brown, Bruce Schumacher, Kelsey Buchanan, Stephanie Petkovich, Don Miller, Darlene Jackson, Eric Smith, Jean Jones, Angie Manfreddi, Angie Boudier, Crystal Hummel, Beth Hinesley;

All Care givers and Care receivers: Vi Benham, Donna Rodgers

Those serving in the Armed Forces: Lukas Houser, Makayla Wilbur, Sam Gallow, Eddie Oswalt, Matthew Cogburn, Ariel Bryan and Lori Ogden

TO GOD BE
THE GLORY

**An Act of Love places a
Melody of God within
our soul.**

**Christ's Image in Action
brings forth his Glory!**

- Katrina Hinesley

Monthly Financial Report/General Fund

April : \$ 17,318.00

May: \$ 17,500.00

**Thank you for your continued support through
your tithes.**

A Message from Linda Solberg

I want to thank everyone who has sent me cards, notes and emails. It means more than can I express and I regret I can't answer everyone due to time and energy. We received so many Easter cards! Spring has come to Texas with wild bluebonnets everywhere, trees in full leaf and lawns greening up. I do miss the tulips, daffodils, dogwood, azaleas and rhodys though.

My symptoms have increased and I'm extremely weak, fatigued and, at times, discouraged. However, your prayers have sustained and encouraged me and I think I turned a corner on Good Friday. I woke up feeling stronger and more hopeful. The Easter message was very personal this year.

A nuclear scan the end of May came back excellent and shows no new growth or spread to other organs. I am stable, although my platelets are low and have prevented a couple of treatments. They are considering spreading out the frequency of the chemo, which should improve my fatigue and give me more time for fun things. Praise God!

My daughter has me doing some simple exercises and I think they are helping as well as a different way of doing one of my treatments that isn't as hard on my body. Life is still a roller coaster, but maybe not as steep. It's always been one day at a time and God is good to give me some good almost normal days.

I continue to watch services on-line and enjoy seeing all of you. We miss you and it is heartwarming you still remember us as we do you.

May God continue to bless y'all.

- Linda and Ken Solberg





- **Dedicating this whole page to the many volunteers who have been so active the past two months here at St. Paul. Shout outs of thanks to:**

- Sharon Blankenship for her years of knitting and crocheting shawls that have been given away as a source of comfort and love.
- To everyone who helped in any capacity with the Dan Crisman Celebration of Life service or funeral for Lincoln Oullette. Those who step up to provide food for luncheons, serve, clean-up, set-up/take down tables and chairs, usher, provide music, handle sound and projection, ... The list goes on. You are all appreciated and such a vital part of the process to assist during this time for a grieving family.
- Mary Rosen for quilting the gorgeous 'Spirit of Love' banner hanging in the fellowship hall.
- Paul & Jackie Schwinn for donating the portable cordless vacuum for quick touch ups. (stored in closet nook in main hallway)
- Earl Small for painting all of the handrails in the front of the church.
- Dayne Johnston for willingly working in the office when Geri has been gone.
- K.C. Babcock for making communion bread.
- Katrina Hinesley, Sandy Catt, and Diana Rahn for giving the message the three Sunday's Pastor Norm is away. And, Pastor Ross for presiding so we that communion is able to be served the next two Sunday's.
- Paul & Jackie Schwinn and Glen Agren for all the years they have served as Parish Worker Leaders. As of this writing, Curtis Thomsen will take over for the Schwinn's for Isaiah Group, and Randy White will take Glen's place for Hosea Group.

- To all who have worked on the ongoing landscaping projects the past few months: Paul and Jackie Schwinn, Earl and Corlan Small, Ken Ness, Joel Anderson, Richard Skreen, and Neal Johnson.



With the money gifted by the family of Bud and Palma Jensen, another phase of beautification at St. Paul has taken place, this time outside.



