



**Summer Lunch 2023**  
**Monday-Friday, June 5 to August 4**  
**at Shepherd of the Valley Lutheran Church**  
**4212 Mendenhall Loop Road**  
**Games & Activities from 12-1:30 p.m. Lunch served 12:30-1:00 p.m.**

Summer Lunch is happening and begins June 5th. Kids ages 18 and younger are invited to drop in for lunch and activities from Noon to 1:30 p.m., Monday—Friday. This is not childcare. You can register for summer lunch either at the bike rodeo or online at [www.sovlutheran.org](http://www.sovlutheran.org).

**Schedule:**

Noon –12:30 p.m.      Check-in time. Games and activities before lunch.  
 12:30—1 p.m.        Lunch is served. Games and activities as youth finish.  
 1-1:30 p.m.          Activities

**Menu:**

Monday      Tacos or Sloppy Joes  
 Tuesday     Chicken Day  
 Wednesday   Noodles  
 Thursday    Breakfast and Fruit Day  
 Friday        Sandwiches

**Thank You!**

Meals are provided free of charge through the generosity of the Benito and Frances C. Gaguine Foundation.

**Volunteers Needed**

Volunteers help us keep costs down. If you are interested in volunteering, please fill out the survey at [www.sovlutheran.org](http://www.sovlutheran.org).

Volunteer background checks will be run and we will pay for your food handlers' card.

*Please note there will be no summer lunch or day camp on Tuesday, July 4th.*



**Need a Bike or a Helmet?  
 Come to the Bike Rodeo**

Outdoor bike rodeo is 4-5:30 p.m., Sunday, June 4 at Shepherd of the Valley. You can bring your own bike for bike repair, bike swap, a safety course, and free helmets. Giveaway bikes also available.

**Or a Bike Buddy?**

Does your younger child need a little guidance riding his or her bike to Summer Lunch? Bike buddies are older youth that at scheduled times meet younger kids in the neighborhoods around the church, and bike with them to and from Summer Lunch. Call the church office if interested. (907) 789-4093

**Day Camp!**

This year there is an additional time for 3rd-6th graders to participate in science experiments, cooking, gardening, crafts and play.

This is limited to the first 20 youth to register and will occur on Tuesdays and Thursdays from 1-3 p.m. beginning June 13.

You can register at the bike rodeo or online at [www.sovlutheran.org](http://www.sovlutheran.org).