

# Sturgeon Valley Baptist Church

Loving God · Changing Lives · Serving Community



## FINDING REST & RENEWAL IN GOD



**But be doers of the word, and not hearers only,  
deceiving yourselves.**

~ James 1:22

**05/14/23**  
SUNDAY

51 Woodlands Rd.,  
St. Albert, AB T8N 3Y5  
Ph. 780.458.3777 / [www.svbc.ab.ca](http://www.svbc.ab.ca)  
Office Hours: Tues-Fri 9am-4:30pm

**10:00**  
A.M.



# Happy Mother's Day

*"As one whom his mother comfort so  
I will comfort you"*

~ Isaiah 66:13a



Welcome to SVBC,  
we're so glad  
you are here!



## Connect with us

If this is your first, your 10th  
or your 100th visit we would  
love to connect with you.  
Please scan this QR Code to  
complete online.

## Deacon NOMINATIONS



Please pray and ask the Lord to bring names  
to mind of those He might want to call to serve  
as Deacons. Then complete the form provided  
and place it into the Offering Box in the Foyer.  
Thank-you!

YOU'RE INVITED TO:

Discovery Class  
Baptism & Membership  
with Pastor Tom

Class starts  
Sunday, May 21st, 2023  
11:30am ~ Room 204

Please contact Pastor Tom at:  
pastortom@svbc.ab.ca

## PARENTS & GRADS

Do You know someone  
or are you graduating  
from Grade 9, 12  
or Post Secondary?

We need your photos!

Please send a baby  
picture & recent photo

BY May 21st to:  
pastorjustin@svbc.ab.ca



happy  
GRADUATION

SVBC



## WE'RE HIRING NOW!

### Director of Children's Ministry

We have seen a growing children's ministry  
over the past few years and we are looking for  
an enthusiastic Children's Director to help us!

If you are interested in this position,  
please visit [www.svbc.ab.ca](http://www.svbc.ab.ca) and click the  
'Employment' tab at the top of our website.

JOIN OUR TEAM



## BI-ANNUAL GENERAL MEETING

Tuesday, May 30, 2023

6:30 PM Prayer  
7:00 PM Meeting

SVBC Prayer Room &  
Sanctuary

Info: [church@svbc.ab.ca](mailto:church@svbc.ab.ca) or call 780.458.3777  
BGM Paperwork available at the Welcome Centre

## THIS WEEK IN CHILDREN'S MINISTRY

### TODAY IN KIDS' CHURCH

#### PRE-SCHOOL & KINDERGARTEN

Sing & Play the Toy Bible Stories:  
'Cowboy'

#### GRADES 1-4 CLASSES

Today we are learning all about  
**Daniel** as we discover the Bible,  
one book at a time.



\*Nursery Care & Parent Room Available\*

ENJOY SOME  
GREAT BLOGS  
AND PODCASTS  
JUST FOR MOMS!

REMINDER: NO KIDS CHURCH ON MAY 21 DUE TO THE LONG  
WEEKEND. ACTIVITY PACKETS AVAILABLE AT KIOSK!



**MAY**  
**MEMORY VERSE:**

Never stop praying.  
~ 1 Thessalonians 5:17 ~



## Student Ministries

HUMAN  
FOOSBALL



GRADE 6'S  
WELCOME  
TO JOIN  
YOUTH

Grades 6-12 come & join us:  
**Wednesday, May 17th**  
**6:30-8:30pm @ SVBC**

Email: [pastorjustin@svbc.ab.ca](mailto:pastorjustin@svbc.ab.ca)

## Kids Camp @ SVBC

**July 10 - 14**  
**9AM - Noon**

For kiddos entering  
Kindergarten - Gr. 6

\$50/child to a  
family max of \$150

\*Scholarships Available\*

For more details email:  
[childrensdirector@svbc.ab.ca](mailto:childrensdirector@svbc.ab.ca)



To register  
or volunteer  
go to:

[www.svbc.ab.ca/  
svbc-kids-ministry/  
kids-camp](http://www.svbc.ab.ca/svbc-kids-ministry/kids-camp)



## A HEARTFELT THANK YOU!

### • Baby Bottle Campaign:

You helped to raise:

**\$ 1274.30**

for the **Pregnancy Care Centre**

• To all the volunteers  
who helped at our  
**SVBC Spring Clean-Up**

**WE COULDN'T HAVE DONE IT  
WITHOUT YOUR SUPPORT!**

## Save the Date!

TO ALL KINDRED HOUSE  
PRAYER WARRIORS PAST & PRESENT  
COME CELEBRATE OUR  
KINDRED HOUSE PRAYER MINISTRY  
AS WE SAY GOODBYE TO SHAWNA

**WEDNESDAY MAY 31st**  
**7 PM ~ FIRESIDE ROOM**

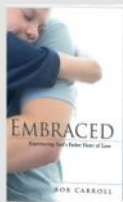
REFRESHMENTS WILL BE SERVED

RSVP: [cindylouhyde@hotmail.com](mailto:cindylouhyde@hotmail.com)

**MAY 26-28/23**

**NORTHGATE BAPTIST CHURCH**

Experience the  
Father's heart  
of love for you



**EMBRACED RETREAT  
WITH BOB CARROLL**

PAMPHLETS AVAILABLE  
AT THE RESOURCE TABLE

## How Do We Find Rest and Renewal in God?

~ Mark 3:1-6

Pastor Tom

May 14, 2023

### Resources for practicing Sabbath:

[emotionallyhealthy.org/sabbath](http://emotionallyhealthy.org/sabbath) and [practicingtheway.org](http://practicingtheway.org)

### From Mark 3:1-6

- A major obstacle to responding to God's invitations – H \_\_\_\_\_ of H \_\_\_\_\_.

### How can we pursue rest and renewal from God?

#### 1. Ask the Lord to reveal any \_\_\_\_\_ in us towards Christ.

- Psalm 139:23-24. "Search me, O God and know my heart. Try me and know my thoughts. See if there be any wicked way in me and lead me in the way everlasting."

#### 2. Ask the Lord to start or continue His \_\_\_\_\_ work in your heart.

- Ezekiel 11:19. "And I will give them **one heart**, and a **new spirit** I will put within them. I will remove the heart of stone from their flesh and give them a **heart of flesh**."
- Psalm 51:10. "Create in me a **clean heart**, O God and renew a **right spirit** within me."
- 2 Corinthians 5:17 "If anyone is in Christ, he or she is a **new creation**. The old has gone. The new has come."
- Romans 6:4 – We were therefore buried with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in **newness of life**.
- Colossians 3:9-10 – Do not lie to one another, seeing that you have put off the old self with its practices and have put on the **new self**, which is being renewed in knowledge after the image of the Creator.

**Lord Jesus, I need you and I need a new heart. I turn away  
from my old life apart from you. I receive you into my life as Savior and Lord.**

#### 3. Find \_\_\_\_\_ in the \_\_\_\_\_ on Sabbath.

- Isaiah 58:13-14 – "If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the Lord's holy day honorable, and if you honor it by not going your own way and not doing as you please or speaking idle words, **then you will find your joy in the Lord**, and I will cause you to ride on the heights of the land and to feast on the inheritance of your father Jacob." The mouth of the Lord has spoken.



We would like to thank-you for your continued support to SVBC. For your convenience there is a Debit Machine located in the Foyer by the Office Door.  
For other giving options go to: [www.svbc.ab.ca](http://www.svbc.ab.ca) and click "Give"