

Four Cs of Remarkable Relationships

Christ Centered

Commitment

Communication

Companionship

~ Relationships take time and effort ~

Ecclesiastes 4:9-12 "Two are better than one, because they have a good reward for their labour. **10** For if they fall, one will lift up his **companion**. But woe to him who is alone when he falls, for he has no one to help him up. **11** Again, if two lie down together, they will keep warm; But how can one be warm alone? **12** Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken."

Companionship

= A bosom friend, knit together.

These are the friends that we can make a league with, that we share our hearts, secrets and fears with, that we make ourselves vulnerable to.



Psalm 119:63 "I am a **companion** of all who fear (*respect*) You, and of those **who keep Your precepts.**"

Judges 20:11 "So all the men of Israel were gathered against the city, **united together** as one man."

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Colossians 2:2, 19 “that their hearts may be encouraged, **being knit together in love** ... **19** “and not holding fast to the Head, from whom all the body, **nourished and knit together** by joints and ligaments, **GROWS** with the increase that is from God.” (*Ephesians 4:16; Mal.2:14; Prov.2:17*)

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Q. How do we grow our companionship into greater strength and vibrancy?

By having **F.U.N.** in your relationships

F. Friends for life

U. United as One

N. Never, never stay angry for long

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Companionship

1. Friends for life

Eccl.4:9 "two are better than one, because they have a good reward for their labour."

NLT "... for they can help each other succeed."



"One of the greatest benefits of a companion, is that what would destroy you alone, can be handled together." **Dr.F Seekins**

"Good timber does not grow with ease; the stronger the wind, the stronger the trees." **J. Willard Marriot**

✓ Your spouse, your marriage, and your family are worth labouring for. You will have a good reward for your labour.

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1. Friends for life

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NLT "... for they can help each other succeed."



Grow your friendship:

- a. Pray & Worship together
- b. Protect and prioritize your friendship
- c. Go on dates & extended vacations together
- d. Do recreational/projects/things together



2. United as One

Eccl.4:10 "For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up..."

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*"As God made **two out of one**, so God by marriage made **one out of two**."*

- ✓ Unity (*Oneness*) in any relationships is not about having good feelings, but about making good decisions together and this will lead to good feelings & reward.
- ✓ **A NO + NO = NO**; **A Yes + No = No, caution**; **A YES + YES = Yes, GO!**

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Scriptures on unity and its power:

Matthew 12:25 (NLT) "Jesus knew their thoughts and replied, "Any kingdom at war with itself is doomed. A city or home divided against itself is doomed."

Matthew 18:19 "Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven."



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Scriptures on unity and its power:

Psalms 133:1-3 "Behold, how good and how pleasant it is for brethren to dwell together in unity! ...For there the LORD commanded the blessing — Life forevermore."

Genesis 11:6 "And the LORD said, "Indeed the people are one and they all have one language, and this is what they begin to do; now nothing that they propose to do will be withheld from them."

3. Never, never stay angry for long

Eccl.4:11 "Again, if two lie together, they will keep warm; But how can one be warm alone."



Dr. Dave Currie from 'Doing Family Right' on Companionship:

'Forgiveness is essential to any companionship. Whether there are failures or just little bumps in the road, I have to be willing to forgive my spouse. If I am unwilling to forgive, I'm not going to have a relationship very long. We all mess up. You spouse is going to blow it, and yes, YOU are going to blow it and be in need of forgiveness sometimes too! If I wait till I feel like doing something, there are going to be times that I wait an awful long time to do what I need to do! Instead ... '

Ephesians 4:2 (NLT); Colossians 3:13 (AV)

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Eccl.4:11 "Again, if two lie together, they will keep warm; But how can one be warm alone."



Q. Why is it so important to forgive?

a. It is how relationships heal to be restored

Eph.4:3 "...even as God in Christ has forgiven you."

b. It is essential to me & my companions

Heb.12:15 "...lest any root of bitterness springing up cause trouble..."

c. So that I can be forgiven

Luke 6:37 "... Forgive, and you will be forgiven." (*Matt.6:12; John 20:23*)

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Grow strength & vibrancy in your companionship, by having **F.U.N.** in your relationships!



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