

The Sacrament of Holy Communion

Christ is risen!

He is risen indeed!

Lift up your hearts.

We lift them up to God.

Let us give thanks to God most holy.

It is right to give God thanks and praise.

Hallelujah, thanks and praise, ever-living God,
worker of wonders, maker of miracles,
author of all life and giver of life eternal!

Out of chaos and fear you bring beauty and hope.
Out of despair and death you create courage and
new life.

And so, with the risen Christ, who makes all things new
by the power of his resurrection, we rejoice with Mary
at the tomb in the song of a new day, to sing your praise:

**Holy, holy, holy are you, God of power and might;
heaven and earth are filled with your glory.
Hosanna in the highest! Blessed is the one who
comes in your name. Hosanna in the highest!**

On the night before Jesus died, he had supper with his disciples.
He took bread, thanked you as we have thanked you,
broke the bread and gave it to his friends saying,
“Take this, all of you, and eat it. This is my body given for you.
Each time you eat this bread, remember me.”

After supper he took the wine, thanked you for it, and passed
a cup of wine to his friends, saying, “This cup is the new promise
God has made with you in my blood. Each time you drink from
this cup, remember me.”

In the bread broken and the cup poured, we proclaim the good news of Christ which restores to memory and hope those who are broken and unremembered. We long for the bread of tomorrow and the wine of the age to come. Therefore, as we eat this bread and drink this cup, we say:

Christ has died. Christ is risen. Christ will come again.

Come, life-giving Spirit of God, bring us together in unity at your table. Shower us with your grace that we may know, in the depths of our being, that each one of us is dearly loved and warmly welcomed to this table of healing and wholeness. May these gifts of life be a sign of your grace to us.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, God most holy, now and forever.

Amen.