



## INVITATION

In the Sermon on the Mount Jesus said to His followers, “*You are the light of the world.*” (Matthew 5:14-16) Prayer Walking is a way that we can put this truth into action steps!

Followers of Jesus have been given two powerful mandates. The *Great Commandment* tells us to love God and our neighbour (Mark 12:30-31). We have also received the *Great Commission* which commands us to make disciples of all peoples (Matthew 28:19)

In light of this, you are invited to join others from Cornerstone to pray for our community through prayer walking. This involves both preparation and participation.

## PREPARATION

To be effective in praying for our community we need to consider carefully three realms. Here are three important questions.

- *How is your heart?*

You may be in need of personal purification and self examination. Ask the Holy Spirit to help you examine your heart. Take time to confess and repent as needed to know God’s gracious cleansing and forgiveness. (Psalm 19:12-14)

- *How is your church?*

Unity within the body of Christ is essential. This means loving relationships within the Cornerstone family and also between churches in our community. Are the churches in our city

unified? What can we do to foster great love and unity in the Body of Christ? (Ephesians 4:1-6; John 17:20-23)

- *How is Your neighbourhood?*

We must seek for God’s Kingdom to come in our city. Consider the hurt and brokenness that may be present. Are you aware of loss of life or other tragedy that has impacted our neighbourhood? Be ready to pray against spiritual strongholds. (II Corinthians 10:3-6)

## PARTICIPATION

Are you ready to “pray-amblulate”? This means going for a walk in our neighbourhood and asking God to B.L.E.S.S. people. Below is a simple guide for how you can pray for people in our neighbourhood.

<b>B</b> ody	pray for health, healing, safety, and physical strength
<b>L</b> abor	pray for good employment, provision and productivity
<b>E</b> motion	pray for joy, inner strength, contentment, and peace
<b>S</b> ocial	pray for good relationships with family and friends
<b>S</b> piritual	pray for response to the Gospel and growth in grace

As you walk and pray, please be attentive for opportunities to chat with people. Consider how you might share words of care and encouragement. Of course, we represent Cornerstone, so an invitation to our church is appropriate. But in a great way, our goal is not just to invite people to church...but to Jesus!