

May 7, 2023



# Grace Notes

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## Inmate Letters

We have received a request from Project Return (And Breaking the Chains ministry):

**A inmate is asking for correspondence and contact from the church community.**

Letters to inmates can keep them updated and connected beyond their facility.

Mail between inmates and the church is sent through the church's mailing address.

For more information please contact  
Jean Morack

[jeanmorack@gmail.com](mailto:jeanmorack@gmail.com)



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(414) 258-0456

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Wauwatosa, WI 53226



# Save These Dates!

## Worship Service

With New Command Korean Church

Sunday, May 21  
11:00am

Meal to follow



Everyone is encouraged to attend this special worship service. We will still hold a service at 8:30 for those who are unable to attend the joint service, but if you are able to make the 11:00 service, please join in the celebration with our greater community!

# PRIDE PARADE



Reconciling in Christ

# June 4

# May 7 to May 14

Sun May 7	8:30a <b>Traditional Worship Service</b> 9:40a <b>Faith Formation Hour</b> (Sunday School, Youth, Adult Forum) 10:45a <b>Contemporary Worship Service</b> 3:30p <b>Confirmation</b>	
Mon May 8	6:00p <b>Property Committee Meeting</b> 7:00p <b>NA Group</b> Fellowship Hall	
Tues May 9	12:00p <b>AA 12 Steps Meeting</b> Room 211 6:30p <b>Hands of AA 12-Step Meeting</b> Room 101 7:00p <b>Knit One, Pray Too</b>	
Wed May 10	12:00p <b>Brown Bag Bible Study</b> 1:00p <b>Prayer Group</b> 1:00pm <b>Tosa Cares Donations Drop Off</b> 7:00p <b>Stewardship Meeting</b>	
Thurs May 11	6:30p <b>Voices of Zion Choir Rehearsal</b>	
Fri May 12	7:00p <b>ACA 12 Step Group</b> Room 101 7:30p <b>Essay 12-step group</b> [meeting virtually]	
Sat May 13	8:30a <b>Tosa Cares Donations Drop Off</b>	
Sun May 14	8:30a <b>Traditional Worship Service</b> 9:40a <b>Faith Formation</b> 10:45a <b>Contemporary Worship Service</b>	

## Picture Perfect!



What a fantastic turn out for the Reformation Cross Walk on April 7.



Alright, who made the call to color coordinate the puffy jackets?

**What would our neighborhood look like if we had a church-based walking club to support the health and social wellness of our community?**

## Thank You Volunteers!

**8:30am**

**Altar Care:** Edie Di Giacinto  
**Assisting Minister:** Joe Di Giacinto  
**Communion Asst.:** Refilwe Goll and Joe Di Giacinto  
**Lector:** Refilwe Goll  
**Usher:** Karen and Carl Engelhardt  
**Audio/Visual:** Nancy Di Giacinto and Erik Peterson  
**Greeters:** Bill and Karon Brobst  
**Offering Stewards:** Gary Goll and Jim Goetzinger  
**Contact Nancy Di Giacinto to volunteer.**

**10:45am**

**Assisting Minister:** Lora Marheine  
**Communion Asst.:** Lora Marheine  
**Lector:** Jenny Hawes  
**Usher:** Dave Nelson  
**Audio/Visual:** James and Angella Goss  
**Offering Stewards:** Gary Goll and Jim Goetzinger  
**Contact Janet McCarthy to volunteer.**

## Volunteer Schedule

[https://www.mtzionlutheran.org/  
pages/member-resources](https://www.mtzionlutheran.org/pages/member-resources)

## ACCESS THIS WEEK'S PRAYER LIST HERE:

<https://bit.ly/3HEuaVI>

Prayer Warriors meet  
Wednesdays at 1:00pm.

# To Donate or Keep?

## Putting Away Your Winter Clothes

As the cold weather goes away and you finish putting away your winter clothes, ask yourself, "Did I wear that this winter?" If the answer is "no", consider donating winter coats to Tosa Cares! Now is the perfect time to donate coats, gloves, scarves, sweatshirts, hoodies, and more. Rather than shoving those items into boxes until next winter, help resupply Tosa Cares' selves. Simply put the items in the large black bin in the coat rack hall at church.



# SALT Youth Program



Serving and Learning Together (SALT) is Reformation Lutheran's Summer Youth Program. For five weeks this summer kids from elementary through high school age will meet daily during the week to study God's word, serve their local community, share lunch and have some fun, too!

All of the teachers and chaperones are volunteers. So, all of your donation will go directly to the children's programming. Programming costs include field trips, lunch everyday, bus passes, and backpacks full of school supplies.

The cost to sponsor one child for the full five weeks is \$300. Last year Mt. Zion raised enough money to sponsor eight kids for the full five weeks! Can we meet or beat that sponsorship by raising \$2400 or more this month? Please consider donating whatever you can to help these kids Serve and Learn Together. Use your Mission of the Month donation envelope and note "Reformation Youth" in the memo section of your check, or choose the Mission of the Month option for on-line giving.

## **Science Tidbits**

### **Cancer-Fighting Batteries**

Scientists are always looking for new ways to fight cancer with less collateral damage to healthy tissues compared to radiation and chemotherapy. One such approach is treatment with anti-angiogenics that, by preventing new blood vessel formation, starve tumors of nutrients and bring about cell death. Results of a recent study provide another candidate treatment involving the use of small batteries.

Solid tumors, such as those that develop in breast cancer, often grow so fast that they outgrow their blood supply. Consequently, the center of the tumor becomes hypoxic, with lower oxygen concentrations than in surrounding tissue. This causes problems in treating the cancer, because the body's immune cells cannot survive long enough in a low oxygen environment to kill the cancer cells. In addition, the hypoxic cells are resistant to treatments like radiotherapy, and even traditional chemotherapies are inefficient since the blood flow to the area is not strong enough to deliver a deadly dose.

Nevertheless, the hypoxia provides a target for precision treatment of tumors with hypoxia-activated prodrugs. These chemotherapeutic drugs are bound to a chemical that helps turn on, or activate, the drug in a low-oxygen environment. The idea is to make target tumor sites as hypoxic as possible and then infuse them with the prodrugs; cell death would occur only in those highly focused low oxygen areas. By limiting drug application to the low-oxygen regions, there is little-to-no impact on healthy oxygen-rich cells.

To help amp-up oxygen starvation, researchers in the study deployed a tiny, flexible battery they could partially wrap around mouse breast cancer tumors. The battery's zinc electrode self-charges by sucking up oxygen from the environment and produces highly reactive oxygen pairs that cells are unable to use. In addition, these new oxygen species attack and destroy DNA. The battery can continuously consume oxygen within a tumor cell for more than 14 days. This treatment alone shrunk tumor size by 26% after two weeks of treatment. Hypoxia-activated drugs had little effect alone, but when paired with battery treatment, average tumor size shrunk by over 90%.

These results are encouraging, but preliminary. The cancer was of mouse origin, with effectiveness in human cancers yet to be determined, and only one type of cancer was tested. Further, 10% of the cancer still remained. If these remaining cells survive, they may be resistant to hypoxia and could grow back. As with many treatments, it may have to be combined with other therapies to ensure the cancer is fully eradicated.

Future work will focus on making the batteries more flexible so they can fit in a variety of tissue locations and more powerful to be effective on human tumors.

## Birthdays & Anniversaries

### Birthdays

Sheree H. 4/28	Linda D. 5/3	Pat M. 5/15
Mary J. 4/28	Charlie S. 5/5	Mae E. 5/16
Wayne S. 4/29	Brian J. 5/5	Steve H. 5/18
Mark S. 4/30	Owen A. 5/5	AJ K. 5/18
Gregg R. 4/30	Betsy G. 5/5	Stephanie I. 5/19
Janet M. 4/30	George R. 5/7	Joyce N. 5/22
Liz C. 4/30	Della S. 5/7	Will S. 5/23
Nathan K. 5/1	Maya S. 5/7	Olivia A. 5/24
Jill W. 5/1	Arihanna H. 5/8	Finley S. 5/25
Ryan M. 5/2	Kira S. 5/9	Norma H. 5/25
Meghann S. 5/2	Isabella R. 5/9	Kenny H. 5/26
Nate E. 5/3	Mark H. 5/13	John K. 5/30
Shannon S. 5/3	Leah C. 5/14	Jack S. 5/30
Bob S. 5/3	Lori J. 5/15	Marleen C. 5/31

### Wedding Anniversaries

Jim and Lisa M. 6/6  
 Vince and Vicki C. 5/10  
 Kurt and Debbie K. 5/15  
 Jeff and Andrea C. 5/26

Matt C. & Mari M. 5/29  
 Bob and Marleen C. 5/30  
 Robert and Betsy G. 5/31

## Around Mt Zion

A few pictures from installation of a new A/C unit in the chapel. This was a combined effort between New Command Church and Mt Zion so our friends at New Command can stay cool this summer and worship no matter the weather outside.



At Mt Zion we are  
Joyfully growing disciples in Christ  
so that  
Everyone we meet comes to know themselves as a reflection of  
God's image, worthy of life and love  
by prioritizing  
Faith Community  
Hospitality Justice

## Mt Zion Staff

### Pastor

The Reverend Tyler D. Rasmussen  
[pastor@mtzionlutheran.org](mailto:pastor@mtzionlutheran.org)

### Parish Administrator

Jess Monahan  
[parishadmin@mtzionlutheran.org](mailto:parishadmin@mtzionlutheran.org)

Director of Choirs  
and Contemporary Music  
Danielle Lawson  
[choirs@mtzionlutheran.org](mailto:choirs@mtzionlutheran.org)

Director of Traditional Music  
Mark Schroeter  
[music@mtzionlutheran.org](mailto:music@mtzionlutheran.org)

Office Volunteers  
[reception@mtzionlutheran.org](mailto:reception@mtzionlutheran.org)

### Worship Volunteer Coordinator

Nancy Di Giacinto (volunteer)  
Janet McCarthy (volunteer)  
[worshipvol@mtzionlutheran.org](mailto:worshipvol@mtzionlutheran.org)

### Maintenance

Jasmine Pruitt  
[maintenance@mtzionlutheran.org](mailto:maintenance@mtzionlutheran.org)

### Sunday School Superintendent

Brenda Marciniak (volunteer)  
[sundayschool@mtzionlutheran.org](mailto:sundayschool@mtzionlutheran.org)

### Website

Pat Campbell  
[Website@mtzionlutheran.org](mailto:Website@mtzionlutheran.org)

### Social Media

Douglas Johnson (volunteer)  
[socialmedia@mtzionlutheran.org](mailto:socialmedia@mtzionlutheran.org)

## Leadership Board

Erik Peterson, President  
[president@mtzionlutheran.org](mailto:president@mtzionlutheran.org)

Mavis Roesch, Vice President  
[vp@mtzionlutheran.org](mailto:vp@mtzionlutheran.org)

Abby Sumiec  
Dave Nelson

Janet McCarthy

Mike Marciniak, Treasurer  
[treasurer@mtzionlutheran.org](mailto:treasurer@mtzionlutheran.org)

Katie Frederick, Secretary  
[secretary@mtzionlutheran.org](mailto:secretary@mtzionlutheran.org)

Dave Fohr  
Sherry Downs



Church Office

Hours

Monday — Friday 10:00am — 3:00pm

Stop by in-person, call 414-258-0456,  
or email [parishadmin@mtzionlutheran.org](mailto:parishadmin@mtzionlutheran.org)

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