

Finding Help,  
Hope  
and Encouragement

*Exploring*  
GOD'S WORD

Adult Bible Study  
with Ken Divers  
Sundays at 9:00 AM  
Lower Level Community Room

Everyone  
Welcome!

**LIFE**  
**GROUPS**

**Welcome to Harvest!**

This is a place full of imperfect people who are in love with a perfect God. We invite you to join us on a Spiritual journey of becoming all He created us to be. It is our prayer that you will continue to grow in your love for God, people and your service to the world. This is our heartbeat at Harvest Ministries, and we will strive to give you every opportunity to experience positive life-change in these areas. If there is anything we can do to make your time with us more pleasant please let us know.



Blessings, Pastors Milton & Robin Atkins



*Mama Needs*  
a night out

**Mothers of  
Newborns - Teens**

**Tuesday, May 23  
6:00 PM  
Community Room**

**FRIENDS, FOOD and FUN**

**SIGN UP TODAY!**

Sundays 10:15 AM - 12:00 PM

**KIDS CHURCH**

Preschool - 5th Grade (Lower Level)

GUARDIANS OF GALAXY

**HARVEST YOUTH**

**YOU BELONG HERE!**

SUNDAYS 10:00 am - 12:00 pm  
Middle - High School Come & Bring a Friend!

**EVENT TIME**

**Sunday, May 21, 2023**

Adult Bible Study.....	9:00 AM
Youth.....	10:00 AM
Harvest Kids/Nursery.....	10:15 AM
Morning Worship.....	10:30 AM
Hall Life Group.....	5:30 PM

**Tuesday, May 23**

Mom's Night Out.....	6:00 PM
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**Wednesday, May 24**

Walk, Talk & Pray with Alma.....	10:00 AM
Wednesday Night Dinner.....	5:30 PM
Wednesday Night Activities.....	6:00 PM

**Saturday, May 27**

Harvest Walkers Life Group.....	8:00 AM
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**Contact us...**

**MINISTRY STAFF**

- Senior Pastor – Milton Atkins**  
Email – [matkins@harvest-ministries.org](mailto:matkins@harvest-ministries.org)
  - Associate Pastor - Robbie Boyd**  
Email—[Roboyd1@aol.com](mailto:Roboyd1@aol.com)
  - Administrator /Youth Pastor– Robin Atkins**  
Call or Text (540) 314-3953
  - Finance Director – Alma Boyd**  
Email – [financedirector@harvest-ministries.org](mailto:financedirector@harvest-ministries.org)
  - Kids Co-Pastors – Ron & Alma Boyd**  
Call or Text (540) 529-4522
  - Worship Leaders- Lindsey & Austin Morgan**  
Call or Text (540) 598-5339
  - Maintenance - David Deuyour**  
Call or Text (540) 915-9140
- Offices CLOSED on Mondays**  
Phone: 540-977-3995  
Call for an appointment  
**Emergencies/After Hours call 540-314-3953**

If you had a family member or friend killed in the line of military duty, please text Christy Miller (540) 354-9359 their name, branch of Military, service dates and a picture.

**2023  
UBS  
JULY 20-23**

**FOOD TRUCK PARTY**

ON A ROLL WITH GOD!

# Sermon Notes:

May 21, 2023

**THE LIFE OF PAUL**  
**The Essential Quality of Joy**  
Message by Bishop Milton Atkins

**Key Verse: "Always be full of joy in the Lord. I say it again—rejoice!" (Phil. 4:4)**

JOY: An internal choice of hope based on my belief in Jesus, not my circumstances.

HOW TO DEVELOP THE ESSENTIAL QUALITY OF JOY

1. REMEMBER THAT JESUS IS COMING BACK (Phil. 4:5)
2. RELEASE MY WORRIES TO GOD \_\_\_\_\_ (Phil. 4:6-7)
3. REFOCUS MY ATTENTION ON THE \_\_\_\_\_ (Phil. 4:8)
4. RECOMMIT TO OBEYING \_\_\_\_\_ (Phil. 4:9)
5. RECEIVE ENCOURAGEMENT FROM MY \_\_\_\_\_ (Phil. 4:10)
6. REMAIN CONTENT WITH \_\_\_\_\_ (Phil. 4:11-12)
7. RELY ON JESUS' STRENGTH FOR \_\_\_\_\_ (Phil. 4:13)

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May 21, 2023



# HARVEST MINISTRIES

909 Blue Ridge Blvd., Roanoke, Virginia 24012



Milton Atkins, Senior Pastor